



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TWENTY-THIRD SUNDAY OF ORDINARY TIME



Sep 5 – 23rd Sunday in Ordinary Time

Isaiah 35.4-7
James 2.1-5
Mark 7.31-37

Sep 12 – 24th Sunday in Ordinary Time

Isaiah 50.5-9
James 2.14-18
Mark 8.27-35

St. Joseph, pray for us. Immaculate Heart of Mary, pray for us.

Parish Calendar

Mon, Sep 6 Parish Office Closed for Labour Day

9:00 am Mass

Tue, Sep 7 9:00 am Mass

Thu, Sep 9 9:00 am Mass

Fri, Sep 10 9:00 am Mass

Sat, Sep 11 5:00 pm Mass

Sun, Sep 12 24th Sunday in Ordinary Time

10:30 am Mass

and MASS will be available on the church website:

www.holyspiritparish.ca

Mass Intentions

Sat, Sep 4 – 5:00 pm

For the intentions of all parishioners

Sun, Sep 5 – 10:30 am

Intentions of Virginia Harris by Catholic Women's League

†Giovanni Paci by Anna Santusci

†Antonio Medeiros by Alice

Mon, Sep 6 – 9:00 am

†Mary Charteris by Eileen & Family

Tue, Sep 7 – 9:00 am

Intentions of Patricia & Thomas Sibbald by Dolores & Warren

Thu, Sep 9 – 9:00 am

Intentions of Mike Cybulski by Sandra

Fri, Sep 10 – 9:00 am

†Joan Catherine Dexter by Anne Sloan

†Patrick O'Donnell by O'Donnell & Devenny Families

Sat, Sep 11 – 5:00 pm

†John Myslicki by Christine Myslicki & Family

†Michael Mendolia by Mendolia Family

Intentions of Virginia Harris by Sandra Cybulski

Sun, Sep 12 – 10:30 am

For the intentions of all parishioners



Please pray for those who are sick: Marlene, Pat, Lillian, Philippe, Gerard, Connie O'Brien, Peter Rumohr, Eileen Gaul

Please pray for those who have died: †Gerry Clifton, husband of Eileen; †Frank Fiala, husband of Donna

†Indicates Deceased

Take Five for Faith: Daily renewal for busy Catholics

Family finesse Parents have expectations of their kids, and kids want to make their own choices—it's part of the painful growing-up process. Rose of Lima was like a lot of teenagers who clashed with her parents about her future, and she was like a lot of saints who rankled family by refusing to marry. They never let her join a convent, but they didn't force her to wed either, finally relenting to her choice of chastity. She lived out her brief life as she had wished, in prayer and penance. She is the patron saint of family problems. Everyone has them, so ask Rose for help.

"One who swears by heaven swears by the throne of God."

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PRAYER FOR VOCATIONS For a deeper participation of families in prayer for vocations to the priesthood and consecrated life from among their children, knowing that Christ is in their midst.

PRAYER FOR FAMILIES Jesus, Son of Man, you showed us how to bend to the will of the Father, to submit yourself to Him and others in great love. May we eat your flesh and drink your blood so that we can take on your will for us. Help us find and delight in the joy of eternity already here and for ourselves and for the world. Amen.

PRAYER FOR SPIRITUAL COMMUNION My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

To all the parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email admin@holyspiritparish.ca.

Kids in Church A Sunday school teacher asked the children just before she dismissed them to go to church, "And why is it necessary to be quiet in church?" Annie replied, "Because people are sleeping."

June 2021 Financial Summary	July 2021 Financial Summary
Total Revenue \$25 652.50	Total Revenue \$34 490.51
Total Expenses \$35 603.84*	Total Expenses \$28 900.35
*includes DAT & property taxes	Net Income \$ 5 590.16
Net Loss \$ -9 978.34	Thank you for your ongoing support of the parish.



2022 SACRAMENTS OF FIRST RECONCILIATION AND FIRST COMMUNION

PARENTS ONLY MANDATORY MEETING

(no children required)

at Holy Spirit Church on
Saturday, September 18 at 1:00 pm

If you have children in Grade 2 or older and wish the Sacraments of First Reconciliation and First Communion for them, **you must attend this meeting**. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.

Word from the Pastor

In today's Gospel reading, St. Mark 7:31, we witness another instance of Jesus healing those in need. We see early on that some people brought a deaf man to Jesus. The man did not bring himself to Jesus and ask to be healed, rather those in his life saw his struggle and sought to do something about it. This is a beautiful reminder that good things happen to us often times due to the good will and prayers of those in our community. How amazing is it that this man was loved by those so much that they were willing to go to this length for him! When the deaf man arrives, Jesus takes him away from the crowd so He can be with him alone. This gesture shows Jesus's desire to know us as individuals and care for our personal needs. Lastly, he orders the crowd not to tell anyone what they saw there. Jesus's desire to do these works was not for the spectacle, but rather for the impact He knew it would have on the life of the man and those around him.

