



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

ELEVENTH SUNDAY OF ORDINARY TIME



Jun 13 – 11th Sunday in Ordinary Time

Ezekiel 17.22-24
2 Corinthians 5.6-10
Mark 4.26-34

Jun 20 – 12th Sunday in Ordinary Time

Job 38.1-4,8-11
2 Corinthians 5.14-17
Mark 4.35-41

*St. Joseph, pray for us.
Immaculate Heart of Mary, pray for us.*

Parish Calendar

Mon, Jun 14 9:00 am Mass
Tue, Jun 15 9:00 am Mass
Thu, Jun 17 9:00 am Mass
Fri, Jun 18 9:00 am Mass
Sat, Jun 19 5:00 pm Mass
Sun, Jun 20 12th Sunday in Ordinary Time
10:30 am Mass

and MASS will be available on the church website: www.holyspiritparish.ca

Please Note: The Parish Office will be closed on Monday, June 21, 2021.

Mass Intentions

Sat, Jun 12 – 5:00 pm

For the intentions of all parishioners

Sun, Jun 13 – 10:30 am

†Stephen Underhill by Knights of Columbus Holy Redeemer Council 9544

†Leo Gregory by Muriel

†Pasquale Iuliano by Faranda Family

Intentions of Sterling Children by Joanne Parenteau

Mon, Jun 14 – 9:00 am

Intentions of Carol Moher by Joe & Donella Gabriele

†Cecilia Rajadurai by Family

Tue, Jun 15 – 9:00 am

Intentions of Margaret Mulvihill by Marion DiGaspari

Intentions of Kyle, Freddy, Sammy & Sabine

Thu, Jun 17 – 9:00 am

†Marie Paquette by Anne Sloan

Fri, Jun 18 – 9:00 am

†Patrick O'Donnell by O'Donnell & Devenny Families

Sat, Jun 19 – 5:00 pm

For the intentions of all parishioners

Sun, Jun 20 – 10:30 am

†Bill Gagateg by Alice

†Antonio Girardi by Joe & Donella Gabriele

†David Lyons by O'Donnell Family

Please pray for those who are sick: Marlene, Pat, Lillian, Philippe, Carolyn, Gerard, Connie O'Brien

Please pray for those who have died: †Claude Marcil, brother of Jacques Marcil; †June MacDonald, mother of Fr. Rory MacDonald; †Fr. Cyril Myktiuk; †Juliette Capuano

†Indicates Deceased

PRAYER FOR VOCATIONS For a growing trust in the presence of the Lord and His call to men and women to serve Him and His Church as priests, deacons and in the consecrated life, we pray to the Lord.

PRAYER FOR SPIRITUAL COMMUNION My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

To all the parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email admin@holyspiritparish.ca.

Kids in Church A mother was preparing pancakes for her sons, Kevin 5, and Ryan 3. The boys began to argue over who would get the first pancake. Their mother saw the opportunity for a moral lesson. "If Jesus were sitting here, He would say, 'Let my brother have the first pancake, I can wait.'" Kevin turned to his younger brother and said, "Ryan, you be Jesus!"

BULLETIN REMINDER Please submit your requests for announced Masses early for summer bulletins. Summer Sunday bulletins will be published on July 4 and August 1 and back to weekly bulletins as of September 5, 2021.

Pope Francis names new Vatican ambassador to Canada

Pope Francis on Saturday appointed a new apostolic nuncio to Canada. The pope named Archbishop Ivan Jurkovič on June 5 to the position that had remained vacant since the previous nuncio, Archbishop Luigi Bonazzi, was posted to Albania in December 2020. Jurkovič has served as the Permanent Observer of the Holy See to the United Nations and Other International Organizations in Geneva since 2016. The 68-year-old Slovenian archbishop has also acted as the Holy See's representative to the World Trade Organization and the International Organization for Migration. He is fluent in Slovenian, Italian, English, Spanish, French, German, and Russian. The Apostolic Nunciature in Canada is based in the capital, Ottawa. The 2011 National Household Survey reported that around 13 million Canadians are baptized Catholics.

