



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 3:00 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m., 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TWENTY-NINTH SUNDAY OF ORDINARY TIME



Oct 18 – 29th Sunday in Ordinary Time

Isaiah 45.1,4-6
1 Thessalonians 1.1-5ab
Matthew 22.15-21

Oct 25 – 30th Sunday in Ordinary Time

Exodus 22.21-27
1 Thessalonians 1.5c-10
Matthew 22.34-40

Parish Calendar

Mon, Oct 19 9:00 am MASS
Tue, Oct 20 9:00 am MASS
9:30 am Women's Fellowship
Thu, Oct 22 9:00 am MASS
Fri, Oct 23 9:00 am MASS
Sat, Oct 24 5:00 pm MASS
Sun, Oct 25 30th Sunday in Ordinary Time
10:30 am MASS
and MASS will be available on the church
website: www.holyspiritparish.ca

Mass Intentions

Sat, Oct 17 – 5:00 pm

†Roger Derenzis by Phil Rocco
†Sarah Hannafin by Mary & Ian Nute
†Patricia Kulas by Barb Hoffman

Sun, Oct 18 – 10:30 am

For the intentions of all parishioners

Mon, Oct 19 – 9:00 am

†Roseanne MacDonald by Women's Fellowship

Tue, Oct 20 – 9:00 am

†Phil & †Josh by Joan & Family

Thu, Oct 22 – 9:00 am

†Agatha Thissen

Fri, Oct 23 – 9:00 am

Intentions of Margaret Mulvihill by Marion DiGaspari

Sat, Oct 24 – 5:00 pm

For the intentions of all parishioners

Sun, Oct 25 – 10:30 am

†Auxilda & †Reg Marsolais by Jeannie & Jacques Marciel
Living & Deceased Members of the Catholic Women's
League

†Joe Amaral by Family



Please pray for those who are sick:

Pat, Connie O'Brien, Doreen Dumont, Theresa Crate, Lillian Hamilton, Peter Aristotle, Joan, Marlene

Please pray for those who have died:

†Teresa Psutka

† Indicates Deceased

BOOK OF REMEMBRANCE

This year due to COVID-19, the Book of Remembrance will not be placed in the atrium. Parishioners wishing to have their deceased loved ones remembered in the prayers that will be said for them during the month of November, are invited to email the names to admin@holyspiritparish.ca before November 22, 2020. The names received will be published in the Parish Bulletin during November.

PRAYER FOR VOCATIONS

For a growth in reverence for the gift and mystery of vocations to the priesthood and consecrated life and a readiness to give to God what is God's in response to His call, we pray to the Lord.

PRAYER FOR FAMILIES

God, one God, holy and almighty, humble and merciful, break down the idols we have set before you. Remind us of their irrelevance, and draw us into the truth that you are the only God there is, the only God to offer us the fullness of life. Amen.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

STITTSVILLE FOOD BANK

Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but toiletries, toilet paper, tissue, juice, canned fruits and vegetables, canned meat, salmon and tuna, rice, cereal, cookies, crackers, coffee and tea are also needed. Please do not leave food outside, but bring your donations during office hours or when you come to Sunday Mass.

SUNDAY MISSALS

The 2020-2021 Sunday Missal, "Living with Christ" is available for purchase in the Parish Office at \$6.00 each. Please call the Parish Office for assistance. Limited supply – get yours early.

OCTOBER – MONTH OF THE HOLY ROSARY

Families, couples & small groups are encouraged to recite the Rosary in October, praying especially for those suffering from COVID-19, for the successful development of an ethically derived vaccine and for the end of the pandemic.

WOMEN'S FELLOWSHIP

Due to COVID-19 and the need for prayers, the format of the Fellowship has changed. ALL parishioners are welcome to come and pray the rosary in the large conference room every Tuesday after the 9am Mass, starting Tuesday October 20th.

Reminder: Public Health requires that an Attendance Log be completed for each Mass. Please give your first name & initial and phone number to the volunteers as you enter the church for Mass.

Word from the Pastor

From today's 1 Thessalonians reading: "For our gospel did not come to you in word alone, but also in power and in the Holy Spirit and with much conviction."

Paul reminds the Thessalonians that they not only heard the word of the gospel, but saw its effects on their lives. If we are going through a testing time it's good to remind ourselves how God helped us in the past. Such a reminder can build hope and enable endurance in the present. Is there someone who needs to hear an encouraging word from us? When I try to give that support will I do as Paul does, remind them of the faith they have received and how God is their source of power and endurance?

