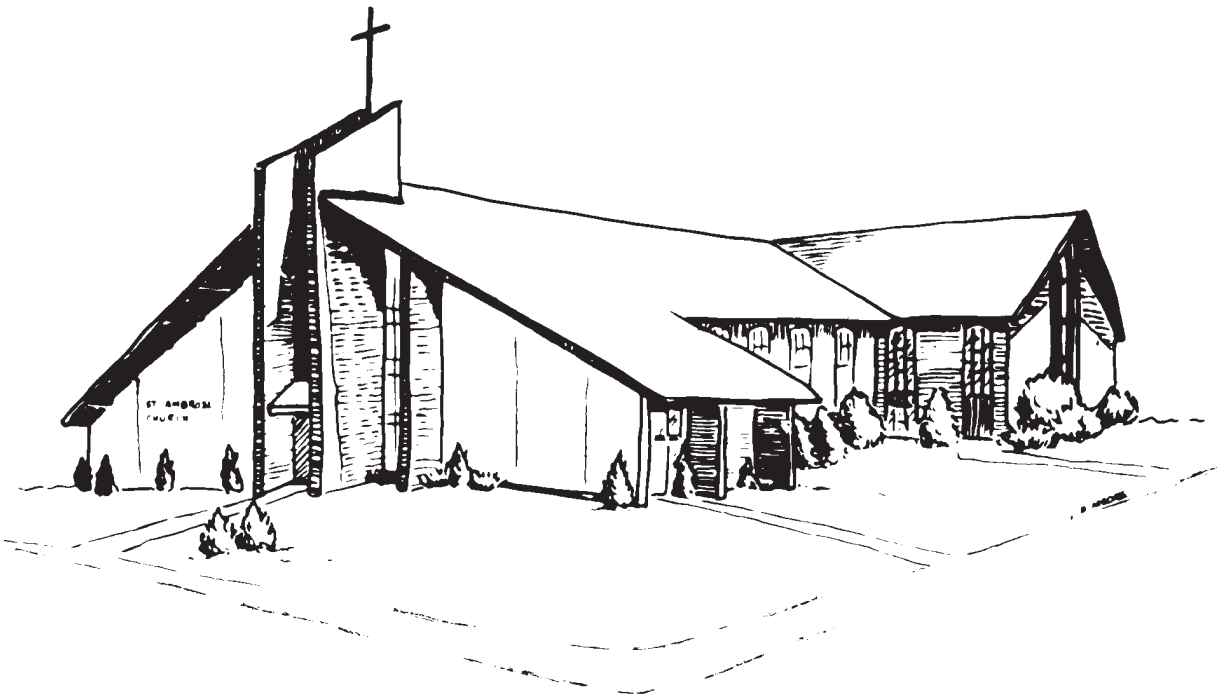
St. Ambrose Church



Fr. Gary Schlack - Pastor
Fr. Michael King, retired - in residence
Rev. Mr. Nick Cherri - Deacon
Rev. Mr. Paul Klaassen - Deacon
Barbara Roy - Administrative Assistant
Myra Klaassen - Parish Ministry
Carol Renner - Housekeeper
Sandy Figueiredo - Sacristan/Custodian

SUNDAY MASSES

Saturday: 5:00 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

SACRAMENT OF RECONCILIATION

- Tuesday to Friday 8:30 a.m. to 9:30 a.m.
- Saturday from 4:00 p.m. to 4:45 p.m.
- Sunday from 8:00 a.m. to 8:45 a.m. and 10:15 a.m. to 10:45 a.m.

SCHOOLS

St. Anne	519-621-8920
St. Vincent de Paul	519-740-0678
Msgr. Doyle High School	519-622-1290
Holy Spirit School	519-621-8973

210 South Street, Cambridge, ON N1R 2P4
519-621-2013
E-mail: stambrose@golden.net
www.stambrosecambridge.ca

OFFICE HOURS

Monday to Thursday 9am to 4pm
Friday 9am to 2pm

BAPTISM

Please contact the parish office for information on the baptism preparation program, which is required before a date is booked.

MARRIAGE

Adequate preparation including Marriage Preparation Course is required.
Contact the parish office at least 12 months in advance.

COMMUNION TO THE SICK

Please inform us of hospitalization or confinement to home due to illness.

SOCIETY OF ST. VINCENT DE PAUL

(519) 623-8764 - for assistance with food, clothing, etc.
(519) 629-0103 - St. Vincent de Paul Store

KNIGHTS OF COLUMBUS

Selwyn Langlois 519-621-2580

Feast of St. Francis de Sales

January 24th marks the Feast of St. Francis de Sales, the patron saint of writers and Christian unity whose role as a priest and bishop helped bring thousands of Protestants back to the Catholic Church.

He was born in 1567 in the Savoy region in what is now part of France. He was a diplomat's son, born into a household with great devotion to St. Francis of Assisi.

In 1580, Francis attended the University of Paris, and at 24-years-old, he received his doctorate in law at the University of Padua.

All the time, he never lost his passion for God. He studied theology and practiced mental prayers, but kept quiet about his devotion.

God made his will clear to Francis one day while he was riding. Francis fell from his horse three times that day. Every time he fell, the sword came out of the scabbard, and every time it came out, the sword and scabbard came to rest on the ground in the shape of the Christian cross.

The Catholic bishop of Geneva found Francis de Sales a position in the Swiss Church, leading to his ordination as a priest in 1593.

In the late 16th and early 17th century, St. Frances de Sales conducted spiritual direction both in person and in written correspondence. This inspired his famous work "Introduction to the Devout Life."

During his ministry in Switzerland, he wrote and distributed religious documents that influenced the Protestants and helped between 40,000 and 70,000 return to the Catholic faith.

