



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Marian Poyner, Pastoral Associate, m.poyner@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

DEADLINE FOR WRITTEN SUBMISSIONS FOR PARISH BULLETIN: Tuesday, noon

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claudette Langdon, President 613-831-1286

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

SEVENTH SUNDAY IN ORDINARY TIME



February 19 – Seventh Sunday in Ordinary Time

Leviticus 19.1-2, 17-18

1Corinthians 3.16-23

Matthew 5.38-48

February 26 - Eighth Sunday in Ordinary Time

Isaiah 49.14-15

1Corinthians 4.1-5

Matthew 6.24-34

Parish Calendar February 20- February 26

- Mon. 20 Family Day (office closed)**
7:00 pm **Liturgy of the Word with Holy Communion**
7:30 pm Catholic Women's League Executive Meeting
7:30 pm Knights of Columbus General Meeting
- Tues. 21** 9:00 am **Liturgy of the Word with Holy Communion**
9:45 am Women's Fellowship
7:00 pm Catholic Women's League General Meeting
- Wed. 22 Chair of St. Peter the Apostle**
7:00 pm Unbound Session (preregistration required)
- Thurs. 23 St. Polycarp**
10:00 am Cenacle of Marian Movement of Priests
7:00 pm **Liturgy of the Word with Holy Communion**
- Fri. 24** 9:00 am **Liturgy of the Word with Holy Communion**
9:30 am Flame of Love
7:00-9:00 pm Marriage Preparation Course
(preregistration required)
- Sat. 25** 8:30 am-6:00 pm Marriage Preparation Course (cont'd)
9:30 am Lector Training
4:15-4:45 pm Reconciliation
5:00 pm **MASS**
- Sun. 26 Eighth Sunday in Ordinary Time**
9:00 am **MASS**
10:00 am Rosary
10:30 am **MASS**
2:00 pm Called to the Table

Hospitality after all masses February 18 and 19
hosted by the Catholic Women's League.

ASH WEDNESDAY – March 1st

Ash Wednesday is the day we start our Lenten journey. It is a day of fasting and abstinence from meat. Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save money to give to the poor. Fasting is a penitential discipline intended to open our hearts to God and others, a means of purification and spiritual liberation, a witness of the depth of our faith. The law of "abstinence from meat" binds those who are 14 and older; the law of "fasting" binds those from 18 to 59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance. Adult example will be the greatest influence in this matter.

RETURNING PALMS TO THE PARISH FOR ASHES

The palms we received on Palm Sunday last year were blessed and therefore are considered holy. All articles which are blessed by a priest become holy and therefore should never be just thrown away. Blessed items should be returned to nature. Therefore they are buried or burned. Please feel free to return your palms from last season to be burned for this year's ashes for the beginning of our Lenten observance.

Mass Intentions

Sat., February 18 – 5:00 pm

†Phil and †Josh by Joan Turner
†Kavita Kansara by Manisha Shah
Intentions of Manisha Shah

Sun., February 19 – 9:00 am

All Parishioners

Sun., February 19 – 10:30 am

†Jose Santos by Ana Santos
†Leanna Ashton by Lillian and Lionel Hamilton
†Hortense Silva by Friends

Sat., February 25 – 5:00pm

Special Intentions by Phil and Mary Rocco
†Kavita Kansara by Manisha Shah
Intentions of Manisha Shah

Sun., February 26 – 9:00 am

All Parishioners

Sun., February 26 – 10:30 am

†Kay and †J.P. Giroux by John Sheridan and Family
†Isaiah Coulas by Ray and Barb Hoffman

Please pray for all those who are ill.

Please pray for those who have died:

†Dylan Barclay



† Indicates Deceased

LENTEN WAY OF THE CROSS

Please join the parish every Friday during the Lenten season for The Way of The Cross hosted by the various Parish Ministries. Beginning on Fri March 3rd till Apr 7th, The Way of the Cross starts at 6:00pm followed by a Poverty Meal.

PRAYER FOR VOCATIONS

Eighth Sunday in Ordinary Time – February 26. That by their example of seeking first the Kingdom of God and His righteousness, priests, deacons, sisters and brothers will win many souls to Christ, we pray to the Lord.

PRIESTHOOD DISCERNERS' GROUP

For any single Catholic man interested in knowing more about the priesthood. Wed., Mar. 8, 7:00 p.m. at St. Margaret Mary Parish. Info: Fr. Pierre Champoux (613-558-1445); (vocations@archottawa.ca).

Bible Quiz: Who was the first woman to convert to Christianity? Answer: Lydia at Thyatira in Acts 16:14 was the first woman to convert to Christianity.

*Real doubt searches for the light;
unbelief is content with the darkness.*

Word from the Pastor

Jesus said: "But I say to you, love your enemies and pray for those who persecute you that you may be children of your heavenly Father for he makes his sun to rise on the bad and the good...." When evil is done us we not only don't retaliate, we act positively towards the offender. Maybe that's what keeps us from being passive doormats. We take the initiative to return evil with good. It is possible that our non-retaliatory behavior will have a healing effect on the aggressor. It certainly will reflect the kind of love God has for the "bad and the good." How do I typically respond when I feel taken advantage of? What other way might I respond to the same situation?

