



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)

Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## CHILDREN'S FAITH FORMATION

Kim Boudouin [holyspiritcff@gmail.com](mailto:holyspiritcff@gmail.com)

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

## KNIGHTS OF COLUMBUS

James MacLean, Grand Knight

613-831-8617

## PARISH FINANCE COUNCIL

Jan Haubrich, Chair

613-850-3283

## OUR CATHOLIC SCHOOLS

St. Bernadette Elementary

613-907-4122

Guardian Angels Elementary

613-836-7423

Holy Spirit Elementary

613-831-1853

St. Stephen Elementary

613-831-8844

Sacred Heart High

613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## SECOND SUNDAY IN ORDINARY



### January 18 – 2<sup>nd</sup> Sunday in Ordinary Time

Isaiah 49.3,5-6  
1 Corinthians 1.1-3  
John 1.29-34

### January 25 – 3<sup>rd</sup> Sunday in Ordinary Time

Isaiah 9.1-4  
1 Corinthians 1.10-13,17-18  
Matthew 4.12-23

#### Parish Calendar

**Mon, Jan 19** Parish Office closed in the afternoon  
6:30 pm RCIA  
7:00 pm Catholic Women's League executive

**Tue, Jan 20**  
9:00 am Mass  
7:00 pm Knights of Columbus Council meeting

**Wed, Jan 21** St. Agnes  
9:00 am Mass  
7:00 pm Finance Council meeting

**Thu, Jan 22**  
9:00 am Mass  
9:00 am Children's Faith Formation  
9:30 am Cenacle of Marian Movement of Priests  
6:30 pm Youth Night Grades 3-5

**Fri, Jan 23**  
9:00 am Mass  
9:30 am Flame of Love Prayer Group

**Sat, Jan 24** St. Francis de Sales  
4:15-4:45 pm Reconciliation  
5:00 pm Mass

**Sun, Jan 25** Third Sunday of Ordinary Time  
9:00 am Mass  
10:00 am Discussion Group - *Return*  
11:00 am Mass

\*Confession available before morning Mass 8:30-8:50am

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. Bring a friend! Check Parish Calendar above. Our ministry is still looking for volunteers. If you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

#### Sunday of the Word of God - January 25

In the Apostolic Letter *Aperuit illis*, Pope Francis instituted the Sunday of the Word of God, which is celebrated on the Third Sunday in Ordinary Time. "Devoting a specific Sunday of the liturgical year to the word of God can enable the Church to experience anew how the risen Lord opens up for us the treasury of his word and enables us to proclaim its unfathomable riches before the world." Pope Francis, *Aperuit illis*, 2

**Wedding Anniversary Blessing:** We invite all couples who celebrated a wedding anniversary in October, November, December or January to take part in a special Anniversary Blessing during Mass on the weekend of January 24 & 25. If you would like to participate, please register with the parish office by providing your names and the number of years you are celebrating. We look forward to celebrating this joyful occasion with you!



#### Mass Intentions

**Tue, Jan 20 – 9:00 am**  
Children & grandchildren of the praying mothers

**Wed, Jan 21 – 9:00 am**  
†Mike & †Pat Muldoon by Eugene & Madeleine Muldoon

**Thu, Jan 22 – 9:00 am**  
Intentions of O'Hara Family

**Fri, Jan 23 – 9:00 am**  
Parents, grandparents, relatives & friends by Family Ho Truong

**Sat, Jan 24 – 5:00 pm**  
†Charlotte Beamish by Family  
†Patricia Pecoskie by Lori, Mark, Ashton & Ashleigh Hoare  
Intentions of our Mother Mary  
Intentions of Lebrun Family

**Sun, Jan 25 – 9:00 am**  
For poor souls in purgatory by Suzanne O'Hara  
Intentions of Mike & Tamara & Family  
†Betty MacEachern by McCarville Family  
†Ananias Darjan by Jun

**Sun, Jan 25 – 11:00 am**  
For the intentions of all parishioners



**Please pray for those who are sick:**

**Please pray for those who have died:** †Bernard Dillliott

†Indicates Deceased.

**"Return" – A Discussion Series on Bringing Catholics Back to the Church** Have you ever wondered how to help friends, children, or other loved ones reconnect with their Catholic faith? Join us for "Return," a five-part discussion series offering guidance, support, and practical tools for reaching out to those who have drifted away from the faith. The discussion will draw on Brandon Vogt's book *Return: How to draw your child back to the Church*. **When:** Immediately following the 9:00am Mass for one hour in the Conference Room on Sundays, Jan 25, Feb 8 & 22, and Mar 8. Let's come together as a parish family to learn, pray, and grow in our mission to welcome others home. All are welcome to join any or all of the sessions!

