



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SIXTEENTH SUNDAY IN ORDINARY TIME



July 20 – 16th Sunday in Ordinary Time

Genesis 18.1-10a
Colossians 1.24-28
Luke 10.38-42

July 27 – 17th Sunday in Ordinary Time

Genesis 18.20-32
Colossians 2.12-14
Luke 11.1-13

Mass Schedule July 21 – 27

Mon July 21 – NO MASS
Tuesday, Wednesday, Thursday
8:30-8:50 am Reconciliation
9:00 am Mass
Fri July 25 – NO MASS
Sat July 26 4:15-4:45 pm Reconciliation
5:00 pm Mass
Sun July 27 9:00 am & 11:00 am Mass

Mass Schedule July 28 – Aug 3

Mon July 28 – NO MASS
Tuesday, Wednesday, Thursday
8:30-8:50 am Reconciliation
9:00 am Mass
Fri Aug 1 – NO MASS
Sat Aug 2 4:15-4:45 pm Reconciliation
5:00 pm Mass
Sun Aug 3 9:00 am & 11:00 am Mass

Any changes to weekday Masses will be announced at the weekend Masses and posted on the front door.

Parish Office Hours

July 21 to 25: Mon, Tue, Wed, Thu
9-12 & 12:30-3:30

July 28 to Aug 1: Mon, Tue, Wed, Thu
9-12 & 12:30-3:30

*Parish Office is Closed on Fridays

Emails and phone messages will be monitored.

SUMMER OFFICE HOURS During July and August, the Parish Office will be closed on Fridays, and weekday Masses will be celebrated on most Tuesdays, Wednesdays and Thursdays. Please submit your requests for announced Masses early so they may be published.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

Donate to our Parish
or Youth Ministry



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Mass Intentions

Tue, Jul 22 – 9:00 am

†Ray Mulvihill by Ted O'Lear

Wed, Jul 23 – 9:00 am

†Matt Marcil by Jacques & Jeannie

Thu, Jul 24 – 9:00 am

Intentions of Praying Mothers

Sat, Jul 26 – 5:00 pm

†Maria Teresa & †Jose Chavolla and †Marina & †Carlos Wolf
by Veronica Wolf & Daniel Chavolla

†JP Ponticellie by James Riordan

Intentions of Father Stephane Pouliot by Ontario Provincial
Council of the Catholic Women's League of Canada

Sun, Jul 27 – 9:00 am

†Rosanne MacDonald by Suzanne & Kevin O'Hara

†Alex Morris by Shirley & Don Gillis

Intentions of Anthony

†Theresa McKellar by Gerry & Kathy Lafleur

Sun, Jul 27 – 11:00 am

For the intentions of all parishioners

Tue, Jul 29 – 9:00 am

Intentions of Whelehan Family

Wed, Jul 30 – 9:00 am

†Auxilda & †Reg Marsolais by Jacques & Jeannie

Thu, Jul 31 – 9:00 am

Intentions of Derek by Joan

Sat, Aug 2 – 9:00 am

In honour of Mary Queen of the Angels

Sat, Aug 2 – 5:00 pm

In honour of Mary Queen of the Angels

For all souls in purgatory by Abraham Family

Intentions of Nyasha Chigwamba by Tsungayi Chigwamba

Intentions of Father John Lemire by Ontario Provincial

Council of the Catholic Women's League of Canada

†Jeannine Lemieux-Hotte by Michel

Sun, Aug 3 – 9:00 am

For the intentions of all parishioners

Sun, Aug 3 – 11:00 am

Intentions of Bishop Alan Campeau by Ontario Provincial

Council of the Catholic Women's League of Canada

Please pray for those who are sick:

Please pray for those who have died: †Jean Brun; †Father Lawrence McCormick; †Ian Cairns, uncle of Michelle Cole; †Josip Radotic, father of Nancy Cheam

†Indicates Deceased.

Children's Liturgy Volunteers Needed: we hope to offer a Children's Liturgy program at the 11:00 am Mass beginning in the Fall. We need volunteers to help coordinate it. We have a program and a coordinator but we need an assistant coordinator and volunteers. Please contact the office if you are interested.

