



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)

Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## CHILDREN'S FAITH FORMATION

Kim Boudouin 613-884-8475

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

## KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

## PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

## OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## TWENTIETH & TWENTY-FIRST SUNDAY IN ORDINARY TIME



### August 17 – 20th Sunday in Ordinary Time

Jeremiah 38.4-6,8-10

Hebrews 12.1-4

Luke 12.49-53

### August 24 – 21st Sunday in Ordinary Time

Isaiah 66.18-21

Hebrews 12.5-7,11-13

Luke 13.22-30

#### Mass Schedule August 18 – 24

Mon Aug 18 – NO MASS

Tuesday, Wednesday, Thursday

8:30-8:50 am Reconciliation

9:00 am Mass

Fri Aug 22 – NO MASS

Sat Aug 23 4:15-4:45 pm Reconciliation

5:00 pm Mass

Sun Aug 24 9:00 am & 11:00 am Mass

#### Mass Schedule August 25 – 31

Mon Aug 25 – NO MASS

Tuesday, Wednesday, Thursday

8:30-8:50 am Reconciliation

9:00 am Mass

Fri Aug 29 – NO MASS

Sat Aug 30 4:15-4:45 pm Reconciliation

5:00 pm Mass

Sun Aug 31 9:00 am & 11:00 am Mass

Any changes to weekday Masses will be announced at the weekend Masses and posted on the front door.

#### Parish Office Hours

August 18 to 22: Mon, Tue, Wed, Thu

9-12 & 12:30-3:30

August 25 to 29: Mon, Tue, Wed, Thu

9-12 & 12:30-3:30

\*Parish Office is Closed on Fridays

Emails and phone messages will be monitored.

#### Mass Intentions

**Tue, Aug 19 – 9:00 am**

In thanksgiving by Rita & Julian

**Wed, Aug 20 – 9:00 am**

†John & †Charlie Kosowskie by Anastasia Stoppa

**Thu, Aug 21 – 9:00 am**

†Carmela Di Lazzaro by Francesco Di Iorio

**Sat, Aug 23 – 5:00 pm**

†Mary K. Bleskie by Glenn & Sarah Bleskie

Intentions of Francispillai Family

Intentions of Laplante & Lebrun Families by Garvey Family

**Sun, Aug 24 – 9:00 am**

†Maria Girardi by Donella & Joseph Gabrielle

†Pete Landers by Mary Jeffrey & Family

†Damien Brown-Graham by Staff of St. Joseph High School

**Sun, Aug 24 – 11:00 am**

For the intentions of all parishioners

**Tue, Aug 26 – 9:00 am**

Intentions of Maureen & Shane Gifford by Dolores & Warren Bahen

**Wed, Aug 27 – 9:00 am**

†Bernard Chan by Maria

**Thu, Aug 28 – 9:00 am**

†Matt Marcil by Jacques & Jeannie

**Sat, Aug 30 – 5:00 pm**

Living & deceased members of the Catholic Women's League

†Madalena Lazzazera by Francesco Di Iorio

**Sun, Aug 31 – 9:00 am**

For the intentions of all parishioners

**Sun, Aug 31 – 11:00 am**

†Nancy Lalonde by Praying Mothers

†Holance Chan by Daniel & Divina Hogan

†Nelson Cybulski by Sandra

**Please pray for those who are sick:**

**Please pray for those who have died:** †Doreen Keyes; †Fr. Mervin Coulas, cousin of Leo Coulas; †John Clarke, brother-in-law of Doreen Sauve

†Indicates Deceased.

**Catholic Women's League Bazaar 2025:** The CWL is in the planning stages for its annual Bazaar to be held November 15, 2025. Do you have used jewelry you would like to donate to our CWL Bazaar? We are collecting jewelry to sell at the popular Elephant Sale at our November Bazaar. A box labelled "jewelry" is on the counter in the Atrium for donations. Thank you!



**Donate to our Parish  
or Youth Ministry**

**SUMMER OFFICE HOURS** During July and August, the Parish Office will be closed on Fridays, and weekday Masses will be celebrated on most Tuesdays, Wednesdays and Thursdays. Please submit your requests for announced Masses early so they may be published.

**To all parishes' generous faithful** Thank you to all who donate to the ongoing operation of the parish. We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

**Children's Liturgy Volunteers Needed:** we hope to offer a Children's Liturgy program at the 11:00 am Mass beginning in the Fall. We need volunteers to help coordinate it. We have a program and a coordinator but we need an assistant coordinator and volunteers. Please contact the office if you are interested.

