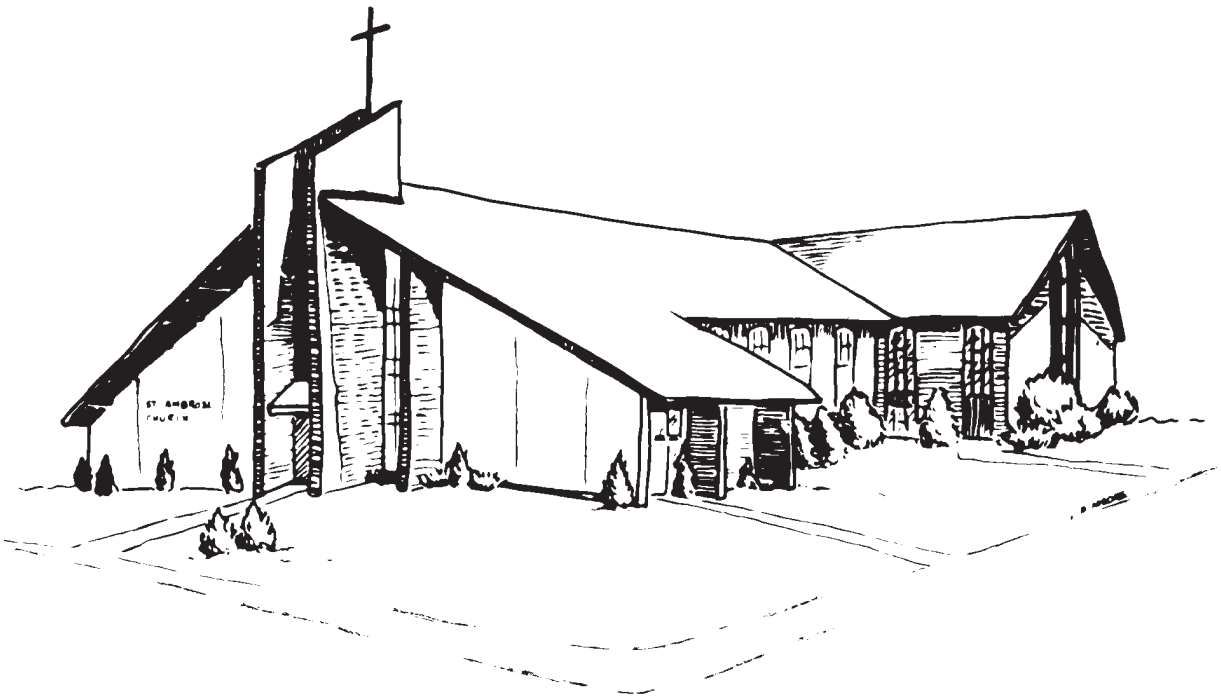
St. Ambrose Church



Fr. Gary Schlack - Pastor
Rev. Mr. Nick Cherri - Deacon
Barbara Roy - Administrative Assistant
Myra Klaassen - Parish Nurse
Carol Renner - Housekeeper
Sandy Figueiredo - Sacristan/Custodian

210 South Street, Cambridge, ON N1R 2P4
519-621-2013 Fax 519-621-2240
E-mail: stambrose@golden.net
www.stambrosecambridge.ca

OFFICE HOURS

Monday to Thursday 9am to 4pm
Friday 9am to 2pm

SUNDAY MASSES

Saturday: 5:00 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

BAPTISM

Please contact the parish office for information on booking a Baptism date and the dates of upcoming Baptism preparation meetings.

SACRAMENT OF RECONCILIATION

- Tuesday to Friday from 6:00 p.m. to 6:45 p.m.
- Saturday from 4:00 p.m. to 4:45 p.m.
- Sunday from 8:00 a.m. to 8:45 a.m. and 10:15 a.m. to 10:45 a.m.

MARRIAGE

Adequate preparation including Marriage Preparation Course is required.
Contact the parish office at least 12 months in advance.

COMMUNION TO THE SICK

Please inform us of hospitalization or confinement to home due to illness.

