



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Father John Orban, Associate Pastor, john@holyspiritparish.ca
Jean-Pascal Moquin, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

**DEADLINE FOR WRITTEN SUBMISSIONS
FOR PARISH BULLETIN: Tuesday, noon**

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Pauline Foley, President 613-836-9444

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Steve Campanelli, Chair 613-793-6389

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

FOURTH SUNDAY OF ORDINARY TIME



February 3 – Fourth Sunday in Ordinary Time

Jeremiah 1.4-5, 17-19
1 Corinthians 12.31 – 13.13
Luke 4.21-30

February 10 – Fifth Sunday in Ordinary Time

Isaiah 6.1-2a, 3-8
1 Corinthians 15.3-8, 11
Luke 5.5-11

Parish Calendar February 4 – February 10

Mon. 4	10:00 am	Men's bible Study Group
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	6:30 pm	Rosary
	6:30 pm	Decision Point (Confirmation prep)
Tues. 5	7:00 pm	MASS
	7:30 pm	KOC Executive Meeting
	St. Agatha	
Tues. 5	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:45 am	Women's Fellowship
Wed. 6	6:30 pm	Pastoral Committee Meeting
Thurs. 7	10:00 am	Cenacle of Marian Movement of Priests
	11:00 am	Mass at Hazeldean Gardens
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	6:30 pm	Rosary
	7:00 pm	MASS
	7:30 pm	Small Faith Group
Fri. 8	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:30 am	Flame of Love
	7:00 pm	Marriage Preparation Course
Sat. 9	6:30 pm	The Harvest Youth Group
	9:00 am	Marriage Preparation Course
	4:15-4:45 pm	Reconciliation
Sun. 10	5:00 pm	MASS
	Fifth Sunday in Ordinary Time	
	9:00 am	MASS
	10:00 am	Rosary
	10:30 am	MASS
	1:00 pm	CWL Meeting
6:30 pm	Decision Point – (Confirmation Prep)	

Mass Intentions

Sat., February 2 – 5:00 pm

†Linda Lyster by Family
†Doreen and Ron Pecoskie by The Babcock Family
†Lornie Murray by The Babcock Family

Sun., February 3 – 9:00 am

†Claire Fournier by Christine Varner and Family
†Lorraine Mary Ridgen by Solange and William Duffy
†Ray Foley by Leonard Foley

Sun., February 3 – 10:30 am

All Parishioners

Mon., February 4 – 7:00 pm

Special Intention of Patricia and Philip Stotts

Tues., February 5 – 9:00 am

†Adrian Cozzolino and †Alina Lusito by Nick Lusito

Sat., February 9 – 5:00 pm

Special Intentions by Phil and Mary Rocco

Sun., February 10 – 9:00 am

Intentions of Margaret Mulvihill by Marion DiGaspari

†Lorraine Mary Ridgen by Sylvia Flanigan

Intentions of Marion DiGaspari by Michael

Sun., February 10 – 10:30 am

All Parishioners

Please pray for those who have died:

†Clifford Tessier (Father of Sharon MacNeil)

†Jean Minani (Father of Fr. Apollinaire Ntamabyaliro)

† Indicates Deceased



NEW TIMES OF EUCHARISTIC ADORATION

Monday and Thursday evenings from 6:00-6:45 pm. All are welcome to enjoy a time of silent prayer and meditation in the presence of the Blessed Sacrament before our weekday evening masses.

STEWARDSHIP

Donating to the Parish by Direct Deposit

Please consider the use of the direct deposit method of making your regular offertory to the parish. This saves you time and effort each Sunday and provides a continuous receipt of funds for the parish to handle its expenses on a regular basis throughout the year. It also gives a record of your offertory for donation receipt and tax saving purposes. For more information please contact the parish office at 613-836-8881

INCOME TAX RECEIPTS

Income tax receipts for the year 2019 are now available for pick-up on the table in the Atrium. Those wishing to receive their receipt by mail are asked to place a self-addressed envelope into the collection basket. A stamp on the envelope would help reduce mailing costs for the Parish. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

YOUTH MINISTRY

Important announcement for The Harvest Youth group:

From this week onwards, the youth group will be meeting exclusively on Friday evenings from 6:30 pm - 8:30 pm. This week we have a social movie night. We will be watching a movie and having a discussion about the movie and how it and other media can be used to spread the teaching of Christ. Join us for snacks, a movie and a great conversation. You can vote for which movie to watch online at <https://www.strawpoll.me/17320712>

STITTSVILLE FOOD BANK

The Food Bank is in need of the following items: fruit cups, soda crackers, apple juice, shampoo, soap, toilet paper and facial tissue. Your support is much appreciated.



