



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Sean Flynn, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

### KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## PALM SUNDAY

### Mar 28 – Palm Sunday, the Passion of the Lord




Mark 11.1-10; Isaiah 50.4-7  
Philippians 2.6-11  
Mark 14.1-15.47

### Apr 4 – Easter Sunday, the Resurrection of the Lord

Acts 10.34a,37-43  
Colossians 3.1-4  
John 20.1-18

#### Parish Calendar

**Mon, Mar 29** 9:00 am Mass  
**Tue, Mar 30** 9:00 am Mass  
9:30 am Women's Fellowship  
**Thu, Apr 1** **Holy Thursday**  
7:00 pm **Mass of the Lord's Supper**  
**Fri, Apr 2** **Good Friday – Office closed**  
3:00 pm **Passion of the Lord**   
**Sat, Apr 3** **Easter Vigil**  
8:00 pm **First Mass of Easter**  
**Sun, Apr 4** **Easter Sunday - the Resurrection of the Lord**  
10:30 am Mass

and MASS will be available on the church website: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

**Good Friday, April 2<sup>nd</sup> is the special collection for the Needs of the Church in the Holy Land, and universal day of fasting and abstinence from meat.**

**PLEASE NOTE: The Parish Office will be closed on Good Friday and Easter Monday.**

#### Mass Intentions

**Sat, Mar 27 – 5:00 pm**

For the intentions of all parishioners

**Sun, Mar 28 – 10:30 am**

†Fr. Paul McKeown by Nancy & Dennis Carisse

†Patricia Fitzpatrick by Suzanne O'Hara

†Ray Foley by Leonard Foley

**Mon, Mar 29 – 9:00 am**

Special Intentions by Claire Moore

**Tue, Mar 30 – 9:00 am**

Deceased Turner & Clarke Family Members by Joan

**Thu, Apr 1 – 7:00 pm**

Intentions of Gerry Hurley by Wally & Joan Moroz

**Sat, Apr 3 – 8:00 pm**

†Mary Cameron by Phil Rocco

†Tara Bernard-Stiehl by David & Shirley Pipkins

**Sun, Apr 4 – 10:30 am**

For the intentions of all parishioners

**Please pray for those who are sick:** Pat, Lillian, Connie O'Brien, Gerard, Claude Marcil, Judette, Shirley, Rolande, France, Philippe

#### PRAYER FOR FAMILIES

Christ Jesus, we remember that you have shown us how the path of life includes dying. Give us the courage to accompany you and others into the tomb, that we will walk out together when you remove the stone. Amen.

#### PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

#### PRAYER FOR VOCATIONS

For the faithful response of all men and women called to follow Christ and His passion through a vocation to the priesthood or consecrated life, we pray to the Lord.

#### To all the parishes' generous faithful:

Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

#### Holy Week Celebrations

**Holy Thursday, Mass of the Lord's Supper**

**April 1<sup>st</sup> at 7:00 pm**

Bring bells to ring at the Gloria.

Adoration of the Blessed Sacrament continues until 9:00 pm.

Please bring a donation for the Food Bank.

**Good Friday, the Passion of the Lord**

**April 2<sup>nd</sup> at 3:00 pm**

**Holy Saturday, Easter Vigil – First Mass of Easter**

**April 3<sup>rd</sup> at 8:00 pm**

(NOTE: NO 5:00 pm MASS)

Bring bells to ring at the Gloria.

**Easter Sunday, the Resurrection of the Lord**

**April 4<sup>th</sup> at 10:30 am**



#### An Examination of Conscience for Lent

Whatever *Is Gracious*...

~ Are there people in my life whom I find it hard to treat with respect and consideration?

~ Am I modest in my dress and appearance?

~ Am I overly concerned with how I look?

From The Word Among Us Lent 2021

## Word from the Pastor

Many people spread their cloaks on the road, and others spread leafy branches. Those preceding Jesus as well as those following kept crying out, "Hosanna! Blessed is he who comes in the name of the Lord." Despite the fact that Jesus' appearances were humble, this did not turn people off or drive them away from him. We tend to be impressed by splash and displays of power that fill us with awe. Jesus doesn't draw attention by such grandiose spectacles, but because his words and actions hold out hope to the weary and hopeless. Today we join the crowds who greet Jesus as he enters Jerusalem and add our own "Hosannas" to theirs. What is there about Jesus that draws me to him and keeps me as his follower? What can I do to reflect his simplicity and humility in my daily actions?

