



St. Leo The Great

ROMAN CATHOLIC CHURCH

130 Watford Street, Brooklin, ON L1M 1H2

905.655.3286 • Fax: 905.655.4519

www.stleothegreat.ca • e-mail: office@stleothegreat.ca

Pastor: Rev. Charles T. Forget

Parish Secretary: Magda Nowak 905-655-3286 x 101

OFFICE HOURS:

Monday to Thursday 9:00 a.m. to 3:00 p.m.

Closed for Lunch from 12:00 noon to 1:00 p.m.

Friday Office Closed.

DAILY MASS SCHEDULE:

Tuesday, Thursday and Friday 8:30 a.m.

Wednesday 7:00 p.m.

Adoration of the Blessed Sacrament – Friday 7:30 a.m. - 8:30 a.m. (followed by 8:30 a.m. Mass)

SUNDAY MASS SCHEDULE:

Saturday 4:30 p.m. Youth Mass

Sunday 9:00 a.m. (with Children's Liturgy JK, SK, Grade 1 & 2) & 11:00 a.m.

SACRAMENT OF RECONCILIATION:

Saturdays 3:30 p.m. to 4:00 p.m. or anytime by appointment.

SACRAMENT OF BAPTISM:

Please download the Baptism Information Kit and Registration Form from the parish website, www.stleothegreat.ca

SACRAMENT OF MARRIAGE:

The Archdiocese of Toronto requires that you contact your parish priest at least one year in advance of the planned date of your wedding and that you participate in a marriage preparation course. Please call the Parish Office.

PARISH REGISTRATION:

All families attending St. Leo's are requested to register with the parish.

Registration forms are available in the vestibule of the church.

LOCAL HOSPITALS AND EMERGENCY PASTORAL VISITATION

If you or someone in your family is in the Oshawa, Whitby or Port Perry Hospitals and would like to have a priest (for serious reasons) visit the person who is sick for Anointing of the Sick, Last Rites, Confession or Communion, please note that there is a full-time Catholic Priest assigned to these three hospitals at various times of the week. Simply ask hospital staff to inquire as to whether *Father Pius Alejo* is present in the hospital (or when he will be). If Father Pius Alejo is not available and there is an emergency requiring a Catholic priest, please call St. Leo the Great Parish at 905-655-3286 and when prompted, press "8" and leave your message. Fr. Charles will receive your message (if he is available) and return your call. If there is no emergency but you would like to speak to Fr. Charles, please call the parish office and leave a message with the parish secretary at 905-655-3286 x 101.

LENTEN SCHEDULE

ASH WEDNESDAY & THE FIRST SUNDAY OF LENT

Father John Boos will be celebrate the Mass on the weekends of the 8th Sunday in Ordinary Time (Sat./Sun. March 2/3) and the First Sunday of Lent (Sat./Sun. March 9/10) and Fr. Mark Kolosowski will preside at the Ash Wednesday Mass on Wed. March 6 at 7:00 pm.

ASH WEDNESDAY

7:00 pm. Mass only! (No noon Mass this year)

SOUP AND BREAD POVERTY MEAL



Once again, the CWL will organize and put on the weekly **Lenten Soup & Bread each Friday in the parish hall from 5 pm. to 6:20 pm.** featuring a variety of hearty homemade soups and bread

asking only a freewill offering from participants with all proceeds going to our St. Vincent de Paul Society.

Again this year, our three elementary schools will participate which is a great way to see schools and the parish coming together in community and fellowship while identifying in our own small way our outreach to the less fortunate.

EACH FRIDAY the Soup & Bread will be followed by **6:30 pm. STATIONS OF THE CROSS** and **7:00 pm. MASS**

Please note, there will be no 7 pm. Mass on the first Friday of Lent (following Ash Wednesday) and the NET Team will lead in the Stations of the Cross in the church following the Soup & Bread.

PREPARING NOW FOR LENT



It's funny how we anticipate and prepare well in advance for Christmas with virtually the 6-8 weeks before the feast populated with things to buy, holiday plans to be figured out, gifts to be bought and decorations to be displayed. Because it's exciting we actually look forward to it and many keep it in the backs of their minds for many months ahead.

Yet Lent is a real gift from God to re-center our lives to Christ again, or as the Lenten mandate of Ash Wednesday when we receive ashes on our foreheads says to us, "Turn away from sin and be faithful to the Gospel".

I found the following article on the Order of Lepanto website. Though it was posted for Lent 2017 it is universally sound in its suggestions for some practical things we can do for ourselves and

others during this period of great grace. Please read this article for some useful and do-able actions and activities for Lent 2019.

As you are most likely aware, Lent is a liturgical season in the Catholic Church that comes before Easter. Officially, it begins on Ash Wednesday (which is March 6th this year) and ends on Holy Thursday (April 18th), lasting slightly longer than 40 days. Since the date of Easter moves based on the cycles of the moon, the dates of Lent will be different every year. The meaning of the word "Lent" is from the old English meaning length and this is, of course, an allusion to the lengthening of days during this period. As the days get longer, there is more light and less dark. Similarly we are called to grow in faith and grow the light of Christ in our lives, while reducing the darkness of sin.

