



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TRINITY SUNDAY

THE TRINITY



Jun 7 – Most Holy Trinity

Exodus 34.4b-6,8-9
2 Corinthians 13.11-13
John 3.16-18

Jun 14 – Solemnity of the Most Holy
Body and Blood of Christ
Deuteronomy 8.2-3,14-16
1 Corinthians 10.16-17
John 6.51-59

Parish Calendar Jun 8-14

Sun Jun 14 Solemnity of the Most Holy Body and
Blood of Christ

MASS will be available on the church website:
www.holyspiritparish.ca

Please pray for those who are sick:

Kathryn Burgess, sister of Susan Smith

Please pray for those who have died:

†Chuck Russell, brother of Deacon Robert Russell;

†Ruth Millar and her daughter †Terry Morehouse

† Indicates Deceased

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

MSGR. MULDOON'S 44th ANNIVERSARY – JUNE 11

Congratulations and blessings on the day of your Ordination to the Priesthood. May Christ, Our Lord, bless you abundantly in your priestly ministry.

WEDDING ANNIVERSARY BLESSINGS June-August

If you are celebrating an anniversary in June, July or August and would like it mentioned at Mass, please call the Parish Office with you name, wedding date, and the number of years married. We will acknowledge your special day during virtual Mass and plan to have your marriage blessed at a later date.

"Love is the most beautiful sentiment the Lord has put into the soul of men and women." St. Gianna Beretta Molla

Pope Francis Announces Special Year of Laudato Si' - On

Care for Our Common Home: On May 24, Pope Francis announced, "Today is the 5th anniversary of the Encyclical Laudato Si', with which we sought to call attention to the cry of the earth and of the poor... The Laudato Si' Week which we just celebrated, will blossom in a special anniversary Year of Laudato Si', a special Year to reflect on the Encyclical from May 24 of this year to May 24 of next year." Further info about the special anniversary year plan: <http://www.humandevlopment.va/en/news/laudato-si-special-anniversary-year-plan.html>. Info: Care for Creation, John Dorner (jdorner@archottawa.ca, 613-738-5025 x 251).

UPDATE FROM FINANCE COUNCIL:

To all the Parish's generous faithful

Thank you to all who have already donated funds to the ongoing operation of the parish. If you haven't already done so, but are thinking of donating your weekly contribution, please bring your donation in the form of a cheque in an envelope (sorry we are not accepting cash at this time) with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Tamara checks it twice daily. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit".

On behalf of the Finance Committee, I thank you again. Alex Golob (Holy Spirit Parish FC Chair)

VATICAN ANNOUNCEMENT:

The Vatican announced that it was moving two towering Catholic figures from different corners of the world forward on the path toward sainthood, approving miracles for Venerable Father Michael McGivney, and Blessed Charles de Faucauld. Fr. McGivney, founder of the colossal world charity organization the Knights of Columbus, will now become a "blessed," meaning there is one more miracle required for his canonization to be green-lighted, whereas Faucauld, a French hermit, will formally be canonized as a saint. Though they hail from different corners of the world, each is widely considered to have made mammoth contributions to the Catholic Church in terms of charity, Catholic-Muslim relations, evangelization, and service to the poor.

Archbishop Prendergast – Videos on First Communion and Confirmation:

To the young people who were to receive those sacraments this year. Posted to the Archdiocesan YouTube channel youtube.com in both French and English. Also available on our website at <https://catholicottawa.ca/thoughts-in-the-time-of-covid-19-1>.

Life Lessons for Kids – continued...

8. *Appreciate others and also inwardly acknowledge your own contributions.* You are a great team player when you are grateful to others and also feel good about what you are offering yourself.
9. *If you are ever losing hope or direction, find a way to be of service.* Stepping out of our comfort zone reminds us how special it is to be alive and how we should use the time we have to do good in the world. Little acts of kindness go a long way.
10. *Life is a journey, not a destination. Be thankful for it.* Gratitude grounds us in what is truly important.

