



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Father John Orban, Associate Pastor, john@holyspiritparish.ca
Jean-Pascal Moquin, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

**DEADLINE FOR WRITTEN SUBMISSIONS
FOR PARISH BULLETIN: Tuesday, noon**

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Pauline Foley, President 613-836-9444

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Steve Campanelli, Chair 613-793-6389

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

THIRD SUNDAY OF LENT



March 24 – Third Sunday of Lent

Exodus 3.1-8a, 13-15
1 Corinthians 10.1-6, 10-12
Luke 13.1-9

March 31 - Fourth Sunday of Lent

Joshua 5.9a, 10-12
2 Corinthians 5.17-21
Luke 15.1-3, 11-32

Parish Calendar March 25 – March 31

Mon. 25	The Annunciation of the Lord
	10:00 am Men's Bible Study Group
	6:00 pm Adoration
	6:10-6:40 pm Reconciliation
	6:30 pm Rosary
	6:30 pm Decision Point (Confirmation Prep)
	7:00 pm MASS
Tues. 26	8:20-8:45 am Reconciliation
	8:30 am Rosary
	9:00 am MASS
	9:45 am Women's Fellowship
	7:00 pm CWL General Meeting
Thurs. 28	10:00 am Cenacle of Marian Movement of Priests
	6:00 pm Adoration
	6:10-6:40 pm Reconciliation
	6:30 pm Rosary
	7:00 pm MASS
	7:30 pm Small Faith Group
Fri. 29	8:20-8:45 am Reconciliation
	8:30 am Rosary
	9:00 am MASS
	9:30 am Flame of Love
	6:00 pm Stations of the Cross and Lenten Poverty Supper
	6:00 pm The Harvest Youth Group
Sat. 30	9:00 am Eucharistic Minister Training
	4:15-4:45 pm Reconciliation
	5:00 pm MASS
Sun. 31	Fourth Sunday of Lent
	9:00 am MASS
	10:00 am Rosary
	10:30 am MASS

Mass Intentions

Sat., March 23 – 5:00 pm

†Paul Massardier by Denise Lee
†Gerry Thompson by Joan Turner

Sun., March 24 – 9:00 am

†Lola Foley by Leonard Foley
†Phil and †Josh by Joan and Family
†Joe Amaral by Maria

Sun., March 24 – 10:30 am

All Parishioners

Tues., March 26 – 9:00 am

†Ron MacDonald by Vanita MacDonald and Family

Fri., March 29 – 9:00 am

†Oswald and †Kay Muldoon by Msgr. Joseph Muldoon

Sat., March 30 – 5:00 pm

†Alcinda Ribeiro Santos by Phil and Mary Rocco
Holy Souls in Purgatory by Cenacle of the Marian Movement of Priests

†Sharon Batke by Shirley and David Pipkins

Sun., March 31 – 9:00 am

All Parishioners

Sun., March 31 – 10:30 am

†Anne Cillis and †Margaret Asquith by Jacinta and Tony Asquith
†Gerald Fraser by Frank and Margaret Dowd
†Stan McRae by Frank and Margaret Dowd

Please pray for those who have died:

†Paul Lamont, husband of Anne



† Indicates Deceased

HOLY WEEK CELEBRATIONS: Holy Thursday, Mass of the Lord's Supper April 18 at 7:00 pm

Bring bells to ring at the Gloria.
Adoration of the Blessed Sacrament continues until
9pm

Please bring a donation for the Food Bank.

Good Friday, Lord's Passion April 19 at 3:00 pm

Holy Saturday, Easter Vigil April 20 at 8:00 pm

(NOTE: NO 5:00 PM MASS)

Bring bells to ring at the Gloria.

Easter Sunday, Lord's Resurrection April 21 at 9:00 am & 11:00 am

WAY OF THE CROSS

Please join the Lectors, Sacristans and Youth at Holy Spirit Parish on **Friday, March 29th at 6:00 pm** for the Stations of the Cross followed by a Lenten Poverty Supper. All are welcome.

YOUTH MINISTRY This week, the youth group will be attending and helping with the Stations of the Cross and poverty meal which take place in the church and hall starting at **6 pm** this **Friday, March 29**. As such, we will be starting our evening at 6 pm and going until 8 pm. The night will be centered around prayers and reflections on the stations of the cross, helping out in the community and ending with games and fellowship.

PRAYER FOR VOCATIONS

For the faithful response of all persons now being called to seek out those who are lost and bring them back to life in Christ by serving Him and His Church as priests, deacons, sisters and brothers, we pray to the Lord.

The Right Road

I think that we are frightened of going on the right road because it is a road of humility and it is a road of littleness. So we are always being tempted by the extraordinary, by what we think will cure us in a way that we do not need to give our hearts. And so we're seduced by the mysterious and the powerful.

