



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Marian Poyner, Pastoral Associate, [m.poyner@holyspiritparish.ca](mailto:m.poyner@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)  
Fr. Ben Iheagwara CSSP – Priest in Residence

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 3:00 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m., 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

As indicated in the weekly calendar with communal celebrations in Advent and Lent and other times by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### DEADLINE FOR WRITTEN SUBMISSIONS FOR PARISH BULLETIN: Tuesday, noon

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claudette Langdon, President 613-831-1286

### KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

### PARISH FINANCE COUNCIL

### OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Sundays in Ordinary Time for July/August 2016

<b>July 31 – 18<sup>th</sup> Sunday</b>	<b>Aug. 7 – 19<sup>th</sup> Sunday</b>	<b>Aug. 14 – 20<sup>th</sup> Sunday</b>	<b>Aug. 21 – 21<sup>st</sup> Sunday</b>	<b>Aug. 28 – 22<sup>nd</sup> Sunday</b>
Ecclesiastes 1:2; 2:21-23	Wisdom 18:6-9	Jeremiah 38:4-6,8-10	Isaiah 66:18-21	Sirach 3:17-20, 28-29
Colossians 3:1-5, 9-11	Hebrews 11:1-2.8-19	Hebrews 12:1-4	Hebrews 12:5-7,11-13	Hebrews 12:18-19, 22-24a
Luke 12:13-21	Luke 12:32-48	Luke 12:49-53	Luke 13:22-30	Luke 14:1, 7-14

**Parish Calendar August 1 to 28**

<b>MONDAYS</b>	<b>OFFICE CLOSED</b>	
	6:15-6:45 pm	Reconciliation
	6:30 pm	Rosary
	7:00 pm	<b>MASS</b>
<b>TUESDAYS</b>	8:15-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	<b>MASS</b>
<b>THURSDAYS</b>	10:00 am	Cenacle of Marian Movement of Priests
	6:15-6:45 pm	Reconciliation
	6:30 pm	Rosary
	7:00 pm	<b>MASS</b>
	Thurs. Aug. 4 only 7:00 pm Baptismal Prep pre-registration required	
	Thurs. Aug. 18 only 11:00 am <b>MASS</b> at Granite Ridge Residence	
<b>FRIDAYS</b>	<b>OFFICE CLOSED</b>	
	8:15-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	<b>MASS</b>
	9:30 am	Flame of Love
	Fri. Aug. 5 only 9:30 am First Friday Benediction & Adoration	
<b>SATURDAYS</b>	4:15-4:45 pm	Reconciliation
	5:00 pm	<b>MASS</b>
<b>SUNDAYS</b>	9:00 am	<b>MASS</b>
	10:00 am	Rosary
	10:30 am	<b>MASS</b>
	Aug. 6 & 7 Hospitality hosted by Knights of Columbus	
	Aug. 7 & 21 Communion at Granite Ridge Residence	
	Aug. 20 Hospitality hosted by Catholic Women's League	
	Aug. 20 & 21 Wedding Anniversary Blessings	
	Any changes to weekday masses will be announced at the weekend masses and posted on the church front doors.	

*A Word from the Pastor*

But God said to the rich man, "You fool, this night your life will be demanded of you, and the things you have prepared, to whom will they go?" The man's life is about to take a sudden turn; he will die that night. There are many ways our lives can take a sudden turn. A crisis can make life very difficult to bear; but it can be devastating, if our lives are not rooted in God, who is our rock in hard times and our strength to see us through. Besides using money to cover life's basic needs, how else do we use our resources? Do we use our money to care for the least and do we reach out beyond our usual circle to give?

Fr. Benedict Iheagwara, CSSP, is a member of the Congregation of the Holy Spirit or 'Spiritans' as they are commonly known. He is a Priest from Nigeria who will be coming to live at Holy Spirit Parish for the coming year. He is completing his program of study at the University of Ottawa and will receive a Doctorate in Philosophy. He will offer his assistance in ministry and in celebrating Masses with us. Please welcome him to our community.

