



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Deacon John Orban, Associate, [john@holyspiritparish.ca](mailto:john@holyspiritparish.ca)  
Marian Poyner, Pastoral Associate, [m.poyner@holyspiritparish.ca](mailto:m.poyner@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 3:00 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m., 10:30 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## DEADLINE FOR WRITTEN SUBMISSIONS FOR PARISH BULLETIN: Tuesday, noon

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Pauline Foley, President 613-836-9444

## KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

## PARISH FINANCE COUNCIL

Steve Campanelli, Chair 613-793-6389

## OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## THIRD SUNDAY IN ORDINARY TIME



### Jan. 21 – Third Sunday in Ordinary Time

Jonah 3.1-5, 10  
1 Corinthians 7.29-31  
Mark 1.14-20

### Jan. 28 – Fourth Sunday in Ordinary Time

Deuteronomy 18.15-20  
1 Corinthians 7.32-35  
Mark 1.21-28

### Parish Calendar January 22 – January 28

<b>Mon. 22</b>	10:00	Men's Bible Study
	6:20-6:45 pm	Reconciliation
	6:30 pm	Rosary
	7:00 pm	<b>MASS</b>
	7:35 pm	KOC General Meeting
<b>Tues. 23</b>	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	<b>MASS</b>
	9:45 am	Women's Fellowship
	6:30 pm	Called to the Table
<b>Thurs. 25</b>	<b>The Conversion of Saint Paul the Apostle</b>	
	10:00 am	Cenacle of Marian Movement of Priests
	11:00 am	Mass at Granite Ridge
	6:20-6:45 pm	Reconciliation
	6:30 pm	Rosary
	7:00 pm	<b>MASS</b>
	7:00 pm	Small Faith Group
<b>Fri. 26</b>	<b>St. Timothy and St. Titus</b>	
	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	<b>MASS</b>
	9:30 am	Flame of Love
<b>Sat. 27</b>	9:00 am	CWL Ottawa Diocesan Executive Mtg
	4:15-4:45 pm	Reconciliation
	5:00 pm	<b>MASS</b>
<b>Sun. 28</b>	<b>Fourth Sunday in Ordinary Time</b>	
	9:00 am	<b>MASS</b>
	10:00 am	Rosary
	10:00 am	Communion at Granite Ridge
	10:30 am	<b>MASS with Baptisms</b>
	11:30 am	Confirmation Reconciliation Practice

Hospitality will be hosted by the Catholic Women's League after all Masses on January 20<sup>th</sup> and 21<sup>st</sup>.

### ARE YOU A GOOD LISTENER?

The pastoral care team is looking for help visiting parishioners in their home or at the hospital. This may include people who are facing medical, emotional, or spiritual challenges and in need of friendly support and encouragement.

For further information please contact Richard Konchak at 613-831-4569 or [rkonchak36@icloud.com](mailto:rkonchak36@icloud.com)

### Avoiding the Cancer of Community Life

One of the greatest sins of a community is perhaps a sort of sadness and moroseness. It is easy to spend time with a few friends, criticizing others, saying that we are fed up and that nothing is like it was in the old days. This state of spirit, which you can read on people's faces, is a real cancer that can spread right through the body. Sadness, like love and joy, comes in waves which immediately spread. We can nourish people with trust and love or we can poison them with sadness and all sorts of criticism.

**Jean Vanier, Community and Growth**

### Mass Intentions

#### Sat., January 20 – 5:00 pm

†Mary Margaret & †Dennis Moher by Phil & Mary Rocco  
†Florence Turner by Paul & Marilyn Bennett  
Deceased members of the Coleman family by Paul & Marilyn Bennett

#### Sun., January 21 – 9:00 am

Birthday Blessings for Rima Ayoub by Samir & Rima Ayoub  
†Ray and †Lola Foley by Leonard Foley  
Intentions of Margaret Mulvihill by Marion Di Gaspari

#### Sun., January 21 – 10:30 am

All Parishioners

#### Mon., January 22 – 7:00 pm

Special intentions of the Dalrymple family

#### Tues., January 23 – 9:00 am

†Eileen McEvoy by Jacques & Jeannie Marcil

#### Thurs., January 25 – 7:00 pm

Special intentions of Judith & Doug Hurdman by Linda Dalrymple

#### Fri., January 26 – 9:00 am

Intentions of Margaret Mulvihill by Marion Di Gaspari

#### Sat., January 27 – 5:00 pm

†Rita and †Eugene Anderson by Grace Anderson

Intentions of Bob Mulvihill by Margaret

†Terry Morgan by Joan Turner

#### Sun., January 28 – 9:00 am

All Parishioners

#### Sun., January 28 – 10:30 am

†Larry Whelehan & †Mark Schroeder by their family

†Michael O'Hara by Kevin & Suzanne

†Sheryl MacGregor by the Ogilvie family

#### Please pray for those who are ill:

Rita Mutsch, sister of Cathy Ager

#### Please pray for those who have died:

†Bernice Noonan

†Brett Gratton

†Linus Downey, husband of Madeline

†Sister Rita Kennedy, Grey Sister



† Indicates Deceased

### KNIGHTS OF COLUMBUS PARISH BREAKFAST - SUNDAY FEBRUARY 4TH

The Knights of Columbus will be hosting their annual Parish Pancake Breakfast in the Church Hall on **Sunday February 4th** after the 9 AM and 10:30 AM Masses. The breakfast will be pancakes, sausages, beans, and other fine pastries and treats for all. Tickets will not be sold for this event but donations are welcome to raise funds for financial assistance for new seminarians in the priesthood in Ottawa. We hope to see all there to enjoy a great breakfast and hospitality.

