

# St. Mary of the Visitation Parish



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Rev. Fr. Christopher Tracey, Administrator

Sister Marie Therese Slade, Parish Catechist

Mrs. Rosanne Nusca, Administrative Assistant

*St Mary of the Visitation Parish exists to be a light on the hill and offer every person in our community a life-changing encounter with Jesus*

## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 8:00 a.m., 9:30 a.m. and 11:30 a.m.

A Children's Ministry for those aged 2 until Grade 4 is offered at the 9:30am and 11:30am Mass.

## WEEKDAY MASSES

Tuesday 7:00 p.m., Wednesday to Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

Saturday 3:30 p.m. to 4:30 p.m.

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 8:30 a.m. to 4:00 p.m.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH ADORATION CHAPEL

Our Chapel is always available for a time of quiet, personal prayer. Please enter by the west side of the church, off the lower parking lot.

## PARISH BOOK OF PRAYER

Our Parish Book of Prayer is located in our Adoration Chapel (lower level of the Church). You are welcome to write your intentions on its pages. These are remembered at Mass.

## SACRAMENT OF BAPTISM

Please contact the Parish Office to make an appointment to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.



## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital each Sunday. To ensure a visit when hospitalized, please make sure to indicate at registration that you are a Roman Catholic and a member of St Mary Parish.

## IF GLUTEN FREE HOSTS ARE REQUIRED

About 10 minutes before Mass begins, please visit the Sacristy and ask Sacristan to reserve a gluten-free host for you.

## DON'T GET LOST IN THE CROWD - SMALL GROUPS

We are blessed with a variety of small groups - couples groups, men's groups, ladies groups, mother's groups, faith sharing groups - check our display in the Parish Centre - join us.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Mary of the Visitation Parish in your will and when recommending expressions of sympathy.

## ST. VINCENT DE PAUL FOOD PANTRY

519-658-6511

## FIFTH SUNDAY OF EASTER



### WELCOME TO ST. MARY PARISH

Welcome, we are really glad you're here! Whether exploring, struggling or looking for a new Church Home - we extend a warm welcome to our parish and pray that you feel at

home. Please introduce yourself and consider becoming a member of our Family of Faith. For details on our parish life, offering envelopes, pre-authorized or on-line giving, as well as to find out about ways of connecting, check out our website: [www.stmaryhespeler.ca](http://www.stmaryhespeler.ca) or see anyone at our Welcome Desk.

### MASS INTENTIONS FOR THE WEEK

**Tuesday, May 21 at 7 p.m.**

+ Leoba Mendonca

1:30pm - Mass at St. Luke's

+ Joseph & Catherine Yust

**Wednesday, May 22 at 8 a.m.**

Deceased Ancestors of the Harris Family

**Thursday, May 23 at 8 a.m.**

+ Marilyn Lawson Trottier

**Friday, May 24 at 8 a.m.**

+ Colleen Smith

**Saturday, May 25 at 5 p.m.**

+ Henry Chyc

**Parish Office Closed:** Our Parish Office will be closed on **Monday, May 20<sup>th</sup>** to mark Victoria Day. It will re-open on Tuesday at 8:30am.

### Liturgical Ministries Schedule

May 18/19 - Team C

### PARISH BOOK OF PRAYER

Our Parish Book of Prayer is located in our Adoration Chapel (lower level of the Church). You are welcome to write your intentions on its pages. These are remembered at Mass.

**PARISH MASSES NEXT WEEK:** Father Chris will be participating in the Diocesan Priests Retreat being held **May 27 - May 31**. Therefore, there will be no weekday Masses from May 27 - 31. A priest remains on call for emergencies and the parish office is open for regular hours.

### ALTAR SERVERS NEEDED

Children in grade 4 and up are invited to join this very important ministry. Please see Fr. Chris or call the parish office if you or your child are interested.



### FIRST HOLY COMMUNION

Upcoming Celebrations of Holy Communion will take place on **Saturday, May 25** at 5 p.m. and **Saturday, June 1** at 5 p.m.

**BANNS OF ORDINATION:** *Mr. Hayden Starczala* is scheduled to be ordained to the Transitional Diaconate at 7:00 p.m. on **Thursday, June 20, 2019** at the Cathedral Basilica of Christ the King, Hamilton, Ontario. If anyone knows of a serious cause why this ordination should not take place, please notify your parish priest. Let us all pray that Mr. Hayden Starczala will be a good and faithful servant to the Lord and His church.

### PRAYER FOR OUR SEMINARIANS

*God our Father, thank you for calling our Seminarians to prepare for the priesthood. Grant them the grace to grow closer to You through daily prayer. Bless them while they study your Word and the teachings of Your Church, and give them generous hearts to serve your people. We ask this through Jesus Christ our Lord. Amen.*

***Please pray for our Seminarians and for Future Vocations to the Priesthood and Religious***



### THE KNIGHTS OF COLUMBUS

**COUNCIL 4916** would like to thank the parishioners of St. Mary of the Visitation for their generous support in the *Roses for Life* Campaign. A total of \$445 was raised and will support Cambridge Right to Life and the Pregnancy Resource Centre.

