



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Steve Campanelli, Chair 613-793-6389

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

THIRD SUNDAY OF ORDINARY TIME



January 26 – Third Sunday in Ordinary Time

Isaiah 9.1-4
1 Corinthians 1.10-13, 17-18
Matthew 4.12-23

February 2 – The Presentation of the Lord

Malachi 3.1-4
Hebrews 2.10-11, 13b-18++
Luke 2.22-40

Parish Calendar January 27 – February 2

Mon. 27	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	6:30 pm	Decision Point (session 6)
	7:00 pm	MASS
Tues. 28	St. Thomas Aquinas	
	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:30 am	Women's Fellowship
	6:30 pm	Called to the Table (session 1)
	7:00 pm	Finance Council Meeting
Wed. 29	6:30 pm	Called to the Table (session 1)
Thurs. 30	10:00 am	Cenacle of Marian Movement of Priests
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	7:00 pm	MASS
	7:30 pm	Small Faith Group
Fri. 31	St. John Bosco	
	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:30 am	Flame of Love
Sat. 1	4:15-4:45 pm	Reconciliation
	5:00 pm	MASS
Sun. 2	The Presentation of the Lord	
	9:00 am	MASS
	10:00 am	Rosary
	10:30 am	MASS

**** February 2 is World Day for Consecrated Life ****

The Knights of Columbus will be offering hospitality after all Masses the weekend of February 1 & 2, 2020

Mass Intentions

Sat., January 25 – 5:00 pm

†Mary Rocco by Ida Mayhew
†Sheryl MacGregor by The Garvey Family
†Mackenzie Jordan by The Garvey Family

Sun., January 26 – 9:00 am

†Flora Tymchuk by Stephen Tymchuk and Kim Hannah
†Richard Walker by The Faranda Family
The Intentions of Margaret Mulvihill by Marion DiGaspari

Sun., January 26 – 10:30 am

All Parishioners

Mon., January 27 – 7:00 pm

†Kay and †Oswald Muldoon by Msgr. Joseph Muldoon

Tues., January 28 – 9:00 am

All Parishioners

Thurs., January 30 – 7:00 pm

Intentions of The Dalrymple Family

Intentions of Pat and Pauline Foley by Richard and Anne Konchak

Fri., January 31 – 9:00 am

Noriene Burns by The Burns, Hamilton and Tarrant Families

Sat., February 1 – 5:00 pm

Holy Souls in Purgatory by Cenacle of the Marian Movement of Priests

Sun., February 2 – 9:00 am

All Parishioners

Sun., February 2 – 10:30 am

†Jose Santos by Ana Santos



We pray for those who are sick:

Bob, Pat and Isaac

We pray for those who have died:

†Bill Turner, brother-in-law of Joan Turner

†David Duvall, nephew of Ken and Bonnie Lehmann

† Indicates Deceased



MANY THANKS TO THE DECORATING TEAM

We are grateful to those who took the time to beautify our church for Christmas and also to those who disassembled the numerous trees and put away decorations afterwards.

PRAYER FOR VOCATIONS – February 2, World Day of Prayer for Consecrated Life. For those called to service for the Lord as priests, sisters and brothers, that they will be encouraged to follow the Lord and faithful to His choice of them, we pray to the Lord.

STITTSVILLE FOOD BANK

Please support our local food bank. The number of families using this resource is on the rise. Needed: personal hygiene items, coffee, tea, hot chocolate, jam, condiments including mayonnaise, fruit cups, cookies, crackers and size 5 and 6 diapers and wipes.

KNIGHTS OF COLUMBUS PANCAKE BREAKFAST SUNDAY FEBRUARY 2nd-



The Knights of Columbus will be having a Pancake Breakfast on **Sunday, February 2nd** The Knights ask for a donation to cover expenses and hope to see you all there!

Reflection: In his autobiography, Morris West suggests that at a certain age our lives simplify and we need have only three phrases left in our spiritual vocabulary: Thank you! Thank you! Thank you! He is right, if we understand fully what is implied in living out gratitude. Gratitude is the ultimate virtue, undergirding everything else, even love. It is synonymous with holiness. Gratitude not only defines sanctity, it also defines maturity. We are mature to the degree that we are grateful. But what brings us there? What makes for a deeper human maturity?

Word from the Pastor

In today's Gospel, St Matthew 4:12-23, Jesus calls several fishermen to come and follow Him. St. Francis de Sales comments on their calling, and also ours, to follow Our Savior: When Our Savior tells His Apostles that He has chosen them, He makes no exception. Even Judas was called although he misused his freedom and rejected the means God gave him. We can be sure that when God calls someone to embrace Christianity, to be single or married, to be a religious, priest or bishop, God gives each person all the necessary help to attain sanctity in his or her vocation.