*Monsignor Joseph Muldoon*

**Please pray for all those who are ill**  
**Please pray for all those who have died:**

†Kathleen Burns; †John Burnett, husband of Rita, father of Tom; †John Jedyneck, father of Maureen Copley and †William Harding husband of Lucienne

**WEDDING ANNIVERSARY BLESSINGS**



If you are celebrating an anniversary in August and would like your marriage blessed at one of the masses on the weekend of August 20 & 21, please call the office and leave your name, the number of years married and the mass you plan to attend.

**SUMMER OFFICE HOURS**

Our office will be closed Mondays and Fridays for August. Summer Sunday bulletin dates: July 31, and back weekly as of August 28.



**If you require an announced Mass intention for August, please call the office.**

**COMMEMORATING THE FAITHFUL DEPARTED IN THE ARCHDIOCESAN CEMETERIES:** The Annual Commemoration of all the Faithful Departed will take place at Notre Dame Cemetery (613-746-4175) on **Sun., Sept. 11, 2:30 p.m.** and at Hope Cemetery (613-822-1212) on **Sun., Sept. 18, 2:30 p.m.** Archbishop Prendergast will preside at both prayer services.

**FOOD BANK NEEDS**

Toothpaste, toothbrushes, shampoo, soap, pasta, canned fruit, soup, peanut butter, jam. Thank you for helping those in need

**DOOR OF MERCY LADY OF LOURDES GROTTO - VANIER**  
 Pope Francis, in the *Bull of Indiction of the Extraordinary Jubilee of Mercy, Misericordiae Vultus*, dated April 11th 2015, affords bishops the privilege of designating locations within their diocese where a *Door of Mercy* may be established. The Most Reverend Terrence Prendergast, Archbishop of Ottawa, designates the entrance arch to Our Lady of Lourdes Grotto in Vanier as a *Door of Mercy* for the duration of the Triduum of August 12th, 13th and 14th and for the Feast of the Assumption of the Blessed Virgin Mary on August 15th 2016. Those who make a pilgrimage to the Door of Mercy at the Grotto and meet the requirements may obtain a plenary indulgence once a day. A rite of opening of the *Door of Mercy*, presided by Msgr. Daniel Berniquez, Episcopal Vicar for the French Sector, will be held on Friday, August 12th at 3:00 pm. -30- **Media contact: Deacon Gilles Ouellett 613-738-5025 ext. 238.**

## AUGUST 2016

### POPE'S PRAYER INTENTIONS FOR AUGUST

**Universal:** Sports – May sports be an opportunity for friendly encounters between peoples and contribute to peace in the world.

**Evangelization:** Living the Gospel – May Christians live the Gospel, giving witness to faith, honesty, and love of neighbour.

### \$\$\$ COLLECTIONS \$\$\$

#### For June 5, 2016

Regular: \$3,878.40 Renovations: \$1,559.00  
Loose: \$73.00 Other: \$242.00

#### For June 12, 2016

Regular: \$4,896.90 Renovations: \$920.00  
Loose: \$598.00 Other: \$245.00

#### For June 19, 2016

Regular: \$3,832.40 Renovations: \$1,472.00  
Loose: \$541.00 Pastoral Works: \$169.49

#### For June 26, 2016

Regular: \$3,661.40 Renovations: \$740.00  
Loose: \$507.00 Other: \$130.00

#### For July 3, 2016

Regular: \$3,834.00 Renovations: \$1,575.00  
Loose: \$458.00 Other: \$35.00

#### For July 10, 2016

Regular: \$3,711.40 Renovations: \$825.00  
Loose: \$446.00 Other: \$55.00

#### For July 17, 2016

Regular: \$3,317.40 Renovations: \$1,550.00  
Loose: \$363.00 Other: \$40.00

#### For July 24, 2016

Regular: \$4,123.95 Renovations: \$731.90  
Loose: \$441.55 Other: \$1,460.00

### RETIREMENT

The time has come for me to retire. Thank you to all those who so warmly welcomed me when I was new on the job six years ago; I will forever treasure all the fond memories I have of my time in the office of Holy Spirit Parish. I am especially grateful for the many friendships that I have made with so many of you. See you in church!