### CHILDREN'S MINISTRY - HELP NEEDED

Our Children's Ministry continues to be a source of blessing for our community. We are in need of a few extra teachers to aide in our program. You do not need to be a certified teacher to help out. You just need to have a love for children and the desire to bring them closer to Christ. Please see Sr. Marie Therese if you are able to invest once a month in making a positive impact in the life of a child.

### MINISTERS OF THE EUCHARIST

Our parish is blessed with several Ministers of the Eucharist who regularly take communion to our sick and homebound members. We are in need of new members to visit parishioners in their home or at St. Luke's Place. If this is something you feel called to do, please contact the parish office to meet with Father Chris.



**ST. VINCENT DE PAUL:** The next meeting takes place on **Tuesday, May 21<sup>st</sup>** at 7:30 p.m. in the Hearth Room.



**CATHOLIC CAFÉ - next weekend**

Join us after Mass on May 25 & 26 for our Catholic Café located in our Parish Centre. Get to know your fellow parishioners while enjoying drinks and snacks! All proceeds going to our Mission/Outreach efforts.

**SUMMER MINISTRY SCHEDULE:** We will soon be preparing our Summer Schedule for all Ministries. If you will be away in July and August, please email the Parish Office to inform us no later than June 14th. Thank you!

**BULLETIN ANNOUNCEMENTS:** All ministries and groups are asked to submit their bulletin announcements to the office by Monday at 4 p.m. each week. Please email [stmaryhespeler@bellnet.ca](mailto:stmaryhespeler@bellnet.ca)

**HAITI MAT MAKERS:** Thank you to a faithful team of Mat makers who gather to transform simple Milk Bags into Sleeping Mats for Haiti. Reminder, we continue to collect clean milk bags - just leave in the Parish Centre Narthex in the marked container. Please do not leave them in other locations. Our next Mat Making Session will be on **Saturday, May 25th at 10:00 a.m.** in the Parish Centre.

**PRE -AUTHORIZED GIVING - WHAT IS IT AND HOW DO I ENROLL?** To accomplish the mission entrusted to us by Christ, St. Mary of the Visitation Parish depends entirely on the generosity of our parishioners. Pre-authorized giving allows you to give to the parish intentionally and faithfully through scheduled monthly transfers from your bank account, and donated on the 15th of each month, directly to the parish, aiding in our mission of helping each person in our community have a life changing encounter with Jesus. Forms are available at the entrances to the church and our Welcome Desk. Fill out the form, attach a void cheque and place the form in a sealed envelope and put it in the offertory collection.

**AROUND THE DIOCESE**

**MARRIAGE TIP:** It has been established that an attitude of gratitude improves our health, but can it be beneficial for our spouse as well? Praise, sharing traits in your spouse you are thankful for, holding on to criticism and sharing compliments, thanking your spouse for the small (and large) moments you share – these are but a few ways you can show your spouse gratitude. When we take these actions to heart our spouse feels better physically, mentally and emotionally. A win-win for both partners! From: Teresa Hartnett, Family Ministry Office, 905-528-7988 ext. 2250.

**PARENTING TIP:** As summer approaches life tends to become a little more relaxed. Longer days mean bedtimes become less specific, warmer days mean our food and drink consumption changes and, hopefully, we take full advantage of these lovely days by spending more time with our children. This summer, be specific and plan what you would like to accomplish with your children: more reading together, more time hiking, more family game nights, more time spent preparing and cooking as a family, etc. Time spent together creates confident, healthy children; when we include daily prayer with our family, life is golden!

**MASS of ANOINTING of the SICK:** You are invited to attend a Mass of Anointing of the Sick on **Wednesday, June 5th**, at 2:00 p.m. at St. Clement Parish, Cambridge. The Sacrament is intended not only for the sick but for those weakened by old age or failing health, those about to undergo serious surgery, and those who personally feel a need for the healing hand of the Lord. If you have family or friends who are housebound or in a nursing home, please consider assisting them to attend this special Mass. Our lift allows wheelchair access to the church and parish hall, and there is a wheelchair-accessible washroom. Refreshments will be served following the Mass. To help us plan, please R.S.V.P. to 519-653-6123 or [stclements@rogers.com](mailto:stclements@rogers.com)

**Are you caring for a loved one?** Are they in need of palliative care? Do you have questions? A committee of experts, in various related fields, came together to answer possible questions that are often raised at this difficult time in a person's life. Find the answers to important questions at <https://hamiltondiocese.com/palliative.care>, or call Teresa at 905-528-7988 ext. 2250.

**Natural Family Planning:** Learn about the benefits of Natural Family Planning (NFP) as you build your family in harmony with nature and God's plan for married love. Modern methods of NFP are wholesome, healthy and a highly effective method for postponing or achieving pregnancy without the use of drugs or devices. The Creighton Model is one of several methods, and can be particularly helpful for women and couples walking a subfertility journey, who have experienced miscarriage, or who have reproductive health issues like PCOS or endometriosis. A Free Introductory Session to the Creighton Model FertilityCare System will be offered in Guelph at the Basilica of Our Lady Immaculate (28 Norfolk Street) on **June 2nd** from 2:00-4:00 PM. Childcare may be provided upon request. Email Rebecca at [rebeccamcevoy@pm.me](mailto:rebeccamcevoy@pm.me) for more details

**Welcome to**

**St. Mary of the Visitation Parish**

For advertising space please call

**1-800-268-2637**