



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin holyspiritcfff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight

613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair

613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary

613-907-4122

Guardian Angels Elementary

613-836-7423

Holy Spirit Elementary

613-831-1853

St. Stephen Elementary

613-831-8844

Sacred Heart High

613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TWENTY-FIRST & TWENTY-SECOND SUNDAY IN ORDINARY TIME



August 23 – 21st Sunday in Ordinary Time

Isaiah 22.15,19-23

Romans 11.33-36

Matthew 16.13-20

August 30 – 22nd Sunday in Ordinary Time

Jeremiah 20.7-9

Romans 12.1-2

Matthew 16.21-27

Mass Schedule & Intentions

Tue, Aug 25 – 9:00 am

Intentions of Mike

Wed, Aug 26 – 9:00 am

Intentions of Jeremy by Family

Thu, Aug 27 – 9:00 am St. Monica

†Matt Marcil by Jacques & Jeannie

Fri, Aug 28 – 9:00 am St. Augustine

Intentions of Gifford Family by Dolores & Warren

Sat, Aug 29 – 5:00 pm The Passion of St. John the Baptist

†Ann Ryan by Bob & Family

†Helene Hussey by Suzanne

In thanksgiving by Suzanne O'Hara

Intentions of Suzanne Mooney

For a special intention by Ross & Jackie Pilley

Sun, Aug 30 – 9:00 am

For the intentions of all parishioners

Sun, Aug 30 – 11:00 am

In thanksgiving by Suzanne

†Nelson Cybulski by Sandra

In thanksgiving by Alday Family

†Pat Larson by Janlyn Rathgeber

Intentions of Peter & Nancy Kerslake by Tom & Terry Flood

Please pray for those who are sick: Carol Carroll

Please pray for those who have died: †Fred White, father of Louise Beggs; †Lynne Newman, †Beverly Byrne

†Indicates Deceased.

SUMMER OFFICE HOURS

During August, the Parish Office will be closed on Fridays, and weekday Masses will be celebrated on most Tuesdays, Wednesdays, Thursdays and Fridays.

Parish Office Hours

August 24 to 28:

Mon 9-12; Tue, Wed, Thu 9-12 & 12:30-3:30

***Parish Office is Closed on Fridays**

August 31 to September 4:

Mon 9-12; Tue, Wed, Thu, Fri 9-12 & 12:30-3:30

Emails and phone messages will be monitored.

Heart of Worship: You are warmly invited to Holy Redeemer parish on Tue, Aug 25th at 7:00pm for our monthly Heart of Worship adoration event. The evening will include a talk by Teresa Kargul entitled "Transformation of the Inner Man", praise and worship music, silent prayer time, confessions, and fellowship afterwards. All are welcome!



