



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Steve Campanelli, Chair 613-793-6389

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FIFTH SUNDAY OF ORDINARY TIME



February 9 – Fifth Sunday in Ordinary Time

Isaiah 58.6-10++
1 Corinthians 2.1-5
Matthew 5.13-16

February 16 – Sixth Sunday in Ordinary Time

Sirach 15.15-20
1 Corinthians 2.6-10
Matthew 5.17-37

Parish Calendar February 10 – February 16

Mon. 10	St. Scholastica	
	10:00 am	Lay Apostolate of Jesus Christ the Returning King
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	6:30 pm	Decision Point (session 7)
	7:00 pm	MASS
	7:00 pm	Prayer Shawl Ministry
Tues. 11	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:30 am	Women's Fellowship
Thurs. 13	10:00 am	Cenacle of Marian Movement of Priests
	11:00 am	Mass at Wildpine Residence
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	7:00 pm	MASS
	7:30 pm	Small Faith Group
Fri. 14	St. Cyril and St. Methodius	
	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:30 am	Flame of Love
Sat. 15	4:15-4:45 pm	Reconciliation
	5:00 pm	MASS
Sun. 16	Sixth Sunday in Ordinary Time	
	9:00 am	MASS
	10:00 am	Rosary
	10:30 am	MASS

The Catholic Women's League will be offering hospitality after all Masses the weekend of February 15/16, 2020

PRAYER FOR VOCATIONS – February 16

That all those called to follow Jesus in the priesthood or consecrated life will allow the Holy Spirit to strengthen them daily in their vocation, we pray to the Lord.

There are three conversions necessary: the conversion of the heart, the mind and the purse. Of these three, it may well be that we moderns find the conversion of the purse the most difficult.

~ Martin Luther

HOLY FATHER'S INTENTION FOR FEBRUARY:

Listen to the Migrants' Cries:

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

Mass Intentions

Sat., February 8 – 5:00 pm

†Larry Whelehan and Mark Schroeder by Family

Sun., February 9 – 9:00 am

†Phil and †Josh by Joan and Family

†Bill Morris by Carol and Hugh Carroll

Intentions of Marion DiGaspari by Margaret Mulvihill

Sun., February 9 – 10:30 am

All Parishioners

Mon., February 10 – 7:00 pm

†Oswald and †Kay Muldoon by Msgr Joseph Muldoon

Tues., February 11 – 9:00 am

†Alina Lusito and †Adrian Cozzolino by Nick Lusito

Thurs., February 13 – 7:00 pm

†James and †Nora Muldoon, †Edward and †Ellen Monaghan by Msgr. Joseph Muldoon

Fri., February 14 – 9:00 am

†Carl and †Geneva Fahey, †Bernard and †Doris Muldoon by Msgr. Joseph Muldoon

Sat., February 15 – 5:00 pm

All Parishioners

Sun., February 16 – 9:00 am

†Joe Amaral by Family

†Stanley Harrison by The Garvey Family

†Bridie Perry by Frank Dowd

Sun., February 16 – 10:30 am

We pray for those who are sick:

Sarah, Brittany Cane-Erwin, Bob, Pat, Isaac



We pray for those who have died:

†Shirley Underhill, wife of Stephen

† Indicates Deceased

CHURCH BULLETIN ADVERTISING

Liturgical Publications sets up the advertisements for our church bulletin. Please consider supporting our parish bulletin by advertising your business, product or service. Call Liturgical Publications at 1-800-268-2637.

NAMING THE CHURCH IN YOUR WILL

Would you like to support the important mission of the Church through your will? Bequests are used to assist ministries and to help those who need it most. For information, please contact the Development Office of the archdiocese at 613-238-7025, ext. 235

WHITE MASS FOR MEDICAL PROFESSIONALS

The Most Reverend Terrence Prendergast, SJ, Archbishop of Ottawa, will preside at a bilingual Mass for doctors and nurses on **Tuesday, Feb. 11, 5:00pm**, the Feast of Our Lady of Lourdes and World Day of the Sick, at Notre Dame Cathedral Basilica, 385 Sussex Dr. Doctors, Nurses, medical workers and instructors are particularly welcome. Reception will follow. Info: 613-738-5025x238

Word from the Pastor

We are to be the light of the world and the salt of the earth. We live up to the call when we rejoice in our faith and serve the Lord. We are counselled in the Gospel of St Matthew 5:13-16, to cease judging, love our enemies and even be perfect, just as our heavenly Father is perfect. It is a challenge to live it out in Christ who guides us.

