



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SECOND SUNDAY OF ADVENT



Dec 6 – Second Sunday of Advent

Isaiah 40.1-5,9-11
2 Peter 3.8-14
Mark 1.1-8

Dec 13 – Third Sunday of Advent

Isaiah 61.1-2a,10-11
1 Thessalonians 5.16-24
John 1.6-8,19-28

Parish Calendar

Mon, Dec 7	St. Ambrose 9:00 am MASS
Tue, Dec 8	The Immaculate Conception of the Blessed Virgin Mary 9:00 am MASS 9:30 am Women's Fellowship
Thu, Dec 10	9:00 am MASS
Fri, Dec 11	9:00 am MASS
Sat, Dec 12	Our Lady of Guadalupe 5:00 pm MASS
Sun, Dec 13	Third Sunday of Advent 10:30 am MASS

and MASS will be available on the church website: www.holyspiritparish.ca

Mass Intentions

Sat, Dec 5 – 5:00 pm
For the intentions of all parishioners

Sun, Dec 6 – 10:30 am
†Zita & †Pat Byrne by Elaine & Gerry Kealey
†Sarah Hannafin by Mary Jeffrey & Family
Intentions of Dalrymple Family by Linda Dalrymple

Mon, Dec 7 – 9:00 am
†Patrick O'Donnell by O'Donnell & Devenny Families

Tue, Dec 8 – 9:00 am
Living & Deceased Members of the Catholic Women's League
†Xavier Bastiampillai by Family

Thu, Dec 10 – 9:00 am
†Gilles Leroux by Fred & Leslie Richardson
Intentions of Judette Elliston by Marie, Eliza, Cy, Therese & Leo

Fri, Dec 11 – 9:00 am
†Jane Donaldson by Marg Shea-Lawrence & Malcolm Lawrence

Sat, Dec 12 – 5:00 pm
For the intentions of all parishioners

Sun, Dec 13 – 10:30 am
For Deceased Kealey Family Members by Elaine & Gerry Kealey
Intentions of Dalrymple Family by Linda Dalrymple
†Kay Johnston by Phil Rocco



Please pray for those who are sick: Pat, Connie O'Brien, Lillian Hamilton, Peter Aristotle, Marlene, Kerry Wilson, Gerard, Ron MacIntosh, Judette Elliston

Please pray for those who have died: †Virginia Bissonnette, sister of John; †Stephen Underhill; †Ted Larose

† Indicates Deceased

PRAYER FOR VOCATIONS

That those chosen by Christ to 'prepare the way of the Lord' as priests, deacons, brothers and sisters will answer His call, we pray to the Lord.

PRAYER FOR FAMILIES

Comforting Spirit wrap your cloak around our disappointment, resistance, and grief. Allow our tears to fall on your shoulders and open us to the new ways we can long for you in Advent during a pandemic. Our usual family and church traditions are not the only way to touch and taste our longing for you. Prepare the way in us so we can meet you here in what is. Amen.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

Winter Clothing Collection for Shepherds of Good Hope

Please contribute new winter clothing such as socks, gloves, mitts, hats, scarves, coats etc. for the Shepherds of Good Hope. Items can be left at the Office weekdays.

Mass of Inauguration of Archbishop Marcel Damphousse's Ministry as Archbishop of Ottawa-Cornwall: On the titular feast of Notre Dame Cathedral, the Solemnity of the Immaculate Conception of the Virgin Mary, **December 8. Join Us Virtually** as we celebrate this great occasion. Mass is at 7 pm and will be live streamed on the Archdiocese's website (archoc.ca). Your prayers, best wishes and presence in spirit are your present.

PLEASE BE ADVISED:

We remind all dog walkers to refrain from using our parking lot until after 1:30 pm on Sundays; when snowplowing equipment is present; and after 3:00 pm on Christmas Eve. Thank you.



