



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Steve Campanelli, Chair 613-793-6389

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

THE PRESENTATION OF THE LORD



February 2 – The Presentation of the Lord

Malachi 3.1-4
Hebrews 2.10-11, 13b-18++
Luke 2.22-40

February 9 – Fifth Sunday in Ordinary Time

Isaiah 58.6-10++
1 Corinthians 2.1-5
Matthew 5.13-16

Parish Calendar February 3 – February 9

Mon. 3	9:30 am	Men's Bible Study Group
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	6:30 pm	Decision Point (session 6)
	7:00 pm	MASS
Tues. 4	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
Thurs. 6	9:30 am	Women's Fellowship
	St. Paul Miki and Companions	
	10:00 am	Cenacle of Marian Movement of Priests
	11:00 am	Mass at Hazeldean Gardens
	6:00 pm	Adoration
Fri. 7	6:10-6:40 pm	Reconciliation
	7:00 pm	MASS
	7:30 pm	Small Faith Group
	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
Sat. 8	9:00 am	MASS
	9:30 am	First Friday Adoration and Benediction
	7:00 pm	Marriage Preparation Course
	9:00 am	Marriage Preparation Course
	4:15-4:45 pm	Reconciliation
Sun. 9	5:00 pm	MASS
	Fifth Sunday in Ordinary Time	
	9:00 am	MASS
	10:00 am	Rosary
	10:30 am	MASS
	6:30 pm	Decision Point (session 7)

Mass Intentions

Sat., February 1 – 5:00 pm

Holy Souls in Purgatory by Cenacle of the Marian Movement of Priests

Sun., February 2 – 9:00 am

All Parishioners

Sun., February 2 – 10:30 am

†Jose Santos by Ana Santos

Mon., February 3 – 7:00 pm

Intentions for Patricia and Thomas Sibbald by Dolores and Warren Bahen

Tues., February 4 – 9:00 am

†Joan Chapeskie by Sandra Cybulski

Thurs., February 6 – 7:00 pm

Intentions of Jean Pegg by her Family

Fri., February 7 – 9:00 am

†Ida St. John by Sandra Cybulski

Sat., February 8 – 5:00 pm

†Larry Whelehan and Mark Schroeder by Family

Sun., February 9 – 9:00 am

†Phil and †Josh by Joan and Family

†Bill Morris by Carol and Hugh Carroll

Intentions of Marion DiGaspari by Margaret Mulvihill

Sun., February 9 – 10:30 am

All Parishioners



We pray for those who are sick:

Sarah, Brittany Cane-Erwin, Bob, Pat and Isaac

† Indicates Deceased

Please remember Holy Spirit Parish in your Estate Planning.

PRAYER FOR VOCATIONS – February 9

For all men and women called by Jesus to teach the Gospel as priests, deacons, sisters and brothers, that the joy of the Lord will remain their strength during their discernment, formation and mission, we pray to the Lord.

STITTSVILLE FOOD BANK

Please support our local food bank. The number of families using this resource is on the rise. Needed: personal hygiene items, coffee, tea, hot chocolate, jam, fruit cups, cookies, crackers and canned meats, stews and chili.



***Cold and Flu Season is upon us!
Please bow to one another for the sign of
peace to avoid spreading illness.***

CHURCH BULLETIN ADVERTISING

Liturgical Publications sets up the advertisements for our church bulletin. Please consider supporting our parish bulletin by advertising your business, product or service. Call Liturgical Publications at 1-800-268-2637.

PLEASE CONSIDER THE COSTS OF YOUR PARISH

Your offertory gifts help make the many ministries, outreach programs and community support programs in our parish possible. Most importantly, you help maintain your place of worship for your use each week. As Christ graces us each year with blessings, please consider recognizing the needs of the parish with a sacrificial increase in your offertory this year.

SPECIAL THANKS TO ALL WHO SAVE THEIR CANCELLED POSTAGE STAMPS

and hand them in at the church. In this way you help the Redemptorist Fathers in Windsor, ON with their stamp ministry. Dr. Simone has received the Medal of Canada for his work with feeding the poor of the world through this ministry. Remember **“One stamp feeds one starving child for one day!”**.