### SHEPHERDS OF GOOD HOPE CLOTHING DRIVE

We will be collecting new winter clothing – socks, mitts, hats – for the Shepherds of Good Hope. There is bin in the atrium for donations.

## Word from the Pastor

As Jesus passed by the Sea of Galilee, he saw Simon and his brother casting their nets into the sea....Jesus said to them, "Come after me and I will make you fishers of people." Then they abandoned their nets and followed him. We hear Jesus' invitation, "Come follow me," each day, as life presents us with choices. Shall we forgive when asked? Shall we help someone in need? Shall we buy less for ourselves and give more to the poor? Shall we see the injustice or turn a blind eye? In these, and so many other occasions, we hear the same invitation Jesus made to those fishermen and, like them, we put other considerations aside to follow him.

What recent choices have I made that show my desire to follow Christ? What changes do I have to make in my life to follow him more fully?

*Monsignor Joseph Muldoon*

### SOLEMN MASS ON THE OCCASION OF THE DEDICATION OF THE NEW ALTAR AT NOTRE DAME CATHEDRAL

On **February 2, at 7:30 p.m.**, on the Feast of the Presentation of the Lord, Archbishop Prendergast will preside at the Mass of the Dedication of the new altar at Notre Dame Cathedral and celebrate the World Day for Consecrated Life. All Parishioners are invited to come participate in this liturgical celebration.

### RELIC OF ST FRANCIS XAVIER

Until **February 2**, a large relic from the incorruptible body of St. Francis Xavier is touring Canada. In Ottawa, it will be displayed on **January 31** at Paroisse Sainte-Marie, 4831 Innes Rd from 6:00 pm to 10:00 pm; on **February 1** at St John the Apostle Church, 2340 Baseline Rd from 10:00 am to 5:00 pm; and on **February 2** at Notre-Dame Cathedral Basilica, 385 Sussex Dr from 12 noon to 6:30 pm, 7:30 pm Mass with Archbishop Prendergast, 9:00 pm to 10:00 pm Public Veneration, 10:00 pm Closing Prayer: Litany of St Francis Xavier <https://cco.ca/relic/>

### MARYVALE ACADEMY OF OTTAWA ANNUAL GALA

Come celebrate St. Valentine's Day with an evening to remember! **Saturday, February 10**, Reception 6 pm, Dinner 6:30 pm. 750 Ridgewood Avenue, St. Elias Centre, Ottawa. Tickets \$85 (\$40 tax receipt). Info: 613-321-2186 or [www.maryvaleacademy.ca](http://www.maryvaleacademy.ca)



During the Flu season please remember to bow to one another at the sign of peace rather than shaking hands.

### OCSB KINDERGARTEN REGISTRATION

If your child will be 4 or 5 years old by December 31, 2018, then it's time to register for the kindergarten program. We welcome all. All schools offer French programming within a caring, innovative and faith-filled environment. Visit <http://ocsb.ca/register/>

### PRO-LIFE

As of Feb. 1, 2018, Bill 163, known as the "bubble zone law", will go into effect in Ottawa. This bill enforces a 50-metre zone (150-metres in certain cases) surrounding abortion clinics (or any access to lawful abortion services) to remain free from protests, acts of disapproval or dissuasion.

### WORKSHOP FOR LITURGICAL MINISTRIES

For Commentators, Lectors and Extraordinary Ministers of the Eucharist who are interested in deepening their understanding of liturgical ministry there will be a workshop facilitated by Saint Paul University professor Klara Kinahan. St. Elizabeth Parish, 1303 Leaside Avenue at Merivale Rd., **Sat., Jan. 27, 12:00 - 2:30 p.m.** Cost: \$5. Info: 613-725-2242.

### CALLED AND GIFTED SPIRITUAL GIFTS WORKSHOP

Presented by Catherine of Siena Institute. Discover the charisms the Lord has given you. Space is limited. St. Mary's Parish, 100 Young St., **Sat., Feb. 24, 8:30 am - 5:00 pm** Cost: \$50 for members of St. Mary Parish; \$60 for non-member. Info: [spiritual.gifts@stmarysottawa.ca](mailto:spiritual.gifts@stmarysottawa.ca) 613-729-8710 x734.

### Considering a Calling to the Priesthood?

Have you ever considered a calling to the priesthood, but simply don't know where to begin? Or what to ask? If you're a man over 18 and have been thinking about what the priesthood is about, and how to become one, consider coming to the Priesthood Discernment Evening. **Thurs., February 1, 7:00-9:00 pm** at St. Margaret Mary Church Hall (5 Fairbairn Ave). For more info about this event, contact Fr. Pierre (613-558-1445) or [vocations@archottawa.ca](mailto:vocations@archottawa.ca) [www.vocationsottawa.com](http://www.vocationsottawa.com)

**Prayer for Vocations:** *For an increase in vocations to the priesthood and consecrated life and for a deeper gratitude for the priests and religious now serving our diocese, we pray to the Lord.*

### TIPS FOR FISHING

What are some of the tips we need to remember as we fish for disciples?

Go where the fish are. Be with people on their own turf.

Be real, be vulnerable, and be honest.

Be creative. We don't have to do things the same old way.

Be spiritual, but not "churchy".

Be patient

Be ready for surprises!

Be willing to step out of your comfort zone.

Be on the lookout for where God is at work.

Be praying.

**Linda A. Jacobus, Forgetting How to Fish**

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