

# St. John of the Cross Parish

*Served by the Carmelites*

## PARISH OFFICE:

6890 Glen Erin Drive, Mississauga, ON L5N 2E1

Phone: 905-821-1331 • Fax: 905-858-8486

Email: [office@sjocross.org](mailto:office@sjocross.org)

Website: [www.sjocross.org](http://www.sjocross.org)

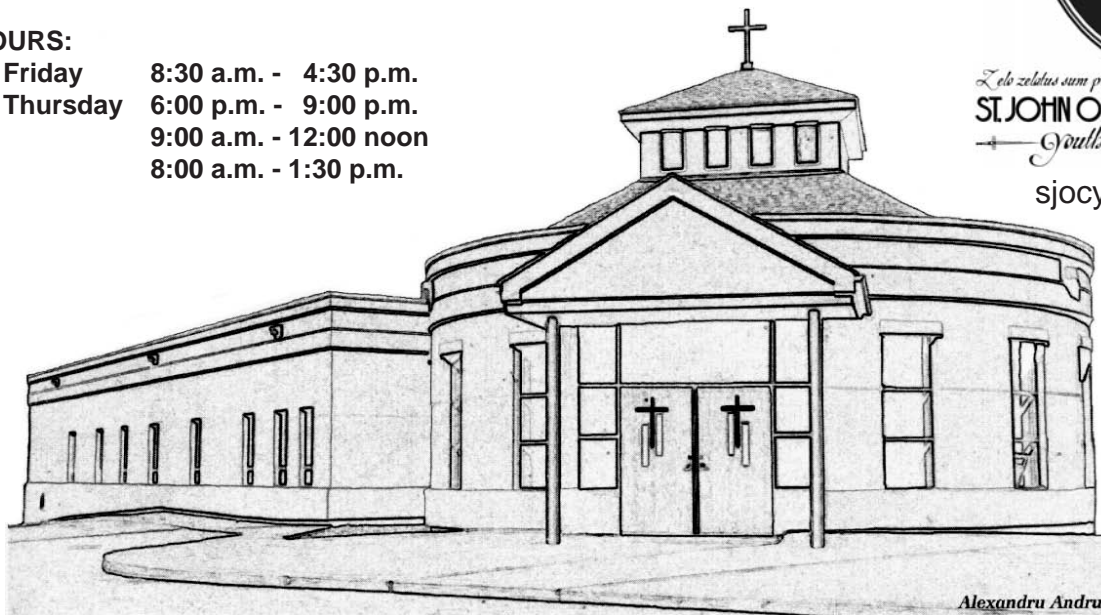


*Lebo zelatus sum pro Domino deo exercituum*  
**ST. JOHN OF THE CROSS**  
*Youth ministry*

[sjocym.com](http://sjocym.com)

## OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m.  
 Monday to Thursday 6:00 p.m. - 9:00 p.m.  
 Saturday 9:00 a.m. - 12:00 noon  
 Sunday 8:00 a.m. - 1:30 p.m.



Alexandru Andrus

We, God's people, members of St. John of the Cross Carmelite Parish, and disciples called through baptism to be prophetic, priestly, and holy, have been chosen to serve, help, and guide each other on our Christian pilgrimage through life, to the Kingdom of God.

## SUNDAY MASSES

Saturday: 5:00 p.m.  
 Sunday: 8:00 a.m., 10:00 a.m., 12:00 p.m., 4:00 p.m.

## WEEKDAY MASSES AT THE CHURCH

Monday through Saturday: 9:00 a.m.  
 Every Wednesday: additional mass 7:00 p.m.  
 followed by Novena to Our Lady of Perpetual Help  
 First Friday: additional mass 7:00 p.m.  
 followed by Adoration

## RECONCILIATION

Saturday: 4:00 p.m. to 4:45 p.m.  
 Other times by appointment.

## BAPTISM

BY APPOINTMENT ONLY  
 Parents are required to attend the Baptism Preparation Class. Parents are also encouraged to attend the Baptism Class prior to the birth of the baby. A registration package is available at the Parish Office or by visit to our Website.