SCHOOLS

St. Anne	519-621-8920
St. Vincent de Paul	519-740-0678
Msgr. Doyle High School	519-622-1290
Holy Spirit School	519-621-8973

SOCIETY OF ST. VINCENT DE PAUL

(519) 623-8764 - for assistance with food, clothing, etc.
(519) 629-0103 - St. Vincent de Paul Store

KNIGHTS OF COLUMBUS

Selwyn Langlois 519-621-2580

"When we are before the Blessed Sacrament, instead of looking about us, let us shut our eyes and open our hearts; and the good God will open His. We will go to Him, and He will come to us, the one to give, and the other to receive. It will be like a breath passing from one to the other."

St. John Vianney

What is Perpetual Adoration?

Perpetual Adoration is a Eucharistic devotion whereby parishioners commit to spending one hour in prayer before the Blessed Sacrament in the Adoration Chapel. People are always welcome, at any time, to pray before the Blessed Sacrament, however, it is important to have someone present for each hour of the day.

The Eucharist is displayed in a special holder called a *Monstrance*. The word monstrance comes from the Latin word "*monstrare*" which means "to show". The consecrated Host is exposed behind a small glass case within the monstrance so that visitors to the Chapel of Perpetual Adoration may see the Lord in his Real Presence.

A visitor to the chapel is called an "adorer" because they come to adore the Lord Jesus in his Body, Blood, Soul and Divinity. The experience of Adoration is an intimate experience of prayer.

Within the chapel there are certain guidelines which are observed to maintain the proper prayer of adoration:

- Each person prays in silence. There are no communal prayers celebrated within an Adoration chapel.
- Before entering the Perpetual Adoration Chapel, one should sign the "sign-in" book located in the hallway of the Chapel.
- Upon entering the Chapel, kneel or genuflect for a moment as a sign of respect for Our Lord.
- Pray in silence with Our Lord.
- Before exiting the Chapel please kneel or genuflect for a moment, as a sign of respect for Our Lord.

Due to COVID-19 protocols, adorers are expected to wear facial masks. Due to the small size of the Chapel, a maximum of 4 people are permitted at a time.

We kindly ask that personal devotional items not be placed in the Adoration Chapel. The central focus of an Adoration Chapel must be the Real Presence of Our Lord in the Blessed Sacrament.

This is a link to our parish online sign-up which shows the days and hours which are in need of weekly volunteers
https://volunteersignup.org/B4PEL

Tuesday, November 16
7:00 pm + SOULS IN PURGATORY
CONFESSIONS at 6:00 pm to 6:45 pm
*** Adoration of the Blessed Sacrament 6pm to 7pm**

Wednesday, November 17
7:00 pm – Intentions of Jean Gaudreau
- Intentions of Lucy DeOliveira – from Ana and Manuel
- Intentions of Shirley and Tony Borges
+ MARK VALENTINO CHAVES – Antonio & Maria Chaves
CONFESSIONS at 6:00 pm to 6:45 pm
*** Adoration of the Blessed Sacrament 6pm to 7pm**

Thursday, November 18
7:00 pm + MANUEL DaSILVA – Maria G Silva
CONFESSIONS at 6:00 pm to 6:45 pm
*** Adoration of the Blessed Sacrament 6pm to 7pm**

Friday, November 19
7:00 pm + SOULS IN PURGATORY
CONFESSIONS at 6:00 pm to 6:45 pm
*** Adoration of the Blessed Sacrament 6pm to 7pm**
Prayers for the Souls in Purgatory at 6:30 pm

Saturday, November 20
CONFESSIONS at 4:00 pm to 4:45 pm
5:00 pm + MARIA CABRAL – Tony Etelvina
+ MANUEL DeVARGAS – Maria
+ ANA & VID ELJUGA – Mila and Slobodan
+ SAMI & OTTO PUTKONEN and JULIET & FELIX ROCHA – from their family
+ MARIA BRAGA MONTEIRO & ANTONIO MELO - Fatima

