



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SECOND SUNDAY OF LENT



March 8 – Second Sunday of Lent

Genesis 12.1-4
2 Timothy 1.8b-10
Matthew 17.1-9

March 15 – Third Sunday of Lent

Exodus 17.3-7
Romans 5.1-2, 5-8
John 4.5-42

Parish Calendar March 9 – March 15

Mon. 9	9:30 am	Men's Bible Study
	10:00 am	Lay Apostolate of Jesus Christ the Returning King
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	6:30 pm	Decision Point-Confirmation (session 9)
	7:00 pm	MASS
	7:00 pm	Prayer Shawl Ministry
Tues. 10	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS - Sacred Heart grade 11 students
	9:30 am	Women's Fellowship
Thurs. 12	10:00 am	Cenacle of Marian Movement of Priests
	11:00 am	Mass at Wildpine Residence
	6:00 pm	Adoration
	6:10-6:40 pm	Reconciliation
	7:00 pm	MASS
	7:30 pm	Small Faith Group
Fri. 13	8:20-8:45 am	Reconciliation
	8:30 am	Rosary
	9:00 am	MASS
	9:30 am	Flame of Love
	6:00 pm	Stations of the Cross
Sat. 14	4:15-4:45 pm	Reconciliation
	5:00 pm	MASS
Sun. 15	Third Sunday of Lent	
	9:00 am	MASS
	10:00 am	Rosary
	10:30 am	MASS

The Catholic Women's League will provide hospitality after all Masses the weekend of March 14/15, 2020

Mass Intentions

Sat., March 7 – 5:00 pm

†Luigi Lolli by Bianca Lolli and Family
For the Unborn by the Cenacle of the Marian Movement of Priests
†Mary Lou Boyd by Anne and Gord MacIsaac

Sun., March 8 – 9:00 am

Intentions of Margaret Mulvihill by Marion DiGaspari
†Oswald and †Kay Muldoon and †John Ryan by Joe and Irene Ryan
†Phil and †Josh by Joan and Family

†Maria Girardi by Joe and Donella Gabriele

Sun., March 8 – 10:30 am

All Parishioners

Mon., March 9 – 7:00 pm

Mass of Forgiveness, Love, Peace, Reconciliation and Restoration for Judette, Marie, John & Alex by Cy, Leo, Elisa and Elza

Tues., March 10 – 9:00 am

†Alina Lusito and †Adrian Cozzolino by Nick Lusito

Thurs., March 12 – 7:00 pm

Mass of Thanksgiving to St. Michael, The Virgin Mary, Sacred Heart, Holy Spirit and Holy Face of Jesus by Cy, Leo, Elisa and Elza

Fri., March 13 – 9:00 am

Nelson Cybulski by Sandra and Family

Sat., March 14 – 5:00 pm

†Leo Gregory by Muriel and Family

†Leo Gregory by Elisabeth and Max

†Luigi Lolli by Bianca Lolli and Family

†Jack Highley, Father of Anne Konchak

Sun., March 15 – 9:00 am

All Parishioners

Sun., March 15 – 10:30 am

†Jose Santos by Ana Santos

We pray for those who are sick:

Sarah, Brittany Cane-Erwin, Bob, Pat, Isaac, Tom Pegg, Margaret Beazley, Ralph, Karen

We pray for those who have died:

†Sr Margaret Sinnott, Grey Sister

†Mr. Jan Jordan, father of Rev. Tadeusz Jordan, SDS

†James Gallagher, father of David Gallagher

† Indicates Deceased



LENT 2020

Fasting and Feasting:

Try to practice one of these each day during Lent.

30. Fast from greed. Feast on being satisfied.
31. Fast from complexity. Feast on simplicity.
32. Fast from frowning. Feast on smiling.
33. Fast from accusing. Feast on praising.
34. Fast from commenting. Feast on quietness.
35. Fast from negativity. Feast on being positive.
36. Fast on hurting. Feast on helping.
37. Fast on being liked. Feast on being loved by God.
38. Fast on wishing. Feast on counting blessings.
39. Fast on fear. Feast on courage
40. Fast from wasting time. Feast on giving time.

PRAYER FOR VOCATIONS –

Prayer for Vocations: Third Sunday of Lent - March 15.

For all those thirsting to know their vocations in Christ, that they will be open to the waters of prayer and drink fully of the Holy Spirit who leads them, we pray to the Lord.

STITTSVILLE FOODBANK NEEDS: Tea, coffee, canned salmon, pancake mix, syrup, soda crackers, jams and marmalade. Please check expiry dates before donating.

