



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

TWENTY-EIGHTH SUNDAY OF ORDINARY TIME



Oct 10 – 28th Sunday in Ordinary Time

Wisdom 7.7-11
Hebrews 4.12-13
Mark 10.17-30

Oct 17 – 29th Sunday in Ordinary Time

Isaiah 53.10-11
Hebrews 4.14-16
Mark 10.35-45

St. Joseph, pray for us. Immaculate Heart of Mary, pray for us.

Parish Calendar

Mon, Oct 11 **Parish Office Closed for Thanksgiving**

9:00 am Mass

Tue, Oct 12 9:00 am Mass

Thu, Oct 14 9:00 am Mass

Fri, Oct 15 **St. Teresa of Jesus**

9:00 am Mass

Sat, Oct 16 **St. Marguerite D'Youville**

5:00 pm Mass

Sun, Oct 17 **29th Sunday in Ordinary Time**

10:30 am Mass

and MASS will be available on the church website: www.holyspiritparish.ca

Mass Intentions

Sat, Oct 9 – 5:00 pm

For the intentions of all parishioners

Sun, Oct 10 – 10:30 am

Intentions of Connor O'Hara by Catholic Women's League

†Pat Foley by Catholic Women's League

Mon, Oct 11 – 9:00 am

†James & †Nora Muldoon, †Edward & †Ellen Monaghan

Tue, Oct 12 – 9:00 am

†Oswald & †Kay Muldoon

†Fr. Richard Colbert, and †Kevin Gallagher

Thu, Oct 14 – 9:00 am

Intentions of Patricia & Thomas Sibbald by Dolores & Warren Bahen

Fri, Oct 15 – 9:00 am

†Patrick O'Donnell by O'Donnell & Devenny Families

†Bruce Devenny by O'Donnell & Devenny Families

Sat, Oct 16 – 5:00 pm

Deceased Members of Mendolia Family by Mendolias

†Stuart Crooks by Catholic Women's League

Special Intentions by Patricia & Philip Stotts

Sun, Oct 17 – 10:30 am

For the intentions of all parishioners

Please pray for those who are sick: Marlene, Lillian, Philippe, Gerard, Connie O'Brien, Peter Rumohr, Natalie, Suzette Smith

Please pray for those who have died:

†Indicates Deceased

PRAYER FOR VOCATIONS

That from the many called to holiness in Christ, those chosen to follow Him in the priesthood and consecrated life will respond with humble readiness.

POPE'S PRAYER INTENTION FOR OCTOBER

Intention for evangelization - Missionary disciples. We pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavour of the Gospel.

PRAYER FOR FAMILIES

Jesus, come with your Holy Spirit and place a desire for heaven and eternal life on our hearts. Allow us to see those things that we make more important than you and more important than eternal life. Grant us the gift of prudence, courage and mercy. We pray for the grace to be faithful and follow you, for you are the Way, the Truth, and the Life.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

To all the parishes' generous faithful

Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email admin@holyspiritparish.ca.

STITTSVILLE FOOD BANK

Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but juice, canned fruits and vegetables, canned meat, salmon and tuna, rice, pasta, soup, cereal, cookies, crackers, and peanut butter are also needed. Please do not leave food outside, but bring your donations during office hours.

Upcoming Blood Donation Event at Holy Spirit Parish on Thursday, October 28th from 2:00 pm to 8:00 pm. Book now to donate at www.blood.ca



Word from the Pastor

St. Mark 10.17-30 As Jesus was setting out on a journey, a man ran up, knelt down before him and asked him, "Good teacher, what must I do to inherit eternal life?"

The rich man in today's story is asked to give up everything. For some people that is what it will take to follow Christ; that is what he asks of them. While we may not be rich, is there something that we have to let go of to follow Christ more closely? In a spirit of gratitude we can be truly thankful for all God's blessings to us.

Please be advised that the possibility of low-risk exposure to covid-19 may have occurred at the church on September 25th. If you were in attendance, please monitor your health until October 6 and go get tested if symptoms arise.

