

One of the greatest gifts we can give to our children and to our families is the gift of peace. Peace is a Fruit of the Holy Spirit, a visible sign to others that we are living under the guidance of the Holy Spirit and according to the laws and commands of God. Take time today to think about the gift of Christ's peace in your own life. Do you have the gift of Christ's peace?

# ST. COLUMBAN

## PARISH

**PENTECOST SUNDAY (B)**

**MAY 23, 2021**

### PASTORAL STAFF

Rev. Fr. Ernest Emeke Emeodi, Parochial Administrator  
Rev. Mr. Guy Côté, Deacon

### MASSES & SACRAMENTS

Saturday Vigil	5:30 PM
Sunday	7:30, 9:30 & 11:00 AM
Tuesday – Friday	7:30 AM
Confession	By appointment only, Tuesday - Thursday
Baptism	Please notify one month in advance
Marriages	Please notify 6 months in advance

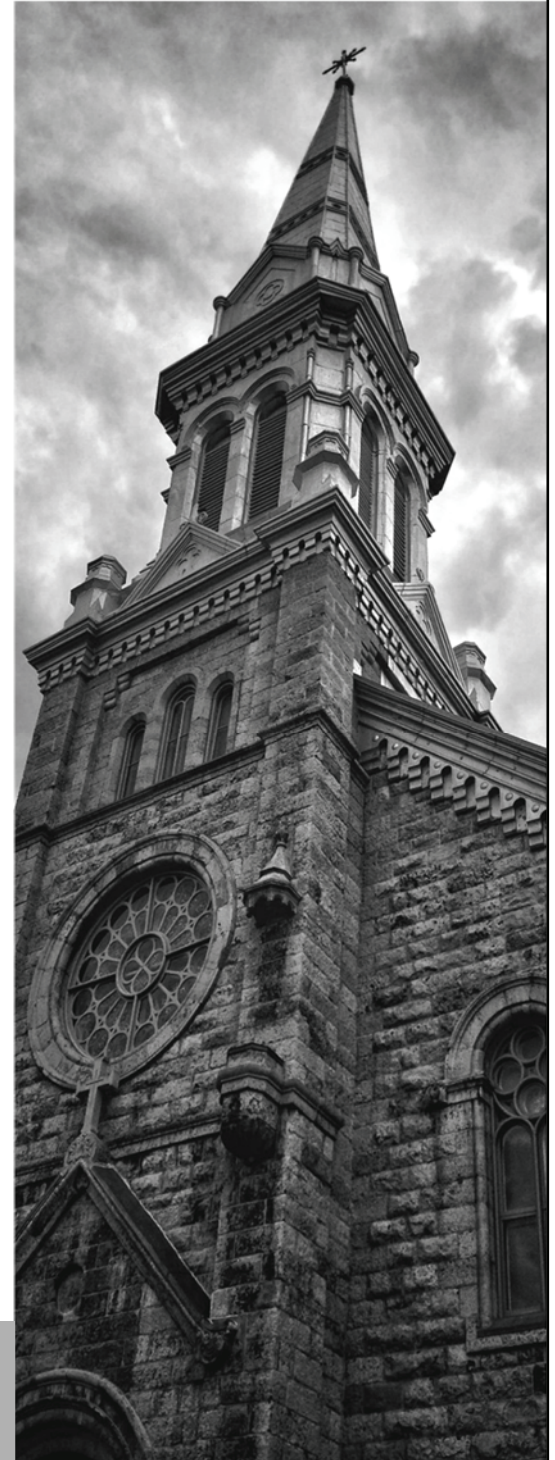
### PARISH COUNCIL

Liturgy & Holiness	Tammy Côté	613.794.4163
Catechetics & Evangelization	Deacon Guy Côté	343.585.4009
International Outreach	Richard Pilon (Chair)	613.363.8870
Youth Ministry	Josip Kupina	613.937.4359
Pastoral Outreach	Greg McCullough	613.933.0993
Administration & Stewardship	Anne Gauthier	613.932.2780
CWL Rep. President	Dana Fry	613.938.3126
Patrons Foundation Rep.	Donna Villemaire	613.932.2099

