



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

FIRST SUNDAY OF ADVENT



Nov 28 – First Sunday of Advent

Jeremiah 33.14-16
1 Thessalonians 3.12-4.2
Luke 21.25-28,34-36

Dec 5 – Second Sunday of Advent

Baruch 5.1-9
Philippians 1.3-6,8-11
Luke 3.1-6

St. Joseph, pray for us. Immaculate Heart of Mary, pray for us.

Parish Calendar

Mon, Nov 29 9:00 am Mass
Tue, Nov 30 **St. Andrew**
9:00 am Mass
Thu, Dec 2 9:00 am Mass
Fri, Dec 3 **St. Francis Xavier**
9:00 am Mass
9:30-10:30 am First Friday Adoration
and Benediction
Sat, Dec 4 5:00 pm Mass
Sun, Dec 5 **Second Sunday of Advent**
9:00 am Mass
10:30 am Mass
and MASS will be available on the church
website: www.holyspiritparish.ca

Adoration of the Blessed Sacrament will be held on Friday December 3, 2021 after the 9:00 am Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction at 10:30 am. We are invited to pray for the Synod as called by Pope Francis and for vocations to the Priesthood.

PRAYER FOR FAMILIES

Saving Jesus, work out your grace and glory in our lives. Prepare us to welcome you here and now so that we will be ever ready for the ways you are coming among us, building your kingdom in our homes, neighbourhoods, communities, and world. Make us ready for you, we pray. Amen.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

PRAYER FOR VOCATIONS

As we look to the birth of our Saviour, that many will be called to follow in His footsteps to minister to His flock, we pray to the Lord.

Mass Intentions

Sat, Nov 27 – 5:00 pm

Living & Deceased Members of the Catholic Women's League

†Jose & †Maria Teresa Chavolla and †Carlos & †Marina Wolf by Veronica & Family
†Joseph Heenan by The Praying Mothers

Sun, Nov 28 – 9:00 am

†Leo Gregory by Muriel
†Lillian Hamilton by Donella Gabriele
†Stephen Underhill by Family

Sun, Nov 28 – 10:30 am

For the intentions of all parishioners

Mon, Nov 29 – 9:00 am

Intentions of Don Gillis by Gillis Family

Tue, Nov 30 – 9:00 am

Deceased Members of Turner & Clarke Families

Thu, Dec 2 – 9:00 am

†Pat Foley by Marcelle & Leo Coulas

Fri, Dec 3 – 9:00 am

†Rick Crego by Kevin O'Hara
†Patrick O'Donnell by O'Donnell & Devenny Families
Deceased Parents & Relatives of Hong Truong

Sat, Dec 4 – 5:00 pm

†Luke T. Lee by Denise
Deceased Members of Troy, Gibbons & Pipkins Families by David & Shirley Pipkins

†Olivette St. Amour by Suzanne & Lise Davidson

Sun, Dec 5 – 9:00 am

For the intentions of all parishioners

Sun, Dec 5 – 10:30 am

Intentions of Dalrymple Family and †Cecile & †Henry St-Cyr by Linda Dalrymple

†Phil by Joan & Family

†Francis Gerard MacDonald by Keyworth Family

Please pray for those who are sick:

Marlene, Philippe, Connie O'Brien, Richard Mathurin; Don Gillis, husband of Shirley

Please pray for those who have died:

†Francis Gerard MacDonald, uncle of Cecilia Keyworth; †Sister Mildred Muldoon of the Sisters of St. Joseph in North Bay; †Angela Lavictoire, wife of Robert; †Giovanna Clarke, wife of Dr. Joe Clarke

†Indicates Deceased



Word from the Pastor

In this first Sunday of Advent, we read from today's Gospel: "Be vigilant at all times and pray that you have the strength to escape the tribulations that are imminent and to stand before the Son of Man." In moments of tribulation, we can forget that Christ is present. It is the present and ever-renewing waters of baptism that enable us to respond when Jesus tells us, "Be vigilant...." In a time of "tribulation" what gave you strength? What daily practice do you do to help you keep "vigilant?"

Monsignor Joseph Muldoon

ADVENT Advent means 'coming,' and during the season, we prepare for Jesus' coming. The four Sundays of Advent, which precede Christmas, are recognized for four virtues. The candles on the Advent wreath symbolize hope, love, joy and peace. The candles are lit in that order reflecting Christ's light coming through the darkness. The three purple candles represent the preparation and repentance during the season of Advent. The pink candle is lit on the third Sunday of Advent, called Gaudete Sunday, meaning 'rejoice.' The rose color symbolizes the period of waiting is almost over.

Weekly contribution envelopes for 2022 have arrived! Please pick up your box of envelopes early. If you do not have an envelope number and you would like one, envelopes are available. Call the Parish Office for assistance. ***Please do not use your 2022 envelopes until January 2022!***

Financial Summary

	September 2021	October 2021
Total Revenue	\$29 825.00	\$25 926.78
Total Expenses	\$30 749.55 *	\$20 093.70
Net Loss/Income	-\$924.55	\$5 833.08

*includes Diocesan Administration Tax

Thank you for your ongoing support of the parish.