Yet, even after their conversion, some of the Apostles were subject to some imperfections, like St. Peter who failed miserably by denying the Lord. Likewise, we see that it is impossible to overcome in a day all the bad habits acquired by caring poorly for our spiritual health. Nonetheless, Our Savior wants you to serve Him just as you are, both by prayer and by actions suited to your state and stage in life. Once you are convinced that you must serve God where you are, and go on doing what you are doing, have a tender affection for your state in life. Be of good heart; cultivate your vineyard with divine love. As you set out on your daily tasks, place yourself in the hands of God, who desires to help you succeed in your affairs. Believe that God will do what is best for you, provided that, on your part, you employ a gentle diligence. Do not be surprised if the fruits of your labor are slow to appear. If you do the work of God patiently, your labor will not be in vain. Our Lord, who makes houses for the snails and turtles, will lead you well; let Him do it. We must walk faithfully in the way of our Lord, and remain in peace, as much in the winter of sterility as in the autumn of fruitfulness. Walk joyously, then, in your vocation with confidence in Divine Providence.

Monsignor Joseph Muldoon

PARISH AND COMMUNITY NEWS AND EVENTS:

Heart of Worship at Holy Redeemer Parish: Guest speaker is Jeff Gunnarson, National President of Campaign Life Coalition on the topic "Abortion Ends When Jesus Reigns". Holy Redeemer Parish, 44 Rothesay Dr., Kanata, Jan. 28, 7-9 pm. Info: 613-836-1764.

Pilgrimage to St. Joseph Oratory, Montreal: Spiritual leader: Fr. Jim Lowe, CC. **March 19** departure from Our Lady of Fatima, 153 Woodroffe Ave., 8:00am, returning by 6:00 pm. Cost: \$75. Register with Stan or Maria sbielec@sympatico.ca; 613-792-4272.

The Maryvale Academy's Gala is coming soon!

Celebrating the 15th Anniversary of Maryvale Academy on **Saturday, February 8, 2020** at St. Elias Banquet Centre. Delicious buffet dinner and great entertainment, including sacred music choir, silent and live auctions, and dancing! The cost is \$95 and available through the online Gala website www.maryvaleacademy.ca. Each ticket receives a \$50 charitable tax receipt. Hope to see you at the Gala!

Seminar for Women: "It's Okay to Say No: Setting Healthy Christian Boundaries". As women it can often be difficult to juggle the demands of a busy life; family, friends, volunteering & workplace responsibilities. Our Christian call is also one to serve, which compounds the complexity of setting healthy boundaries. We will explore the call to serve, and how to establish and maintain healthy boundaries in our various roles as women. Facilitated by Karen Bourgon; presented by Heather MacPhail. St. John the Apostle Church, small downstairs hall, **Sat., Feb. 22, 9:00 am - 12:30 pm.** Cost: \$20. Info: pre-registration required: www.sisterhood.live/; livesisterhood@gmail.com; Karen 613-806-0377.

CHRISTMAS ALTAR FLOWER DONATIONS



Richard Jeffrey by Mary Jeffrey
In Thanksgiving by Ken and Bonnie Lehmann
Henry and Helga Praass and Cletus and
Modesta Ryan by Irene and Joe Ryan
Roland Fairfield and Mr. and Mrs. O. Muldoon
by Shirley Fairfield

In Memory of Lisa Ladouceur by Richard Ladouceur
Hanna Family by Kamal and Kamilia Hanna
Father Frank Aylward by Diane Burke-Terreau
In Thanksgiving by Jeffrey and Karyn Hunter
In Memory of Tom Fry, Richard Walker and Sandra and
Dan Adam by The Adam Family
In Memory of Audrey and Kenneth Cheam by
Nancy, Glenn and Family
The Keough/Paris Family
Emma Cladera by Emilie Salinas
For Mary Young and Tom Beazley by Margaret Beazley
For the Deceased members of the Droogh Family
by M.D. Droogh

Philip and Joshua by Joan Turner
Nelson Cybulski by Sandra Cybulski
In Thanksgiving by Teresa Rose
In Memory of Richard Shalla by Diane Shalla
Edward A. Woods by Clarisse Woods
In Memory of John by Christine Myslicki
Deceased Family Members by Joe and Donella Gabriele
Luigi Lolli by Bianca Lolli
Francis Charbonneau by Pauline Foley
Bob Mulvihill, Leo and Agnes Mulvihill
by Margaret Mulvihill
Flora Tymchuk and David Hannah
by Stephen Tymchuk and Kim Hannah



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