## MARRIAGE

It is required that one of those to be married resides within the Parish boundary. Couples planning to be married must contact the Parish Office at least one year in advance of their proposed date. They are required to complete a Marriage Preparation Course.

## SICK AND HOMEBOUND

Please contact the parish office if confined to home or hospitalization so sacramental care may be provided.

## PASTORAL TEAM

Fr. Joseph Kalluvila, O. Carm., **Pastor** [pastor@sjocross.org](mailto:pastor@sjocross.org) Ext 228  
 Fr. Felix Antony, O.Carm., **Assoc. Pastor** [rfelix@sjocross.org](mailto:rfelix@sjocross.org) 224  
 Fr. Sebastian Joseph, O.Carm., **Assoc. Pastor** [frsebastian@sjocross.org](mailto:frsebastian@sjocross.org) 223  
 Rev. Mr. John Cannon, **Deacon** [deaconjohn@sjocross.org](mailto:deaconjohn@sjocross.org) 222

## Tel/Voice Mail

**PARISH SECRETARY** – Violanta Nicholson 229  
**RECEPTIONIST** – Liane Harris 221  
**Youth Minister** – Ante Skoko [ym@sjocross.org](mailto:ym@sjocross.org) 226

## SACRAMENTAL PREPARATION

First Communion & First Reconciliation 225  
 Confirmation 230

## ST. VINCENT DE PAUL SOCIETY

305

## SCHOOLS

St. Albert of Jerusalem 905-785-9298  
 St. Elizabeth Seton 905-821-2277  
 St. John of the Cross 905-824-3058  
 St. Richard 905-826-5572  
 St. Teresa of Avila 905-858-3462  
 St. Thérèse of the Child Jesus 905-785-0066  
 Our Lady of Mount Carmel 905-824-1025

JOHN OF THE CROSS was born in 1542 at Fontiveros in Spain. He entered the Carmelite Community and was ordained a priest in 1567. Renowned for his wisdom and sanctity, he died at Ubeda in 1591. His writings are not only classics of spirituality, but also of Spanish literature. His best known books are The Ascent of Mount Carmel, The Dark Night of the Soul, and The Living Flame of Love.

**READINGS OF THE WEEK**

Mon	March 25	Isaiah 7:10-14; 8:10d; Hebrews 10:4-10; Luke 1:26-38
Tues	March 26	Daniel 3:25, 34-43; Matthew 18:21-35
Wed	March 27	Deut 4:1, 5-9; Matthew 5:17-19
Thurs	March 28	Jeremiah 7:23-28; Luke 11:14-23
Fri	March 29	Hosea 14:1-9; Mark 12:28b-34
Sat	March 30	Hosea 5:15b-6:6+; Luke 18:9-14
Sun	March 31	Joshua 5:9a, 10-12; 2Cor 5:17-21; Luke 15:1-3, 11-32

**CHURCH**

Sun	March 24	Baptism
Tues	March 26	Adult Choir Practice 8:00-10:00pm
Wed	March 27	Band Practice 8:00-10:00pm
Thurs	March 28	Folk Choir Practice 8:00-10:00pm

**SEMINAR ROOM**

Mon	March 25	RCIA 7:00-9:00pm
Tues	March 26	Rosary Apostolate 9:30-11:30am
Wed	March 27	Prime Time Crafts 1:30-4:30 pm
Wed	March 27	RCIC Group 2 6:30-7:30pm
Thurs	March 28	Sacramental Reception Prep 6:30-7:30pm
Sat	March 30	CFCFFL 6:30-10:00pm

**NESSINGER HALL**

Tue	March 26	Prime Time Line Dancing 1:00-3:00pm
Wed	March 27	RCIC Group 1 6:30-7:30pm
Wed	March 27	New Beginnings 7:30-9:30pm
Sat	March 30	Movie Night: Case for Christ 6:00-9:00