Welcome Fr. Carl Subler from the Diocese of Columbus, Ohio who is celebrating the Eucharist this weekend. Ordained in 2004, he was a US Army chaplain for nine years with service in the Middle East (Iraq, Afghanistan). Fr. Subler is currently studying in the Canon Law faculty at St. Paul University.

A Convention for Priests will be held this week and several priests with well-known reputations will make presentations on Pastoring with a Shepherd's Heart, Tending the Pastor's Heart, Pastoring with Discerning Eyes Wide Open, Exercising Pastoral Authority and Evangelizing as a Pastor. The speakers include Fr. Thomas Rosica, CSB of Salt and Light TV, Fr. Ron Rolheiser, OMI, President of Oblate School of Theology, Fr. James Flavin, Episcopal Vicar, Boston, Fr Shawn McKnight, a Wichita, Kansas Pastor.

John Orban, our seminarian will lead the parish in a Liturgy of the Word and Communion Monday 20 to Friday 24 at the regularly scheduled Mass times.

The Parish has received a bequest from a long time parishioner who died recently. It was the person's wish to provide for the mission of the Church in the future. When you are making your will please consider contributing to the ongoing needs of the Parish. Thank you for your regular generosity through the use of Sunday envelopes. 'God loves a cheerful giver'.

Monsignor Joseph Muldoon

STITTSVILLE FOOD BANK

Please remember the Food Bank needs: toiletries, soap, toothpaste, toothbrushes, deodorant, soups, and canned goods. Please do not bring perishable goods.

L'ARCHE PRESENTATION ON BELONGING

The Holy Spirit Pastoral Care Team is sponsoring a second of a series of presentations by L'Arche Ottawa on the theme of "Belonging" - March 7, 2017 from 7:00 PM to 9:00 PM in the Parish Hall. Their presentation uncovers discovering God in our relationships with others, including "what it means to belong". L'Arche is an international federation of faith based communities founded by Jean Vanier, creating homes and day programs with people who have developmental disabilities. All are welcome. To register please call the office at 613-836-8881. For further information please contact Richard Konchak at 613-831-4569.

'JOURNEY OF HOPE' FOR SEPARATED AND DIVORCED CATHOLICS The program, led from a Catholic perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. Women's session begins Tues., Mar. 21. Men's session begins Thurs., Mar. 23. Sessions run for 6 weeks, 7:00 - 8:30 p.m. Info & registration: (www.journeyofhopeottawa.com) or Mary Jane Manley (613-294-1308). The cost is \$25.

NEW LIFE RETREAT

Are you seeking a personal encounter with the living Jesus Christ? Friday, March 10 – Monday, March 13. Friday and Monday evening, Saturday, Sunday for the day. St. Mary Parish, 100 Young St. Info: (www.newlifeparishretreat.org); (613-224-5723).

MONTHLY PRO-LIFE MASS

To pray for the establishment of a Pro-life Centre in Ottawa. Sat., Feb. 25, 10:00 a.m. at The Good Shepherd Parish, 3092 Innes Rd.

PILGRIMAGE TO PORTUGAL & SPAIN

Oct. 18-30, 2017 travel with Fr. Michael Scherrey, CC.. Price \$3499/person. Info meeting: Sun., Jun. 4, 2:30 p.m., St. Mary Parish, Ottawa. Info: Laurie (613-732-5739); (lafrcode@outlook.com).

WORLD YOUTH DAY KRAKOW

To air on Salt + Light TV, Sun., Feb. 26, 9:00 p.m. EST. This 40-minute film was produced by the Knights of Columbus. Repeats Mar. 1 & Apr. 9, 8:00 p.m. (wydenglishsite.org/film).

COUNCIL ON AGING OF OTTAWA

Elder Abuse – What Is It And What Can You Do About It?
Speaker: John Johnson. Wed., Feb. 22. Bring your lunch. \$5 for non-members. Register online <http://coaottawa.ca/>: or call Lise-Michelle Bouchard (613-789-3577 x101).

REGISTER YOUR CHILD FOR KINDERGARTEN

Kindergarten registration has begun at all of Holy Spirit Parish's family of schools: Guardian Angels Elementary, Holy Spirit Elementary, St. Stephen Elementary. Stop by the school office at any time to register your child.

HOLY SPIRIT PARISH CWL INVITATION

On Tuesday, February 21st, 2017, the members of the Catholic Women's League of Holy Spirit Parish will participate in a blanket exercise at 7:30 pm in the Parish Hall. We look forward to welcoming you to participate in this journey with us. The Blanket Exercise is a teaching tool to share the historic and contemporary relationship between Indigenous and non-Indigenous Peoples of Canada. Come learn the history and the steps to reconciliation. The Blanket Exercise covers over 500 years of history in a one and a half hour participatory workshop. Blanket Exercise participants take on the roles of Indigenous peoples in Canada. Standing on blankets that represent the land, they walk through pre-contact, treaty-making, colonization and resistance. They are directed by facilitators representing a narrator(s) and the European colonizers. Participants are drawn into the experience by reading scrolls and carrying cards which ultimately determine their outcomes. By engaging on an emotional and intellectual level, the Blanket Exercise effectively educates and increases empathy. Ideally, the exercise is followed by a debriefing session in which participants have the opportunity to discuss the experience as a group. This often takes the form of a talking circle. We welcome you to participate in this journey. Please contact our President, Claudette Langdon for confirmation of your attendance. Tel: - [613-831-1286](tel:613-831-1286)

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