



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

Before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

BLESSING OF EXPECTANT PARENTS

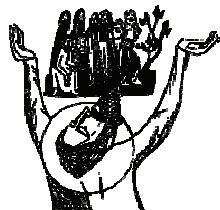
The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Sunday's Gospel Reflection (Lk 6:20-26)



Jesus calls **blessed: the poor, the hungry, those who weep, and who are defamed.** We wonder what blessing is that of being troubled or afflicted.

Roy Campanella, a famous baseball player, when he was paralyzed and in a wheelchair because of an automobile accident, he found strength in the following: *“I asked for health that I might do great things. I was given infirmity, that I might do better things. ... I asked for all things that I might enjoy life. I was given life, that I might enjoy all things. ... Almost despite myself, my unspoken words were answered. ... I am, among people, most richly blessed.”*

Fr. Jamroz

WELCOME HOME TO ST. MICHAEL PARISH

Welcome, we are really glad you're here! Whether exploring, struggling or looking for a new Church Home - we extend a warm welcome to our parish and pray that you feel at home. Please introduce yourself and consider becoming a member of our Family of Faith. *For details on our parish life, registration, offering envelopes, pre-authorized or online giving, as well as to find out about ways of connecting, check out our website:* www.stmichaelw.ca



Tuesday, February 15, 2022

- 7:00 pm** + Deceased members of the Tonelotto Family
 - Rina & Silvano Colussi
 + Deceased members of the Miglino Family
 - Nicolina Volpe
7:30 pm Holy Hour with Adoration & Benediction

Wednesday, February 16, 2022

- 12:15 pm** + Aida Olivas Rodriguez
 - The Benevides Family

Thursday, February 17, 2022

- 12:15 pm** + Margit Vida - Her cousins
 + Special Intentions of Ill Family & Friends
 - Anthony, Magnell Robinson & Family

Friday, February 18, 2022

- 8:00 am** + Katherine Krochak - Nick Stasiuk

Saturday, February 19, 2022

- 5:00 pm** + Frank & Anna Gruber - The Miller Family
 + Mila Navaleza - Dino & Nelia Ngo & Family

Public Masses have resumed

We may welcome the number of people we can accommodate with two metres of social distance between individuals/households. All who participate in the liturgy are to wear masks.

Sunday Homilies Online

Sunday homilies are available weekly online in audio version through our parish website - just click on the button 'LISTEN TO HOMILY'.

Sunday Missals

Sunday and Children's Sunday missals are now available for the new liturgical year. They are \$5 for the Sunday Missal and \$10 for the Children's Missal and are available at the main doors of the church. In order to limit contact, please have exact change. Missals can also be purchased at the parish office Monday-Friday 9 am - 4:30 pm.

Parish Office Hours

The parish office is open for in person, Monday - Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz at 519-884-9311 ext. 27 or by email at pastor@stmichaelw.ca

2021 Income Tax Receipts

2021 Income Tax Receipts have been mailed this week. If you have donated to One Heart One Soul, you will receive a separate tax receipt for that amount from the Diocese.



CWL 2022 Membership Fees Remain at \$30

CWL members are reminded to pay their fees for 2022. They can be dropped off in the collection basket or at the parish office. Use the preprinted parish envelope or mark "CWL" on your own envelope.

E-transfer is available. Email cwl@stmichaelw.ca for instructions.

New members are always welcome. See the parish website or email the CWL for membership information.



DIOCESE OF HAMILTON

PARENTING TIP OF THE MONTH

- **Parenting Tip 137:** Children of all ages, but especially very young children, take their clues on how to respond to the world for the most part from their parents. No one will have a greater impact on your child. So, as you go about your day, know that your children are watching and listening to everything you say and do and taking lessons from you. Communicate about actions, life, the faith, on a day-to-day basis to help solidify what is important. Check your own actions and remember silence is consent, so if you hear or see something that you know is wrong, speak up and tell your children why. We need goodness in our world and you have the power to teach it.

MARRIAGE TIP OF THE MONTH

- **Marriage Tip 117:** In his Apostolic Exhortation, *Amoris Laetitia*, Pope Francis writes: "After the love that unites us to God, conjugal love is the "greatest form of friendship". It is a union possessing all the traits of a good friendship: concern for the good of the other, reciprocity, intimacy, warmth, stability and the resemblance born of a shared life." (AL #123) February is a great month to spend some time with this beautiful quote and ask yourself if your love truly reflects a great friendship, or if it is time to restore these traits to your marriage.

Moms Ministry

Virtual Small Group - Thursday, February 17th. Join us for an evening of conversation, reflection and virtual connection. See our website for details and to register <https://www.stmichaelw.ca/womens-ministry>

Catholic Community Foundation of Waterloo

The Catholic Community Foundation of Waterloo Region invites you to join in on a virtual event – "Tech Meets Parenting: A Balancing Act" on Thursday February 24th from 7:00pm-8:00pm. This family-focused event will explore our relationship with technology. We will discuss the importance of and tactics around being a good role model and setting boundaries at all ages. Space is limited, register today! <https://www.ccfowr.org/speaker-series>

The 2021 – 2023 Synod of Bishops

brings an invitation from Pope Francis to embark on a journey together. How can you get involved? Offer your thoughts on how we can deepen our communion in the Lord and how all members of the Church can participate more fully in its mission. Visit the diocese website <https://hamiltondiocese.com/synod/#about>

It is snowy weather time again – Please be kind to those who clean the floor of our church. It would be very helpful if you would stamp the snow and salt off your boots before entering the church. Thank you very much for your understanding and help.

RCIA Sponsors needed

We are blessed with many RCIA candidates this year but we are in need of sponsors. If you are interested, please see Father Jamroz or contact the parish office.

**Mt. Carmel Spiritual Centre
Power of Forgiveness**

Understanding forgiveness is the first key to be able to forgive. Learn how to identify the stages of forgiveness on the journey to letting go. Explore how to release negative emotions of hurt, anger, blame and and hatred so you can live more fully alive.

This retreat will provide a caring and nurturing environment to work through the forgiveness process and begin to heal from your deepest hurts.

**Led by: Anna Racine
Date: March 18 – 20, 2022
Cost: \$300**

Contact 905-365-4133 for details.



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