St. Ambrose Church

210 South Street, Cambridge ON N1R 2P4 519-621-2013
Email: stambrose@golden.net Website: stambrosecambridge.ca

OFFICE HOURS: Monday to Thursday 9am to 4pm, Friday 9am to 2pm. After hours by appointment only.

WEEKEND HOLY MASSES:
Saturday 5:00 pm
Sunday 9:00 am and 11:00 am

SACRAMENT OF RECONCILIATION:
Tuesday, Thursday, and Friday from 8:30 am to 9:30 am
Wednesday 6:00 pm to 6:45 pm
Saturday 4:00 pm to 4:45 pm
Sunday from 8:00 am to 8:45 am; 10:15 am to 10:45 am

Fr. Gary Schlack - Pastor
Fr. Michael King, retired - in residence
Rev. Mr. Paul Klaassen - Deacon
Barbara Roy - Administrative Assistant
Myra Klaassen - Parish Ministry
Rose Capistrano - Youth Ministry
Sandy Figueiredo - Sacristan/Custodian
Carol Renner - rectory housekeeper

PARISH SCHOOLS:

St. Anne School	519-621-8920	St. Vincent de Paul School	519-740-0678
Holy Spirit School	519-621-8973	Monsignor Doyle High School	519-622-1290

BAPTISM - The Baptism Preparation Program for parents is required before a Baptism date is scheduled.
MARRIAGE - Contact the parish office at least 12 months in advance, as Marriage Preparation is required.
VISITS and COMMUNION TO THE SICK - Inform the parish office of hospitalization or home confinement.

FOR THE HOSPITAL/HOSPICE/PATIENTS
Need a Catholic Priest? Please call 519-404-5344
Priests are available 24/7, for emergency ministry, e.g. 'Anointing of the Sick' or 'Last Rites'
For non-emergency ministry please contact your local parish or the hospital/hospice spiritual care team.

SOCIETY OF ST. VINCENT DE PAUL - for assistance with food vouchers, leave a message at 519-623-8764
- St. Vincent de Paul Value Store 519-629-0103

First Saturday Promise:
"Behold, my daughter, my Heart encircled with thorns, with which ungrateful people pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all who on the First Saturday of five consecutive months: 1) confess their sins, 2) receive Holy Communion, 3) recite five decades of the Rosary, 4) keep me company for fifteen minutes meditating on the mysteries of the Rosary, 5) and have the intention of making reparation to my Immaculate Heart."
(Our Lady of Fatima's message to Lucia)
First Saturday Masses are held at 8:00 am each month at St. Ambrose Church.

End of Life Care for Catholics

To address issues related to End of Life care, each person should have a Living Will which is discussed and known to family members and friends who may be part of their End of Life care team. There are many different types of Living Wills but only a Catholic Living Will is specific to the teachings of the Church. Having a Catholic Living Will assures that, legally, your wishes will be protected and honoured in accordance with your faith.

A Catholic Living Will is based upon the foundations of our faith and includes five key points:

1. Acknowledging that pain may be present as a patient nears the end of life, a Catholic Living Will supports a patient's desire to use medicines to alleviate pain and discomfort. As Catholics we know and accept that suffering is a part of our earthly trial and that we are encouraged to unite and offer up our sufferings with those of Christ. We must also know, however, that we are allowed to request and use medications to alleviate pain.
2. The Catholic Church does not allow euthanasia or mercy killing. Nothing can be done to willfully bring about a patient's death.
3. Heroic or extraordinary medical treatments are not required for a patient at the end of his or her life. The Church has always taught that we should accept ordinary medical care but that we are not required to accept heroic or extraordinary care. This teaching recognizes the fact that the burdens of some medical treatments may outweigh the benefits. For example, a patient with very advanced cancer is not required to undergo further surgery or chemotherapy when there is little hope of improvement.
4. Food and water must be given so long as they are beneficial, even if their administration requires artificial means (such as the use of a feeding tube). Food and water can be stopped, however, at the very end of life when death is near and food and water are no longer of benefit.
5. The last provision of a Catholic Living Will asserts that the parish and priest be notified and that the sacraments be given. As Catholics we know the importance and power of the Sacrament of the Anointing of the Sick, and the prayers of others at this critical time. We seek, through this request, the sources of grace that will bring us comfort and strength for the end of this life and the beginning of our eternal life with Christ.

(information provided by the Diocese of Peterborough)

Mass Intentions FOR THE WEEK

No Mass on Mondays
(office closed today due to the Family Day holiday)

Tuesday, February 18
8:00 am + BOB RANN – Chris and Ben McCabe
CONFESSIONS at 8:30 am to 9:30 am
Adoration of the Blessed Sacrament 8:30 – 9:30 am

Wednesday, February 19
1:00 pm **–** Prayers for the Sick - everyone welcome.
Please enter through parking lot side door.
7:00 pm + SOULS IN PURATORY – Teresa Tran
+ JOAO PAULO & MARIA LURDES MONTEIRO
+ AURORA CALÇAO – her family
+ LUCIA INCITTI – Bice Rinaldi
+ MARIA NGUYEN – Theresa Tran
+ SOULS OF THE DECEASED PRIESTS - Guylaine
CONFESSIONS at 6:00 pm to 6:45 pm
Adoration of the Blessed Sacrament 6pm to 7pm

Thursday, February 20
8:00 am + DECEASED FAMILY and SOUL OF RICK – Doreen Lehnen
CONFESSIONS at 8:30 am to 9:30 am
Adoration of the Blessed Sacrament 8:30 – 9:30 am

