



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Marian Poyner, Pastoral Associate, m.poyner@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

DEADLINE FOR WRITTEN SUBMISSIONS FOR PARISH BULLETIN: Tuesday, noon

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claudette Langdon, President 613-831-1286

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

FIFTH SUNDAY IN ORDINARY TIME



February 5 – Fifth Sunday in Ordinary Time

Isaiah 58.6-10
1 Corinthians 2.1-5
Matthew 5.13-16

February 12 – Sixth Sunday in Ordinary Time

Sirach 15.15-20
1 Corinthians 2.6-10
Matthew 5.17-37

Parish Calendar February 5- February 12

- Mon. 6 St. Paul Miki and Companions**
6:15-6:45 pm Reconciliation
6:30 pm Rosary
6:30-8:30 pm Decision Point
7:00 pm **MASS**
7:30 pm Knight of Columbus Executive Meeting
- Tues. 7**
8:15-8:45 am Reconciliation
8:30 am Rosary
9:00 am **MASS**
9:45 am Women's Fellowship
- Wed. 8**
7:00 pm Unbound Session (preregistration required)
- Thurs. 9**
10:00 am Cenacle of Marian Movement of Priests
6:15-6:45 pm Reconciliation
6:30 pm Rosary
7:00 pm **MASS**
7:30 pm Small Faith Group
- Fri. 10**
8:15-8:45 am Reconciliation
8:30 am Rosary
9:00 am **MASS**
9:30 am Flame of Love
- Sat. 11**
9:30-11:30 am Decision Point
4:15-4:45 pm Reconciliation
5:00 pm **MASS**
- Sun. 12 Sixth Sunday in Ordinary Time**
9:00 am **MASS**
10:00 am Rosary
10:30 am **MASS**
1:00-3:00 pm Decision Point

Hospitality after the 5pm Mass on February 4th.
Knights of Columbus

Pancake Breakfast after Sunday Masses February 5th.

PERMANENT DIACONATE

Is the Lord calling you to the Permanent Diaconate? Come and discover what the diaconate is about. Catholic men in the Archdiocese are invited; married men are encouraged to come with their wives. To attend, contact Deacon Michael Seath (613-324-0007); (mseath@archottawa.ca). Four info sessions: **Sat., Feb. 25, 9:00 – 11:00 a.m.**, St. George Parish, 425 Piccadilly; **Thurs., Mar. 2, 7:00 – 9:00 p.m.**, St. Isidore Parish, 1135 March Rd.; **Wed., Mar. 8, 7:00 – 9:00 p.m.**, Good Shepherd Parish; **Mon., Mar. 13, 7:00 - 9:00 p.m.** St. Augustine Parish, 1060 Baseline.

CATHOLIC GIVING

Consider giving to Catholic causes in your community. Assist retired priests, seminarians, youth ministries and other outreach ministries through the Archdiocese. Please contact the Development Office at the Archdiocese 613-738-5025 ext 235.

NEW LIFE RETREAT WEEKEND

An invitation to a life-changing encounter with the living Jesus Christ. Our Lady of the Visitation Parish, Mar. 24-27. Info & registration: Julie (613-518-7075).

Mass Intentions

- Sat., February 4 – 5:00 pm**
†Mercedes Conway by Patricia Conway
Intentions of Jean and Tom Pegg by Margaret Yurack
- Sun., February 5 – 9:00 am**
Good Health for Patricia, Pierre and Patricia by the Cenacle of the Marian Movement of Priests
†Anne Flaska by Bill and Janet Turchan
In Thanksgiving for prayers and Masses for Pierre by Pierre and Gaye Lalonde
- Sun., February 5 – 10:30 am**
All Parishioners
- Mon., February 6 – 7:00pm**
Intentions of Patricia Stotts by Phillip Stotts
- Tues., February 7 – 9:00am**
†Janet Morash by Cecilia MacDonald-Keyworth and Family
- Thurs., February 9 – 7:00 pm**
†Hortense Silva by Friends
- Sat., February 11 – 5:00pm**
†Catharina Wytenburg by Josefina Graham
†Dorothy Daly by Spooner Family
Intentions of Fr. Steve by Cenacle of the Marian Movement of Priest.
- Sun., February 12 – 9:00 am**
†Oswald and †Kay Muldoon, †James and †Nora Muldoon,
†Edward and †Ellen Monaghan by Msgr. Joseph Muldoon
- Sun., February 12 – 10:30 am**
All Parishioners

Please pray for all those who are ill:

Tom Pegg,
Janice Leblanc
Patricia Stotts
Fr. Michael Costello
Marge Lafontaine

Please pray for those who have died:

†Kaye Grace,
†Melba Gallivan, Mother of Gerald and Peggy,
†Anna Josephine McGuighan-Owens
†Joe Thompson, husband of the late †Doris

† Indicates Deceased



We welcome

Andrew Bennett Hopewell, child of Chad and Carolyn Hopewell, into our community through the sacrament of Baptism on January 28th 2017.

PRAYER FOR VOCATIONS

Sixth Sunday in Ordinary Time - February 12. That the Holy Spirit will assist all those discerning a vocation to the priesthood and consecrated life in discovering the truth of God's call.

PRIESTHOOD DISCERNERS' GROUP

Open to any single Catholic man interested in knowing more about the priesthood. Next meeting: **Wed., Feb. 8, 7:00 p.m.** at St. Margaret Mary Parish. Info: Fr. Pierre Champoux (613-558-1445) or (vocations@archottawa.ca); (<http://www.catholicottawa.ca/priesthood>).