PRE-REGISTRATION REQUIRED for CHRISTMAS MASSES

Thursday, Dec 24 at 4:00 & 7:00 pm
Friday, Dec 25 at 10:00 am

NEW YEAR'S MASSES

Thursday, Dec 31 at 5:00 pm
Friday, Jan 1 at 10:00 am

Word from the Pastor

From today’s Isaiah reading: “In the desert prepare the way of the Lord! Make straight in the wasteland a highway for our God. Every valley shall be filled in, every mountain and hill shall be made low.”

Advent invites us to clean up our act and straighten things up. It is not a time to bargain or convince God to act on our behalf. God is already well disposed towards us and will help us "Prepare the way of the Lord." What valleys and empty places in my life need filling in? What mountains and obstacles to God need leveling? What rough edges need smoothing?

The Holy Father accepted the resignation from the pastoral care of the Archdiocese of Halifax-Yarmouth presented by His Excellency Monsignor Anthony Mancini. He is succeeded by His Excellency Most Reverend Monsignor Brian Joseph Dunn, currently Coadjutor Archbishop of the same Archdiocese.

Auxiliary Bishop Appointed for the Diocese of Hamilton: His Holiness Pope Francis has appointed Father Wayne Lawrence Lobsinger Auxiliary Bishop of the Diocese of Hamilton.

The truth is that if we had only the God of philosophy, God as the exploring mind can discover Him by its own powers, most of us would probably always feel Him just too remote... Fortunately man’s seeking for God is not the whole story. God has also sought man, a seeking with a long history that culminated when God became man and dwelt amongst us. Nothing could be less remote than Jesus Christ. ~ Frank Sheed

Sunday missals are available in the Atrium. Please take one copy for the new Liturgical Year.

Monsignor Joseph Muldoon

Change of Mailing Address – Ottawa Offices of the Archdiocese of Ottawa-Cornwall: The new mailing address for the Ottawa offices of the Archdiocese of Ottawa-Cornwall is 1244 Kilborn Place, Ottawa ON K1H 6L1 (note the change in postal code). The address of the Cornwall Pastoral Centre remains the same.

The Stittsville Food Bank Angel Tree Campaign has begun!! There will be no tree or angel tags on display this year but we are continuing with the gift card theme which is practical and safe. We would ask you to keep children ages 1 through 17 in mind when purchasing your gift card donations.



Please drop off your donations to the office during office hours which are 9:00am to 3:30pm Monday through Friday, or in an envelope marked ‘Angel Tree’ in the Sunday collection basket. We would ask that all gift cards be returned by **Sunday, December 13** for distribution to families in the Christmas Hampers.

Thank you for remembering those in our community who need our help.

Take Five for Faith: Daily renewal for busy Catholics
Keep your eyes open Nothing is more empowering than a fresh start. Advent brings with it a new gospel to guide us through the new liturgical year: Mark, the shortest of the four narratives about Jesus. Consider reading all 16 chapters at the start of the liturgical year to grasp the breathless beauty of Mark’s story. Reflect on other ways to stay alert to new spiritual discoveries, in keeping with Jesus’ summons: “Watch!” Pay attention, not just to the news of the day but also to the movements of the Spirit in you. Where might you be prompted to forgive, be generous, get involved, or keep silent?

“What I say to you, I say to all: ‘Watch!’”
Reprinted with permission from PrepareTheWord.com

Holy Heroes Advent Adventure

If your family is like ours, Advent is the most hectic time of the year. With all the work you do to create that joyful Christmas Day, who has the time (or energy) to make Advent into a fruitful time of spiritual anticipation and preparation for your family? Let our family take yours on the fun and easy “Holy Heroes Advent Adventure”! www.holyheroes.com/Holy-Heroes-Advent-Adventure-s/48.htm

CHRISTMAS ALTAR DECOR

If you would like to donate toward the decor in celebration of a loved one’s birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked Christmas Altar Flowers and place it in the collection basket or drop it off at the Parish Office. All names will be printed in our bulletin in the new year. **(PLEASE PRINT CLEARLY)**