Peggy Gallivan Ballotta

### BLOOD DONOR CLINIC – Wed., Aug. 10

from 5:00 to 8:00 pm at 6400 Hazeldean Road, Stittsville.

You have the power to give life.

### Mass Intentions for August

† Indicates Deceased

#### Sat., July 30 – 5:00 pm

Holy Souls in Purgatory by The Cenacle of Marian Movement of Priests

#### Sun., July 31 – 9:00 am

† Murray Newman by Donella & Joe Gabriele

† Family Members by Marie Armstrong

In Celebration of Msgr. Joe's 40<sup>th</sup> Anniversary by Deacon Ron & Helen McRae

#### Sun., July 31 – 10:30 am

All Parishioners

#### Tues., Aug. 2 – 9:00 am

† Robert MacDonald by Vanita Macdonald & Family

#### Sat., Aug. 6 – 5:00 pm

† Paul Droogh by the Droogh Family

#### Sun., Aug. 7 – 9:00 am

All Parishioners

#### Sun., Aug. 7 – 10:30 am

All Parishioners

#### Mon., Aug. 8 – 7:00 pm

Special Intention by Patricia & Philip Stotts

#### Tues., Aug. 9 – 9:00 am

In Thanksgiving by Suzanne O'Hara

#### Thurs., Aug. 11 – 7:00 pm

Thomas Manion by Peggy Manion

#### Sat., Aug. 13 – 5:00 pm

† John Myslicki by the Family

#### Sun., Aug. 14 – 9:00 am

† Phil & Josh by Joan Turner & Family

In Celebration of 55<sup>th</sup> Wedding Anniversary of Elaine & Gerry Kealey

### CANONIZATION

Sr. Maria Elizabeth Hesselblad, a Swedish nun who harbored Jews in her convent during WWII, was canonized a saint by Pope Francis on Sunday, June 5th. And what an incredible life she had! Hesselblad was born in 1870 to a Lutheran family as the 5th of 18 children in Sweden. As a teenager, she moved to the United States and worked as a nurse in New York City. This brought her into close contact with the Catholic faith for the first time since many of her poor patients were Catholic.

After years of study and prayer, she finally decided to join the Catholic Church in 1902. But when she first approached a priest, he was skeptical she was ready. "My father, forgive me," she replied, "but I have fought in darkness for twenty years; for many years I have studied the Catholic faith and have prayed for a strong faith. I now possess this faith, and I am ready to submit to an examination on all the points of doctrine."

After further conversation, the priest admitted she was ready and received her into the Church three days later on the Feast of the Assumption.

"In an instant the love of God was poured over me," she later reflected about her conversion. "I understood that I could respond to that love only through sacrifice and a love prepared to suffer for His glory and for the Church. Without hesitation I offered Him my life, and my will is to follow Him on the Way of the Cross."

Inspired by the life of St. Bridget of Sweden, Hesselblad founded a new religious order for women dedicated to serving the sick. Her first house was in her homeland of Sweden, but it quickly spread: during her lifetime her order opened houses in England, India, and Italy.

During WWII, she used those houses as safe havens for Jews and others targeted by Nazis for violence and killing. She also dedicated her life to ecumenism and fighting racism – and her work bore fruit: she personally contributed to the conversion of a Baptist minister and Jewish rabbi in Rome.

While on her deathbed in 1957, her parting words to her sisters were "Go to Heaven with hands full of love and virtues."

Amazingly, some of those she saved during WWII are still alive today to see her canonized. "She saved our lives," 87-year-old Piero Piperno, one of the Jews Hesselblad saved, told Radio Free Europe, "but above all, in those dark times, she recognized the dignity of our religion."

She was honored with the title of **Righteous Among the Nations** by Israel's Yad Vashem in 2004, and in 2015 one of her convents was declared a "House of Life" by the **International Raoul Wallenberg Foundation**.