For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

**Gospel Reflection:** The Gospel today presents Jesus's warning to his followers that the gospel will divide even the closest relationships. Jesus alludes to his impending death on the Cross when he speaks about his pending baptism and he speaks words of challenge and not comfort to his listeners. If following our faith alienates us from others, perhaps even family or close friends, we must not lose hope. Jesus warned us that discipleship would not be easy: being his friend is not going to get you into the 'cool kids club' – in fact it's almost a guarantee to exclude you from that clique. But you will be part of a heroic crowd of martyrs, saints, faith-filled ordinary folks and an intimate companion of our Lord and the Blessed Mother. It's hard to imagine wanting to fit-in somewhere else, isn't it? Fr. Geoff

**Sacraments of First Communion and Confirmation for 2025-26** If you have a child entering Grade 2 (or older) in September and intend for them to receive First Communion, or a child entering Grade 6 (or older) and intend for them to receive the Sacrament of Confirmation, please email [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca) prior to the beginning of the 2025-26 school year. Preparation for Baptism is also possible at any age. Please send a short note indicating the child's name, upcoming grade, a parent's name, and which Sacraments they hope to receive next year. We will contact all interested families for official registration in September.

**RCIA: The Rite of Christian Initiation of Adults** An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

**Join Our Respect Life Ministry!** *"Before I formed you in the womb, I knew you."* — *Jeremiah 1:5* Are you passionate about promoting the dignity and sacredness of every human life, from conception to natural death? The Respect Life Ministry is looking for compassionate, dedicated volunteers to join our new team! We will work to build a culture of life in our parish and community through prayer, education, outreach, and advocacy. Whether you feel called to pray, serve, educate, or advocate, there is a place for you in this life-affirming ministry. **No experience necessary — just a heart for life and a willingness to serve.** For more information or to get involved, contact: [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

You are warmly invited to Holy Redeemer parish on Tuesday, August 26th at 7:00pm for our monthly **Heart of Worship** adoration event. The evening will include a talk by Teresa Kargul entitled "Listen to God: Do What He Tells You", praise and worship music, silent prayer time, confessions, and fellowship afterwards. Everyone welcome!

**Honouring Women Saints – St. Phoebe:** the Church recognizes saintly people from all ages, cultures, backgrounds and both women and men. The pinnacle of human sanctity is the Blessed Mother Mary: she was Jesus's first and best disciple, our heavenly mother, model, guide and intercessor. Many of Christ's first followers were women who supported him, the apostles and Christ's mission and some were among his close friends, like Mary, Martha and Mary Magdalene (the first person to see the resurrected Jesus who was instructed to testify to her encounter to the apostles). On September 3rd, we may recognize Saint Phoebe, mentioned in St. Paul's Letter to the Romans (Romans 16:1-2). She held a responsible position in the early Church in Cenchreae, supported the missionary work of St. Paul and was entrusted by him to deliver his letter to the Romans, seeking support for his missionary work. In his commendation to the Romans, he describes St. Phoebe with the word "diakonos" in Greek, which has different meanings related to service, such as servant or "deacon", as well as a patroness or helper (in Greek "prostasis), a singular distinction for her as the only woman mentioned this way in the New Testament. The Synod, instituted by Pope Francis, ended its first phase with an announcement to continue the discernment of ordained women deacons in the Catholic Church. The modern word we use for a deacon is not synonymous with the original term, hence the need for further study and discernment. We honour St. Phoebe and her important leadership responsibilities in the early Church which show us that discipleship and responsibility are a common call to all the faithful! God calls us all to holiness: it is not a privilege for a few 'holy' women or men. Holiness, living our life in a God centered way, is for all of us. May St. Phoebe aid us in her prayers. Fr. Geoff

**Synod Update:** Pope Francis inspired our Church to try to learn and live Synodality, to learn to walk beside each other, on a common path, to listen well to each other in peace, at circular tables always listening to the Holy Spirit. Pope Leo is guiding our Church to keep walking together in Synodality as our way of being Church. The Jubilee of Synodal Teams and Participatory Bodies will take place Oct 24-26, 2025 at the Vatican. You are encouraged to read the Final Document of the Synod ([www.synod.va/content/dam/synod/news/2024-10-26\\_final-document/ENG---Documento-finale.pdf](http://www.synod.va/content/dam/synod/news/2024-10-26_final-document/ENG---Documento-finale.pdf)). There is also a supporting document on how to do Synodality in our parishes ([www.synod.va/content/dam/synod/process/implementation/pathways/250102---ENG-Pathways-for-the-implementation-phase.pdf](http://www.synod.va/content/dam/synod/process/implementation/pathways/250102---ENG-Pathways-for-the-implementation-phase.pdf)).

On this grace-filled Year of the Jubilee of Hope, you are joyfully invited to celebrate the 15<sup>th</sup> Anniversary of Spiritual Motherhood of Priests Apostolate (SMOP) on **Sun, Sep 28 at St. Mary's Church, 100 Young St. at 2pm followed by Gala Dinner at Sala San Marco, 215 Preston St.** For tickets and more information contact [info@spiritualmotherhoodofpriests.ca](mailto:info@spiritualmotherhoodofpriests.ca)



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