The season of Lent is a penitential season, meaning that the faithful are asked to participate by performing some kind of penance. Traditionally this has involved giving something up, which could be a special treat or a bad habit that gets in the way of spiritual growth. Growing in self-discipline and learning to offer up the "suffering" of these minor sacrifices is the goal of this spiritual exercise.

In our culture many attach a great meaning to the New Year, making resolutions involving healthy habits of eating and exercise are quite popular. However, if a person were to go to the gym or try to do 90 minutes of intense exercise as a beginner, they would either injure themselves or become so sore and exhausted as to be unable (or unwilling) to come back. Think of Lenten practices as spiritual exercise. You are trying to get your mind and soul in shape. Therefore, a similar set of rules should guide you –

- Start slow and build up
- Vary your exercise for maximum benefit
- Don't obsess over the numbers

In starting your spiritual exercise routine, start with a few things that you can easily integrate into your daily routine. Adding morning and/or evening prayers, short biblical readings and other things are simple and effective if you're not already doing them. While giving things up does have a great benefit, we need to also vary our spiritual exercise program by adding acts of service, prayer, or spiritual reading because growing in your faith involves adding good practices as much as it requires eliminating the less desirable.

If you are searching for something new this Lent, here's a list of possible ideas:

- **Fast from "noise."** We live in a society of over-stimulation, so turn off the television and radio (or turn them to EWTN) for 30 minutes a day (or more).
- **Take a break from social media,** either totally or impose time limits on yourself.
- **Exercise and prayer.** If you do physical exercise, begin and end that time with prayer.
- **Read a book or watch a movie** on the life of a saint. (There are so many great books to be read, many of which can be downloaded to your Kindle at a low cost.) Fulton Sheen's *Life of Christ* is a splendid read as it follows Christ's public life and ministry. It is still in print and can be ordered online or from book stores.

- Try **turning out the lights and television 30 minutes early**, and spend time in prayer with your spouse.
- **Men's groups.** Classes at a gym are popular because the group helps motivate you and this is the same in your spiritual exercise program. The Order of Lepanto, (Band of Christian Brothers at St. Leo's) (Catholic Mom's Group for women at St. Leo's) and other solidly Catholic groups will help you with that spiritual motivation.
- **Pray for Catechumens.** There are catechumens who are preparing to enter the church at Easter, pray for them and their sponsors.
- **Visit someone** in a nursing home or in a hospital. There are so many people in our area who live alone or live in a nursing home, often with no family or visitors.
- You can find a local homeless shelter, soup kitchen, or crisis pregnancy center to donate your time to.
- **Daily Mass.** You can go to daily Mass once a week or more often as your schedule allows.
- **Eating out.** Try fasting from eating out and then donating the money saved to a ministry or apostolate (or perhaps our parish's Youth Ministry).
- **The Rosary** is a powerful prayer and you could add it once or twice a week. You can pray it alone, with your spouse, or even better you can pray it as a family. (At St. Leo's – before the 9 am. Sun. Mass.)
- **Stations of the Cross.** This practice is available at most Catholic churches during Lent, so take advantage of it. (In our parish, every Friday at 6:30 pm. followed by Mass at 7:00 pm.)
- **Plan to Go to confession.** Especially if you've been away from the Sacrament of Reconciliation (confession), you can be reconciled to the Lord. Take an Examination of Conscience home with you and use it to do a personal moral inventory of your life in preparation for confession.
- **PLAN TO ATTEND OUR PARISH LENTEN RETREAT AND BING A FRIEND - 1 EVENING ONLY....**



**Lenten Evening Retreat
Wed. March 20 at 7 pm.**

As previously announced, we will be blessed to hear Bishop Christian Riesbeck of the Archdiocese of Ottawa give a one-evening Lenten talk in our parish called "Missionary Servants". Please mark your calendars to attend.

In thinking of this like an exercise routine, engage the Holy Spirit as the "personal trainer" in your journey. When you go to the gym, or advance through martial arts, a coach or mentor helps you to learn, perfect, and then grow to the next level while addressing short-comings along the way. Pray for the Holy Spirit to work similarly in your faith life – ask Him to show you what He wants you to work on. God has a plan for your life and He can help you grow towards it. Ask and be open. Also, like any good exercise routine, don't stop when you reach your initial goal. Make your new faith practices part of your regular life when we get to Easter so that you can enjoy a deeper, richer Christian life. Amen.