Pope Francis has named 2 Canadian women to serve in Vatican Departments: Dr. Anne Jamison on the International Catechesis Association, and Donna Strickland on the Pontifical Academy of Science.

Pope Francis has sent \$235 000.00 in emergency relief aid to Haiti in the midst of the earthquake. Please remember in prayer the more than 2000 lives lost and many more displaced.

The Sacrament of Confirmation will be conferred on all the students who have prepared this past year. It will be held on Saturday, October 2, 2021 at 10:30 AM. Please keep them in your prayers.

Monsignor Joseph Muldoon

 We welcome to our parish family *Finn McShane, Rylee Robertson, Isabella Lewis, Rhea Weatherdon, Zoe Marcil, and Saoirse Fannon* who were recently baptized. We give thanks and praise to God for the new life in Christ bestowed upon these children.

Season of Creation: Restoring Our common Home
Sep 1 – Oct 4, 2021 CARE FOR CREATION: Plastic Free
Just in time for a green back-to-school as we fill lunchboxes.

“Plastic is polluting the air we breathe, the water we drink and the food we eat.” It is no externalized problem, affecting other creatures – it is affecting us. In case there was any doubt, the oceans aren't out there, distant from us; they are us. We are them. There is such a thing as a global system, and we are a part of it. <https://myplasticfreelife.com/> Microplastic is found in human bodies now. www.nationalgeographic.com/environment/article/you-eat-thousands-of-bits-of-plastic-every-year

WEEKLY TIP: Be a single-use plastic-free household/workplace/church...

1. Invest in insulated reusable water bottle. Same for coffee mugs. Cut out all plastic-bottled beverages. Choose aluminum cans or glass bottles if you must and recycle.
2. Shop with a fabric bag or ask for paper bag, and use re-usable mesh, bee's wax and fabric bags for all produce.
3. Bring your milk bags to *earthhub* drop off locations for reusing, repurposing + egg cartons, pill containers... (ref. *earthhub.ca*).
4. PLEASE Stay away from individually wrapped *lunchable* type items.

CONFIRMATION 2022

PARENTS ONLY MANDATORY MEETING

(no children required)

at Holy Spirit church on

Saturday, September 18 at 11:00 am



If you have children in Grade 6 or older and wish the Sacrament of Confirmation for them, ***you must attend this meeting***. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.

VATICAN CITY — Pope Francis has named Salesian Sister Alessandra Smerilli as interim secretary of the Dicastery for Promoting Integral Human Development, the Vatican announced. In an August 26 statement, the Vatican said Smerilli will also be a part of the management team of the Vatican's COVID-19 Commission together with Cardinal Peter Turkson, prefect of the Dicastery for Promoting Integral Human Development, and Scalabrinian Father Fabio Baggio, undersecretary of the dicastery's Migrants and Refugees Section. The 46-year-old Italian Sister is an economist and professor of economic policy, an adviser to the governing office of Vatican City State, and a consultant to the Synod of Bishops. Prior to her appointment, she served as undersecretary for faith and development at the dicastery.

Celebrations of the Faithful Departed: The celebrations will take place at Notre Dame Cemetery, 455 Montreal Rd, Ottawa (notredamecemetery.ca) on **Sun, Sep 12 at 2:30pm**; and at Hope Cemetery, 4660 Bank St, Ottawa (hopecemetery.ca) on **Sun, Sep 19 at 2:30pm**.

Congratulations to the Newly Ordained: Fr. Diego Rebeles was ordained on Jun 29, 2021 at St-Joseph Parish, Orleans. Fr. Steven Gaudet was ordained on Aug 4, 2021 at St. Finnan Basilica, Alexandria. The three seminarians ordained to the diaconate on Aug 10, 2021 at St. Finnan Basilica, Alexandria are Deacon Kevin Burgess, Deacon Marc Gaudet and Deacon Connor O'Hara.

Become a Student of Encounter School of Ministry - Ottawa Campus: The Encounter School of Ministry - Ottawa Campus is now accepting registration for Fall 2021. The school offers a dynamic 2-year, once-a-week training program designed to teach, equip and activate you in the full supernatural lifestyle of Jesus so that you can walk with God in intimacy and demonstrate His love and power to the world around you! At 33 Aurora Cres, Ottawa. **Tue evenings, Sep 21-May 2022.** For inquiries: ottawa@encounterschool.org To register: www.encounterschool.org/apply/

Canadian Jesuits International (CJI) Haiti Appeal: CJI, along with other Jesuit international solidarity organizations, has launched an appeal for Haiti to support the response by Jesuits and Jesuit organizations in Haiti. The devastating impacts of the earthquake of Aug 14 left over 2000 people killed and more than 12,000 injured and over 30,000 families rendered homeless. The Jesuits have a long history of working in the impacted areas and our partners know its people well and have developed a long-term plan of emergency relief and recovery. Info: 416-465-1824; cji@jesuits.ca; www.canadianjesuitsinternational.ca.

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