Word from the Pastor

From today's Gospel reading: St. Mark 4:26-34. "This is how it is with the kingdom of God; it is as if a man were to scatter seed on the land and would sleep and rise night and day and through it all the seed would sprout and grow." In the parable the seed grows by itself. Jesus is reminding us of something we can forget in our daily efforts to do and accomplish good. God has not left us on our own, but is present, active and supportive in our efforts. Yes, we will work as hard as we can with all our heart, education and skills. And, we will also pray for trust in the God who guides and works with us daily. What difficult tasks preoccupy and worry us? How do we experience God working alongside us in our struggles?

Banns for Ordination

Mr. Connor Joseph John O'Hara is to be ordained to the Diaconate for the **Archdiocese of Ottawa-Cornwall** on **August 10, 2021** at **St. Finnan Basilica, Alexandria, ON**. Please remember him in your prayers. Canon Law obliges Catholics to reveal any impediment to sacred orders to the bishop or pastor.

Holy Spirit Catholic Woman's league has been very generous to Stittsville Food Bank with their recent donation of \$500.

Please Consider Remembering Holy Spirit Parish in Your Will: For more information on making a bequest to Holy Spirit Parish, please call the Pastor at 613-836-8881.

Monsignor Joseph Muldoon

ATTENTION NEW CHARITY AUCTION, NEW ITEMS, MAKE AN OFFER!

KNIGHTS OF COLUMBUS CHARITY AUCTION 2.0

This was a great success and the demand was to definitely have another one so here we are! What is different from the first auction? More items and lower initial bids! Items will start at \$2 and \$5 for most and buy-it-now pricing has been also reduced! Everything must go so please support your Parish and take home an item! The link is <https://www.biddingowl.com/HolySpiritParish>

If you have any questions, don't hesitate to reach out to us! You can e-mail from the auction site. **THANKS TO ALL THAT SUPPORTED US FOR OUR LAST AUCTION.** Thank you again, Joseph Carbonetto, Knights of Columbus

Practicing Self-Compassion

1. Be mindful: notice and accept painful thoughts and feeling without over-identifying with them or over-emphasizing their importance.
2. Recognize that your challenges are part of a common, imperfect human experience: all human beings suffer and fall short. This can make your experience feel less isolating and overwhelming.
3. Reframe your internal dialogue: instead of focusing on the negative, acknowledge the difficulty of the situation and consider ways you might offer yourself forgiveness or comfort.

Sam Stoghill, Psy. D. St. Luke Institute

1323 "At the Last Supper, on the night he was betrayed, our Saviour instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet 'in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us.'" - Catechism of the Catholic Church

The Church Beyond the Pandemic

Bishop Bryan Williams, Emmanuel Apostolic Church Ten Learned Pandemic Lessons

1. We learned that no one was prepared to respond to unexpected national and community circumstance as experienced. We were not prepared for an event as the COVID-19 Pandemic.
2. We learned that our congregation had to realign spiritual priorities and relationships with God. People came together in our virtual sanctuary and there was an increase in service participation and online social interaction.
3. We were reminded how personal gatherings for corporate worship and fellowship is vital. We were unable to gather physically due to COVID-19 and because of that, we may have taken fellowship for granted.
4. We observed the magnitude of community needs in unprecedented situations and the importance of the church in its community – spiritually, socially, mentally and financially.
5. We observed that our seniors, widows, single parent families, and youth required a higher degree of attention and care during the pandemic. The shut-in conditions and restrictions had various adverse reactions from these groups.
6. We learned of the creative ways members of the congregation used their gifts and skills, and found methods to maintain the basic order of church services and fellowship. (Necessity is the mother of invention – Plato)
7. We learned that a cross-section of the younger generation felt a sense of loss and perhaps confusion during the beginning phases of the pandemic. Our young people's mental health was challenged as they observed death and sickness; many for the first time.
8. We learned that our children's ministry in a virtual space has the potential to thrive and build. Being able to focus lessons in a specific and shortened time frame, forced our youth leaders to come up with more innovative ways to communicate, teach and reach our youth ministry.
9. We learned that virtual gatherings like Zoom, StreamYard, Facebook and Youtube, brought a unique style of healthy interaction across various demographics.
10. We learned that the CHURCH is surely unstoppable in any crisis; God still reaches people through His Word and more souls were and still are added to the Kingdom. **THE LORD BUILDS AND SUSTAINS HIS CHURCH!**

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