### CONTACT INFORMATION

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Office Hours	Monday – Thursday, 9 AM – 3 PM
Parish Foundation	stcolumbans.com
Diocesan Website	alexandria-cornwall.ca
Online Bulletin Access	<a href="http://www.parishbulletins.com/bulletins/111">www.parishbulletins.com/bulletins/111</a>

For timely publication, email bulletin notices to:  
stcolumban@cogeco.ca by Noon on Thursday  
(one week prior to required publication)



# ST. COLUMBAN PARISH

## CALENDAR OF ACTIVITIES

<b>Saturday, May 22nd</b>		<b>ST. RITA OF CASCIA (OM)</b>
5:30 p.m.	Deceased Members of the Stang Family by Bea Tardif	
<b>Sunday, May 23rd</b>		<b>PENTECOST SUNDAY</b>
7:30 a.m.	Intention of Parishioners	
9:30 a.m.	Florence Gravelle by Rick & Bernadette McRae	
11:00 a.m.	Monica Valdez DaCosta by Richard Valdez	
<b>Monday, May 24th</b>		<b>BLESSED VIRGIN MARY, MOTHER OF THE CHURCH (M) WORLD DAY OF PRAYER FOR THE CHURCH IN CHINA</b>
7:30 a.m.	<b>No Mass</b>	<b>ORDINARY TIME – WEEK 8</b>
<b>Tuesday, May 25th</b>		<b>ST. BEDE THE VENERABLE, or ST. GREGORY VII (OM) or ST. MARY MAGDALENE DE PAZZI (OM)</b>
7:30 a.m.	In Thanksgiving for Favors Received by a Parishioner	
<b>Wednesday, May 26th</b>		<b>ST. PHILIP NERI (M)</b>
7:30 a.m.	G & E Chevrier by Yolande Robinson	
<b>Thursday, May 27th</b>		<b>ST. AUGUSTINE OF CANTERBURY (OM)</b>
7:30 a.m.	Vernon Barrett by Carol Papps	
<b>Friday, May 28th</b>		
7:30 p.m.	Jan (John) Turko by Brian Lynch & Katie Burke	
<b>Saturday, May 29th</b>		<b>ST. PAUL VI, or OUR LADY'S SATURDAY (OM)</b>
5:30 p.m.	Rev. Gary Ostler by Duncan Hamilton	
<b>Sunday, May 30th</b>		<b>THE SOLEMNITY OF THE MOST HOLY TRINITY</b>
7:30 a.m.	Intention of Parishioners	
9:30 a.m.	Betty Piquette by the Family	
11:00 a.m.	Theresa Di Tomasso by Diane & Ray Lalonde	
<b>Monday, May 31st</b>		<b>THE VISITATION OF THE BLESSED VIRGIN MARY (F)</b>
7:30 a.m.	<b>No Mass</b>	<b>ORDINARY TIME – WEEK 9</b>

In Rank Order: (S) Solemnity, (F) Feast, (M) Memorial, (OM) Optional Memorial.

**Online Bulletin Access** is available at:

[www.parishbulletins.com/bulletins/111](http://www.parishbulletins.com/bulletins/111)

### STEWARDSHIP REFLECTION

*"There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone." - 1 CORINTHIANS 12:4-6*

*All of us are blessed, regardless of our own individual circumstances. God has given each of us many gifts. How we use those gifts is our gift back to God. For God's plan to work, each must do what we are called to do. Guess what? We are not all called to do the same thing! For God's plan to work you have to do what God is calling you to do and I have to do what God is calling me to do.*

### TODAY'S READINGS – MAY 23<sup>RD</sup>, 2021

1st Reading:	Acts 2.1-11
2nd Reading:	1 Corinthians 12.3b-7, 12-13
Or Alt.	Galatians 5.16-25
Gospel:	John 20.19-23
	As the Father has sent me, so I send you. Receive the Holy Spirit.
Or Alt.	John 15.26-27; 16.12-15
	The Spirit of truth will guide you into all the truth.

