



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Marian Poyner, Pastoral Associate, [m.poyner@holyspiritparish.ca](mailto:m.poyner@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 3:00 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m., 10:30 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## DEADLINE FOR WRITTEN SUBMISSIONS FOR PARISH BULLETIN: Tuesday, noon

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Claudette Langdon, President 613-831-1286

## KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

## PARISH FINANCE COUNCIL

## OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

## FOURTH SUNDAY IN ORDINARY TIME



### January 29 – Fourth Sunday in Ordinary Time

Zephaniah 2.3; 3.12-13  
1 Corinthians 1.26-31  
Matthew 5.1-12

### February 5 – Fifth Sunday in Ordinary Time

Isaiah 58.6-10  
1 Corinthians 2.1-5  
Matthew 5.13-16

### Parish Calendar January 30 – February 5

- Mon. 30** 10:00 am Men's Small Faith Group  
6:15-6:45 pm Reconciliation  
6:30 pm Rosary  
7:00 pm **MASS**
- Tues. 31 St. John Bosco**  
8:15-8:45 am Reconciliation  
8:30 am Rosary  
9:00 am **MASS**  
9:45 am Women's Fellowship  
1:00 pm Staff Meeting (Office Closed for afternoon)  
6:30-7:30 pm Called to the Table
- Wed. 1** 6:30-7:30 pm Called to the Table
- Thurs. 2 The Presentation of The Lord**  
10:00 am Cenacle of Marian Movement of Priests  
6:15-6:45 pm Reconciliation  
6:30 pm Rosary  
7:00 pm **MASS**  
7:00 pm Baptismal Preparation (pre-registration required)  
7:30 pm Small Faith Group
- Fri. 3** 8:15-8:45 am Reconciliation  
8:30 am Rosary  
9:00 am **MASS**  
9:30 am First Friday Adoration and Benediction
- Sat. 4** 4:15-4:45 pm Reconciliation  
5:00 pm **MASS**
- Sun. 5 Fourth Sunday in Ordinary Time**  
9:00 am **MASS**  
10:00 am Rosary  
10:00 am Communion at Granite Ridge Residence  
10:30 am **MASS**  
1:00-3:00 pm Decision Point

Hospitality after the 5pm Mass on February 4<sup>th</sup>.  
Knights of Columbus

Pancake Breakfast after Sunday Masses February 5<sup>th</sup>.



**KNIGHTS OF COLUMBUS  
PANCAKE BREAKFAST  
SUNDAY FEBRUARY 5<sup>TH</sup>.**

### CELEBRATION OF CONSECRATED LIFE

The Diocesan Celebration of the World Day for Consecrated Life will be Sat., Feb. 4, 10:00 a.m. at Resurrection of Our Lord Parish, 1940 Saunderson Dr., Ottawa. All are welcome. Light refreshments to follow in the parish hall. Please RSVP to ([abrown@ArchOttawa.ca](mailto:abrown@ArchOttawa.ca)) or (613-738-5025, ext. 217).

### NEW NOTRE-DAME COLUMBARIUM

Solemn Blessing of new Notre-Dame Columbarium at Notre-Dame Cemetery, 455 Montreal Rd., will take place Thurs., Feb. 2, 11:00 a.m. presided by Archbishop Terrence Prendergast, S.J. A luncheon will follow at Notre-Dame-de-Lourdes church hall. Please R.S.V.P. ([julie.marcil@hopecemetery.ca](mailto:julie.marcil@hopecemetery.ca)).