Word from the Pastor

From today's first reading: (Exodus 34:4b-6,8-9) Early in the morning Moses went up Mount Sinai as the LORD had commanded him, taking along the two stone tablets. Thus the LORD passed before him and cried out, "The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity." Moses at once bowed down to the ground in worship.

Who is this God who is so revelatory to Moses? Who is this God who is about to take the Israelites, a broken and recalcitrant people and make them new again? This is the God who chooses to be with us, despite our own unworthiness. This is the God who comes in a cloud; who may not be seen, but certainly is experienced. And what do Moses and the people experience of this God? How shall they "name" God? Judging from today's story God is: patient and compassionate; takes the initiative to reach out to us; is not dissuaded by our sins; is faithful to us, even when we have built our own idols to worship; can take a broken people and make them whole again.

From my present experience: What name would I give God? Has the reality of God changed for me in recent years? What events in my life influenced that change?

"If we love, we are running, and the more consistently we love, the faster we run." St Augustine.

Monsignor Joseph Muldoon

Here are some things to consider as we move closer to opening our Church:

We can be socially distant but spiritually close. Even though we cannot be close physically, we can reach out to our fellow parishioners through phone calls and emails, and of course, we hold them in prayer! We can protect one another by keeping our social distance, but also extending to one another our friendship, love, compassion, support, and mercy.

UPON THIS ROCK: Daily reflections written by men, for men. Upon This Rock was born out of a desire to bring the gospel to men in a personable and relatable way, through the experiences of other men who are actively growing in their faith. Upon This Rock is for men of all walks of life, cultures, backgrounds, and levels of faith. No matter where you are in your faith, you are most welcome. Sign up/info at <https://www.uponthisrock.ca/>.

BRING HOPE CAMPAIGN UPDATE

So far, we have raised \$19 223 of our \$30 000 goal for our Bring Hope initiative. This support will continue to help First Place Options support the women and men in our community facing an unexpected pregnancy. It is not too late to join us in Bringing Hope to the clients that we serve. Partner with us today at: www.firstplaceoptions.ca/give

First Place Options 613-228-7475 1600 Merivale Road, suite 202

COVID-19 Update from Archbishop Prendergast (May 28, 2020)

At the weekly teleconference with the Episcopal Council, we discussed the continuation of the COVID-19 lockdown. I direct the following be communicated to all people of the Archdiocese:

1. Continuation of the Lockdown

We continue to follow strictly the directions of the Government of Ontario and local health authorities as to when the lockdown will be lifted. Yesterday, Premier Ford extended the emergency closures until at least June 9th. With the other dioceses in Ontario, we are awaiting guidelines being prepared under the auspices of the Bishops of Ontario to safely reopen our churches. These guidelines will then be implemented at the diocesan level. We are mindful that preparations for the return to celebrations of the Mass and sacraments will take a great deal of organization and work in order to maintain a healthy environment to prevent further spread of the coronavirus. Some initial guidance has been sent to parishes to begin their preparation.

In light of the above, we foresee that our churches will remain closed at least until the end of June. If the government's emergency orders are lifted sooner, we will adjust accordingly.

2. Cancellation of Summer Gatherings

All social and other religious events normally held during the summer months are cancelled at least until August 31. This directive is contingent on governmental directions as noted above. It includes parish dinners and picnics; yard sales and bazaars; and national religious festivals and pilgrimages.

We continue to pray for an end to the pandemic, for all who suffer illness, for those who care for them and provide essential services, for those who have died and for those who have lost loved ones. May Our Blessed Mother continue to intercede for us, for God's mercy and deliverance.

Sincerely yours in Christ,



✠Terrence Prendergast, S.J.

Archbishop of Ottawa-Cornwall

Take Five for Faith: Daily renewal for busy Catholics

Just Do it! Some argue that 'believing the right things' is enough of a response to the call to discipleship. But Jesus emphasized *doing*. Orthopraxy (right practise) goes hand in hand with orthodoxy (right belief). In this time of global suffering, our faith response is required. It flows out of our faith assent, but we can't stop with professions of faith. Take your faith out to meet the great need you find around you today. "There are also many other things that Jesus did, but if these were to be described individually, I do not think the whole world would contain the books that would be written."

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