

# St. Mark Roman Catholic Parish

55 Driftwood Drive, Kitchener, Ontario N2N 3A2 • 519-571-9200 • www.stmarkcatholicparish.org

## PARISH STAFF

Rev. Roque Concepcion – *Pastor*  
Rev. Mr. Philip Fernandez – *Deacon*  
Mrs. Pam Olinski – *Parish Secretary*

## LORD'S DAY MASSES

Saturday 5:00 PM  
Sunday 9:30 AM, 11:30 AM  
Monthly Filipino Mass: Third Saturday 7:00 PM

## WEEKDAY MASS

Tuesday - Friday 12:00 NOON  
First Saturday 9:00 AM

## CONFESSIONS

Wednesdays & First Fridays 11:00 - 11:45 AM  
Saturdays 4:15 - 4:45 PM or by appointment

## WELCOME NEW MEMBERS

We invite you to become a registered parishioner. Please fill out a form from the church lobby and drop it in the collection basket or at the parish office. Please call if you would like Father to bless your home.

## OFFERTORY ENVELOPES / PRE-AUTHORIZED DEBIT

To receive an annual tax receipt for your donations you are encouraged to use offertory envelopes and/or to enroll in our monthly debit plan. Offertory envelopes can be requested by filling out a parish registration form, or if you are already registered, simply call the office to request a box. Debit plan enrollment forms are available in the church lobby.

## BAPTISM

Baptisms are celebrated during Sunday Mass. Two months' notice is required. Please pick up a baptism form in the church lobby, introduce yourself to Father after Mass and give him your completed form at that time. A date for baptism will be confirmed by the parish office only after you have met with Father.

## MARRIAGE

At least 6 months' notice is required. Please introduce yourselves to Father after Mass to start the process.

## ANOINTING OF THE SICK / HOSPITAL VISITATION

If you or someone you know is in need of the Sacrament of the Sick, please call the parish office or see Father after Mass. Please advise the office of hospital admissions to request Anointing or a pastoral visit.

## ST. VINCENT DE PAUL SOCIETY

Call 519-571-8485 for information on food distribution.

## PARISH SCHOOLS

**St. Dominic Savio Catholic Elementary School**  
3 Westforest Trail 519-576-5503

**St. Mark Catholic Elementary School**  
240 Autumn Hill Crescent 519-743-4682

**Resurrection Catholic Secondary School**  
455 University Avenue West 519-741-1990



“... The seed is sprouting and growing ...” (Mark 4:27)

## MASS INTENTION REQUEST FORM

To have a Mass celebrated for a living or deceased loved one, please fill out this request form, place it in a plain envelope marked “Mass Intention,” and drop it in the Sunday collection, or drop it in the mail. Your intention and your name will appear in the bulletin, and will be announced during Mass.

**If you require a Mass card,** please make your request in-person at the parish office during business hours.

The offering (stipend) for a Mass Intention is \$10 per Mass.

I would like to have \_\_\_\_\_ Mass(es) celebrated for:  
HOW MANY?

the intentions of (living) **OR**  the repose of the soul of (deceased)

\_\_\_\_\_  
NAME OF LIVING OR DECEASED PERSON(S)

**Please choose your preferred way of setting the date for this Mass:**

The date of the Mass does not matter.

**OR**

I would like the Mass to be on this specific date\*: \_\_\_\_\_

\* **Requests for specific dates (birthday, anniversary of death or wedding) must be submitted several weeks/months in advance to avoid disappointment.**

\* **Sunday Masses may only be requested twice per year. All other requests will be satisfied on weekdays.**

Requested by: \_\_\_\_\_

Daytime Phone # or email: \_\_\_\_\_

*We will attempt to contact you if we are unable to accommodate your request.*

## FOURTH SUNDAY OF ORDINARY TIME

### Mass Intentions for the Week



**Jan. 30 – Feb. 5, 2023**

- Tuesday** (MEMORIAL – ST. JOHN BOSCO)  
 12 Noon + Ana Pereira & family – *Maria Soares*
- Wednesday** (FERIAL)  
 12 Noon + Maria Silvestre – *Joao*
- Thursday** (FEAST – PRESENTATION OF THE LORD)  
 12 Noon + Peter Tam Nguyen – *Melissa Nguyen*
- First Friday** (FERIAL)  
 12 Noon + Manuel Trindade & family – *Maria Soares*
- First Saturday** (FERIAL)  
 12 Noon + Clara Herteis – *Olinski family*