Name of person(s) or intention: _____

Name of person making the donation: _____

Phone number: (613) _____

Amount (circle one): \$25 \$50 \$100 or _____ Envelope No. _____

ADAM MILLER KELLY
 PROFESSIONAL CORPORATION
 BARRISTERS & SOLICITORS
 MARY MILLER
 JENNIFER GASPAR • ROBERT PACAN
 300 March Rd., #601 **613-592-6290** amk-law.ca

PRO LOK
 Design & Build Ltd.
 Custom Landscape Design & Build
 613-858-3169

Glen Scottish Restaurant
 The Best Fish & Chips in the Valley
 1010 Stittsville Main St.
 613-836-5622
 www.theqlen.ca

Because family matters!
613-591-6580
 kellyfh.ca/Kanata


Kelly
 Funeral Home - Kanata
 by Arbor Memorial

Arbor Memorial Inc.

LAURYSSEN
 KITCHENS
 KITCHENS | VANITIES | CLOSETS

2415 Carp Rd., Stittsville
613-836-5353
 www.laurysenkitchens.com

Postcard Perfect
 TURFGRASS SPECIALISTS LTD.
 (613) 831-4246
 info@postcardperfect.ca
 www.PostcardPerfect.ca

Eat Shop Spend and Enjoy LOCAL
 please support the businesses that support your parish

Liturgica Inc.
 GIFTS & SOUVENIRS
 FOR ALL RELIGIOUS OCCASIONS
 602-1260 Old Innes Rd.
 (Innes Rd. & St. Laurent Blvd.)
613-745-1537 www.liturgica.ca

Call 1-800-268-2637 for this space

Postcard Perfect
 TURFGRASS SPECIALISTS LTD.
 (613) 831-4246
 info@postcardperfect.ca
 www.PostcardPerfect.ca



Allstate
 You're in good hands.
 Allstate Insurance Company of Canada
 18-462 Hazeldean Rd., Kanata


Sandy Villeneuve Elson
 Agent
613.592.8283
 svilleneuve@allstate.ca
 www.allstate.ca

Napolis Cafe
 Ristorante Italiano
 1300 STITTSVILLE MAIN STREET
 613.836.7722
 NAPOLISCAFE.COM

Shopping Locally Saves Gas!

Secure, Memory Care in Kanata *At Its Finest*
 Call Bonnie for a Complimentary Tour & Lunch
613.806.3516

arbique&ahde
 associate lawyers
 Stittsville Shopping Centre
 204-1300 Main St. 613-836-2240 info@arbiqueahde.com

DANNY NAILS & SPA



THE Courtyards ON EAGLESON
 An All Seniors Care Living Centres Residence
 630 Eagleson Rd., Kanata, ON
 allseniorscare.com   

arbique&ahde
 associate lawyers
 Stittsville Shopping Centre
 204-1300 Main St. 613-836-2240 info@arbiqueahde.com

THOMAS CAVANAGH CONSTRUCTION LIMITED
 613.257.2918 www.thomascavanagh.ca

NAILS AND WAX
 500 Hazeldean Rd.
 www.DannyNailsSpa.ca
 613-836-8819

THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!




TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637

THOMAS CAVANAGH CONSTRUCTION LIMITED
 9094 Cavanagh Rd. Ashton, ON
 613.257.2918 www.thomascavanagh.ca

"Professional and Bilingual Assistance in Buying and Selling"

Jean-Guy A. Finningan, ABR
 5517 Hazeldean Road, Unit 1
 Ottawa, ON K2S 0P5
613.769.2319
 jgafininningan@gmail.com



613-728-4780


Thomas A. PEGG
 PLUMBING AND HEATING LTD.

Remember...
 Let our advertisers know you saw their ad here.



RE/MAX 
 AFFILIATES REALTY LTD. BROKERAGE FOUNDATION

A portion from the sale of every home sold by this Sales Representative is donated to C.H.E.O