

St. Mary of the Visitation Parish

16 Cooper Street,
Cambridge (Hespeler), Ontario N3C 2N2

Tel: 519-658-4443

Email: stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. Ed Henhoeffler, Pastor

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Rosanne Nusca, Administrative Assistant



SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father Ed and Deacon Michael would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

SIXTH SUNDAY OF ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, February 14	7:00 p.m	+ Patricia O'Neill + Elba Pages + Antonia Pages	Chris O'Neill Manuel Lopez Manuel Lopez
Wednesday, February 15 <i>Mass at St. Luke's Place</i>	8:00 a.m 2:00 p.m.	+ Alfred Crichton + Nora Kennedy	Len Crichton The Downey Family
Thursday, February 16	8:00 a.m	Intentions of Linda Vicente & Family	Rosa Paiva
Friday, February 17	8:00 a.m	+ Ed Teixeira	Chris O'Neill
Saturday, February 18	5:00 p.m.	+ Alois and Ida Maier + Michael Pauze + Paul Smith	Barb Maier Carol & Richard O'Brien Gerard Schmidt



WELCOME TO ST. MARY OF THE VISITATION PARISH

A special welcome to all new members and visitors! We

encourage all new members to register with the parish. Please pick up a registration form at the church entrance or complete an online form: www.stmaryhespeler.ca/new-parishioners

FIRST RECONCILIATION 2023: Parents that have registered their child for First Holy Communion are reminded to sign up for a Reconciliation time on **Thursday, Feb. 23rd** or **Thursday, March 2nd**. <https://www.stmaryhespeler.ca/date-registration>

NEW VOLUNTEER SCHEDULE: The new schedule begins February 22. Please contact the office if you need access to our online scheduling program. Volunteers are asked to sign up for Masses at Easter, as well as First Communion and Confirmation Liturgies. *New volunteers are welcome!* Speak to Father Ed or contact the office.



COFFEE SUNDAY: Join us this **Sunday, February 12th** following the 9:00 a.m. and 11:00 a.m. Masses.

MONTHLY MASS AT ST. LUKE'S PLACE: Our next mass at St. Luke's long-term care is **Wednesday February 15th at 2pm**. All are welcome. A Covid test is required to enter the building so please come early. The chapel is located on the basement level-ask for directions.

SUNDAY COMMUNION AT ST. LUKE'S: We are looking for volunteers who may be willing to bring holy communion to the residents on Sunday. If you think you would be interested in helping with this ministry please call or email the office to leave your name.

THE SEASON OF LENT

ASH WEDNESDAY: Mass with the distribution of Ashes will be celebrated at 8:00 a.m. and 7:00 p.m. on **Wednesday, February 22nd**.

A LENTEN VIDEO SERIES: Take some time this Lent to learn about the beauty of our Catholic Faith with the **Catholicism** Series by Bishop Robert Barron. Join us **Saturday mornings** during Lent (February 25-April 1) for Mass at 8:30 am followed by the video and discussion in the Parish Centre. Topics to be examined include, *God's Revelation, The Mystery of God, The Mystery of the Eucharist* and more. Let us avail ourselves this Lent for this opportunity for spiritual and intellectual formation.

STATIONS OF THE CROSS at 7:00 p.m. every Friday, beginning February 24, followed by a ½ hour of adoration of the Blessed Sacrament and concluding with Benediction.

ADORATION OF THE BLESSED SACRAMENT: Wondering what to do for Lent? Why not give an hour of your time and spend it with Jesus truly present in our Adoration Chapel? During this Lenten Season we invite you to spend time with Jesus in Eucharistic Adoration. Come to Him with all your concerns and worries; come with all your hopes and desires; come with all your fears and unmet dreams; come with all your sin and what burdens you down; come as you are. But most importantly simply come with your heart. Place it all before Jesus. Quietly sit in His presence. Listen to His quiet voice. Come and experience the love of God in so intimate a way. What a wonderful way to prepare our hearts for Easter! *"Be still and know that I am God."* (Psalm 46:10) For more information, please call Frank or Sheila Mauser (519) 658-9414

LENTEN DEVOTIONS: "Steadfast Love" and "A Season of Grace – Lenten Devotions for Seniors". Booklets available in the parish entrance. (\$2)



MISSION MATS: Our next mat making session will be on **Saturday, February 25** from 11 am – 1pm in the parish centre. Did you know it takes about 400 milk bags to make one mat? Come out and see the process. Drop in anytime between 11 and 1. You don't need to stay for the whole two hours. A great way for high schoolers to earn volunteer hours. Milk bags are not needed at this time. All are welcome!