### 5TH SUNDAY IN ORDINARY TIME – Feb. 4/5

*Isaiah 58:6-10++; 1 Corinthians 2:1-5; Matthew 5:13-16*

- Sat. 5:00 PM** + Leando & Domenica Bendia – *T. & G. Gerth*
- Sun. 9:30 am** + Thomas Drohan – *St. Mark Knights of Columbus*
- 11:30 am** – Int. of Parishioners of St. Mark



**LORD, HEAR OUR PRAYER!**  
*The Sanctuary Lamps burn this week for:*  
**† Marinha Coutinho**

*You may request to have one or both lamps burn for a special intention or for the repose of someone's soul. Cost is \$5 per candle, per week. Simply drop a plain envelope marked "Sanctuary Lamp" into the collection and include the stipend and the name of the person(s) you wish to remember.*

### Blessing of Candles

*(Feast of the Presentation of the Lord)*  
 Bring your candles from home to be blessed during the 12 noon Mass on **Thursday, Feb. 2<sup>nd</sup>**

### Blessing of Throats

*(Feast of St. Blaise)*  
 Father will include the Blessing of Throats during the 12 noon Mass on **Friday, Feb. 2<sup>nd</sup>**.

### DIOCESAN PRAYER CALENDAR | This week let us pray for...

JAN. 30	JAN. 31	FEB. 1	FEB. 2	FEB. 3	FEB. 4
Rev. William Trusz	Rev. David Reitzel	Hospitaller Order of St. John of God (O.H.)	<i>World Day for Consecrated Life</i>	Rev. Ross Campbell	Rev. Peter Robinson

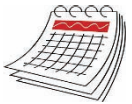
**Prayer for Vocations ...** God, the source of creation and love, You invite each of us to serve you through the life which is your gift. May your grace encourage men and women to heights of holiness through service to the Church as priests, sisters, brothers, and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen.

**COMING SOON: ALPHA 2023!** Right here at St. Mark's ... and you're invited! Alpha is back! This 11-week program brings people together for conversations about life, faith and Jesus, helping to answer questions like: Who is Jesus? Why and how do I pray? Does God heal today? More information to come. In the meantime, tell your friends and mark your calendar: Thursday evenings, **February 16 – April 27** from 6:45 to 9:15 p.m.

### LIFT JESUS HIGHER RALLY: "Empowered to Stand"

**March 4, 2023** at the **Metro Toronto Convention Centre**. A bus has been arranged to leave from the parking lot at Highway #6 South and the 401. To book a seat on the bus call Lisa Reitzel at 519-749-2579. **Seats are limited, and it's on a first come first booked basis.**

### Meetings & Events This Week ...



DATE	TIME	ROOM	EVENT
<b>Mon. Jan. 30</b>	8:00 pm	(H)	Alcoholics Anonymous
<b>Wed. Feb. 1</b>	5:45 pm	(CH)	First Communion Prep - Session 2
	7:00 pm	(J)	R.C.I.A.
<b>Thu. Feb. 2</b>	7:00 pm	(CH)	5 o'clock Choir Practice
<b>Fri. Feb. 3</b>	7:00 pm	(J)	Bible Study
<b>Sat. Feb. 4</b>	7:30 am	(H)	That Man Is You!

**MEETING ROOMS:** B = Basement CH = Church H = Hall \* = Offsite  
 J = St. John Room L = St. Luke Room M = St. Matthew Room

On the **Fourth Sunday of Ordinary Time**, Matthew's Gospel gives us the essence of Jesus teaching in the Beatitudes. *"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are they who mourn, for they will be comforted."*

*~ Used with permission by Online Ministries, Creighton University*



**That Man is You!** has returned, Saturday mornings from **Jan. 21<sup>st</sup> to April 2023**. *That Man is You!* honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop *The Vision of Man Fully Alive!* Visit [www.tmiy.org](http://www.tmiy.org) for more information. This year's new multi-speaker format continues with the topics that are at the forefront of our Christian lives: The Life of Prayer, Sexual Ethics, Biblical Scholarship, and Faith and Science, among others. It's the best year yet and not to be missed. We begin with **Breakfast in the Parish Hall at 7:30 a.m.** followed by a video presentation and group discussion. Contact [ian.kangaloo@gmail.com](mailto:ian.kangaloo@gmail.com) with your questions or to sign up.

