



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Sean Flynn, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

### KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## EPIPHANY OF THE LORD

### Jan 3 – Solemnity of The Epiphany of the Lord



Isaiah 60.1-6  
Ephesians 3.2-3a,5-6  
Matthew 2.1-12

### Jan 10 – Feast of the Baptism of the Lord

Isaiah 42.1-4,6-7  
Acts 10.34-38  
Matthew 3.13-17

#### *Parish Calendar*

**Mon, Jan 4** 9:00 am MASS  
**Tue, Jan 5** 9:00 am MASS  
**Thu, Jan 7** **St. André Bessette**  
9:00 am MASS  
**Fri, Jan 8** 9:00 am MASS  
**Sat, Jan 9** 5:00 pm MASS  
**Sun, Jan 10** **Feast of the Baptism of the Lord**  
10:30 am MASS  
and MASS will be available on the church  
website: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

#### *Mass Intentions*

**Sat, Jan 2 – 5:00 pm**

For the intentions of all parishioners

**Sun, Jan 3 – 10:30 am**

Intentions of Dalrymple Family by Linda Dalrymple

†Irene Detzler by Marie & Sharon Henhoeffler

†Thea VanVlymen by Marie & Sharon Henhoeffler

**Mon, Jan 4 – 9:00 am**

†Donald O'Connor by Dan O'Connor & Family

Intentions of Marion DiGaspari by Michael DiGaspari

**Tue, Jan 5 – 9:00 am**

Intentions of Patricia & Thomas Sibbald by Dolores &  
Warren

**Thu, Jan 7 – 9:00 am**

†Phil & †Josh by Joan & Family

**Fri, Jan 8 – 9:00 am**

Intentions of Margaret Mulvihill by Marion DiGaspari

**Sat, Jan 9 – 5:00 pm**

†Isabel Farrell by Phil Rocco

Deceased relatives of Bahen Family by Dolores &  
Warren

**Sun, Jan 10 – 10:30 am**

For the intentions of all parishioners

**Please pray for those who are sick:** Pat, Connie O'Brien, Peter Aristotle, Gerard, Judette Elliston, Horst Beck

**Please pray for those who have died:**

† Indicates Deceased

#### **PRAYER FOR VOCATIONS**

That our young people will be opened to their unique vocation through prayer and will adore Christ the King by their faithfulness to His call, we pray to the Lord.

#### **PRAYER FOR FAMILIES**

Infant King, you came as one of us to gather us to yourself. Draw us into your tenderness with all the wonder of a newborn. May we find ourselves as precious as you have made us, and may we make of our lives a gift to you. Amen.

#### **PRAYER FOR SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

**Winter Clothing Collection for Shepherds of Good Hope** Please contribute new winter clothing such as socks, gloves, mitts, hats, scarves, coats etc. for the Shepherds of Good Hope. Items can be left at the Office weekdays.

#### **STITTSVILLE FOOD BANK**

Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but toiletries, toilet paper, tissue, juice, canned fruits and vegetables, canned meat, salmon and tuna, rice, cereal, cookies, crackers, coffee and tea are also needed. Please do not leave food outside, but bring your donations during office hours or when you come to Sunday Mass.

#### **2020 Income Tax Receipts**

Income tax receipts for 2020 are being prepared. If you wish to receive yours by mail, please place a self-addressed stamped envelope in the collection basket. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

## *Word from the Pastor*

### **History of the Feast of the Epiphany**

Like many of the most ancient Christian feasts, Epiphany was first celebrated in the East, where it has been held from the beginning almost universally on January 6. Today, among both Eastern Catholics and Eastern Orthodox, the feast is known as Theophany—the revelation of God to man.

### **Epiphany: A Fourfold Feast**

Epiphany originally celebrated four different events, in the following order of importance: the Baptism of the Lord; Christ's first miracle, the changing of water into wine at the wedding in Cana; the Nativity of Christ; and the visitation of the Wise Men or Magi. Each of these is a revelation of God to man: At Christ's Baptism, the Holy Spirit descends and the voice of God the Father is heard, declaring that Jesus is His Son; at the wedding in Cana, the miracle reveals Christ's divinity; at the Nativity, the angels bear witness to Christ, and the shepherds, representing the people of Israel, bow down before Him; and at the visitation of the Magi, Christ's divinity is revealed to the Gentiles—the other nations of the earth.

### **The End of Christmastide**

Eventually, the celebration of the Nativity was separated out, in the West, into Christmas; and shortly thereafter, Western Christians adopted the Eastern feast of the Epiphany, still celebrating the Baptism, the first miracle, and the visit from the Wise Men. Thus, Epiphany came to mark the end of Christmastide—the Twelve Days of Christmas (celebrated in the song), which began with the revelation of Christ to Israel in His Birth and ended with the revelation of Christ to the Gentiles at Epiphany.

Over the centuries, the various celebrations were further separated in the West, and now the Baptism of the Lord is celebrated on the Sunday after January 6, and the wedding at Cana is commemorated on the Sunday after the Baptism of the Lord.

*Sunday missals are available in the Atrium. Please take one copy for the new Liturgical Year.*

*Monsignor Joseph Muldoon*

*I am created to do or to be something for which no one else is created: I have a place in God's counsels, in God's world, which no one else has. Whether I be rich or poor, despised or esteemed by man, God knows me and calls me by my name. ~ St. John Henry Newman*

**Take Five for Faith: Daily renewal for busy Catholics**  
**Discern the spirit** Often we get an intuition, a burning in the heart that feels motivating. It may tell us to speak up or shut up; to reach out or keep our hands off a situation; to admit we need help or to stop leaning on others. Do we obey the prompt, or ignore it? The problem with following what may be a divine nudge is that we can't always discern the Holy Spirit from a lesser kind. Discernment involves prayer, familiarity with scripture, consultation with faithful others, and sometimes spiritual direction. Above all, it needs to be practiced. Befriend the Spirit!

*"Do not quench the Spirit. Do not despise prophetic utterances."  
Reprinted with permission from PrepareTheWord.com*

### **"Recovering Together" Collections - Many Thanks!**

A warm "Thank You" from Development and Peace - Caritas Canada for your generosity to the November 14-15 collection. This money will help our sisters and brothers in Africa, Asia, Latin America and the Middle East with immediate needs and in their work for a just recovery. If you were unable to contribute to the collection, you can make an offering online at [devp.org](http://devp.org). Info: [thurford@devp.org](mailto:thurford@devp.org).

**Upcoming Blood Donation Event** at Holy Spirit Parish on Wednesday, January 20<sup>th</sup> from 4:30 pm to 8:30 pm. Book now to donate at [www.blood.ca](http://www.blood.ca)

### **Christmas Greetings**

For many of us, this will be a Christmas like no other. The restrictions of the pandemic force us to adapt, to let go of certain traditions and customs, to cancel family or fraternal gatherings. But will all this make our Christmas less special? Might we be forced to recognize what is the essence of our celebrations? Whatever our situation, the mystery of the Incarnation will be as real and present. God will bless us as much today as He did two thousand years ago. Every Christmas is an opportunity for our God to reveal to us His Love in His Son Jesus. During this year, marked by suffering, misery, and mourning, may we allow the light of the Prince of Peace to penetrate the depths of our being, our Church, and our world.

In spite of COVID-19, the Christmas celebration will be in the spotlight! It is up to us to welcome the One who presents himself to us as a newborn baby, but who is in reality our Saviour and our God. May the Child God be for you a source of graces and blessings for the New Year.

**MERRY CHRISTMAS AND HAPPY NEW YEAR!**  
Archbishop Marcel Dampousse

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