



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FOURTH SUNDAY OF EASTER



May 3 – 4th Sunday of Easter

Acts 2.14a,36b-41
1 Peter 2.20b-25
John 10.1-10

May 10 – 5th Sunday of Easter

Acts 6.1-7
1 Peter 2.4-9
John 14.1-12

Parish Calendar May 4-10

Sun May 10 5th Sunday of Easter

MASS will be available on the church website:
www.holyspiritparish.ca

Please pray for those who are sick:

Louise Gauthier, mother of Louise Beggs
Maureen DesRoche, sister of Virginia Harris

Please pray for those who have died:

†Jeannine Cuning

† Indicates Deceased

PRAYER FOR SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

PRAYER FOR VOCATIONS: *Third Sunday of Easter - April 26, 2020.* For prayerful openness in our young people, that they will see their vocation discernment as a call to love the Lord and respond generously to His choice of them, we pray to the Lord.

RESOURCES DURING THE COVID-19 PANDEMIC

- The Archdiocese has a prayer team ready to intercede for your intentions <https://catholicottawa.ca/your-prayer-intentions>
- For a Catholic alternative to YouTube, try Gloria.tv
- For a clean, family-friendly alternative to Netflix, consider Pureflix.com
- A pro-life home-schooling curriculum source is offering \$6,000 worth of materials free of charge during the pandemic: <https://culture-of-life-studies.myshopify.com/>

VIRTUAL NATIONAL MARCH FOR LIFE, MAY 10-14, 2020. The program will include high profile movies and interviews streamed online from May 10-12; a virtual candlelight vigil on Wednesday, May 13; online pro-life Masses and religious services on Thursday, May 14, and a livestreamed “virtual” rally, with guests from Canada and around the world. All events will be hosted on MarchForLife.ca and various social media platforms. A pro-life special is planned to be broadcast on May 14 on the Eternal Word Television Network (EWTN).

FREE THEOLOGY OF THE BODY VIRTUAL CONFERENCE: From noon *May 8 until midnight May-10*, see world-renown speakers like Christopher West, Sr. Helena Burns, fsp, Fr. Donald Calloway, MIC, Matt Fradd, Jason Evert, Jeff Cavins, Dr. Bob Schuchts, and more. Register at https://www.tobvirtualconference.com/?r_done=1.

THAT MAN IS YOU (TMIY): A men’s program focused on the development of male leadership in the modern world. It combines research from science with teachings of the Catholic faith and the wisdom of the saints to develop the vision of authentic men capable of transforming themselves, their families and greater society. Online, every *Saturday* at 8AM. Link to join the session: <https://us04web.zoom.us/j/430842826>. Information: Tom Schnarr at tmiystmaurice@gmail.com. Free will donation. Hosted by St. Maurice Parish.

OTTAWA CATHOLIC SCHOOL BOARD

If your child attends an Ottawa Catholic School Board school and needs any support, including internet access or electronic devices such as a Chromebook, email your school principal for help, call the school office and leave a message, or contact Mante Molepo, the Board's Equity and Diversity Advisor at mante.molepo@ocsb.ca.

The annual **NATIONAL PRAYER BREAKFAST OF CANADA** is a Christ-centred event held by the Parliamentary Prayer Breakfast Group in our nation's capital. The purpose of this event is to come together collectively to honour and continue to hold to our Christian heritage. This allows our elected officials to gather together with men and women from different backgrounds to pray and connect through our shared faith. This year, it takes place virtually at 10AM on May 7. Speakers include Bill Adsit of the Tahltan Band and Joy Smith, former MP for Kildonan-St. Paul, and will feature music by the Rising Above Band. Register at <https://www.nationalprayerbreakfast.ca/>.

