



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SECOND SUNDAY OF ADVENT



December 7 – Second Sunday of Advent

Isaiah 11.1-10
Romans 15.4-9
Matthew 3.1-12

December 14 – Third Sunday of Advent

Isaiah 35.1-6a,10
James 5.7-10
Matthew 11.2-11

Parish Calendar

Mon, Dec 8 The Immaculate Conception of the Blessed Virgin Mary
9:00 am Mass followed by Adoration
 6:30 pm RCIA
 7:00 pm Catholic Women's League Executive meeting

Tue, Dec 9
9:00 am Mass

Wed, Dec 10
9:00 am Mass
 11:00 am Children's Faith Formation
 2:00 pm Youth Alpha
 6:30 pm Sacrament of First Reconciliation
 7:00 pm Prayer Shawl ministry

Thu, Dec 11
9:00 am Mass with Sacred Heart Grade 12
 9:00 am Children's Faith Formation
 9:30 am Cenacle of Marian Movement of Priests
 6:00 pm Finance Council meeting
 6:30 pm Youth Night Grades 6-8

Fri, Dec 12 Our Lady of Guadalupe
9:00 am Mass
 9:30 am Flame of Love Prayer Group

Sat, Dec 13 St. Lucy
 4:15-4:45 pm Reconciliation
5:00 pm Mass

Sun, Dec 14 **Third Sunday of Advent**
9:00 am Mass
11:00 am Mass
 2:00 pm Drop-In Reconciliation

*Coffee Sunday hosted by the Catholic Women's League after the 9 & 11 am Masses. Everyone welcome!
 *Confession available before morning Mass 8:30-8:50am

Mass Intentions

Mon, Dec 8 – 9:00 am
 Intentions of Seamus Bonner by Eileen Garvey

Tue, Dec 9 – 9:00 am
 †Rachelle Campbell by Family

Wed, Dec 10 – 9:00 am
 Intentions of Justin & Aaron Gifford

Thu, Dec 11 – 9:00 am
 Intentions of Margaret Mulvihill by Marion & Patricia

Fri, Dec 12 – 9:00 am
 †Phero & †Theresa by Lee Family

Sat, Dec 13 – 5:00 pm
 Intentions of Annemarie MacDiarmid by Rory MacDiarmid & Pat Doyle
 †Edward Riordan by James Riordan
 †Jerry Jaworski by C. Carroll
 †Lucille Gauthier by Barb & Robert Denis
 †Mary White by John & Kathy Shega

Sun, Dec 14 – 9:00 am
 †Willietta Morris by Mary Jeffrey
 †Giovanni Ragona by Rose & George Giovagnoli
 †Patrick O'Donnell by O'Donnell & Devenny Families
 †Maureen Flynn by O'Donnell & Devenny Families
 †John Scrim by Kevin & Suzanne O'Hara

Sun, Dec 14 – 11:00 am
 For the intentions of all parishioners

Please pray for those who are sick: Verna Ryan; Brian McMillan, Jim Murawsky, Gary Moore, Bishop Mathieu
Please pray for those who have died: †Marcelle Coulas, wife of Leo; †Father Luc Ricard; †Father Gilles Proulx; †Micheline Pommainville

†Indicates Deceased.



ADVENT ACTIVITIES at Holy Spirit Parish

Sun, Dec 7 after 11am Mass – Family Advent Party

Join us in the parish hall after Mass for Advent fun, refreshments, and a visit from Santa!

Mon, Dec 8 at 9am – Mass followed by Adoration

We will have a 9am morning Mass, followed by an hour of Exposition of the Blessed Sacrament, Adoration and ending with Benediction. All are welcome and encouraged to attend both or either liturgy.

Sun, Dec 14 at 2-4pm – Drop in reconciliation

On Sun, Dec 14th between 2 and 4 pm we will have several priests available to hear your confession. This is a 'drop-in' opportunity for reconciliation anytime in the two-hour time frame. Give yourself the gift of a good confession to prepare yourself for Christmas.

Keep Christ in Christmas – Family Advent Party

On December 7th after the 11:00 am Mass, families are invited to the parish hall for Advent fun including music, games, crafts, and a visit from Santa! Enjoy baked goodies and refreshments while enjoying Advent fun.