52 REASONS TO TALK ABOUT THE CATHOLIC WOMEN'S LEAGUE: Charity Catholic Women's League councils provide an opportunity for others to contribute monetary aid through fundraising activities that create awareness and community building. Be part of this organization that gives to others.

CWL membership drive this weekend! Members of the CWL will be handing out information brochures following all Masses.



ST. VINCENT DE PAUL COLLECTION: Our collection for January was \$950.90. Thank you to all for your generosity! *Tax receipts for donations made to the St. Vincent de Paul Society in 2022 are available for pick-up.*

MARRIAGE TIP OF THE MONTH: Parents are the first and foremost teachers about relationships for their children. It is good now and then to take a quick check and ask if your marriage and the way you interact with each other is what you hope your children's relationships will be when they grow up. If the answer is no, as a couple you deserve to find a way to create for yourselves the kind of relationship you want for your children. Seek support, read together relationship self-help books and/or consider attending a Retrouvaille weekend with the Diocese. Marriages cannot be perfect all the time, but they should be lived in a way that makes you proud to pass on to your children.

PARENTING TIP OF THE MONTH: Manners matter because they promote respect between your child and every person with whom they engage. Doing so will promote higher self-esteem, making your child feel more confident in all areas of their lives. Manners are both taught and caught, so continually remind them about, as well expect them to use, manners. More importantly, model manners in all you do, including your own interactions with your children. (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

DIOCESE OF HAMILTON PRAYER CALENDAR
February 13 – 18

Monday	Rev. Francis Noronha, C.S.C.
Tuesday	Rev. Rafal Tomon
Wednesday	Discalced Carmelite Sisters (O.C.D.)
Thursday	Very Rev. Tim Uniack, C.R.
Friday	Rev. Pat Aiello, C.R.
Saturday	Rev. Chris Buda, C.R.

JOIN THE REEL JUSTICE FILM FESTIVAL
February 23, 2023 7:00 PM – 9:00 PM for a film screening featuring two short films that highlight challenges and approaches to affordable housing. **A Better Tent City** follows a group of dedicated individuals, including those living rough, service providers, community members and municipal staff, working together to create a self-organized housing community in Kitchener, ON. **Safe** explores the housing and opioid crises through the stories of tenants that live in Indwell affordable housing units, available for people experiencing poverty because of their mental health and/or substance use disorders, in Hamilton, London, Woodstock, Simcoe and Mississauga. Both films focus on the necessity for low barrier housing, community building, and respect for our shared home. Special discussion following the screening with Fr. Toby Collins, C.R., Pastor at St. Mary, Kitchener speaking about his work and ministry with Tiny Homes and A Better Tent City, as well as with Jess Brand, Indwell regional manager for Hamilton. The screening and discussion will be hosted online.

R.S.V.P. and view our full schedule of events at: www.reeljusticefilmfestival.wordpress.com/

PARISH OFFERINGS
February 4/5, 2023

Sunday Envelopes (108):	\$3,463.00
Loose Offerings:	\$406.45
Seminary Education (26):	\$2,400.00

Your continued financial support is greatly appreciated.



LOCAL CELEBRATION OF WORLD YOUTH DAY At this time, we are exploring the option of offering a simultaneous local celebration for young people unable to attend the international celebrations in Lisbon. If a young person you know is interested in participating in the **local celebrations between August 4-6th, 2023**, we ask that they complete the declaration of interest survey using the following link: <https://forms.gle/rHUqMcvwNXGNpAP78>
This form will remain open until February 24th.

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