### Mass Intentions

#### Sat., January 28 – 5:00pm

†Larry Whelehan by the Whelehan Family  
†Anne Flaska by Bill and Janet Turchan and Family  
†Eileen Hyslop by bill and Janet Turchan and Family

#### Sun., January 29 – 9:00 am

All Parishioners

#### Sun., January 29 – 10:30 am

†Sheryl MacGregor by Family and Friends  
†Rita and †Gilbert Forest by Lillian Hamilton  
†Oswald and †Kay Muldoon by Msgr. Joseph Muldoon

#### Mon., January 30 – 7:00pm

†Max Stoppa by Barb and Robert Denis

#### Tues., January 31 – 9:00 am

†Isaiah Coulas by Leo Coulas and family

#### Sat., February 4 – 5:00 pm

†Mercedes Conway by Patricia Conway

#### Sun., February 5 – 9:00 am

Good Health for Patricia, Pierre and Patricia by the Cenacle of the Marian Movement of Priests

†Anne Flaska by Bill and Janet Turchan

#### Sun., February 5 – 10:30 am

All Parishioners

† Indicates Deceased

#### Please pray for all those who are ill:

Maria DaNova, wife of Deacon Nuno  
Fr. Michael Costello

#### Please pray for those who have died:

†Betty Croner †Thomas Donahue  
†Craig Duncan †Chris Villeneuve  
†Edward Hayston, husband of Pauline



**Please be aware that some persons are allergic to various scents and fragrances. Please use discretion when applying them.**

### PRAYER FOR VOCATIONS

5<sup>th</sup> Sunday in Ordinary Time – Feb. 5 - World Day for Consecrated Life. That all those discerning a vocation to the priesthood or consecrated life will find encouragement through our prayers and sacrifices on their behalf.

### ULTIMATE DATE NIGHT

Sanctifying Families presents a Couples' Dinner with guest speaker, Bishop Christian Riesbeck CC, on Sat., Feb.11 at Senhor Santo Cristo Parish, 1100 Kenaston, Gloucester. Doors open 5:30 p.m. for 6:30 p.m. dinner catered by BBQ master Danny Gemon (Danger's Smokehouse). Tickets: \$35/couple. Advance registration required: ([www.sanctifyingfamilies.ca](http://www.sanctifyingfamilies.ca)). Info: Theresa or Cheryl ([sanctifyingfamilies@gmail.com](mailto:sanctifyingfamilies@gmail.com)); (613-821-9932).

### DONATING TO THE PARISH BY DIRECT DEPOSIT

This saves you time and effort each Sunday and provides continuous receipt of funds for the parish to handle its expenses on a regular basis throughout the year.

## Word from the Pastor

Jesus began to teach them, saying, "Blessed are the poor in spirit; for theirs is the kingdom of heaven." The Beatitudes begin the Sermon on the Mount. They put the later demands of the Sermon in focus: they begin the Sermon with a proclamation of grace. Before we are told how we are to behave we are told we are blessed. That blessing is the source for our changed behavior and so that we can enflame and give witness to the Sermon in our lives. What would you name as the "blessings" in your life? Are they true blessings from God -- or are they the result of our hard work or position in the world?

*Monsignor Joseph Muldoon*

### INVITATION TO WOMEN by the CWL

On Tuesday, February 21<sup>st</sup>, 2017, the members of the Catholic Women's League of Holy Spirit Parish will participate in a **Blanket Exercise** at 7:30 pm in the Parish Hall. The Blanket Exercise is a teaching tool which enables us to share in the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada. The League is extending an invitation to the ladies of our parish. Katy Quinn is the facilitator who will lead us in this historical journey as we travel along with our Indigenous sisters in their journey to the present time. If you wish to attend, please contact our President, Claudette Langdon for further details and confirm your attendance.

(thelanadons393@gmail.com or 613-831-1286)

### UNDERSTANDING EARLY CHRISTIANS

*The People, the Politics, and the Promise.* Mondays, 7:00 - 8:30 p.m. beginning Feb. 6 at St. Joseph parish. Presented by Dr. Timothy Pettipiece, Lecturer in Religious Studies. RSVP to (tpettipi@gmail.com). Enter through the parish office at 151 Laurier.

### DEVELOPMENT AND PEACE – CARITAS CANADA -

**SHARE LENT** 50<sup>th</sup> Share Lent campaign, highlighting how women across the world are at the *Heart of the Action* for development, reconstruction and peace-building. Sat., Feb. 11, 9:00 a.m.- 12:00 p.m. followed by fellowship and lunch, Holy Cross parish OR Wed., Feb. 15, 6:30-8:30 p.m. fellowship and light meal at 6:00 p.m. Diocesan Centre, 1247 Kilborn Place. Info: ([www.devpo.org](http://www.devpo.org)); Genevieve Gallant ([ggallant@devpo.org](mailto:ggallant@devpo.org)).