Please give/update your email address to Parish Office. We want to reach you!

*Monsignor Joseph Muldoon*

*Take Five for Faith: Daily renewal for busy Catholics*

**Try a little tenderness** When God's plans collided with his, Joseph attended to a calling beyond the law or custom of his day. He must have felt angry, betrayed, confused. But he also knew something greater was at stake than simply following rigid Mosaic code, which would have demanded stoning a woman found to be "with child" before marriage. Instead, he trusted Mary and trusted the dream that brought him angelic counsel. As Pope Francis said in his homily on this feast day in 2013, "in [Joseph's] heart we see great tenderness, which is not the virtue of the weak but rather a sign of strength." Practice tenderness—the sign of a strong heart!

*"He did as the angel of the Lord had commanded him and took his wife into his home."*

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**Patronage of the New Archdiocese of Ottawa-Cornwall:**

Archbishop Dampousse has announced that the new Archdiocese of Ottawa-Cornwall will be under the primary patronage of St. Joseph (the former primary patron of Ottawa). The Immaculate Heart of Mary will be our secondary patroness (the former primary patroness of Alexandria-Cornwall). This is a great opportunity for us to call upon their intercession and protection throughout the year, not just on their feast days. Let us pray often for the intercession of the patron saints of our Archdiocese.

**Do you sense a call to the Diaconate?** Has anyone told you, "you would make a good Deacon?" The Archdiocese needs men with an unrelenting desire to serve God's people. Two info sessions will be held at St. Mary's Parish, **Thu, Mar 25, 7-9 pm**, and **Sat, Mar 27, 10 am-Noon**. Info & registration: Deacon Charles (Chuck) Fink (613-880-7723); ([deaconcfink@gmail.com](mailto:deaconcfink@gmail.com)). Please do not show-up without registering first due to COVID protocols.

**Rite of Election 2021:** This year, at least 48 individuals from 17 parishes in both the French and English sectors participated in the Rite of Election in their own parishes. These Elect will be fully initiated into the Roman Catholic Church at Easter. Please continue to pray for these Elect.

**NET Virtual Retreat:** The theme is 'Qualities in a good friendship, showing the relationship between Christ and His disciples'. Virtual link provided upon registration, **Fri, Mar 26, 6:30 - 9:30 pm**. Hosted by St. Leonard Parish. Info: [colleen.menton@rogers.com](mailto:colleen.menton@rogers.com).

*Just as the love of God makes us know Him better, and the knowledge of God makes us love Him better, so indifference to God makes us ignorant of Him, and ignorance of Him makes us indifferent.* ~ Peter Kreeft from his book *Prayer for Beginners*

**YEAR OF SAINT JOSEPH  
8 DECEMBER 2020 – 8 DECEMBER 2021**

**Patron of the Church in Canada**

Zealous guardian of the Redeemer,

Patron of the Church in Canada,

you were invoked by the first missionaries of this country to assist the growth of the seed of Christian faith courageously sown in this land.

Intercede for all its inhabitants

who, along the history,

often adopted your name from Baptism

so that all families

may give a central place to your Son in their lives and in abundance produce the fruits of the Gospel:

love, understanding, forgiveness,

care for one another, holiness and happiness.

(Excerpt from *Blessings and Prayers for Home and Family*, CCCB Publications)

### EASTER ALTAR FLOWERS

A special way to remember loved ones or to celebrate a loved one's birthday or anniversary, is to donate Altar Flowers in their honour. Please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Easter Altar Flowers* and place it in the collection basket or drop it off at the Parish Office. All intentions will be printed in a bulletin during the Easter Season.

**(PLEASE PRINT CLEARLY)**

Name of person(s) or intentions: \_\_\_\_\_

Name of person making the donation: \_\_\_\_\_

Phone Number: (613) \_\_\_\_\_

Amount (circle): \$25 \$50 \$100 or \_\_\_\_\_

Envelope No. \_\_\_\_\_

*Remember loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season.*

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