Happy Thanksgiving

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics All night and all day Years back, in perhaps what were more innocent times (or at least appear so to us now), Catholic schoolchildren were encouraged to leave a little space on their chairs for their guardian angels. This charming bit of nostalgia reveals a deeper article of faith. From biblical times to the present, the testimony on angels guiding us has been consistent. Saint Augustine said, "Go where we will, our angels are always with us," while Saint Bernard encouraged Christians to "Make the holy angels your friends . . . we have nothing to fear under the protection of these guardians." Perhaps the larger truth is that although suffering and even tragedy may come our way, if we leave our hearts open, we will not be left alone. God will be at our side. Scoot over a bit!

"Their angels in heaven always look upon the face of my heavenly Father."

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Our diocesan synodal process will bring together the voices of the People of God in order to ask one fundamental question: **A Synodal Church, in announcing the Gospel, "journeys together." How is this "journeying together" happening today in our local Church? What steps does the Spirit invite us to take in order to grow in our "journeying together"?** This synodal journey together will solemnly begin on the 9th and 10th of October in Rome, followed by an official opening in our own diocese the following Sunday, October 17th. Please stay tuned for further details on this. To read the complete letter from Archbishop Marcel Dampousse on the Diocesan Synod 2021, please visit the church website: www.holyspiritparish.ca

Synod 2021-2023: A major consultation of the universal Church, a "synod", will be initiated in October. Pope Francis will inaugurate the synodal process on October 9-10. The local dioceses are expected to do the same on October 17. In the Archdiocese of Ottawa-Cornwall, there will be an opening celebration of the Diocesan Synodal Phase at the 5:00 pm Mass at Notre Dame Cathedral, Ottawa on **October 17**. (www.en.archoc.ca/synod-2021-2023).

Red Mass: A bilingual Mass for Catholics in the Legal Profession: judges, lawyers, paralegals and all who work for justice in our legal system. **Thursday, October 21, 7:30 pm** at Notre Dame Cathedral, Ottawa. Archbishop Marcel Dampousse will preside. All are most welcome. Info: www.thomasmoreottawa.ca.

Memorial Mass for Father Francis G. Morrissey, o.m.i.: Father Morrissey, Professor Emeritus of Canon Law at Saint Paul University, passed away on May 23, 2020. The Memorial Mass will be on **Saturday, October 16, 2021 at 10:00 am** at Sacré-Coeur Parish, 591 Cumberland St, Ottawa. Please note: attendance will be limited to 50% capacity in accordance with Covid-19 guidelines. The Mass will also be live-streamed at www.youtu.be/ZWbaXNikL6M.

You are called to belong to Jesus Christ... (Romans 1:1, 6): The Community Servants of the Cross (www.servantsofthecross.ca) is hosting a VIRTUAL Come and See for young single women who are discerning the consecrated life. It will be a time to discover your vocation and a time to connect with the Community. **Thursday, October 14 – Saturday, October 16, 2021.** Registration by Fri, Oct 8. Please contact Sr. Michael Penelope Nguyen, SC (613-729-8710) or vocations@servantsofthecross.ca. "Come and See" and let the Lord speak to your heart.

Pope Francis issues message for 2021 World Youth Day: The theme of the Pope's message for the 2021 World Youth Day is "Stand up. I appoint you as a witness of what you have seen." (cf. Acts 26.16). The 2021 World Youth Day will be celebrated locally, on the Solemnity of Christ the King." (The Dicastery for Laity, Family, and Life issued pastoral guidelines for the celebration of World Youth Day in dioceses.)

Autumn Leaves Yard Sale & Café on Saturday, October 16, 2021 from 9AM – 2PM. EVERYTHING OUTDOORS! Yard Sale: home décor, books, clothes, toys, Christmas and crafts. Online: auction, bake sale. Café: coffee, tea, hot chocolate, muffins – eat on site or take-out. St. Thomas Anglican Church 1619 Stittsville Main Street. Everyone welcome!

On Sunday, October 17th enjoy a homemade roast beef dinner with all the trimmings direct from the Our Lady of the Visitation kitchen. All Covid19 protocols followed. Curb side pickup Sunday between 3 and 6 pm at 5338 Bank Street. Dinners \$22.50 each. For Prepaid orders call 613-822-2007 or email: Events@olvottawa.ca Proceeds to church restoration.

Sinners have a spiritual vision that Pharisees do not have. They look at Christ, and their humility allows them to perceive in him their only hope of salvation. The Pharisee sees merely the man, whereas the lost sheep sees the Good Shepherd! ~ Fr. Sean Davidson From his book *Saint Mary Magdalene: Prophetess of Eucharistic Love*

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