ONE WEEKEND OF INTER-FAITH SOLIDARITY:

Good Samaritan Online Inter-Faith Food Drive

For the Ottawa Food Bank (which supports all local food banks) Mother’s Day Weekend, May 8-10, 2020. To protect everyone and support the most vulnerable in our community, this year’s food drive will only ask for online monetary donations through our website <https://OttawaFoodBank.akaRaisin.Com/ui/GSIFD> For more informaion email Daniel Stringer at: thestring@rogers.com

Word from the Pastor

St. John 10:1-10 Amen, amen, I say to you, whoever does not enter a sheepfold through the gate, but climbs over elsewhere is a thief and a robber. But whoever enters through the gate is the shepherd of the sheep. The gatekeeper opens it for him and the sheep hear his voice as the shepherd calls his own sheep by name and leads them out. Our Shepherd Jesus isn't just a leader of a flock: we are not just part of a crowd. He "calls his own sheep by name and leads them out." It's good to know we are not lost in the crowd or just another person in the pews, one of the anonymous sheep. There are times in our lives when we need to be reminded that Jesus knows us "by name." In biblical language, to know a person's name is to know the person. So, we are well known and our needs are recognized by the Risen Christ in our midst. Have I experienced a personal, "by name" call from Jesus? When? Where do I feel Jesus is leading me at this point in my life? Am I responding or resisting that call?

Monsignor Joseph Muldoon

KNIGHTS OF COLUMBUS 12249 STITTSVILLE

The Stittsville Knights of Columbus have created 2 Online Charity Fundraisers for the community to participate in. The first fundraiser is their annual *Knights of Columbus Ontario Charity Lottery* draw. This draw has been very popular with over 200 prizes and the Grand prize being \$200,000.00. Cars, trucks, Harley Davidson motorcycle, camper trailer, pontoon boat and many other prizes make for a 1:40 chance of winning. Tickets are available ONLINE now at <https://bit.ly/Knightscharity>. You can buy as many tickets as you like (starting at \$5.20 each) and they will be shipped right to your mailbox. Tickets will be randomly selected by the Knights of Columbus and send via Canada Post. ALL PROCEEDS go to Special Olympics, Arthritis Canada and Stittsville Community Charities!

The second fundraiser will be a special tribute to Mother's Day 2020 Quarantine: '*Rose of Hope*'. Normally reserved for "Rose Sunday", the Knights have decided to offer the '*Rose of Hope*' to all as a Mother's Day gift for 2020. Many of us have either a Mother in memory, a Mother far away, or a Mother we cannot hold this year. The '*Rose of Hope*' is a 1" X 1.5" Rose with an adhesive back that can be worn or attached to anything. The '*Rose of Hope*' is available at <https://bit.ly/RoseofHope> and we are asking for a \$5.00 donation to cover all shipping. You may choose the address you wish the Rose shipped to, and each will have a description for the '*Rose of Hope*'.

Joseph Carbonetto, Grand Knight

Dear Brothers and Sisters,

The month of May is approaching, a time when the People of God express with particular intensity their love and devotion for the Blessed Virgin Mary. It is traditional in this month to pray the Rosary at home within the family. The restrictions of the pandemic have made us come to appreciate all the more this "family" aspect, also from a spiritual point of view.

For this reason, I want to encourage everyone to rediscover the beauty of praying the Rosary at home in the month of May. This can be done either as a group or individually; you can decide according to your own situations, making the most of both opportunities. The key to doing this is always simplicity, and it is easy also on the internet to find good models of prayers to follow.

I am also providing two prayers to Our Lady that you can recite at the end of the Rosary, and that I myself will pray in the month of May, in spiritual union with all of you. I include them with this letter so that they are available to everyone.

Dear brothers and sisters, contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial. I keep all of you in my prayers, especially those suffering most greatly, and I ask you, please, to pray for me. I thank you, and with great affection I send you my blessing.

Rome, Saint John Lateran, 25 April 2020

Feast of Saint Mark the Evangelist

Pope Francis

First Prayer

O Mary, You shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith. "Protectress of the Roman people", you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial. Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection. Amen.

Second Prayer

We fly to your protection,
O Holy Mother of God;
Do not despise our petitions
in our necessities,
but deliver us always
from every danger,
O Glorious and Blessed Virgin.



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