ATTENTION WOMEN OF HOLY SPIRIT PARISH

December is our Catholic Women's League Membership Drive to join or renew with the CWL. All parish women over 16 are invited to become members in this faith-filled, friendly and fun group. We grow our faith and help others in the process. Our Annual Newsletter in the bulletin describes our work and fun. On December 13-14, we will give every lady at Mass a personal Invitation Letter, and the President, Louise Beggs, will speak after each Mass. Some members simply pray, some do more as they like, but together we do important work...in this parish, for charities, for God and for country. And for each other. Join us.

Reflection: The late Pope Francis remarked: “We are all sinners. We are called to a conversion of heart.” This Sunday and next Sunday we hear about John the Baptist and his role in preparing the people for conversion so they could recognize Jesus as the long-awaited Messiah. John the Baptist is a pivotal figure in Scripture: he stands at the meeting of the Old and New Testaments. He is the last of the Old Testament prophets who prophesied and prepared the Israelites for the coming of the Messiah. He is indeed the person the prophet Isaiah foretold who would come “like a voice in the wilderness” calling for conversion and repentance. John is also the first and only New Testament prophet. He prepared the people of Israel to recognize in Jesus the fulfillment of their longings for a new kingdom, a new reality. Fr. Geoff

RCIA: this Sunday we celebrate the Rite of Acceptance into the Order of the Catechumens with members of our parish who are seeking to become Catholic Christians. They began their inquiry into the faith of the Church in the Fall and now they have chosen to ask for baptism, confirmation, Holy Communion and reconciliation. To mark this next step in their journey, we celebrate a special rite with them, imploring God’s blessings on them and assuring them of our prayers and support. Fr. Geoff

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 6-8. Bring a friend! Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

CWL Bazaar 2025: Our Catholic Women’s League had another great Bazaar on November 15! Thank you to all our wonderful members who worked hard to make it possible, to our parishioners for your generous donations of baking and items, and to all our visitors. We will be making our biggest donations, with our biggest profit yet, to the parish and the Stittsville Food Bank. Well done, all!!



We are delighted to share the wonderful news that our mortgage on 81 Forest Creek has now been fully paid off! Thank you to everyone whose generosity and faithfulness made this milestone possible.

As a result, you will notice that in the 2026 box of offering envelopes, the blue mortgage envelope is no longer included. However, we kindly ask everyone to consider continuing your ongoing financial support as it remains essential for the ministries, maintenance and operating needs of our parish. If you currently donate to the mortgage fund through automatic debit, please contact the parish office at your earliest convenience so we can help you redirect your contribution to another parish fund. Thank you for your continued generosity and support of our parish community.

CHRISTMAS MASS SCHEDULE

Christmas Masses - First Come-First Seated. Parishioners will be seated by ushers. Please, no seat saving. Doors open one hour before Mass.

Wed, Dec 24 at 4:30 pm, 7 pm & 9 pm

Thu, Dec 25 at 10 am

Feast of the Holy Family of Jesus, Mary & Joseph

Sat, Dec 27 at 5 pm

Sun, Dec 28 at 9 & 11 am

Solemnity of Mary, Mother of God

Wed, Dec 31 at 5 pm

Thu, Jan 1 at 10 am



May the blessings of this Holy Season be with you always.

Ho-ho-ho No-no-no: 4 Christmas gift ideas that limit our carbon footprint (already a gift to your children)

The gift of simple & frugal:

Thrift-giving, Marketplace & other sites
Reusing and recycling from neighbours and friends

The gift of quality and zero waste:

- Avoid plastics
- Reuse wrapping
- Choose a plant and natural products

The gift of time and self:

- Attend a concert, show or play, a game or a workshop together;
- Go for a special hike, special skate, with a special snack;
- Set aside time for building a snowman, a lego city, a puzzle...

The gift of local:

Shop local merchants, Xmas markets and select presents with limited packaging, limited transport, locally sourced, encouraging artisans and neighbours.



Donate to our Parish or Youth Ministry



2025 Stittsville Food Bank Christmas Campaign

Please consider purchasing gift cards for children ages 1-17 for the Stittsville Food Bank. These cards will be included in the Christmas hampers distributed this December. Your donations can be dropped off to the parish office during office hours or slipped under the office door on weekends no later than Fri, Dec 12. Thank you for the ongoing support received by those in our community who need our help.



CHRISTMAS DÉCOR & RESOURCES

If you would like to donate toward the decorations & resources in celebration of a loved one’s birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Christmas Décor & Resources* and place it in the collection basket or drop it off at the Parish Office. All names will be printed in our bulletin in the new year.