**LENTEN PARISH MISSION**

**Speaker: Fr. Robbie McDougall**



*God of Compassion and Love.*

*The Presence of God With Us!*

*Rise Up, Come Celebrate New Life.*

Our Parish Lenten Mission will start in all the masses on Saturday and Sunday, March 23 and 24, and continue at 7:00pm on Monday, Tuesday, and Wednesday, March 25-27. *Bring your family and friends!*



**Stations of the Cross**

**Come and join the Stations of the Cross every Friday during Lent at 7:00pm followed by the Eucharistic Celebration.**

**8 Ways to Pray During Lent**

What do we do when we're facing an upcoming big event, celebration, or special occasion in our lives? We prepare for it. Holy Week and Easter are "big events" in the liturgical year of the Church and in the spiritual life of a Christian. So, as Christians, we prepare spiritually for these through the forty days of Lent. This means that, during Lent, we rededicate ourselves to prayer.



**1. Make your abstinence a prayer-in-action.**

As Catholics we are called to give up something for Lent. Chocolate, coffee, that extra helping of dinner, etc. — whatever it is, you can make what you're giving up for Lent a prayer as well: *a prayer-in-action*. Whenever you encounter the thing you are abstaining from or the time of day that you would normally enjoy it, take a moment to say a prayer in recognition of your wholeness in God even without the thing you have given up.

**2. Renew yourself through personal reflective prayer.**

Lent is a time of spiritual renewal. One easy step you can take is to use the many free online resources to jump-start or reinvigorate your prayer life. A few such resources are Loyola Press's popular 3-Minute Retreats and Seven Last Words of Christ guided meditation, or try the prayer reflections offered by the Irish Jesuit site Sacred Space.

**3. Pray the Stations of the Cross.**

One of the most common traditions of Lent is to pray the Stations of the Cross. This prayer helps us reflect on the passion and death of Christ in preparation for Good Friday observance and the Easter celebration.

**4. Meditate on Holy Scripture with Lectio Divina.**

This method of prayer is characterized by the slow reading and consideration of a text from Scripture, with repetition and meditation on key words or phrases. Lectio divina is rooted in the belief that the scriptural word speaks in the human heart as the word of God and can reveal the thoughts of our hearts in response to God.

**5. Reflect deeper on your liturgical prayer.**

When you attend Mass during Lent, be conscious of and meditate on the words you pray in the liturgy. For example, the Eucharistic Prayer, the highlight of each Mass, has special significance during Lent. After receiving communion, you may want to sit and reflect more deeply on this great prayer of the Church.

**6. Join or start a prayer group.**

There are many benefits to praying with others. In group prayer you're able to offer and experience a positive

example, needed support and encouragement, different perspectives, and the inspiration to grow in the Christian life.

**7. Pray with children or as a family.**

Being a parent, guardian, or teacher is a holy ministry and a sacred promise. Share your faith with children by letting them see and hear you pray, and by praying together.

**8. Start a practice of daily prayer that will last after Lent.**

Perhaps the best prayer advice is to use Lent as a time to instill prayer habits that will last long after Lent has concluded. Resources such as yearly prayer guides—for example, *A Prayer Book of Catholic Devotions* can get you started and help you stay consistent.

So enjoy your Lenten prayer. And don't think you have to do all the above. Perhaps choose one or two of these prayer methods to concentrate on—and then you can more fully experience the pilgrim journey toward Easter that is Lent.

(Excerpts from [www.loyolapress.com/our-catholic-faith/liturgical-year/lent/articles/articles/8-ways-to-pray-during-lent](http://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/articles/articles/8-ways-to-pray-during-lent))

## CARMELITE MOMENTS

### Blessed Mary of the Incarnation

Barbe Avrillot was born in Paris in 1566. She attained the heights of the mystical life. She was esteemed by some of the greatest men of her time, including Saint Francis de Sales and she was distinguished by her spirit of prayer and her zeal for the extension of the Catholic Faith.