### ✠ 2023 Sacramental Preparation Sessions ✠

#### FIRST COMMUNION

Preparation Sessions:

**WEDNESDAYS at 5:45 PM**

January 18,  
 Feb. 1, Feb. 15  
 March 8, March 29

**Celebration of the Sacrament:**

**Sunday, April 30, 2023 at 2 pm**  
 with St. Dominic students

**Sunday, May 7, 2023 at 2 pm**  
 with St. Mark students

#### CONFIRMATION

Preparation Sessions:

**SUNDAYS at 1:00 PM**

February 26  
 March 26  
 April 23

**Celebration of the Sacrament:**

**Tuesday, May 23, 2023 at 7 pm**  
 with St. Dominic students

**Tuesday, May 30, 2023 at 7 pm**  
 with St. Mark students



**WANTED!** The 11:30 Sunday Mass is in urgent need of **READERS** and **USHERS**. If interested, please email your name and contact info to Pam at the parish office ([stmark@rogers.com](mailto:stmark@rogers.com)).

### BOARD OF TRUSTEE OPPORTUNITIES - St. Mary's General Hospital

Are you interested in being involved in an organization committed to compassionate, high quality and equitable care? **The St. Mary's hospital board is looking to fill two positions for the coming term.** More information is available on the hospital website: <https://www.smgh.ca/about-us/board-of-trustees/join-our-board-of-trustees>.

 *Liturgical Ministers*

<b>FEB. 4 / 5</b>	<b>5:00PM Mass</b>	<b>9:30AM Mass</b>	<b>11:30AM Mass</b>
<b>Altar Servers:</b>	C. Perkovic J./P./V. Miller	R. Jerold P./T. Pereira	C. Chacon J./S. Garrucho
<b>Commentator:</b>	D. Behl	T. Germann	
<b>Reader:</b>	S. Rellinger	T. Lee	D. DeSousa
<b>Ushers:</b>	E. Miller C. Weber	I./D. Cullley	B./C. Voisin
<b>Eucharistic Ministers:</b>	D. Fernandez H. Psutka	M. Walser M. Lynch	I./F. Kangaloo

A teacher brought balloons to school and asked the children to blow them all up, and then each write their names on their balloons. They tossed all the balloons into the hall while the teacher mixed them from one end to the other. The teacher then gave them 5 minutes to find the balloon with their name on it. The children ran around, looking frantically, but as the time ran out – nobody had found their own balloon.



Then the teacher told them to take the balloon closest to them and give it to the person whose name was on it. In less than 2 minutes, everyone had their own balloon. Finally, the teacher said, "These balloons are like happiness. We won't find it when we're only searching for our own. But if we care about someone else's happiness ... it will ultimately help us find our own." ~Anonymous

TIME TO SMILE!

**For our 2023 Photo Directory!**



We invite ALL PARISHIONERS to participate in our Parish Family Photo Directory for 2023! **★ SIGN-UP AFTER MASS THIS WEEKEND to book a portrait sitting!**

Can you believe it's been 10 years since our last directory?! Photo directories are a great way to get to know fellow parishioners by name and develop a better sense of community. Just like a high school yearbook, they create a "snapshot" of who and what the parish is, for present and historical purposes.

Each participating family will receive a FREE 30-minute sitting and FREE photo directory (at no cost to you or the parish) as well as an opportunity (but not an obligation) to purchase studio quality portraits at less than studio prices. All photography and viewing of photos is done in one convenient appointment at the church.

Also! ... **If you have snapshots of parish activities or groups from the last 10 years**, and are willing to submit them for possible inclusion in the directory, please email the parish office ([stmark@rogers.com](mailto:stmark@rogers.com)).

**DIOCESAN WEDDING ANNIVERSARY MASS** – Couples celebrating their 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2023 are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, April 16, 2023** at 1:30 p.m. at the **Cathedral Basilica of Christ the King in Hamilton**. (Space allows room for Anniversary couples only – those married 60 years or more may bring 1 guest if you require assistance). **Please register** online at [www.hamiltondiocese.com/offices/family-ministry/sfm/anniversary-mass.php](http://www.hamiltondiocese.com/offices/family-ministry/sfm/anniversary-mass.php) or call the Diocese at 905-528-7988 for assistance. **Registration closes March 26<sup>th</sup>**.

