



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TWENTY-SIXTH SUNDAY OF ORDINARY TIME



Sep 26 – 26th Sunday in Ordinary Time

Numbers 11.25-29
James 5.1-6
Mark 9.38-43,45,47-48

Oct 3 – 27th Sunday in Ordinary Time

Genesis 2.7ab,15,18-24
Hebrews 2.9-11
Mark 10.2-16

St. Joseph, pray for us. Immaculate Heart of Mary, pray for us.

Parish Calendar

Mon, Sep 27 St. Vincent de Paul
9:00 am Mass
Tue, Sep 28 Parish Office Closed
9:00 am Mass
Thu, Sep 30 St. Jerome
9:00 am Mass
Fri, Oct 1 St. Thérèse of the Child Jesus
9:00 am Mass
Sat, Oct 2 The Holy Guardian Angels
5:00 pm Mass
Sun, Oct 3 27th Sunday in Ordinary Time
10:30 am Mass

and MASS will be available on the church website: www.holyspiritparish.ca

Mass Intentions

Sat, Sep 25– 5:00 pm

For the intentions of all parishioners

Sun, Sep 26 – 10:30 am

Living & Deceased Members of the Catholic Women's League
†Pat Foley by Small Faith Group

Mon, Sep 27 – 9:00 am

Intentions of Marian Charbonneau by Mary Garvey

Tue, Sep 28– 9:00 am

†Ken & †Bernice Scissons; †Bernard & †Doris Muldoon;
†Francis & †Mary Muldoon by Msgr. Muldoon

Thu, Sep 30 – 9:00 am

†Rene & †Lena Lafontaine; †Oliver & †Eileen Graham by
Msgr. Muldoon

Fri, Oct 1 – 9:00 am

Deceased Members of Cullen Family by Eileen

Sat, Oct 2 – 5:00 pm

†Philip & †Joshua by Joan & Family

Deceased Members of Caliri Family by Mendolia Family

Intentions of Dalrymple Family & †Cecile & †Henry St-Cyr
by Linda Dalrymple

Sun, Oct 3 – 10:30 am

For the intentions of all parishioners

Please pray for those who are sick: Marlene, Lillian, Philippe, Gerard, Connie O'Brien, Peter Rumohr, Natalie, Suzette Smith

Please pray for those who have died: †Carlyle Valere, brother of Carmen; †Jackie Sisk, mother of Joanna; †Donald Campbell, husband of Norah

†Indicates Deceased

PRAYER FOR VOCATIONS

For the graces of clarity and active response in the discernment of our Heavenly Father's will for all those considering a vocation to the priesthood or consecrated life, we pray to the Lord.

PRAYER FOR FAMILIES

Jesus, Lord and Savior, you came to earth to walk among us, to teach us, and to commission us to do your work. May we follow you in the way of calling others forward to the work you have entrusted to us so that your work will continue when we are gone, we pray to the Lord.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

To all the parishes' generous faithful

Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email admin@holyspiritparish.ca.

STITTSVILLE FOOD BANK

Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but juice, canned fruits and vegetables, canned meat, salmon and tuna, rice, pasta, soup, cereal, cookies, crackers, and peanut butter are also needed. Please do not leave food outside, but bring your donations during office hours.

Kids in Church

Several children found a dead robin. Feeling that a proper burial should be performed, they secured a small box and some cotton batting, dug a hole in the back yard, and made ready to dispose of the deceased. The minister's 5-year-old son was chosen to say the prayer. And so with great dignity, he intoned, "Glory be to the Father...and unto the Son...and into the hole he goes."



We welcome to our parish family *Levi Lamothe, Keira Gulchand, James Egan, Sofie Smit, Sloane Heath, Summer Spencer, Winter Spencer, and Hannah Villeneuve* who were recently baptized. We give thanks and praise to God for the new life in Christ bestowed upon these children.

Word from the Pastor

From today's Gospel reading: At that time, John said to Jesus, "Teacher, we saw someone driving out demons in your name, and we tried to prevent him because he does not follow us."

As Christians we look for Christ's presence in the world doing what he did in his lifetime. When someone forgives a wrong done; a neighbor sacrifices time and resources to help someone in need; medical personnel travel across the country to relieve a pandemic-swamped emergency room; a grammar school collects food and clothing for the poor -- though the name of Jesus may not be spoken, and the people involved might not be Christian, still, we see him present, doing what he always did, reaching out to raise up the fallen and rejected. Can we spot the active presence of Jesus in the good deeds done for those in need? How do our daily activities line up with the good Jesus intends for others?

The Sacrament of Confirmation will be conferred on all the students who have prepared this past year. It will be held on Saturday, October 2, 2021 at 10:30 AM. Please keep them in your prayers.

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics
Let the Good News resound Religion is often reduced to its most visible aspect: Sunday worship. But the church's ministry includes service, evangelization, healing, and teaching. On Catechetical Sunday we celebrate our mutual call to educate and instruct. "Catechize" means to echo or resound. Saint Paul once modeled for the Corinthians this task of "re-sounding" the Good News when he wrote: "I received from the Lord what I also handed on to you." Does your Catholic faith steer you when making decisions and weighing values? Does it bring consolation? Does it challenge you to sacrifice? Echo these riches to those you love.

"Whoever receives one child such as this in my name, receives me."

Reprinted with permission from PrepareTheWord.com

Season of Creation: Restoring Our Common Home

Sep 1 – Oct 4, 2021 CARE FOR CREATION:

Electrical Power & Renewable Energy –

It's clean to do so!!!