**STITTSVILLE FOOD BANK** Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but toiletries, toilet paper, tissue, juice, canned fruits and vegetables, canned meat, salmon and tuna, rice, cereal, cookies, crackers, coffee and tea are also needed. Please check expiry dates on donations. Please bring your donations during office hours or when you come to Sunday Mass. Please only leave food (not clothing).

**Congratulations to Alex & Emily Ducharme** on the joyful arrival of their newborn son, born on January 12. We extend our warmest blessings to the family as they celebrate this beautiful gift.



## Reflection:

This week we celebrate the Week for Christian unity. As you know, there are many Christian denominations with differing views on many teachings. But Christians of all denominations share core beliefs: “the Word became flesh and dwelt amongst us” and that Jesus came “not to judge the world but to save it.” The words of John the Baptist to his disciples about Jesus being the Lamb of God who takes away our sins point to the Christian faith’s belief that we are saved through Christ’s life, death and resurrection. At its core, Christianity is about faith in a person, the saving mission of the divine person of Jesus Christ and the Gospel message that the kingdom of God has drawn near.

Fr. Geoff

## LENT is Coming – Ash Wednesday is February 18

Please return your blessed palms from last year and place them in the bin at the entrance. They will be burned and used as ashes for Ash Wednesday.



**Calling all Euchre players** Come for a fun afternoon of Euchre on Saturday, January 31, 1pm - 4pm in the Parish Hall hosted by the Holy Spirit Parish Catholic Women’s League. There will be tables for tournament play as well as non-tournament tables. Haven’t played in years? We have a table set up for you! Tickets are \$10 per person. Tickets will be available after the January 24 & 25 Masses and at the door. There will be prizes for the tournament winners, door prizes and a 50/50 draw. For info and tickets, contact Michelle Cole or Louise Beggs at [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com) or 613-836-3126. Everyone is welcome.

**BY MY SIDE** This nonprofit ministry will assist separated and divorced Catholic women to reconnect and build on their faith. These 6 weekly sessions for women begin on Sat, March 28 and are offered virtually over Zoom from 9-11am. All registrants will receive a private link to join prior to their first session. The program, led from a Catholic faith exploration perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. For information and registration, please visit: [www.bymyside.ca](http://www.bymyside.ca) or contact Mary-Jane 613-294-1308.

**Week of Prayer for Christian Unity January 18 - 25** The theme for the week is: “*There is one body and one Spirit, just as you were called to the one hope of your calling*” (Eph 4.4) This universal week of prayer encourages Christians of all denominations to meet, to participate in various liturgical and other community activities, and to pray together that all may be one, as Christ desires.

*As of Monday, January 19, 2026, the Parish Office will be closed on Monday afternoons.*

**Children’s Liturgy** begins Sunday, February 1 at the 11:00am Mass and continues the First Sunday of each month. This program is for children ages 5-9 and offers a child-friendly reflection on the Gospel. Our young children will leave the main Sunday Mass during the Scripture readings to hear the Gospel explained at their own level through simplified language, stories, songs, and activities, fostering faith development and full participation in worship, with children returning before the Liturgy of the Eucharist. We are also looking for volunteers to help support this ministry. If you are interested in assisting, please contact the parish office. We look forward to welcoming our young parishioners!

You are invited to Holy Redeemer parish on Tue, Jan 27 at 7:00pm for our monthly **Heart of Worship** adoration event. The evening will include a talk by Francine Dilawri called “Introducing the theme of Transformation in Christ”, praise and worship music, silent prayer time, confessions, and fellowship afterwards.

**Quo Vadis? Where Are You Going?** Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on January 29 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at [vocations@ottawacornwall.ca](mailto:vocations@ottawacornwall.ca)

**Communio – Christian Young Professionals Forum:** For the past 5 years, Cardus Ottawa has run a programme of public theology called *Communio*. It is a network of Christian young professionals aged 22-35 who gather together for monthly talks, fellowship, and ongoing mentoring on how to live a public Christian life in their chosen profession or career. Our specific goals are as follows:

- To bring together young Christian professionals to engage with the Christian tradition both ancient and modern.
- To encourage young professionals to be confident in living out a public faith.
- To learn from those who have gone before us, and those who are living today.
- To build and nurture an ecumenical Christian community through convivial events and opportunities.
- To grow in friendship and love of Christ.

Join us for our January session to be held at **Cardus Ottawa, 45 Rideau St, 8th floor on Thu, Jan 22 from 6:00-8:00 pm.** Call 613-241-4500 for more info or to register.

Donate to our Parish  
or Youth Ministry



For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

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