Word from the Pastor

In St. Matthew's Gospel Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything." Jesus Christ is not only calling us the "salt of the earth," he is telling us to be that salt. It's an awesome responsibility for we are to be witnesses who point the way to Jesus. We may feel as small and insignificant as salt, such a tiny ingredient, but like salt we are to mix in, not avoid, life in the world. People will recognize the flavor we bring into the world--it is the quiet, but effective presence of Christ--the one with whom we have a lasting covenant of salt. How and where am I a "salty" witness to the living Christ? What daily practices do I follow to sustain myself as "salt of the earth".

Lent begins March 1 with the Ash Wednesday Eucharist, blessing and distribution of ashes at 7PM. Copies of 'Living Faith Lent' are available for your daily prayer and reflection during the 40 days of this penitential time in the Church.

Today we welcome Fr. Carl Subler from the Diocese of Columbus, Ohio who is celebrating the Eucharist with us. He is studying in the Canon Law faculty at St. Paul University.

Thanks to those who have donated office and living room furniture for the Church and the rectory.

Tax receipts will be available soon for contributions to the Parish in 2016. Thank you for your generosity to the Parish through the weekly envelope system. New envelope holders are asked to sign the sheet (in the Atrium) indicating the number on their envelopes and to write their address and telephone for the first few Sundays so we may record the offering. Please consider automatic debit and by remembering Holy Spirit Parish in your will.

Monsignor Joseph Muldoon

'JOURNEY OF HOPE' FOR SEPARATED AND DIVORCED CATHOLICS The program, led from a Catholic perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. Women's session begins Tues., Mar. 21. Men's session begins Thurs., Mar. 23. Sessions run for 6 weeks, 7:00 - 8:30 p.m. Info & registration: (www.journeyofhopeottawa.com) or Mary Jane Manley (613-294-1308). The cost is \$25.

"MAN OF THE SHROUD" EXHIBIT: At St. Isidore Roman Catholic Church, Kanata, **April 4-11**. This exhibit is comprised of a life-sized authentic reproduction of the "Shroud of Turin" and 30+ display panels citing historical, scientific and theological information about The Shroud. Seminars are held daily for students and adults. Groups wishing to attend a seminar are requested to call (613-435-3076) for more info. Lecturers are Mr. Barrie Schwartz, official photographer of the "Shroud of Turin Research Project" and Dr. Phillip Wiebe, Professor of Philosophy, Trinity Western University, Richmond BC. This free event (donations graciously accepted), is made possible by the Vancouver Shroud Association, the Archdiocese of Ottawa and the generous support of St. Isidore parishioners. Everyone is welcome. Info: (www.theshroud.org).

Nourishment in Suffering: In a mysterious way, our own suffering and pain can become a nourishment. Like our poverty and helplessness they can become a place where God resides. When we are successful and feel on top of the world, we can so easily turn away from God; when we are in pain we call out to him. There is a presence of God in suffering which can nourish the deepest part of our being.

Jean Vanier, Community and Growth, p. 193

ULTIMATE DATE NIGHT

Sanctifying Families presents a Couples' Dinner with guest speaker, Bishop Christian Riesbeck CC, on Sat., Feb.11 at Senhor Santo Cristo Parish, 1100 Kenaston, Gloucester. Doors open 5:30 p.m. for 6:30 p.m. dinner catered by BBQ master Danny Gernon (Danger's Smokehouse). Tickets: \$35/couple. Advance registration required: (www.sanctifyingfamilies.ca). Info: Theresa or Cheryl (sanctifyingfamilies@gmail.com); (613-821-9932).

DISCUSSION ON PALLIATIVE CARE

Notre-Dame Cathedral Basilica Parish Hall, 385 Sussex Dr. Sat., Feb. 18. Dr. Jose Pereira, Palliative Care Physician on "Merely Mortal", 9:00 – 11:00 a.m. Michel G. MacDonald, Executive Director, COLF on *Euthanasia or Benemortasia? Living and Dying Well*, 11:00 a.m. – 12:00 p.m.

LIFE & FAMILY SEMINAR

Sex, Gender and Ideology. March 30-31 in Gatineau. Simultaneous translation. For details and registration www.colf.ca/index.php/en/videos/item/283evoluzion Questions: colf@colf.ca or 613-241-9461 x161.

WORKSHOPS BY FR. WALTER VOGELS

The special character of the Bible - its divine aspect; Sat., Feb. 11, 2:30-4:00 p.m.; reception following; opportunity to view his collection of Biblical Literature. *Hermeneutics*, Sat., Feb. 18, 2:30-4:00 p.m. Sheng Shen Parish, 1187 Michael St. (613-747-2080). Registration: reg.scccpcpo@gmail.com.

RACHEL'S VINEYARD

A confidential healing retreat for women & men hurting after abortion will be held in the Ottawa area on March 3-5, 2017. Info: Lynda or Terry (613-806-5522); (rvr_ottawa@yahoo.ca); (<http://www.rachelsvineyard.org/>).

SPAGHETTI & KARAOKE FUNDRAISER DINNER

Hosted by the Knights of Columbus - St. Theresa Council. In the parish hall, 95 Somerset St., W., Sat., Feb. 18, 5:00 – 10:00 p.m. Proceeds to building maintenance. Cost: \$10 adults; \$5 children under age 10. All welcome. Info/tickets: Roger Richard (613-277-5423); Daniel Boyer (613-421-5200).

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