WEEKLY TIP:

1. Replace all light bulbs with LED.
2. Use renewable energy sources (solar heat and wind) to dry laundry! NOTE: Municipalities in **Ontario** cannot ban **clotheslines** outdoors due to the **Ontario Green Energy Act!!!**
3. Consider switching over to electric lawn mower and an electric car!!! (Or share a ride, share a car, share a truck ... Take public transit!!!).

Life Chain in Ottawa & area: Life Chain is held simultaneously in more than 200 locations across Canada each year. Please mark your calendar—the next Life Chain will be on **Sunday, October 3, 2021 from 2-3 pm** at: OTTAWA-Bank St. at Nepean St. 2-3 pm; KANATA-Hazeldean Rd at Eagleson Rd 2-3 pm. More information www.campaignlifecoalition.com/life-chain.

40 Days for Life Campaign: 40 days to pray and fast for an end to abortion. People are encouraged to remember the little lives lost because Canada has no law to protect the child in the womb from being aborted. The prayer vigil site is located at the southwest corner of Queen & Bank Street, Ottawa. Daily vigil, 7 am – 7 pm, at vigil site during campaign, **Sep 22 - Oct 31, 2021**. Info: 613-299-2515; wanda40daysforlife@campaignlifecoalition.com; www.40daysforlife.com/en/local-campaigns/ottawa

Seniors Ministry: The Ottawa Cornwall Catholic Seniors (OCCS) is encouraging seniors in parishes to organise: a monthly Mass for seniors and grandparents followed by a social when feasible; and secondly, phone calls to isolated or lonely parish seniors this winter. For more information please contact: pmarsdendole@archottawa.ca.

Promoting Resiliency: Effects of Parkinson's Disease on Caregivers/Care Partners: Andrea Khalid, MA RP is presenting her doctoral research findings on her field work with caregivers/care partners of sufferers of Parkinson's Disease. **Thu, Sep 29, Noon - 1:15 pm**. Free. Zoom from Saint Paul University: (www.ustpaul.ca/en/promoting-resiliency-effects-of-parkinson-s-disease-on-caregivers-care-partners-7457-17.htm). Info: pmarsdendole@archottawa.ca.

2021 National Catholic Health Care Week: From **October 3-9, 2021**. Info: Catholic Health Alliance of Canada (www.chac.ca/en/).

Our Father: at this name love is aroused in us...and the confidence of obtaining what we are about to ask...What would he not give to his children who ask, since he has already granted them the gift of being his children? ~ St. Augustine

You ask how the bread becomes the Body of Christ, and the wine...the Blood of Christ. I shall tell you: the Holy Spirit comes upon them and accomplishes what surpasses every word and thought...Let it be enough for you to understand that it is by the Holy Spirit, just as it was of the Holy Virgin and by the Holy Spirit that the Lord, through and in himself, took flesh. ~ St. John Damascene

ADAM MILLER KELLY
 PROFESSIONAL CORPORATION
BARRISTERS & SOLICITORS
 MARY MILLER
 JENNIFER GASPAR • ROBERT PACAN
 300 March Rd., #601 **613-592-6290** amk-law.ca



PRO LOK
 Design & Build Ltd.
 Custom Landscape Design & Build
 613-858-3169

Glen Scottish Restaurant
 The Best Fish & Chips in the Valley
 1010 Stittsville Main St.
613-836-5622
 www.theglen.ca

Because family matters!
613-591-6580
 kellyfh.ca/Kanata

LAURYSSEN
KITCHENS
 KITCHENS | VANITIES | CLOSETS
 2415 Carp Rd., Stittsville
613-836-5353
 www.laurysenkitchens.com




Bridlewood Home Hardware
 Eagleson Rd.
 at Michael Cowpland Dr.
613-599-7447


Kelly
 Funeral Home - Kanata
 by Arbor Memorial
 Arbor Memorial Inc.

Liturgica Inc.
 GIFTS & SOUVENIRS
 FOR ALL RELIGIOUS OCCASIONS
 602-1260 Old Innes Rd.
 (Innes Rd. & St. Laurent Blvd.)
613-745-1537
 www.liturgica.ca

Secure, Memory Care in Kanata *At Its Finest*
 Call Bonnie for a Complimentary Tour & Lunch
613.806.3516
 **THE Courtyards ON EAGLESON**
 An All Seniors Care Living Centres Residence
 630 Eagleson Rd., Kanata, ON
 allseniorscare.com


THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!



TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637


Allstate
 You're in good hands.
 Allstate Insurance Company of Canada
 18-462 Hazeldean Rd., Kanata

Sandy Villeneuve Elson
 Agent
613.592.8283
 svilleneuve@allstate.ca
 www.allstate.ca

 **Postcard Perfect**
 TURFGRASS SPECIALISTS LTD.
 (613) 831-4246
 info@postcardperfect.ca
 www.PostcardPerfect.ca


Shopping Locally Saves Gas!

DANNY NAILS & SPA


NAILS AND WAX
 500 Hazeldean Rd.
 www.DannyNailsSpa.ca
 613-836-8819

 **arbique&ahde**
 associate lawyers
 Stittsville Shopping Centre
 204-1300 Main St. 613-836-2240 info@arbiqueahde.com

613-728-4780


Thomas A. PEGG
 PLUMBING AND HEATING LTD.

Remember...
 Let our advertisers know you saw their ad here.



THOMAS CAVANAGH
 CONSTRUCTION LIMITED
 9094 Cavanagh Rd., Ashton, ON
613.257.2918 www.thomascavanagh.ca