**St. Maria Elizabeth Hesselblad, please pray for us!**

† Members of Dupuis & Scrim Families by John & Carmel Scrim

#### Sun., Aug. 14 – 10:30 am

All Parishioners

#### Sat., Aug. 20 – 5:00 pm

All Parishioners

#### Sun., Aug. 21 – 9:00 am

All Parishioners

#### Sun., Aug. 21 – 10:30 am

† Jose Santos by Ana Santos

† Gladys Grattan by Bev Combe

† Robert Clifford by Ray & Barb Hoffman

#### Sat., Aug. 27 – 5:00 pm

All Parishioners

#### Sun., Aug. 28 – 9:00 am

† Teresa Girardi by Joe & Donella Gabriele

#### Sun., Aug. 28 – 10:30 am

All Parishioners



**ADAM, MILLER, KELLY**  
**BARRISTERS & SOLICITORS**  
 MARY MILLER • LILA KELLY  
 JENNIFER GASPAR • ROBERT PACAN  
 300 March Rd., Ste. 601  
**613-592-6290** [www.amk-law.ca](http://www.amk-law.ca)

**Messy Maid**  
 Makes Your Day!  
**613-612-6243**  
[www.messymaid.com](http://www.messymaid.com)  
*Special Offer for Parishioners*  
**Worry-Free Cleaning Services**

Because family matters!  
**613-591-6580**  
[kellyfh.ca/kanata](http://kellyfh.ca/kanata)

**LAURYSSEN**  
**KITCHENS**  
 KITCHENS | VANITIES | CLOSETS  
 2415 Carp Rd., Stittsville **613-836-5353**  
[www.laurysenkitchens.com](http://www.laurysenkitchens.com)

**Living With Care**  
 FOR THE ELDERLY WE LOVE.  
  
**COMPANIONSHIP & CAREGIVER SERVICES**  
**613-293-4960**  
[livingwithcareinc@gmail.com](mailto:livingwithcareinc@gmail.com)  
[www.livingwithcareottawa.com](http://www.livingwithcareottawa.com)

**Glen Scottish Restaurant**  
 The Best Fish & Chips in the Valley  
 1010 Stittsville Main St.  
**613-836-5622**  
[www.theglen.ca](http://www.theglen.ca)

**Kelly**  
 Funeral Home - Kanata  
 by Arbor Memorial  
 Arbor Memorial Inc.

**Knights of Columbus INSURANCE**  
 YOUR SHIELD FOR LIFE  
**David Gallagher**  
**613-422-3117** [david.gallagher@kofc.org](mailto:david.gallagher@kofc.org)  
 Life Insurance • Long-Term Care Insurance  
 Retirement Annuities • Disability Insurance

**Jim's Hi Tech Auto Repair**  
 Brakes • Suspensions  
 Alignments • Inspections  
 Rust Proofing  
**11 Sweetnam Dr. 613-831-1931**  
 

**KUMON**  
**Kumon Math & Reading Centres**  
 1300 Stittsville Main Street, Suite 108  
**613-831-2577** [www.kumon.ca](http://www.kumon.ca)

**Home Hardware**  
**Bridlewood Home Hardware**  
 Eagleson Rd. at Michael Cowpland Dr.  
**613-599-7447**

**STITTSVILLE Sobeys**  
 Better food for all.  
 Locally Owned and Operated  
 Corner of Carp & Hazeldean Rd.

**RINK-PRO SPORTS**  
 www.rink-pro.com  
**613-831-8936**  
 6081 HAZELDEAN ROAD - next to Giant Tiger

**AMBERWOOD CHIROPRACTIC CENTRE**  
 IMPROVING HEALTH & QUALITY OF LIFE

**Dr. Tammy Grace**  
 B.S.c., DC  
 1261 Stittsville Main St.  
**613-831-7982**

**PRO LOK**  
 Design & Build Ltd.  
 Custom Landscape Design & Build  
**613-839-3169**

**Frank Cantusci Ent. Ltd.**  
 Furniture Upholstering & Repairs  
 Quality Is Not Expensive  
 5933 Hazeldean Rd. (back of building)  
**613-836-3541**