Cold and Flu Season is upon us!

Please bow to one another for the sign of peace to avoid spreading illness.

Word from the Pastor

"The word of the Lord came to me..." Like Jeremiah, our vocation is first to listen to God's word. It not only speaks to us when we gather at worship. God also speaks to us through the Scriptures, during times of personal prayer, in the events of our lives and through the world of nature. What is God calling you to do, or speak, during these listening times? How shall you respond? (Draw courage from what Jeremiah says to us today: God will be with us as our strength and ally.)

Several new computers have been purchased for the office to replace aging ones.

The parish is planning to purchase a new refrigerator for the Hall Kitchen for the use of all.

We are looking at the purchase of some new religious articles including a processional cross, altar candles and a monstrance for adoration of the Blessed Sacrament. If you are interested in supporting the new altar appointments through a special donation please make it payable to Holy Spirit Parish (Altar Appointments) and place it in the Sunday Collection or give it to the office. Thank you.

Lent begins March 6 (Ash Wednesday). Mass will be at 9AM and also at 7PM. Copies of The Word Among Us will be available to reflect on the season of grace.

Monsignor Joseph Muldoon

COMMUNITY EVENTS:

"Called and Gifted" Spiritual Gifts Introductory Workshop: Presented by Catherine of Siena Institute. For anyone interested in learning about the charisms the Lord has given you and how to effectively serve the people around you. St. Mary Parish, 100 Young St., **Sat., Feb. 23, 9:00 am - 5:00 pm.** Cost: \$50 (member of St. Mary's); \$60 for non-member. Info: spiritual.gifts@stmarysottawa.ca; 613-728-9811x734. Limited space. Registration: <http://stmarysottawa.ca/called-and-gifted/>.

Unbound Five Keys Conference: The Father's Blessing. Speakers: Miriam Wright and Fr. Rob Arsenault CC. **Sat., Mar. 30, 9:00 am - 4:00 pm** at Holy Redeemer Parish, 44 Rothesay Dr., Kanata. Mass at 8:00 a.m. celebrated by Bishop Christian Riesbeck CC. Info & registration: unboundottawaregister@gmail.com by Mar. 20. Cost: \$25 payable on the day of the conference. Lunch not provided.

The New Evangelization Summit: Featuring Catholic speakers: Michael Dopp, Fr. James Mallon, Cardinal Gerald Lacroix, and Michelle Moran. Webcast to host sites across Canada and the US. Register for free online to be inspired, formed, & connected with like-minded Catholics. Infinity Convention Centre, Ottawa, **May 4, 2019.** Info: www.newevangelization.ca.

NET Canada Executive Director Position: Are you passionate about reaching young people in the Catholic Church? NET Canada is looking for an experienced and dynamic leader to lead the staff and missionaries from the headquarters in Ottawa. Send resume and cover letter to Executive Director Application: ED.Application@netcanada.ca. Info: www.netcanada.ca. Deadline: **Feb. 28.** Starting Salary 70K (commensurate with experience). Start date: negotiable.

Dementia Friendly Communities

St. Clare's and St. Philip's CWL will be hosting a presentation put on by the Alzheimer's Society of Ottawa on **Monday, February 18 at 7:00 - 9:00** in Father Gillissie Hall. The speaker will talk about Dementia Friendly Communities -- what are the signs of dementia? How can we support people with dementia and their caregivers? It will be an informative, free evening. Everyone welcome. Light refreshments will be served.

Lord God, I asked you for strength, that I might achieve,
I was made weak, that I might learn humbly to obey.
I asked for health, that I might do greater things,
I was given infirmity, that I might do better things.
I asked for riches, that I might be happy,
I was given poverty, that I might be wise.
I asked for power, that I might have the praise of others,
I was given weakness, that I might feel the need of God.
I asked for all things, that I might enjoy life,
I was given life, that I might enjoy all things.
I got nothing that I asked for - but everything I had hoped for,
almost despite myself, my unspoken prayers were answered.
I am among all people, most richly blessed.
Amen.

(taken from a popular Anonymous prayer)

PRAYER FOR VOCATIONS

February 10. For all men and women called by Jesus to teach the Gospel as priests, deacons, sisters and brothers, that the joy of the Lord will remain their strength during their discernment, formation and mission, we pray to the Lord.

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