## IN OUR PARISH

### PLEASE NOTE

The Parish Office will be closed Monday May 24<sup>th</sup>, 2021.



### SANCTUARY LAMP INTENTION

The living flame of the Sanctuary Lamp burns this week for an Outpouring of the Flame of Love of the Immaculate Heart of Mary on the whole world by Darlene Brabant.



### DEACON GUY REFLECTION

It so easy to be caught up in the exciting moment of Pentecost. Jesus brings his disciples Peace and the inspiration of the Holy Spirit. It is good to remember that the first time that God 'inspired' man was in Genesis 2:4-7. God breathed into Adam giving him the breath of life, and man became a living being. God wants us to be alive as well, that is how we inspire others; we need to live out our faith with joy and love. DG

Deacon Guy's website is [thedeaconguy.ca](http://thedeaconguy.ca)

### PLEASE NOTE

Confessions will be by appointment only. Please call the office (613.932.9616), and we will schedule a time for you.

### SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST – JUNE 6<sup>TH</sup>

The Sisters of the Precious Blood, formally of Alexandria and now residing in Dundas, Ontario, sent an invitation to join with them to express gratitude in celebration of Thanksgiving and Praise in the Feast of the Body and Blood of Jesus on June 6<sup>th</sup>, by joining with them in a Novena and Feast Day Masses. The Novena and Feast Day Masses begin May 28<sup>th</sup> to June 6<sup>th</sup>. This year our celebration of the Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi) takes on new and deep meaning in this unforgettable year of enforced isolation from the Eucharist. Before the lockdown, few Catholics had heard of or were familiar with the phrase "Spiritual Communion."

Many of us who have turned to online liturgies in the stress and isolation of the pandemic now experience spiritual Communion as a spiritual lifeline. The desire for the Eucharist kept alive through spiritual Communion deepens our longings to participate physically in the Eucharist.

Making a spiritual Communion is a stark reminder of the negative reality of physical isolation from the real, sacramental presence of Jesus' Body and Blood at every Eucharist. Yet, it also serves as a positive reminder that our desire to be nourished by God's grace is met by Jesus' desire to be sacramentally present to us.

The Catechism of the Catholic Church calls the Eucharist the "source and summit of the Christian life." (No. 1324) Everything in the Church's life and of each Christian finds its source and goal in the Eucharist. St. Paul explains why this is true in the First Letter of Paul to the Corinthians when he says, "The cup of blessing that we bless is it not a sharing in the blood of Christ? The bread that we break is it not a sharing in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread." (1 Cor. 10.16-17)

At every Eucharist, we encounter Jesus in the Eucharist species of bread and wine, in the priest who acts in the person of Christ the head, in the sacred word of God proclaimed and, in the assembly, gathered to worship God in faith and thanksgiving. Today our Communion, spiritual or in-person, invites us to deep joy and amazement as we pray, "speak to me, Lord."

### THE NOVENA PRAYER

"Lord Jesus Christ, we worship you living among us in the sacrament of your body and blood. May we offer to our Father in heaven a solemn pledge of undivided love. May we offer to our brothers and sisters a life poured out in loving service of that kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. *Amen.*

(See next page for an **ACT OF SPIRITUAL COMMUNION**)

## IN OUR PARISH AND DIOCESE

### POPE FRANCIS MAY INTENTIONS

#### Universal intention - The world of finance

Let us pray that those in charge of finance will work with governments to regulate the financial sphere and protect citizens from its dangers.

### PLEASE NOTE

On the next First Friday of the Month, June 04<sup>th</sup>, there will be no Adoration, and Confessions are by appointment only until further notice.

### CONTACT TRACING FORM

When arriving at church, **everyone** needs to sign the Contact Tracing Form and include their phone number. The Contact Tracing form is strictly used **only** if the EOHU contacts us. This form will be shredded after two months as per the directive from the Diocese.

### KNEELERS

When leaving the church, you must leave the kneeler in the **down position** for the volunteers who are sanitizing the pews.