STATIONS OF THE CROSS: Please join us **Friday, March 13 at 6pm** in our Lenten journey followed by a poverty meal hosted by lectors, sacristans and other ministries. Everyone is welcome.

Word from the Pastor

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves (St. Matthew 17:1-9). And he was transfigured before them; his face shone like the sun and his clothes became white as light.... Behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." What the voice said at Jesus' baptism ("This is my beloved son, with whom I am well pleased....") is repeated on the mountain, "This is my beloved Son. My favor rests on him." But at the Transfiguration we also hear, "...listen to him." During Lent we might resolve to be better listeners. To observe a kind of silence before we speak so as to listen better to those who speak to us in: informal conversations, classes, political speeches, Sunday preaching, etc. For as the poet Gerard Manley Hopkins says, "for Christ plays in ten thousand places, Lovely in limbs, and lovely in eyes not his" It's not too late to make a Lenten resolution, to be attentive listeners to Christ who speaks to us in "ten thousand places." How can I practice a little more silence this Lent? Where can I go to hear Christ speak to me? What friend or relative always speaks the truth to me?

Income tax receipts are available for contributions to the Parish in 2019. Please pick yours up.

Shamrocks are available in the Atrium. Your donation helps support St. Patrick's Home.

Monsignor Joseph Muldoon

PARISH AND COMMUNITY NEWS AND EVENTS:

To All Dog Walkers: A meeting is planned for **Thursday, March 26, 7:30 pm** to address everyone's expectations on utilizing the church parking lot.

St. Patrick's Day at Saint Patrick Basilica: Principal celebration on **Tues., Mar. 17, 10:30 am** with Archbishop Terrence Prendergast as presider. A luncheon reception will follow in the Scavi after the Mass. St. Patrick is the secondary Patron of the Archdiocese of Ottawa. Info: Parish Office 613-233-1125.

Wedding Anniversary Mass of Thanksgiving: Information and online registration for the Diocesan Wedding Anniversary Mass on **Sun., May 3** at Notre Dame Cathedral is available at catholicottawa.ca/wedding-anniversary-mass.

Statement from Cardinal Thomas Collins, Archbishop of Toronto re Introduction of Bill C-7: An Act to amend the Criminal Code (medical assistance in dying): The federal government has introduced new legislation expanding the eligibility criteria for euthanasia. The inaccurate term, medical assistance in dying (MAiD), is currently used to describe what this law would allow, but this process is more accurately called euthanasia or assisted suicide. Pain medication and other resources and procedures can be used effectively to medically assist people who are dying, but that is not what MAiD means. It means giving a lethal injection to people who are not dying, so that they will die.

Pro Lifers Needed: Since May 1983 there has been a pro life presence in front of the Civic hospital **every Sunday from 2-3 p.m.** The purpose is to educate the public and to reassure women they have a choice other than abortion. In the beginning, there were many people each Sunday. Now there are just one or two in front of the hospital every Sunday afternoon. We would like to keep up this pro life witness and need more help. If you can give one hour/month please contact: John Fennelly 613-867-0144; fennelly11189@gmail.com.

St. Patrick's Supper: The night includes homemade Irish Stew, homemade Irish Soda Bread (plus more), live music and Irish dancers. Our Lady of Fatima Parish, 153 Woodroffe Avenue, **Sat., March 14, doors open 5:30pm.** Donation at the door. Hosted by CWL in the Parish Hall. Info: Jean Anderson, 613-680-2823.

Bach Lenten Cantatas: Ewashko Singers present three cantatas for the Lenten season by J.S. Bach that describe a penitential aspect of a spiritual journey. Joined by mezzo-soprano Heather Lynn Smith, tenor Philip Klaassen, and bass-baritone Kevin Burke, with orchestral accompaniment led by Kevin James. St. Joseph's Church, 147 Wilbrod St., **Sun., Mar. 15, 3:00pm.** Tickets: www.ewashkosingers.ca or at the door. Cost: \$35; students/seniors \$30.

Archbishop Prendergast addressing the issue of the Coronavirus (COVID-19)

The best precautions being recommended are to wash one's hands, to cough into one's sleeve and to avoid touching one's face. We should remind our people that if they are unwell, they should stay home: the Sunday obligation does not bind those who are ill.

EASTER ALTAR FLOWERS

If you would like to donate toward flowers in celebration of a loved one's birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked Easter Altar Flowers and place it in the collection basket or drop it off at the parish office. All intentions will be printed in a bulletin during the Easter Season.

(PLEASE PRINT CLEARLY)

Name of person(s) or intention: _____

Name of person making the donation: _____

Phone Number: (613) _____ Amount(circle): \$25 \$50 \$100 or _____ Envelope No. _____

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