**WORLD DAY OF PRAYER - March 3, 2023** in-person service will be held at **St. George's Anglican Church** at 10:00 a.m. All are welcome!

**C.W.L. News...**



St. Mark Catholic Women's League membership drive continues! The membership fee for 2023 is \$40.00. Add your "voice" to 70,000 others across Canada in our Sisterhood of support of: Respect for human life from conception to natural death; Fully funded Catholic education; Social Justice; Faith and Service; Family Values. **WE ARE CATHOLIC AND LIVING IT!** We warmly welcome all ladies to come out to any meeting or Contact Sue Sawchuk, Organization Chair at (519) 277-1898 or email [stmarkcwl@gmail.com](mailto:stmarkcwl@gmail.com).



**33 DAYS TO MORNING GLORY - Marian Consecration**

**St. Louis Parish** will begin a 33-day preparation for Marian Consecration. For six weeks, we'll individually read about and reflect on four great saints who'll teach us the secrets to drawing closer to the Heart of Jesus through the Heart of Mary. Weekly Tuesday mornings beginning **January 24<sup>th</sup>** after the 9 o'clock Mass, from 9:30-10:30 a.m. at **St. Louis Church Hall** (53 Allen Street East, Waterloo). Small group insights plus a short video. The proposed date for the Marian Consecration will be March 25<sup>th</sup> (also a great refresher retreat for those already consecrated!). For more info and to order the book (\$25) contact St. Louis parish office (519-743-4101 or [stlouiswaterloo@hamiltondiocese.com](mailto:stlouiswaterloo@hamiltondiocese.com)).

**SPAGHETTI DINNER at St. Teresa of Avila Church**, 19 Flamingo Drive, Elmira.

Hosted by the Knights of Columbus, **Friday, February 10<sup>th</sup>** from 5:00 – 7:30 p.m. Cost: \$15 Adults, \$8 Kids (6-12yrs), Free Children (5yrs & under), \$30 Family of 4. Take-out available starting at 4:30 p.m. (Take-out tickets must be purchased in advance!) Advance Tickets Available until February 8th. Please reserve your tickets by calling the Church Office at 519-669-3387 (9am-1pm, Mon.-Fri.).

**HEALING STRESS/TRAUMA** – We all experience stress from world, regional and possibly family or personal issues. This is normal. The body tells the truth about hidden stress. The body keeps the score as we discover, sometimes painfully, the impact of intergenerational and collective trauma within us. We invite you to join Sr. Barbara Paleczny, School Sister of Notre Dame PhD, on **Saturdays, Feb. 4 and 11, 9:30 – 11:30** to learn ways to relieve and heal some of your stress and to help others. We will not ask your personal stories. Come, ready to participate without judging. Sister Barbara will explain why this method of popular education is essential, at least to accompany talk therapy. **Location:** Waterloo Catholic District School Board office, 35 Weber St. W, behind St. Mary's Church. **To register**, email St. Mary's Parish office [stmarys@rogers.com](mailto:stmarys@rogers.com).

**CELEBRATE OUR LADY OF LOURDES!** – The message of Our Lady to St. Bernadette is just as relevant today as it was in 1858. Come and be reminded of the healing power of prayer and honor the Blessed Virgin Mary on **Saturday, February 11<sup>th</sup>** at **Our Lady of Lourdes, Parish in Waterloo** with Celebrant His Excellency Bishop Wayne Lobsinger. 6:00 p.m. Exposition of the Blessed Sacrament and Confession; 7:00 p.m. Holy Mass with Anointing of the Sick and veneration of St. Bernadette's relics. First 24 families will be asked to join in a procession of roses to Our Lady. Followed by a reception in the parish hall. All are welcome.

**BEYOND THE PEW SPEAKER SERIES** at **St. Clement's Parish** (745 Duke Street, Cambridge) 7:00 – 8:30 pm. Join us as insightful speakers with "boots on the ground" experience share stories on Homelessness, Addictions, Mental Health, and Youth in our community. Free will offering. Register at [stclements@rogers.com](mailto:stclements@rogers.com) or 519-653-6123. Dates are:

- February 21, 2023** **Wayne Paddick**, Executive Director, Bridges  
**Bryan May**, MP, Cambridge
- March 21, 2023** **Lisa Legault**, Society Saint Vincent De Paul  
**Eva Vlasov**, Executive Director, Argus Residence  
**Region of Waterloo Police Officer**





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