### LIVING WITH CHRIST MONTHLY MISSALS

Missals for June are available at the Church for purchase; the cost is \$3.25 each, and you can pick one up Tuesday – Friday before or after 7:30 a.m. Mass or at the weekend Masses.

### SAINT VINCENT DE PAUL SOCIETY

If you wish to donate, simply put your donation in an envelope and address it to St. Vincent de Paul and deposit it along with your weekly church donation, and it will get to us. If you provide your address, a tax receipt will be mailed to you for any donation in excess of \$10.00. Thank you for all your efforts.

### ST. JULIEN'S CHAPEL UPDATE

**We need to limit the Chapel visits to one person only (or two living in the same house: spouse, family member).**

**All fobs have been de-activated.** They will not open the St. Julien's Chapel door. We cannot allow random drop-in visits. Please abide by this. The only way for us to stay open is for people to commit to a particular hour and to come only for that hour. We will re-activate fobs one by one for anyone committed to a particular hour or hours ...

**WHEN we hear from you that you want to come and there is an hour available for you. There are many hours open. We need flexibility :)**

**ONE person per hour so some teams will have to split, share weeks or choose a 2nd hour.**

**Diane : [dml1365@yahoo.com](mailto:dml1365@yahoo.com) Phone: 613-938-8371**

**Marilyn : [marilynbergeron@mac.com](mailto:marilynbergeron@mac.com)**

**There is a Covid sign-in sheet inside the entrance which we ask you to read, answer and sign. Please bring your own pen.**

### ST. COLUMBAN COLLECTION REPORT FOR MAY 09, 2021

Sunday Envelopes	3,220.00
Loose Collection	62.00
Easter	195.00
New Year's	120.00
Total	\$ 3,597.00

### MASS ATTENDANCE DURING NEW STAY-AT-HOME ORDER – STARTING APRIL 19, 2021

The Provincial Government has extended the stay-at-home order until June 02, 2021. The extension will continue to affect Mass attendance in that we are only allowed ten (10) people per Mass and this includes Deacon Guy and Fr. Ernest. We will do our best to ensure that those who have a mass intention scheduled will be given priority to attend that particular Mass. We encourage those who wish to attend Mass to please call or email the office to get on the list for the Mass you attend. Schedules will be done on a rotational basis.

### SAFETY PROTOCOL

Please do not congregate at the doors of the church or in the parking lot. We asked you to go directly to your car without visiting with your fellow parishioners. Wear your face covering to cover the nose, mouth and chin and maintain a 6ft distance when entering or exiting the church. Sanitize your hands and sign the contact tracing sheet and go directly to a pew marked with the green tape and once seated, do not change pews. When exiting, leave the kneeler in the down position, maintain the 6ft rule and go directly to your cars.

### PARISH OFFICE

The parish office is closed to the public and working on a curbside model of service.

### SAINT OF THE WEEK

#### Saint Philip Neri - May 26

Philip Neri was born in Florence in 1515 and educated by the Dominicans. He experienced conversion at the age of 18 and left for Rome, where he lived a life of seclusion and poverty. He studied philosophy and theology for three years before choosing to re-evangelize Rome, where Christianity had declined and was sadly in need of reform. He spent his days talking to people about God's love, and his nights in prayer.

In 1548 he helped found a confraternity of laymen to minister to needy pilgrims, leading to the establishment of a now-famous Roman hospital, Santa Trinità dei Pellegrini. In 1551, his confessor insisted Philip be ordained. As a confessor himself, he was much sought after for his spiritual wisdom. Disciples flocked to him, and he founded the congregation of the Oratorians, which was formally approved in 1575. Pope Gregory XIII gave them an ancient church in Rome, which they rebuilt and occupy to this day.

Philip's sermons were famous for their wisdom and good humour. He said, "I will have no sad spirits in my house. Cheerful people are more easily led to perfection." He died at the age of 80, much loved and respected, and is still known as the "Apostle of Rome."

Philip Neri is the patron of home missions, supported in Canada through the Catholic Missions In Canada ([www.cmic.info](http://www.cmic.info)). Living with Christ

### ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. *Amen.* St. Alphonse Liguori





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