MASS INTENTIONS

Tuesday, February 26th	
8:30 a.m.	
Wednesday, February 27th	
7:00 p.m.	† Lorna George † John Tye Rigby
Thursday, February 28th	
8:30 a.m.	† Vincenzina Mammone & Attilio & Maria Tuzi
Friday, March 1st	
8:30 a.m.	Intentions of Fr. Taras Intentions of Fr. Adam
Saturday, March 2nd	
4:30 p.m.	† Claudia, Gino, Albino Cirignano
Sunday, March 3rd	
9:00 a.m.	† Bernard Aspinwall
11:00 a.m.	All deceased family members from Bogus & Tomsic Families



Calling all students grade 9 to recent high school grads!

Alpha has launched and it's not too late to join! Come, bring some friends, and ask life's biggest questions over food and hot beverages! **Tuesdays 6:30-8:30 pm**

in the parish hall, all are welcome.

IMPORTANT NOTE: The Alpha Weekend, a retreat part of the Alpha program will be held March 22nd & 23rd, 2019. Please mark your calendars and book this weekend off.



Edge is continuing on **Thursdays 6:30-8:30 pm in the parish hall.**

For students grades 6-8.

Wanna keep up to date with all upcoming youth events? Follow us on instagram! @youthatstleo Also check out our new youth board at the back of the church.

Durham Catholic Moms Groups are hosting **Sr Helena Burns** who will be speaking about the topic "**Media is a Faith Thing**" on **Wed March 27th at 7:30pm**

in the Parish Hall.

All are welcome!

Contact annalisa@catholicmomsgroup.com for more information.




ONTARIO DUCT CLEANING
Do it for your home do it for the health of your family.
For a FREE No Obligation phone estimate, call:
905-655-1099




David Marshall
Sales & Leasing
1025 Dundas Street West
1-866-386-4792
david.marshall@whitby.toyota.ca



TOYOTA Co.
SALES • PARTS • SERVICE



Brooklin Dental Centre
Dr. Austin Saldanha
Parishioner
Care for your entire family
INVISALIGN
SENIORS DISCOUNT
42 Baldwin Street
905-655-3385
brooklindentalcentre.com



Baldwin Animal Hospital
Daniel Baturensky, DVM
4160 Baldwin St. S. Unit 13, Whitby
P 905-655-CATS 905-655-BARK

Laura Kurucz, Bsc.
Sales Representative
"Serving Durham & Surrounding Areas"



O: 905-493-5220
TF: 800-496-9220
BuyandSellwithLaura.ca



For all your mortgage needs!



Caroline Anderson
Mortgage Agent
905.999.5776
caroline.anderson@migroup.ca



MORTGAGE INTELLIGENCE
Brokerage #10428

St. Leo the Great CWL



Jackie McVeigh
President
905-493-4677

All Are Welcome

IT'S WISE to ADVERTISE!

Remember...
Let our advertisers know you saw their ad here.



St. Leo's Knights of Columbus
Get involved. Inquire now!
Larry Hallihan 905 620 0351
lgba2008@yahoo.ca
www.StLeoTheGreat.ca/knights

DE STEFANO
Funeral Home Services Inc.
1289 Keith Ross Drive
Oshawa, ON L1H 7K4
(905) 440-3595
info@destefanofuneralhomes.ca
www.destefanofuneralhomes.ca

BTBS Brooklin Tax
& Bookkeeping Services Inc.
Accounting • Bookkeeping • Personal & Corporate Taxes
Alan Hogan 905.655.8556
62 Winchester Rd. E.

Shopping Locally Saves Gas

CORRADO'S
Restaurant & Bar
38 Baldwin St. 905-655-3100
CorradosRestaurant.com

Funeral Director – Michael Lodge
W.C. Town Funeral Chapel
110 Dundas St. E., Whitby **905-668-3410**

Essential Oils - You are so WORTH it!
*Chemical-free Lifestyle, Better Sleep, Healthier Skin
Immune System Support, Emotional Balance*



Get Your Premium Starter Kit Today!
www.get-oiling.com

Lynda - 416-949-5710



OPTOMETRIC CENTRE
905.655.6200
www.brooklineyecare.ca

CATHOLIC CEMETERIES
FUNERAL SERVICES
In keeping with your Catholic faith
www.catholic-cemeteries.com
Resurrection Cemetery
905-668-8912



Chris Leahy
DURHAM SECURITY
905-556-1801

Turn your home into a Smart Home!
\$50 donated to St. Leo's for every new contract.
chris@durhamsecurity.ca

Serving our Community with Compassion

BARNES MEMORIAL FUNERAL HOME
Family owned and operated since 1863
905.655.3662
5295 Thicksen Rd. N., Whitby (one minute North of Taunton on Thicksen)



Melissa Barnes
Funeral Director
Richard Barnes
Managing Director

The Cherub's Cupboard
Catholic Books & Gifts for all occasions
Religious Articles
www.cherubscupboard.com
82 Centre St. N. **905-432-2882**

THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!



TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637

TOWN CLEANERS
Brooklin Location
15% off with ad
31 Baldwin St.
905.655.6116