Friday, February 21
8:00 am + TERESINHA MOITOSO – Maria Amelia Faria
CONFESSIONS at 8:30 am to 9:30 am
Adoration of the Blessed Sacrament 8:30 – 9:30 am

Saturday, February 22
CONFESSIONS at 4:00 pm to 4:45 pm
5:00 pm – intentions of Nonya Ngwaba
+ DIMAS DIAS – Suzy
+ EDUARDA LOPES – Maryanne and Ray
+ QUINTINO CORVAGLIA – Trish and Matt
+ JANICE NELSON – her family
+ ANTONIO BUFFONE – his family

Sunday, February 23
9:00 am – For the intentions of all parishioners
11:00 am + TERESINHA ANDRADE – her husband
CONFESSIONS: 8:00 to 8:45 am and 10:15 am to 10:45 am

Christian Life Program

You are invited to a Christian Life Program (**CLP**) sponsored by Couples for Christ. It is a journey in rediscovering God's Love by reflecting on the basic truths about the Christian Faith, living out an authentic Christian life, and a program focused on individual, family, and church renewal. The CLP is an integrated course intended to lead program participants into a deeper understanding of God's call for them as Christian couples or individuals.

To be held at church hall, Saturdays March 8th, 15th, 22nd, 29th from 1:00 – 4:00 pm

For more info and to register:

Eric - ericnpilar.cfc@gmail.com 647.828.0880 OR

Rose Capistrano - maryrosecapistrano@gmail.com

St. Ambrose Ladies' group, "***Daughters of the King***" will meet on **Tuesday, January 18** in the Church Hall, 7pm to 9pm. You're welcome to invite a friend to join us! All ladies are welcome.

2024 charitable donation receipts are available at the main entrance of the church. If you can not find yours, please contact the parish office during weekdays. Receipts from the Cambridge Right to Life and Society of St. Vincent de Paul are also there.

Mom & Tots Pray & Play: Do you want to introduce your child/children to Eucharistic Adoration? Do you need some quiet time praying with Jesus in the Blessed Sacrament? If so, this program is for you. Bring your children to adoration, and when you're ready you can drop them off to enjoy supervised play with other children for the remaining time while you adore alone. This will be held the LAST Monday of each month from 10:00-11:30am in the Adoration Chapel and Children's Liturgy room at St. Ambrose Church. Registration is required, please email momtotsprayplay@gmail.com Please register for the upcoming date of Monday, February 24th.

Marian Residence Catholic Retirement Home, located in Cambridge, is owned and operated by the Sisters of Our Lady Immaculate. For more information or to book a visit for a tour, please email info@marianresidence.ca or call 519-653-0363. Their website is www.marianresidence.ca

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The Parish office is closed on Monday Feb. 17 for the Family Day Holiday.

LITURGICAL MINISTERS OF HOPE - All Ministers of Music, Ministers of the Word, Children's Liturgy of the Word, Extraordinary Ministers of Communion, Ministers of Hospitality, and Sacristans, who serve in liturgical ministries are welcome to attend this enriching retreat. Together, let us kindle our spirit of service and hope in this Jubilee year!

3 Dates to choose from:

Saturday, March 22, 2025, Basilica of Our Lady Immaculate, Guelph, ON, 10:00 a.m. to 12:30 p.m. **OR** Saturday, March 29, 2025, St. Matthew Parish, Oakville, ON, 10:00 a.m. to 12:30 p.m. **OR** Saturday, April 5, 2025, Annunciation of our Lord Parish, Hamilton, ON, 10:00 to 12:30 p.m.

To register, visit the website **hamiltondiocese.com** and look under the "**events**" section.

NO Youth Group will be held on Monday February 17 due to the Family Day holiday. **Volleyball night** for the youth groups will be held at Langs Centre, Concession Road, Preston, on Monday February 24th.

Lift Jesus Higher Rally 2025 - Youth Rally

Saturday, March 29, 2025 - 9 AM - 5:30 PM

Toronto Convention Centre (North Building)

A bus from St. Ambrose parish will be taking students to the Lift Jesus Higher Youth Rally. Rally ticket is $25. Bus ticket is $25.00.

To book your tickets, please contact Rose at youth@stambrosecambridge.ca

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COME RETREAT at LOYOLA HOUSE in Guelph

Are you looking to break away and spend some time in silence? Interested in learning something new? See our website at **loyolahouse.com** (under "Events") for more information on these upcoming retreats, such as:

- Growing a Merciful Heart One-Day Retreat - February 28
- Introduction to Discernment One-Day Retreat - March 3
- Pope Francis and the Way of the Heart Weekend Retreat - March 6-9
- Private Silent Retreats - March 6-9 & 28-30

Their website is loyolahouse.com for all retreat information; or phone 519 824 1250 ext 266.

Young Adults Night: Jubilee Year Pilgrimage in Guelph

Fr. Mark Morley invites all young adults (ages 20s and 30s) to make a Jubilee Year Pilgrimage to the Basilica of Our Lady Immaculate (28 Norfolk Street, Guelph) on Saturday, March 1st, from 6:30 pm to 9:30 pm, an evening of Adoration, fellowship and praise music. For more information, please email:

vocations@hamiltondiocese.com

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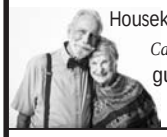

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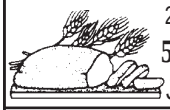

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