Reflection: Abraham senses something important is happening - he intuitively feels the presence of God has drawn near to him in the person of these three strangers (angels in disguise). Martha is gently corrected for not recognizing the importance of Christ's presence in her home. How often do we miss God's coming to us in our daily lives because we aren't attentive or maybe do not expect him to draw near to us? But this is the lesson of Christ's birth: God came to us. Jesus is Emmanuel: God with us. In the Eucharist, in the other sacraments, in his holy Word and in other ways, God comes to us. Are we open to receiving him? Will we recognize he has drawn near? Will we greet him and give him our undivided attention? If so, we will have chosen the better part and it will not be taken from us. Fr. Geoff

Baptism Was your child baptized when they were younger? If not, it's never too soon to take this important step in their faith journey. We invite families with children who have not yet been baptized to contact the parish office to learn more about baptizing their children – infants, toddlers, school aged – we can help you. 613-836-8881 or admin@holyspiritparish.ca

Sacraments of First Communion and Confirmation for 2025-26 If you have a child entering Grade 2 (or older) in September and intend for them to receive First Communion, or a child entering Grade 6 (or older) and intend for them to receive the Sacrament of Confirmation, please email youth@holyspiritparish.ca prior to the beginning of the 2025-26 school year. Preparation for Baptism is also possible at any age. Please send a short note indicating the child's name, upcoming grade, a parent's name, and which Sacraments they hope to receive next year. We will contact all interested families for official registration in September.

RCIA: The Rite of Christian Initiation of Adults An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme youth@holyspiritparish.ca

You are warmly invited to Holy Redeemer parish on Tuesday, July 29th at 7:00pm for our monthly **Heart of Worship adoration event**. The evening will include a talk by Avery Burrowes entitled "What Captures Your Heart?", praise and worship music, silent prayer time, confessions, and fellowship afterwards.

Gardening Angels Volunteers We are looking for volunteers to form a Gardening Group for the church property to help with weeding, flowers and improving the appearance of our grounds around the church. If you are interested in helping, please contact the parish office.

International Grandparents and the Elderly Day July 27: Pope Benedict XVI inaugurated a world day of prayer for grandparents and the elderly to be celebrated close to the feast day of Jesus's grandparents, St. Anne and St. Joachim. We give thanks to God for the witness, love and support of our grandparents and the elderly in our community, recognizing their wisdom and life experience and their continuing example of faith. See this website for more info and resources: www.catholicgrandparentsassociation.org

Pope Benedict XVI's Prayer for Grandparents: Lord Jesus, you were born of the Virgin Mary, the daughter of Saints Joachim and Anne. Look with love on grandparents the world over. Protect them! They are a source of enrichment for families, for the Church and for all of society. Support them! As they grow older, may they continue to be for their families strong pillars of Gospel faith, guardians of noble domestic ideals, living treasuries of sound religious traditions. Make them teachers of wisdom and courage, that they may pass on to future generations the fruits of their mature human and spiritual experience. Lord Jesus, help families and society to value the presence and role of grandparents. May they never be ignored or excluded but always encounter respect and love. Help them to live serenely and to feel welcomed in all the years of life which you give them. Mary, Mother of all the living, keep grandparents constantly in your care, accompany them on their earthly pilgrimage, and by your prayers, grant that all families may one day be reunited in our heavenly homeland, where you await all humanity for the great embrace of life without end. Amen!

Catholic Women's League Bazaar 2025: The CWL is in the planning stages for its annual Bazaar to be held November 15, 2025. There are currently tables available for vendors who would like to participate. A table is \$45. We have 10 tables available, so first come, first served. If you have items that you would like to sell or know of a vendor who would like to have table at the Bazaar, please contact Louise Beggs (613-852-4469, louisebeggs@icloud.com).

There will be vendors, crafts, baked goods, door prizes, raffles, White Elephant table, religious articles and more at our Bazaar. We invite all parishioners to help us. If you have knitting, sewing, craft items and baking, it would be much appreciated! We love having a variety of crafts, so please let us know if you have items to donate. Contact us at cwlholyspiritparish@gmail.com

Family Inner Healing Retreat Join us for praise and worship, adoration, Mass and healing, with Fr. Antony of Divine Retreat Centre Rwanda, at three area churches beginning 7PM: July 21st – St. John the Apostle, 2340 Baseline Rd; July 22nd – Our Lady of Fatima, 153 Woodroffe Ave; July 24th – St. Maurice Parish, 4 Perry St. This event is free. No registration required. All are welcome.

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