'Whether believers or not, we are agreed today that the earth is essentially a shared inheritance, whose fruits are meant to benefit everyone. For believers, this becomes a question of fidelity to the Creator, since God created the world for everyone.' ~ Pope Francis

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics
Persistence pays off Prayer is not like an ATM whereby requests are entered and dispensed. Ultimately our model is Jesus. Christ's persistence in prayer united him with God but did not erase his suffering. He sweated blood, he was crucified. When we do not receive the answer we are hoping for to our prayer request, we may suffer too, but, like Jesus, we can open ourselves to deeper union with God. Take time today to offer God your needs, trusting that God's strength and presence always suffices.

"If you . . . give good gifts to your children, how much more will the Father in heaven give the Holy Spirit to those who ask him?"

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World Mission Sunday Collection – October 18: "Here I am, send me!" World Mission Sunday takes place on the third Sunday of October. The primary purpose of World Mission Sunday is to unite Catholics all over the world in prayer and support of the missions. It encourages prayer and financial assistance for the missionary work of the Catholic Church throughout the world. It enables the Gospel, the Good News, to reach millions who are yet to hear it and supports many who experience daily significant lack of basic needs. Accordingly, every parish and diocese throughout the world from the poorest to the most affluent will celebrate this day on **Sunday, October 18, 2020**. All parishes and dioceses contribute to the universal solidarity fund which is then shared among countries according to their need. Please join the universal Church in these efforts to bring faith, hope, and love to our sisters and brothers in mission countries. World Mission Sunday is a timely opportunity for us to demonstrate that we are missionary disciples.

FallFest Online: People coming together to have fun, meet friends, and discover how much they are loved by Christ in a non-threatening environment. You will hear energetic and moving praise and worship music and a talk from Francesca Mastroeni, a chaplain in the Canadian Army. Online and through host sites this year. To register: www.fallfestottawa.ca/. **Oct. 23, 7-9 pm.** Hosted by Annunciation of the Lord Parish.

Pope Francis Issues Encyclical Letter on Fraternity and Social Friendship. "FRATELLI TUTTI". With these words, Saint Francis of Assisi addressed his brothers and sisters and proposed to them a way of life marked by the flavour of the Gospel. Of the counsels Francis offered, I would like to select the one in which he calls for a love that transcends the barriers of geography and distance, and declares blessed all those who love their brother "as much when he is far away from him as when he is with him". In his simple and direct way, Saint Francis expressed the essence of a fraternal openness that allows us to acknowledge, appreciate and love each person, regardless of physical proximity, regardless of where he or she was born or lives.

St. Vincent de Paul Stores: Please be advised that the Ottawa St. Vincent de Paul Stores at 1620 Merivale and 1273 Wellington are open. Store hours are as follows: **Mon – Wed, 10am - 5pm; Thu & Fri, 11am - 7pm; Sat, 10am - 5pm.** The stores have a limited supply of furniture and are not accepting furniture donations at this time. Parishioners are encouraged to access the online store: www.stvincentdepaullonline.com, or for more information contact: depapebryan@gmail.com.

National Personal Project: Young single professionals (20's and early 30's) meet virtually and talk about personal development, professional work, relationships, communication and the meaning of life in a case study-based discussion course. One general session via Zoom and one small group meeting per month, **October 17, 2020 - May 2021.** Cost: \$150/person. To register, visit: www.familydevelopment.ca/national-personal-project-2020/.

Ottawa Pastoral Care Training Program (OPCTP): An Inter-Denominational program. Fall 2020 Continuing Education Event on **Nov 10, 7-9 pm** via Zoom with Roshene Lawson, Clinical Chaplain in Therapeutic Support Services at Bruyère Continuing Care and St. Vincent Hospital on "Spiritual Care in the Face of Medical Assistance in Dying." Register by **Nov 1st**. Cost: \$15. To register: ottawapastoralcare.com/wp-content/uploads/2020/09/Fall-2020.Con-Ed-Brochure.pdf.

St. Patrick's Fallowfield is recruiting an Office Manager: Commencing at 16 hours weekly and more than likely to increase up to 30 hours post COVID-19. Wages hourly, to be negotiated. Further details and job description: www.stpatricksfallowfield.com/office-manager-needed/.

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