(PLEASE PRINT CLEARLY)

Name of person(s) or intention: _____

Name of person making the donation: _____

Phone No. (613) _____ Envelope No. _____

Amount (circle one): \$25 \$50 \$100 or _____

LAURYSSEN
KITCHENS
 KITCHENS | VANITIES | CLOSETS
 Design Experience Centre - 183 Colonnade Rd S, Ottawa
 Head Office & Manufacturing - 7 Industrial Ave, Carleton Place
613-836-5353 www.laurysenkitchens.com

HAZELDEAN FAMILY CHIROPRACTIC
 Dr. Erin McLaughlin
 Dr. Pierre Paradis
613-831-9665
 hazeldeanchiropractic.com

Glen Scottish Restaurant
The Best Fish & Chips in the Valley
 1010 Stittsville Main St.
613-836-5622
 www.theglen.ca

Plan a more meaningful goodbye
 We help you plan ahead:
613-591-6580
 kellykanatafh.ca
 Kelly Funeral Home
 Kanata Chapel
 by Arbor Memorial
 Arbor Memorial Inc.

FULL SERVICE REAL ESTATE

XLR8
 REALTY GROUP INC. BROKERAGE
 Residential, Commercial, Waterfront, Land, Farm, Custom Building
WWW.XLR8REALTY.COM 1.613.831.8180


statue canada
 MANUFACTURING SINCE 1978

Danny Tran CLEANING SERVICES Inc.
RESIDENTIAL COMMERCIAL
 WE ARE COVERED BY INSURANCE AND WSIB
 113 Patriot Pl, Kanata
613-853-0010
 Dannytrancleaningservicesinc@gmail.com
 www.dannytrancleaningservicesinc.com



CHRISTOPHER LYONS

XLR8 REAL ESTATE BROKER
 REALTY GROUP INC. BROKERAGE
 Full Service REALTOR*
 Residential, Commercial, Waterfront, Land, Farm, Custom Building
613.293.3929 xlr8luxurylistings.com

1099 Carp Rd
 613.277.5588
 info@statuecanada.ca
www.statuecanada.ca
 PLANTERS • BIRDBATHS
 STATUES • ANIMALS
 BENCHES • FOUNTAINS
 RELIGIOUS • CONTEMPORARY

Liturgica inc.
 Religious Supplies & Gifts
 Shop online:
 www.liturgica.ca
 613-745-1537
 Showroom:
 2310 St-Laurent, Unit 209


Fernbank Dental Centre
 New Patients & Emergencies Welcome
 Evening & Saturday Appointments Available
 5373 Fernbank Road C1 **613-836-8123**
 fernbankdental@gmail.com • www.fernbankdental.com


DANNY MOVING SERVICES Ltd.
 Pickup & Delivery
RESIDENTIAL • COMMERCIAL
 WE ARE COVERED BY INSURANCE AND WSIB
 500 Hazeldean Road, unit 110
 Kanata ON K2L 2B5
613-793-5678
 DANNYMOVINGSERVICESLTD.COM
 DANNYMOVINGSERVICESLTD@GMAIL.COM


arbique&ahde
 associate lawyers
 Stittsville Shopping Centre
 204-1300 Main St. **613-836-2240** info@arbiqueahde.com

Stittsville Villa
 — Retirement Living —
Legendary senior living in Stittsville!

613-836-2216

SMILES & MILES
 Mobile Dental Hygiene
 Bringing Quality, Affordable Dental Care To YOU!
 Direct Billing, CDCP, OSDCP, NIHB, ODSP
 mel@mobileteethcleaning.com **613-614-5199**
 www.mobileteethcleaning.com


613-728-4780
Thomas A. PEGG
 PLUMBING AND HEATING LTD.

THE COLE FAMILY...
 SERVING OUR COMMUNITY SINCE 1924
 COLE FAMILY OWNED SINCE 1924
PINECREST REMEMBRANCE FUNERAL
 Services Ltd. **613-831-7122**
 Pinecrest-Remembrance.com ColeFuneralServices.com
HIGHLAND PARK CEMETERY
 Cole Family owned **613-829-3600**
 HighlandParkCemetery.ca
 Dedicated to providing personalized service and choice

THOMAS CAVANAGH CONSTRUCTION LIMITED
 9094 Cavanagh Rd., Ashton, ON
613.257.2918 www.thomascavanagh.ca