St. Francis de Sales was no stranger to unpopularity. As a priest he volunteered to lead a mission to return the Calvinist Switzerland back to the Catholic faith. He faced much hostility, including death threats and would-be assassins.

He was named Bishop of Geneva in 1602, after which he worked to restore Geneva's churches and religious orders. He helped the future Saint Jean Frances de Chantal, to whom he had served as spiritual director, and founded a women's religious order.

He died in 1622 in Lyons at a convent he had helped to found. Frances de Sales was canonized in 1665 and named a Doctor of the Church in 1877.

St. Frances de Sales is the patron saint of adult education, the deaf, and journalists.

Tuesday, January 24
8:00 am – intentions of Estrella and Arsenio Pontalba and family
CONFESSIONS at 8:30 am to 9:30 am
Adoration of the Blessed Sacrament 8:30 – 9:30 am

Wednesday, January 25
7:00 pm + SOULS IN PURATORY
+ ANA & CLEMENT UNINSKY – Maria
+ MARIA GREGORIO AND AURORA CALCAO – Mario
+ HELIA A. BAIROS – Ilda and Joe Chaves
- intentions of Doug and Marie McGilvary
- intentions of Shirley and Tony Borges
CONFESSIONS at 6:00 pm to 6:45 pm
Adoration of the Blessed Sacrament 6pm to 7pm

Thursday, January 26
8:00 am + KEN & MARY GREINER – Connie and Ernie
CONFESSIONS at 8:30 am to 9:30 am
Adoration of the Blessed Sacrament 8:30 – 9:30 am

Friday, January 27
8:00 am – for healing of Agata Krolak
CONFESSIONS at 8:30 am to 9:30 am
Adoration of the Blessed Sacrament 8:30 – 9:30 am

Saturday, January 28
CONFESSIONS at 4:00 pm to 4:45 pm
5:00 pm + CATHERINE DECKER – Keith and family
+ MANUEL MEDEIROS – Maria DaSilva
+ STEPHANIE SOUSA – Maria & John Correia
+ INES & JOSE deSOUSA – Noella and Elsa
+ DALIA OLIVEIRA – Maria and Joe Gomes
+ ALICE CONRAN and FAMILY – James and Genevieve

Sunday, January 29
9:00 am – for the intentions of all parishioners
11:00 am + MATHIAS IGUE – Patience and Sunday
CONFESSIONS: 8:00 to 8:45 am and 10:15 am to 10:45 am

Catechism in a Year podcast

Ascension Presents has launched "The Catechism in a Year" podcast (with Fr. Mike Schmitz) While it began on January 1, 2023, you're not too late to catch up and listen.

With this podcast, Catholics will:

- Read the entire Catechism of the Catholic Church in 365 days
- Understand the essentials of the Catholic Faith and why they matter
- See how Church teaching is rooted in Sacred Scripture
- Absorb over 2,000 years of Sacred Tradition
- Encounter God's plan of sheer goodness
- Transform their relationship with the Church that Christ founded.

If you have ever wanted to understand what it means to be Catholic and allow those truths to shape your life—this podcast is for you!

Go to YouTube.com and search for the site:

"The catechism in a year, with Fr. Mike Schmitz"

Catholic Date Night ONLINE

Do you struggle to find true quality time with your spouse?

Do you find it hard to be consistent about praying together, and growing in faith together?

Do you want to set your marriage up with quality habits that keep you on the same page?

Do you wish you had a community of Catholic couples to truly journey with?

We are Jesse and Kathleen, and we are so passionate about journeying with Catholic couples who really want to treat their marriage like the vocation that it really is.

We know how hard it can be to not only make the time, but know what to do with the time you have together to grow in your relationship with each other with God. That is why we are so excited about inviting you to join us for The Catholic Date Night.

www.wearefoundtogether.com/datenights

Donation receipts for 2022 will be available at the beginning of February. If you require your receipt earlier, please contact the parish office to have this arranged.

Be A Man Men's Group meet in St. Ambrose Parish Hall on Saturdays from 7:00am to 8:30 am

All men welcome, 18 years and older.

Come and join us for good conversation, fellowship and good coffee. For information call Joe 519-241-6070

Parent Meeting regarding the Sacrament of Confirmation
this Thursday, January 26, 2023 at 7:00 pm
At St. Ambrose Church

Parents/guardians of students in grade 7 are asked to attend this meeting to receive information about Confirmation, and to register their child for the Sacrament of Confirmation. Students are welcome to attend.

Thank you for the Christmas church decorating!

I greatly appreciate the parishioners who decorated the church for Christmas. It looked beautiful and we received many favourable compliments!

Prayers for the Sick at St Ambrose Church
Weekly on Wednesdays at 1:00 pm

Please enter the church using the side door on South Street (the Adoration Chapel entrance)

Kindergarten registration is beginning at all Catholic schools. Contact your local school for information on how to register your child and to receive a registration package.

HEALING STRESS and TRAUMA

We all experience stress from world, regional and possibly family or personal issues. This is normal. The body tells the truth about hidden stress. The body keeps the score as we discover, sometimes painfully, the impact of intergenerational and collective trauma within us. We invite you to join Sister Barbara Paleczny, School Sister of Notre Dame PhD, on **Saturdays, Feb. 4th and 11th** 9:30 – 11:30 to learn ways to relieve and heal some of your stress and to help others. We will not ask your personal stories. Location: Waterloo Catholic District School Board office, 35 Weber St. W, behind St. Mary's Church in Kitchener. To register, email St. Mary's Parish office stmarys@rogers.com

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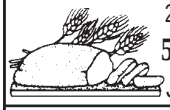

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