### RENAISSANCE SACRED MUSIC

Schola Basilicae will offer a meditational concert hour. Sun., Jan. 29, 7:00 p.m. All are welcomed to Saint Patrick Basilica, 220 Kent St. Free admittance. Info: (613-233-1126 x 561).

### POPE FRANCIS MESSAGE TO THE PRESIDENT

*"Upon your inauguration as the forty-fifth President of the United States of America, I offer you my cordial good wishes and the assurance of my prayers that Almighty God will grant you wisdom and strength in the exercise of your high office. "At a time when our human family is beset by grave humanitarian crises demanding far-sighted and united political responses, I pray that your decisions will be guided by the rich spiritual and ethical values that have shaped the history of the American people and your nation's commitment to the advancement of human dignity and freedom worldwide. "Under your leadership, may America's stature continue to be measured above all by its concern for the poor, the outcast and those in need who, like Lazarus, stand before our door. "With these sentiments, I ask the Lord to grant you and your family, and all the beloved American people, his blessings of peace, concord and every material and spiritual prosperity. FRANCISCUS PP."*

### THE MEN OF THE EUCHARIST

Are you looking for a Catholic Men's Fellowship where you can enrich your faith and journey with other men who support each other in becoming the men God has called them to be? The Men of the Eucharist has been in existence since 2009 and continues to touch the hearts of many men around the diocese. The monthly gathering is every first Friday at the Diocesan Centre, 1247 Kilborn Place, 6:00 – 9:00 p.m. Next gathering; Fri., Feb. 3. Info: Keith Doucette ([jp2centreattaw@gmail.com](mailto:jp2centreattaw@gmail.com)); (613-325-5447); ([www.jp2centre.com](http://www.jp2centre.com)).

### ACADEMIA STELLA MARIS

Offering *The Miracle of the Human Body* workshop for children JK-grade 4. Children will learn about the human body and its functions. They will discover how God has created us by studying the heart, lungs, skeletal system, digestive system and the brain. Details & registration by Feb. 3. Phone for details:343-883-6600

### L'ARCHE OTTAWA SEEKING VOLUNTEERS

Create community and make a profound difference in someone's life. L'Arche is an International Organization founded over 50 years ago by Jean Vanier. There are over 130 faith-based communities around the world in which we engage and journey with people with developmental disabilities. Info & monthly calendar of community events & activities: ([www.larcheottawa.org](http://www.larcheottawa.org)); (613-228-7136, ext.29).

### 'JOURNEY OF HOPE' FOR SEPARATED AND DIVORCED CATHOLICS

The program, led from a Catholic perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. Women's session begins Tues., Mar. 21. Men's session begins Thurs., Mar. 23. Sessions run for 6 weeks, 7:00 - 8:30 p.m. Info & registration: ([www.journeyofhopeottawa.com](http://www.journeyofhopeottawa.com)) or Mary Jane Manley (613-294-1308). The cost is \$25.

### EMERGENCY SPIRITUAL CARE ASSISTANCE TEAM:

The Ottawa Hospital needs volunteers on stand by for the Emergency Spiritual Care Assistance Team which responds to local disaster situations by working as integrated team members alongside responders from other disciplines. An information session regarding recruitment and training will be given on March 29. RSVP by March 22 to Linda Miller ([escat@toh.ca](mailto:escat@toh.ca)) or (613-798-5555 ext. 16193).

### SHEPHERDS OF GOOD HOPE: MANAGED ALCOHOL PROGRAM

Presentation on Monday, February 6, 2017 at 1:00pm, St. Thomas Anglican Church, 1619 Stittsville Main Street. Come out and hear about this controversial program- what works and what doesn't. Questions welcome. Please RSVP to Pat at [nortap2016@outlook.com](mailto:nortap2016@outlook.com) or 613-836-3803. Tea and Dessert provided.

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