Word from the Pastor

Feast of the Presentation of the Lord: Today we hear the story of Simeon and Anna. And the Gospel tells us that both Simeon and Anna went to the Temple every day, because both of them believed that one day, they would see the Messiah there. They went every day! The Gospel says, in a nice way, that they were both older. So this is something that Simeon and Anna had done for a long time. And of course, as we just heard, they are both rewarded for their Faith and their perseverance, by the fact that they do get to see Jesus on the day that He is presented to God in the Temple. God fulfills His promises to Simeon and Anna. All those days, all those trips, all that time they spent at the Temple, they get to see the Messiah that will save them and us. It must have been quite a day. Simeon even says, "Lord, now I can go in peace, my eyes have seen the salvation." This Feast Day and this story has got to make all of us think, how much is God a part of our lives every single day? We don't all have to come to the Temple every day, like Simeon and Anna did. And yet shouldn't there be some acknowledgment of God every day in our lives? God has also made promises to us, and we have made promises to Him. How can we remember those promises if we go on day after day without even thinking about God? This is why we've got to find some time for God every day in our lives. God wants us in communion with Him all the time. What if Simeon and Anna decided NOT to go to the Temple that day when Mary and Joseph brought the child Jesus to the Temple? They would have missed out! Are we missing out on a lot of great things, all because we're NOT there for God? Sometimes we really do need to show up. Sometimes our presence can make all the difference in the world. Sometimes our prayer life and our relationship with God CAN'T wait and CAN'T be put on the back burner. Sometimes God wants us right now! We've got to make God more and more a part of our daily lives. What do we have to do to make that happen?

Monsignor Joseph Muldoon

PARISH AND COMMUNITY NEWS AND EVENTS:

Pope's Message for World Day of the Sick: "Come to me, all you who labour and are burdened" is the theme of the World Day of the Sick, to be marked on **11 February**. In caring for the sick, Pope Francis is encouraging in healthcare workers the human warmth and personalized approach of Christ, the Good Samaritan. Link to the message: <http://www.vatican.va/content/francesco/en/messages>.

Seminar for Women: "It's Okay to Say No: Setting Healthy Christian Boundaries". Facilitated by Karen Bourgon; presented by Heather MacPhail. St. John the Apostle Church, small downstairs hall, **Sat., Feb. 22, 9:00 am - 12:30 pm**. Cost: \$20. Info: pre-registration required: www.sisterhood.live/; livesisterhood@gmail.com; Karen 613-806-0377.

Amalgamation of Ottawa and Cornwall Dioceses: The process continues as the Archdiocese of Ottawa and the Diocese of Alexandria-Cornwall petition the Vatican to formalize the amalgamation of our two dioceses. The petition proposes that the two entities become one archdiocese and that the name of the new archdiocese be the Archdiocese of Ottawa-Cornwall. The Transition Committee completed the petition to amalgamate the dioceses to Cardinal Ouellet, Prefect, Congregation for Bishops, on December 4, and delivered it to the Nuncio. We ask all the faithful to continue to pray for spiritual guidance as the two dioceses work through this process.

"For Our Common Home" - Eco-Justice Workshop: An opportunity to reflect and take action as we prepare the upcoming Share Lent Campaign. **Sat., Feb. 8, 9:00 am – 1:00 pm** at St. Basil Parish, 940 Rex Ave., **OR Tues., Feb. 11, 6:30 – 9:00 pm** at the Diocesan Centre, 1247 Kilborn Pl. To register: ottawadandp@gmail.com.

Charisms and the Saints with Fr. Mark Goring CC: Discover and listen to several talks about how some of the Saints lived out the charisms, or spiritual gifts God had in store for each of them. St Mary's, 100 Young St., **Sat., Feb. 15, 9:00 am Mass – 1:00 pm**. Info: office@stmarysottawa.ca; 613-729-9811.

Waupoos Family Farm - Volunteer Recruitment Meeting: Waupoos Farm offers vacations and an experience of community to families who need it most. Waupoos is seeking additional volunteer support, including Board members. Whether you're gifted in fundraising, communications, governance, landscaping, home repair, or another area of interest, we'd be grateful for your time and talent. Recruitment meeting to learn more, 2050 Rideau Rd., **Sat., Feb. 8, 10:30 am -12:00 pm**. Info: contact@waupoos.com; 613-822-2189.

Valentine's Day at Blessed Sacrament, Cornwall: A fundraiser for the purchase of a lift to provide wheelchair access to the hall. 321 Tollgate Rd., East, Cornwall, **Fri., Feb. 14, 7:00 – 9:00 p.m.** Music by The Heartbeats & Kevin Rivette. Info: www.blessedsacramentchurch.ca.

Concert at St. Columban, Cornwall: The St. Columban's Foundation will be hosting an afternoon of music featuring tenor Richard Valdez, **Feb. 23, 2:00 pm** at St. Columban's church. Freewill offering. Info: stcolumban@cogeco.ca.

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