To all the parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email admin@holyspiritparish.ca.

Healing Mass: St. Augustine's Catholic Church, Ottawa. **Fri, Nov 26**, Mass at 7:00 pm; confession available 6:00-7:00 pm. Hosted by Holy Spirit Healing Clinic. Info: 613-523-1377.



Heart of Worship Evening of Adoration: Come worship Jesus with us! Doors open at 6:40 pm. Guest speaker is Francine Dilawri, reflecting on the Incarnation. Quiet adoration, praise & worship music, and confessions. Holy Redeemer Parish, Kanata (44 Rothesay), **Tue, Nov 30, 7pm**. Info: 613-836-1764

Hope for the Church: A Virtual Advent Mission: Join the Companions of the Cross for a Virtual Advent Mission. With Fr. Roger Vandenaeker, CC, Fr. Brenton Cordeiro, CC, and Deacon Juan Pablo Orozco, CC. Info: www.companionscross.org/advent-2021, **Nov 29 – Dec 1, 7-8 pm**. Info: info@companionscross.org.

Tourtières Fundraising for St. Theresa Parish: The Knights of Columbus Council 16005 of St. Theresa Parish are busy baking Tourtières for \$10 (1 large pie or 3 small pies). All proceeds towards maintenance of the parish. To order: contact Roger Richard (613-277- 5423; roger-richard@rogers.com) until Dec 5.

The Stittsville Food Bank Angel Tree Campaign has begun!! There will be no tree or angel tags on display, but we are continuing with the gift card theme which is practical and safe. We would ask you to keep children ages 1 through 17 in mind when purchasing your gift card donations. Please drop off your donations to the office during office hours, 9:00am to 3:30pm Monday through Friday. You can also slip them under the office door when the church is open for Mass on weekends. We would ask that all gift cards be returned by Sunday, December 12 for distribution to families in the Christmas Hampers. Thank you for remembering those in our community who need our help.

Campaign Life Coalition Christmas Cakes This weekend only, November 27 & 28, Marcel Boudreau will be in the atrium after all Masses to take orders for cakes/sweet packages etc... Limited number of cakes will be available.

O God, when I have food, help me to remember the hungry.
 When I have work, help me to remember the jobless.
 When I have a home, help me to remember those who have no home at all.
 When I am without pain, help me to remember those who suffer.
 And remembering, help me to destroy my complacency, bestir my compassion, and be concerned enough to help by word and deed, those who cry out for what we take for granted. *Amen.*

ADAM MILLER KELLY
 PROFESSIONAL CORPORATION
BARRISTERS & SOLICITORS
 MARY MILLER
 JENNIFER GASPAR • ROBERT PACAN
 300 March Rd., #601 **613-592-6290** amk-law.ca



PRO LOK
 Design & Build Ltd.
 Custom Landscape Design & Build
 613-858-3169

Glen Scottish Restaurant
 The Best Fish & Chips in the Valley
 1010 Stittsville Main St.
613-836-5622
 www.theglen.ca

Because family matters!
613-591-6580
 kellyfh.ca/Kanata




Kelly
 Funeral Home - Kanata
 by Arbor Memorial

Arbor Memorial Inc.

LAURYSEN
KITCHENS
 KITCHENS | VANITIES | CLOSETS

2415 Carp Rd., Stittsville
613-836-5353
 www.laurysenkitchens.com

Bridlewood Home Hardware
 Eagleson Rd.
 at Michael Cowpland Dr.
613-599-7447



Bridlewood Home Hardware
 Eagleson Rd.
 at Michael Cowpland Dr.
613-599-7447

Liturgica Inc.
 GIFTS & SOUVENIRS
 FOR ALL RELIGIOUS OCCASIONS
 602-1260 Old Innes Rd.
 (Innes Rd. & St. Laurent Blvd.)
613-745-1537
 www.liturgica.ca

Secure, Memory Care in Kanata *At Its Finest*
 Call Bonnie for a Complimentary Tour & Lunch
613.806.3516



An All Seniors Care Living Centres Residence
 630 Eagleson Rd., Kanata, ON
allseniorscare.com


THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!



TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637



Allstate
 You're in good hands.

Allstate Insurance Company of Canada
 18-462 Hazeldean Rd., Kanata



Sandy Villeneuve Elson
 Agent
613.592.8283
 svilleneuve@allstate.ca
 www.allstate.ca

Postcard Perfect
 TURFGRASS SPECIALISTS LTD.



(613) 831-4246
 info@postcardperfect.ca
 www.PostcardPerfect.ca

Shopping Locally Saves Gas!




arbique&ahde
 associate lawyers

Stittsville Shopping Centre
 204-1300 Main St. **613-836-2240** info@arbiqueahde.com

DANNY NAILS & SPA




NAILS AND WAX
 500 Hazeldean Rd.
 www.DannyNailsSpa.ca
613-836-8819

613-728-4780




Thomas A. PEGG
 PLUMBING AND HEATING LTD.

Remember...
 Let our advertisers know you saw their ad here.

THOMAS CAVANAGH
 CONSTRUCTION LIMITED
 9094 Cavanagh Rd., Ashton, ON
613.257.2918 www.thomascavanagh.ca