It's time to bring last year's palm branches for burning for the ashes for Ash Wednesday. Please place the palm branches in the basket in the Atrium.

The Rite of Welcome was celebrated on Sunday when Kelly Gage was accepted to become a full member of our parish.

The Word Among Us Lenten reflection booklets on the daily Scriptures will be available for the Season of Lent.

Monsignor Joseph Muldoon

PARISH AND COMMUNITY NEWS AND EVENTS:

Valentine's Day at Blessed Sacrament, Cornwall: A fundraiser for the purchase of a lift to provide wheelchair access to the hall. 321 Tollgate Rd., East, Cornwall, **Fri., Feb. 14, 7:00 – 9:00 p.m.** Music by The Heartbeats & Kevin Rivette. Info: www.blessedsacramentchurch.ca.

RETREAT OF THE RED SCAPULAR

Focussing on the Blood of Christ lost during His passion and crucifixion. Talks by Deacon James Kubina and Fred Shubert OFS, the rosary, Mass, confessions, and stations of the cross. Breakfast and lunch will be served by the Queenship of Mary. Holy Redeemer Church. February 29. Registration at 8:30am. Cost \$25.00. Hosted by Knights of Columbus Council 9544. Info: reception@holyredeemer.ca

Seminar for Women: "It's Okay to Say No: Setting Healthy Christian Boundaries". Facilitated by Karen Bourgon; presented by Heather MacPhail. St. John the Apostle Church, **Sat., Feb. 22, 9:00 am - 12:30 pm.** Cost: \$20. Pre-registration required: Karen 613-806-0377. www.sisterhood.live/; livesisterhood@gmail.com;

Concert at St. Columban, Cornwall: The St. Columban's Foundation will be hosting an afternoon of music featuring tenor Richard Valdez, **Feb. 23, 2:00 pm** at St. Columban's church. Freewill offering. Info: stcolumban@cogeco.ca.

Gosnell film: 'Gosnell: the Trial of America's Biggest Serial Killer', an accurate film dramatization of the investigation and trial of Dr. Kermit Gosnell and how the media and political establishment attempted to cover it up will be shown at St. John the Apostle hall, **Fri., Feb. 21, 7:00 pm.** All welcome. Free will donation. Info: stjohnnap@magma.ca.

Film "The Francis Impact": Features stories of ordinary Catholics working on the margins who see an agent of change in Pope Francis. This is not a film about Francis changing the church; it's about the church changing the world. Saint Paul University Amphitheatre, 223 Main St., **Feb. 24, 7:00-9:30 pm.** Free. Info: Joe Gunn jgunn@omilacombe.ca.

Lift Jesus Higher Rally 2020: Metro Toronto Convention Centre, North Building, 255 Front St., W., **Sat., Mar. 7, 9:00 am - 5:30 pm.** A grace-filled day with Thomas Cardinal Collins, Archbishop of Toronto, Ralph Martin & Fr. James Mallon. Separate Youth Event. Tickets/info: www.ljhr.ca; contact@ljhr.ca; 647-243-9441; Sadie 905-270-2510.

Where Faith and Life Meet: A Symposium for Adult Faith. Offered by The Centre for Religious Education and Catechesis, Saint Paul University, **May 21 - 22, 2020.** Explore a process-based accompaniment of adult faith that "meets people where they are" and draws on emerging insights and promising practices that bridge faith and life.

By My Side - A Program of Spiritual Friendship and Healing for Separated and Divorced Catholics: Formerly the *Journey of Hope Program*. The program, led from a Catholic faith exploration perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. Info: www.bymyside.ca; facebook.com/bymysideott; Mary Jane Manley 613-294-1308. Cost: \$40 for 6 weeks. At Queen of the Most Holy Rosary Catholic Church Hall. Women-starts **Tues., Mar. 24, 7-9 pm.** Men- starts **Thurs., Mar. 26.**

Morning Offering

Dear God, please enter my mind, my body and my soul and walk with me through this day. Rid me of the bondage of self-centeredness, selfishness, resentments and self pity. Rid me of fear and strengthen my faith. Give me a knowledge of your will for me and the power to carry it out. Take my will and my life, Dear God. Let me live this day the way you would want me to live. Let me think the way you would want me to think. Let me act the way you would want me to act. Let me be an instrument of your love, your peace and your grace.



Cold and Flu Season is upon us! Please bow to one another for the sign of peace to avoid spreading illness.

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