**Williams Court**  
 LÉPINE LUXURY APARTMENTS  
 WilliamsCourt.com **613.913.9555**  
 MORE THAN JUST AN APARTMENT... IT'S A WAY OF LIVING

**Allstate**  
 You're in good hands.  
 Allstate Insurance Company of Canada  
 18-462 Hazeldean Rd., Kanata

**Napolis Cafe**  
 Ristorante Italiano

1300 Stittsville Main Street  
**613.836.7722**  
[www.napoliscafe.com](http://www.napoliscafe.com)  
[facebook.com/NapolisCafe](https://facebook.com/NapolisCafe)

**Studio A Dance**  
 • Ballet • Jazz • Tap  
 • Modern • Hip Hop  
**613-884-8557**  
[studioadance.ca](http://studioadance.ca)

**Sandy Villeneuve Elson**  
 Agent  
**613.592.8283**  
[svilleneuve@allstate.ca](mailto:svilleneuve@allstate.ca) [www.allstate.ca](http://www.allstate.ca)

*The World's Nicest Salespeople!*  
  
**Debra Wright, Broker**  
[debra@detailsrealty.ca](mailto:debra@detailsrealty.ca)  
[www.ISEllOttawaHomes.ca](http://www.ISEllOttawaHomes.ca)  


**WHELAN FUNERAL HOME**  
**Sean P. Copeland** • 515 Cooper St.  
 call with confidence Tel: (613) 233-1488  
**A Family Owned & Operated Business since 1925**

**Heads Up Barber Shop**  
 Precision Cuts • Flat Tops • Shaves  
 Babies First Hair Cut Free  
**1626 Stittsville Main St.**  
**613-720-7707**


**arbiq&ahde**  
 associate lawyers  
 Stittsville Shopping Centre  
**204-1300 Main St. 613-836-2240** [info@arbiqahde.com](mailto:info@arbiqahde.com)

**Liturgica Inc.**  
 GIFTS & SOUVENIRS  
 FOR ALL RELIGIOUS OCCASIONS  
 602-1260 Old Innes Rd. (Innes Rd. & St. Laurent Blvd.)  
**613-745-1537** [www.liturgica.ca](http://www.liturgica.ca)

**THOMAS CAVANAGH CONSTRUCTION LIMITED**  
 9094 Cavanagh Rd. Ashton, ON  
**613.257.2918** [mail@thomascavanagh.ca](mailto:mail@thomascavanagh.ca)

**The Pottery PlayHouse**  
 A Paint Your Own Ceramic & Clay Creation Studio  
 1300 Stittsville Main St.  
**613-831-0088**  
[www.thepotteryplayhouse.ca](http://www.thepotteryplayhouse.ca)

**THE PERFECT SPOT TO ADVERTISE**  
  
 TO ADVERTISE IN THIS SPACE  
 PLEASE CALL 1-800-268-2637

**613-728-4780**  
  
**Thomas A. PEGG**  
 PLUMBING AND HEATING LTD.

**CENTRE DENTAIRE Deschenes Poitras DENTAL CENTRE**  
*...C'est une Histoire de Famille... It's a Family Story*  
**Dr. Michael Poitras H.BSc, MSc, DMD**  
**Dr. Cathy Deschenes DMD**  
 "We've moved"  
**6255 Hazeldean Rd 2nd floor of "The Big Red Barn"**  
**613-831-7750** [VisitOurDentalFamily.ca](http://VisitOurDentalFamily.ca)

**Postcard Perfect**  
 TURFGRASS SPECIALISTS LTD.  
**(613) 831-4246**  
[info@postcardperfect.ca](mailto:info@postcardperfect.ca)  
[www.PostcardPerfect.ca](http://www.PostcardPerfect.ca)

**It's WISE to ADVERTISE!**

**Postcard Perfect**  
 TURFGRASS SPECIALISTS LTD.  
**(613) 831-4246**  
[info@postcardperfect.ca](mailto:info@postcardperfect.ca)  
[www.PostcardPerfect.ca](http://www.PostcardPerfect.ca)

**It's WISE to ADVERTISE!**