- Jean Vanier

Word from the Pastor

Third Sunday of Lent: Jesus said, ...those eighteen people who were killed when the tower of Siloam fell on them -- do you think they were more guilty than anyone else who lived in Jerusalem? Are the misfortunes people experience a punishment for their sins? Jesus responds, "By no means!" Still, as we have experienced, sin may have dire or fragmentary consequences on our lives, now, or in the not-too distant future. In light of Jesus' call to consider our lives and repent of our sins, we reflect on sin's consequences in our lives: Are the ill effects of our sins staring us in the face? What's falling apart in our lives? What hurts? Where do we seem stymied in our spiritual journey?

We are asking all dog walkers to refrain from using our parking lot until after 1:30 pm on Sundays. Please remember to turn off cell phones etc. during the Eucharist. Be aware that some perfumes and scents affect people so please use them with discretion.

Monsignor Joseph Muldoon

COMMUNITY EVENTS:

A Lenten Musical Reflection: Featuring Pergolesi's Stabat Mater presented by Deo Gratias Ensemble and Choristers at St. Augustine Church, 1060 Baseline Rd., **Sun., Apr. 7, 3:00 p.m.** Sponsored by Deo Gratias Ensemble and Choristers. Info: Kevin at DeoGratiasViolins@yahoo.ca

EWTN Canada Media Missionary Gathering: Adoration, Confession, Mass, lunch and an afternoon talk and fellowship at St. George parish, 415 Piccadilly Avenue N. on **Sat., Apr. 6, 10 am.** No cost; free giveaways. All are welcome. Info/RSVP by Tues., **Apr. 2:** Sarah Escobar, Regional Marketing Manager of Canada (sescobar@ewtn.com); 613-915-0972.

Christian Meditation Weekend Retreat at Galilee Centre in Arnprior, **May 3-5.** Step out of your daily life and focus on the spiritual journey. Included are four talks by Denis Paquette exploring the meaning and need for faith, titled "Fortify Your Life: Dive into Faith". Price is \$250. Register by **March 30.** Email: william_meek@bell.net or call 613-521-3234.

Lenten Examination of Conscience: When preparing for confession do we reflect on our impact on all God's creation including the poor, our children and future generations? Do we pollute the earth with single use plastics, send waste to landfill that can be recycled/composted, contribute to climate change by wasting energy? Pope Francis calls us to conversion to a "prophetic and contemplative lifestyle, one capable of deep enjoyment free of the obsession with consumption"(LS222). Info: jdorner@archottawa.ca; 613-738-5025, ext. 251.

Lenten Mission at St. Isidore Parish: With Fr. Lester Mendonsa, Chancellor to the Military Ordinariate of Canada, **March 26, 27 & 28 at 7:00 pm.** Reflections, confessions, and Eucharistic Adoration. Theme: 'Lord, to whom shall we go, you have the words of eternal life.' Saint Isidore Parish, 1135 March Rd., Kanata. Info: 613-592-1961.

Lion's Club Effective Speaking Contest Winners: Two of our parish youth readers participated. Jake Boudreau won 1st place and a prize of \$100.00 in the Senior Division and Rosa Luliano won 2nd place and a prize of \$25.00 in the Intermediate Division. Well done and thank you to all.

Wedding Anniversary Mass of Thanksgiving: Information and online registration for the Diocesan Wedding Anniversary Mass on **May 5** at Notre Dame Cathedral is available at catholicottawa.ca/wedding-anniversary-mass.

LENT 2019

Fasting and Feasting:

Try to practice one of these each day during Lent.

- 30. Fast from greed. Feast on being satisfied.
- 31. Fast from complexity. Feast on simplicity.
- 32. Fast from frowning. Feast on smiling.
- 33. Fast from accusing. Feast on praising.
- 34. Fast from commenting. Feast on quietness.
- 35. Fast from negativity. Feast on being positive.
- 36. Fast on hurting. Feast on helping.
- 37. Fast on being liked. Feast on being loved by God.
- 38. Fast on wishing. Feast on counting blessings.
- 39. Fast on fear. Feast on courage
- 40. Fast from wasting time. Feast on giving time.

EASTER ALTAR FLOWERS

If you would like to donate toward flowers in celebration of a loved one's birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked Easter Altar Flowers and place it in the collection basket or drop it off at the parish office. All intentions will be printed in a bulletin during the Easter Season.

(PLEASE PRINT CLEARLY)

Name of person(s) or intention: _____

Name of person making the donation: _____

Phone Number: (613) _____ Amount(circle): \$25 \$50 \$100 or _____ Envelope No. _____

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