When we live as children of God, redeemed, led by the Holy Spirit and capable of acknowledging and obeying God's law, beginning with the law written on our hearts and in nature, we also benefit creation by cooperating in its redemption. When we fail to live as children of God, we often behave in a destructive way towards our neighbours and other creatures - and ourselves as well - since we begin to think more or less consciously that we can use them as we will. Intemperance then takes the upper hand: we start to live a life that exceeds those limits imposed by our human condition and nature itself. - Pope Francis

## YOUTH MINISTRY EVENTS



**Movie Night:** Saturday, March 30<sup>th</sup>, 6:30pm Screening  
Free & Open to All | Hosted by Youth / Refreshments Served  
[www.sjocym.com/movie-night](http://www.sjocym.com/movie-night)

Released in 2017. An award-winning investigative journalist and avowed atheist - who applies his well-honed journalistic and legal skills to disprove the newfound Christian faith of his wife ... with unexpected, life-altering results.

## RCIA, RCIC



**PLEASE PRAY FOR THE ELECT & THOSE WHO WILL BE RECEIVED INTO THE CATHOLIC FAITH**

Take a name from the basket of the Elect in the Rotunda and pray for those preparing to become members of our church at Easter.

## PRIME TIME CLUB

A social group for those over 50 - Membership - \$10 per year. Held occasionally are outings, Saturday evening dinners in Nessinger Hall and luncheons in local restaurants. Held weekly are Line Dancing on Tuesdays at 1pm and Craft Group on Wednesdays at 2pm.  
**Contact Mary at 905.824.8537.**

## INCOME TAX PREPARATION

Free Income Tax Preparation for low income individuals/families, newcomers and seniors is offered by the Community Volunteer Income Tax Program (CVITP), coordinated by the Canada Revenue Agency. Eligibility requirements are posted on the bulletin board. Contact the parish office to book an appointment on Saturdays, from 9:00am to 12:00pm, during the months of March and April. Additional time slots are available in the afternoons on Saturday, April 13<sup>th</sup> and April 27<sup>th</sup>.

## WELCOME NEW PARISHIONERS!

Welcome to St. John of the Cross Parish Community! Please feel free to introduce yourself to Fr. Joseph, Fr. Sebastian, or Fr. Felix. Come by the parish office when you get a chance and register as a new parishioner.



**FOSTER LAW OFFICE**  
 Established **STREETSVILLE** 1958  
 THE VILLAGE IN THE CITY

**INQUIRE ABOUT OUR VERY MODEST FEES!**

REAL ESTATE  
 WILLS • FAMILY LAW  
 MORTGAGES  
 PURCHASE & SALE  
 NOTARY  
 POWER OF ATTORNEY  
 ESTATES • CORPORATE

**905-826-1177**

6537 Mississauga Rd. Unit C  
 fosterlaw.ca

"Take Home the True Taste Of Home"  
 GOAN & MANGALOREAN Cuisine

**mangro MIRCHI**

GOA Sausages • (Chorizos) Pan Rolls  
 Potato Chops • Meat & Chicken Patties  
 Sannaas • Sorpotel • Fish Curries  
 Fried Fish etc. Take out & Catering  
 for all your events  
 5359 Timberlea Blvd., Unit 55  
 905-602-7385  
 www.mangomirchi.com

**DR. DINO FALLA VOLLITA**  
 B.Sc.D.D.S.  
**and Associates**  
 7025 Danton Promenade, Unit 6  
 (NW Corner of Derry & Winston Churchill)  
**905-824-0011**

**DENTISTS**

**INCOME TAX**  
 Individual • Commercial  
 Business Registrations  
 HST • Payroll • WSIB  
 www.jackstax.ca  
**905-858-2325**

**Professional Piano Lessons**  
 Evelyn Indargo, MM  
 Derry & Ninth Line  
**905-785-9703 416-877-8382**

**IT'S WISE TO ADVERTISE!**

**LV CLEANERS**  
 Dry Cleaning & Alterations

DRY CLEAN: 3 pants \$10.35 + tax  
 PANT SHORTEN: \$6.49 + tax  
 2 PIECE MEN/LADIES SUIT: \$9.45 + tax  
 7025 Danton Promenade #1A  
**905-824-6977**