Tue, Sep 1 – 9:00 am

†Richard Jeffrey by Mary Jeffrey

Wed, Sep 2 – 9:00 am

†Josephine MacDonald by MacDonald-Keyworth Family

Thu, Sep 3 – 9:00 am St. Gregory the Great

†Michel Marsolais by Jacques & Jeannie

Fri, Sep 4 – 9:00 am

†Bernard Chan by Maria

Sat, Sep 5 – 9:00 am

For all souls in purgatory

Sat, Sep 5 – 5:00 pm

†Mary Ethel MacDonald by Suzanne

In thanksgiving by Suzanne O'Hara

†Mariette Pagé Desmarchais by James Riordan

Intentions of Patrick & Michael Murphy by Claire

Intentions of Carol Carroll by Shirley Gillis

Sun, Sep 6 – 9:00 am

In Honour of the Immaculate Heart of Mary

Intentions of Linda Squarzolo

†Rosemary Sarsfield by Mary Jeffrey

Intentions of Justin Gifford by Dolores & Warren

Intentions of David Yee by Divina & Daniel Hogan

Sun, Sep 6 – 11:00 am

For the intentions of all parishioners



**Confession available before weekday Masses 8:30-8:50am and Saturdays 4:15-4:45pm*

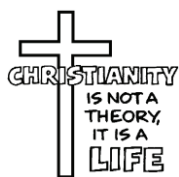
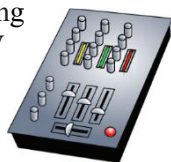
2026-2027 SACRAMENT PREPARATION PARENTS ONLY MEETING (no children required): FIRST RECONCILIATION and FIRST COMMUNION at Holy Spirit Parish Hall on: Tuesday, September 15, 2026 at 7:00pm; or Saturday, September 19, 2026 at 4:00pm. If you have children in Grade 2 or older and wish the Sacraments of First Reconciliation and First Communion for them, please plan to attend ONE of these meetings. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.

Children's Liturgy Leader & Assistants Needed: to have weekly Children's Liturgy we need to recruit another Leader. The commitment is one Sunday a month at the 11 am Mass. Resources are provided to lead the session. We also need assistant leaders to help on Sundays. Please contact the Office for more information. It is a wonderful opportunity to help parish children encounter the Sunday Gospel in an age-accessible way.

Reflection: This question, “who do you say that I am”, is one we need to address as an individual at some point in our own faith lives. Our parents brought us to Church to be baptized, they taught us to pray, they made sure we received the sacraments of penance, Confirmation and Holy Communion. They acted as role models for discipleship by showing us in their daily commitment what it means to be a Christian. But at some point in our life of faith, we, like the disciples, must answer for ourselves as individuals Jesus’s personal question posed to each one of us: “who do you say that I am?”

Fr. Geoff

VOLUNTEERS NEEDED – We are looking for volunteers to assist with operating the A/V sound board at our Sunday Masses. This is a simple but important ministry that helps ensure everyone can fully participate in the liturgy. Training will be provided. If interested, please contact the parish office or Fr. Geoff. Thank you for your generosity!



RCIA: The Rite of Christian Initiation of Adults An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and

Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme youth@holyspiritparish.ca

Our Annual Catholic Women’s League Bazaar is Nov 21! We will be accepting “like new” **donations**. We would love “like new”: belts, purses, pottery, Christmas & Easter items, puzzles, games, kids things, frames & prints (no clothing, books or electrical appliances). We would love more Nativity creches and rosaries. We will also be very happy to receive your Christmas baking. **All donation drop offs will be Fri, Nov 20. (We are not able to store items at the Church).** Thank you!! Contact Louise for more info 613-852-4469, louisebeggs@icloud.com.



PAINT NIGHT It is time for our very popular Annual Catholic Women’s League Paint Night! 🎨 The Paint Party Sisters will lead us, no experience necessary. Join us for a fun evening on Sep 16 at 7pm in the parish hall. Tickets for sale the weekends of Sep 6 & 13 after all Masses. You can also reserve your ticket by contacting Louise louisebeggs@icloud.com, 613-852-4469.

Back to School Food Drive for the Stittsville Food Bank



canned fruit	ketchup
canned pasta	mayonnaise
canned tuna & salmon	peanut butter
canned veggies	cookies
canned tomatoes & sauces	juice boxes
pancake mix	strawberry jam
vegetable oil	small bags of rice

Please bring donations during office hours or when you come to Sunday Mass. Thank you for giving generously!

Adult Faith Formation

Fall Groups Starting This September!

Are you looking to deepen your relationship with God, explore your faith, and connect with fellow parishioners? Join one of our upcoming Adult Faith Formation groups starting this September! We are offering two flexible options to fit your schedule:

- **Sunday Group:** Meets Sunday mornings at **10:00 AM** - “*Ephesians: Discover your Inheritance*” (Ascension press)
- **Weekday Group:** Meets Wednesdays at **6:30 PM** - *Jesus and the Ten Commandments*

Whether you are new to the parish or have been here for years, all adults are welcome to join. No sign up required- Come as you are able! **Dates to follow.**

Inquiries: for more information, please contact the parish office.

Join **Young Catholics Ottawa (YCO)** for the biggest Young Adults Mass and party of the year! On Aug 29, Mass at Notre-Dame Cathedral begins at 7PM and is followed by our Annual White Party. Expect a night of great music, snacks, dancing, and community, with dances led by young adult groups from St. Clement and Sagrada Familia parishes.