Sunday, November 21
9:00 am + JOHN FARIA – Their grandsons
11:00 am – for the intentions of all parishioners
CONFESSIONS: 8:00 to 8:45 am and 10:15 am to 10:45 am

Please support **our bulletin advertisers**, which are listed on the back of the Church each week. Their advertising allows the bulletin to be printed *free of charge* for the parish ☺

Families, couples, individuals invited to light the Advent Wreath Candles

Can you believe Advent is only two weeks away, on November 28?! Families, couples, and individuals are invited to participate in the lighting of the candles on the Advent Wreath at weekend Masses.
There is a sign-up sheet at the back of the Church this week and next week or **email** to the parish office. Thank you!

Canadian Food for Children: CHRISTMAS SHOEBOXES
St. Gregory's Parish in Cambridge is working on their annual Christmas Shoebox Campaign in support of Canadian Food for Children. Please help provide a gift to a child in a third world country.
Items that can be included in the Shoeboxes are games, dolls, new stuffed toys, balls school/craft supplies, skipping ropes, stickers, marbles, clothing, granola bars, wrapped candy, baby food, soap, face cloths, toothbrushes, toothpaste, combs, etc. Please NO battery-operated toys or toys depicting war or violence.
When wrapping your shoebox please ensure that the top and bottom of the box is wrapped separately. Label the box with the age and gender of the child for whom it is intended – infant 1 to 15 years. If you wish to make a monetary donation instead, please make funds payable to "Canadian Food for Children." Boxes and funds can be dropped off at St. Gregory Church, 10 St. Gregory Drive, Cambridge 519-623-3111, no later than November 20/21.

Prayer Before Adoration Invoking St. Joseph

Dear Jesus, we believe that You are here, truly present in the Blessed Sacrament: that You see us, that You hear us. We adore You with profound reverence. We beg pardon for our sins and the grace to make this time of prayer fruitful. Our Immaculate Mother, St. Joseph our Patron, our guardian angels, our patron saints, intercede for us during this time of prayer and adoration. We ask this through Christ, Our Lord. Amen.

Prayers for the Sick at St. Ambrose Church Weekly on Wednesdays
Myra Klaassen will be leading prayers for the Sick and will also pray the Rosary on Wednesdays, beginning November 3 at 1:30 pm.
Please enter the church using the side door on South Street (the Adoration Chapel entrance)

2022 Sunday Missals for sale for $5.00 each.
2022 Religious wall calendars $4.00 each
These are available for purchase from the parish office or in the Sacristy after Mass on the weekend.

Volunteer Opportunity

Would you like to have a positive impact in the lives of others? Would you like to make a real difference in your community? **Marian Residence Retirement Home** in Preston has volunteer opportunities available for you! The home is run by the Sisters of Our Lady Immaculate.
If you're interested in joining our team, please email us at **volunteer@solisisters.ca** for more information!

COME RETREAT WITH LOYOLA HOUSE VIRTUALLY!
Loyola House Retreat Centre
Are you looking to break away and spend some time in silence? Interested in learning something new? See our website at **loyolahouse.com** (under "Events") for more information on these upcoming retreats & programs:

- **Advent Weekend Retreat -** December 3-5
- **Ignatius Spiritualty Retreat** - January 17-22
- **Let us Dream Weekend Retreat** - NEW! - January 28-30
- **8-Day Directed Retreat** - Feb. 6-14 - *Please note that you can take a shorter retreat within these dates (i.e. 2-day, 3-day, 4-day, etc.) - contact registration@ignatiusguelph.ca*
- **Ignatius & Teilhard 5-Day Retreat** - February 17-22
- **Finding Your Way: Weekend of Discernment** - February 25-27

These **virtual retreats** may include video links and/or Zoom (or telephone) gatherings, and optional individual meetings with your spiritual director where indicated.
Register online at **loyolahouse.com** or contact **registration@ignatiusguelph.ca** or by calling 519 824 1250 ext 266.

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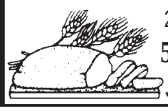
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