**AtlasCare**  
 Always There When You Need Us.  
 Heating • Air Conditioning  
 Indoor Air Quality Solutions  
 Unconditionally Guaranteed  
 905-829-1296

**TUTORING ICAN EDUCATION**  
 ENG/MAT/SCI/FRENCH  
 All Grades - Free Assessment  
**905-817-1414**

**SALON HAIRWORKS SALON**

EXCLUSIVE OFFERS FOR PARISH SUPPORTERS:  
 → 10% OFF SENIOR CITIZENS (AGE 60+)  
 → \$5 OFF MEN OR WOMEN HAIRCUT  
 → \$10 OFF ANY HAIR COLOUR SERVICE FOR MEN OR WOMEN

FAMILY SALON PROVIDING  
 HAIRCUT & HAIR COLOUR  
 SERVICES SINCE 1999

2760 DERRY ROAD WEST AT GLEN ERIN, MISSISSAUGA  
 WWW.HAIRWORKSSALON.CA | CALL: 905-542-7999

**Beauty Supply OUTLET**

Eyebrow Threading  
 Waxing • Facials  
 Professional Salon Brands  
 4557 Hurontario St.  
 (at Eglinton)  
**905 890 3334**

**BATTISTA PAVING INC.**  
 Established in 1953  
 HOT ASPHALT &  
 CONCRETE CONTRACTOR  
 INTERLOCKING BRICK  
**905-821-0600**

**UCMAS**  
 MENTAL MATH SCHOOLS  
 DISCOVER THE GENIUS WITHIN  
 (905) 817-1888  
 www.ucmas.ca

A BRAIN BOOSTING PROGRAM FOR CHILDREN TO BUILDING LIFE LONG SKILLS  
 DERRY / MILLCREEK  
 AGES 4 TO 13 YEARS

**Great Clips**  
 GREAT HAIRCUTS  
 3160 Argentia Rd.  
 (across from Toys R Us)  
**905-824-6868**  
**Online Check-In**  
 Next Time Save Time!  
 Open M-F 9-9, Sat 8-6,  
 Sunday 10-5



**Shopping Locally Saves Gas**

**Glen Oaks Funeral Home**  
 by Arbor Memorial  
 3164 Ninth Line, Miss/Oakville  
**905-257-8822 • glenoaks.ca**  
 All your final needs in one beautiful location.

**Remember...**  
 Let our advertisers know you saw their ad here.



**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 905-624-4422**



**Dr. Beena George DMD, BDS**  
 We are accepting new patients  
 Direct Insurance billing  
 Digital X-rays  
**905-542-9999**  
 2275 Britannia Rd. W, Unit 10  
 drbeenageorge@bellnet.ca  
 www.MyMississaugaDentist.com  
 Evening and Weekend appointments available



**Nelson Rodrigues**  
 Sales Representative  
 Let Me Find Your Dream Home



416-880-7351  
 www.nelsonr.ca

**kw REALTY SOLUTIONS**  
 KELLERWILLIAMS  
 BROKERAGE INDEPENDENTLY OWNED & OPERATED

Call 905-624-4422 for this space

**THANK YOU!, for your trust and the privilege to serve you.**

**Turner & Porter**  
 FUNERAL DIRECTORS

We value your comments & suggestions...  
 comments@turnerporter.ca OR 905-412-3087

**AKAL OPTICAL**

2 Pairs Single Vision - \$149  
 Progressive (Frame & Lenses) - \$199  
 2 Progressive Pairs - \$299  
 Eye Exam - \$60

Family Eye Care Centres  
 2760 Derry Road at Glen Erin, Mississauga  
**905-824-5296 • www.akaloptical.com**

**CATHOLIC CEMETERIES**  
 FUNERAL SERVICES  
 www.catholic-cemeteries.com  
 Assumption Cemetery 905-670-8801  
 Catholic Cremation Services 905-670-8801  
 Funeral • Cremation • Burial