The dress code is semi-formal white attire, so come in your best white! Open to young adults ages 18–35. Tickets are \$10 early bird and \$15 at the door, available through Young Catholics Ottawa on social media or at www.linktr.ee/youngcatholicsottawa

Additional details can be found on the YCO website or the events page of the archdiocese. Have questions? Reach out to YCO on social media!

Pilgrimage to Belgium, the Netherlands and Luxembourg with Fr. Francis Ching, CC. April 22-May 4, 2027. 13 days/11 nights with a 2-day optional extension in Ghent to May 6. Price includes all costs except for 10 lunches. \$7335 per person (double occ.) Info meeting Sun, Nov 15, 2026 at 2pm at St. Mary’s Parish. For Info contact Tour Leader Laurie Courchesne-Dooley 613-732-5739 mobile 613-602-3535 email lafricodo@outlook.com

LAURYSSEN
KITCHENS
KITCHENS | VANITIES | CLOSETS
Design Experience Centre - 183 Colonnade Rd S, Ottawa
Head Office & Manufacturing - 7 Industrial Ave, Carleton Place
613-836-5353 www.laurysenkitchens.com

CHRISTOPHER LYONS
XLR8 REAL ESTATE BROKER
REALTY GROUP INC. BROKERAGE Full Service REALTOR®
Residential, Commercial, Waterfront, Land, Farm, Custom Building
"Keep more of your equity.
Save thousands
when you sell."
613.293.3929
www.ChrisLyons.ca
www.xlr8realty.com
www.xlr8luxurylistings.com

HAZELDEAN FAMILY CHIROPRACTIC
Arthritis?
Back Pain?
Headaches?

Chiropractic care may be the solution!
hazeldeanchiropractic.com
8-484 Hazeldean Rd.

Call
1-800-268-2637
for this space

Glen Scottish Restaurant
The Best Fish & Chips in the Valley
1010 Stittsville Main St.
613-836-5622
www.theglen.ca

Plan a more meaningful goodbye
We help you plan ahead:
613-591-6580
kellykanatafh.ca
Kelly Funeral Home
Kanata Chapel
by Arbor Memorial
Arbor Memorial Inc.

Danny Tran CLEANING SERVICES Inc.
RESIDENTAL COMMERCIAL
WE ARE COVERED BY INSURANCE AND WSIB
113 Patriot Pl, Kanata
613-853-0010
Dannytrancleaningservicesinc@gmail.com
www.dannytrancleaningservicesinc.com
f Dannytrancleaningservicesinc

Liturgica inc.
Religious Supplies & Gifts
Shop online:
www.liturgica.ca
613-745-1537
Showroom:
2310 St-Laurent, Unit 209

THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!
TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637

arbique&ahde
associate lawyers
Stittsville Shopping Centre
204-1300 Main St. **613-836-2240** info@arbiqueahde.com

Stittsville Villa
— Retirement Living —
Legendary senior living in Stittsville!
613-836-2216

Thinking of Buying or Selling Your Home?
I Work, Live, and Have My Office Right Here in Stittsville!
Call Me to Talk Real Estate or for a Free Market Evaluation on Your Home
Brent Conley
613-761-0123
Your Home Your Agent

613-728-4780

Thomas A. PEGG
PLUMBING AND HEATING LTD.

THE COLE FAMILY...
SERVING OUR COMMUNITY SINCE 1924
COLE FAMILY OWNED SINCE 1924
PINECREST REMEMBRANCE **COLE FUNERAL** **HIGHLAND PARK CEMETERY**
Services Ltd. — Services — *Cole family owned*
613-831-7122 613-829-3600
Pinecrest-Remembrance.com ColeFuneralServices.com HighlandParkCemetery.ca
Dedicated to providing personalized service and choice

THOMAS CAVANAGH
CONSTRUCTION LIMITED
9094 Cavanagh Rd., Ashton, ON
613.257.2918 www.thomascavanagh.ca