



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin holyspiritcfff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight

613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair

613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary

613-907-4122

Guardian Angels Elementary

613-836-7423

Holy Spirit Elementary

613-831-1853

St. Stephen Elementary

613-831-8844

Sacred Heart High

613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SEVENTEENTH & EIGHTEENTH SUNDAY IN ORDINARY TIME



July 26 – 17th Sunday in Ordinary Time

1 Kings 3.5-12
Romans 8.28-30
Matthew 13.44-52

August 2 – 18th Sunday in Ordinary Time

Isaiah 55.1-3
Romans 8.35,37-39
Matthew 14.13-21

Mass Schedule & Intentions

Tue, Jul 28 – 9:00 am

Intentions of Martinez Family by Dolores & Warren

Wed, Jul 29 – 9:00 am Sts. Martha, Mary & Lazarus

Intentions of Aaron Gifford by Dolores & Warren

Thu, Jul 30 – 9:00 am

†Auxilda & †Reg Marsolais by Jacques & Jeannie

Fri, Jul 31 – 9:00 am St. Ignatius of Loyola

Intentions of Mary Lou by Family

Sat, Aug 1 – 9:00 am St. Alphonsus Liguori

For all souls in purgatory

Sat, Aug 1 – 5:00 pm

†Joe McGrath by Family

†Maria by Deacon Nuno & Family

Intentions of Suzanne O'Hara

†Jeannine Lemieux-Hotte by Michel

Intentions of Suzanne Mooney

Sun, Aug 2 – 9:00 am

For the intentions of all parishioners

Sun, Aug 2 – 11:00 am

For vocations in Archdiocese

Intentions of Fr. Geoff by Marion, Patricia & Margaret

†George Steward by Sandra

Intentions of Suzanne O'Hara

†Holance Chan by Divina & Daniel Hogan

Please pray for those who are sick: Maria Gaudreau



Tue, Aug 4 – 9:00 am St. Jean-Marie Vianney

†John Herzog by Hayden Family

Wed, Aug 5 – 9:00 am

†James D. Smith by Walsh Family

Thu, Aug 6 – 9:00 am The Transfiguration of the Lord

For poor souls in purgatory by Suzanne O'Hara

Fri, Aug 7 – 9:00 am

Intentions of Jeremy by Family

Sat, Aug 8 – 5:00 pm St. Dominic

†Mary Gertrude by James Riordan

†Mary Theresa Howe by Anne Howe Sloan & Family

Intentions of Suzanne O'Hara

†Thomas Chiasson by Fred & Kathy MacDonald

Intentions of Suzanne Mooney

Sun, Aug 9 – 9:00 am

†Maria Girardi by Joe & Donella Gabriele

In thanksgiving by Suzanne O'Hara

In honour of the Immaculate Heart of Mary

Intentions of our Children by a couple

Intentions of Aaron Gifford by Dolores & Warren

Sun, Aug 9 – 11:00 am

For the intentions of all parishioners

Please pray for those who have died: †Vanita MacDonald

†Indicates Deceased.

Parish Office Hours

July 27 to 31:

Mon 9-12; Tue 9-12 & 12:30-3:30

August 3 to 7:

Tue, Wed, Thu 9-12 & 12:30-3:30

*Parish Office is Closed on August Civic Holiday & Fridays

Emails and phone messages will be monitored.

*Confession available before weekday Masses 8:30-8:50am
and Saturdays 4:15-4:45pm

SUMMER OFFICE HOURS

During July and August, the Parish Office will be closed on Fridays, and weekday Masses will be celebrated on most Tuesdays, Wednesdays, Thursdays and Fridays.

Donate to our Parish
or Youth Ministry



For **auto-deposit** e-Transfer please send it to
admin@holyspiritparish.ca and add a description in the memo.

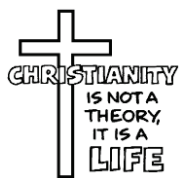
ATTENTION MEN OF HOLY SPIRIT PARISH

Are you looking for deeper connection, honest conversation, and spiritual growth? Join our Monthly Men's Discussion Group—a welcoming space where men come together to explore faith, share life experiences, support one another in their spiritual journeys and encourage each other to live out our beliefs with purpose and integrity. What to expect:

- Open and respectful dialogue
- Thought-provoking topics rooted in Christian faith
- Brotherhood and accountability
- Prayer, reflection, and practical takeaways

We meet on the first Saturday of each month after the 9am Mass. Meetings last about an hour. Drop in when you can. Each session is welcoming and self-contained. Come as you are. Leave encouraged.

You are warmly invited to Holy Redeemer parish on Tuesday, July 28th at 7:00pm for our monthly **Heart of Worship** adoration event. The evening will include a talk by Niko Frlan entitled "The Power of God's Love Transforms Us", praise and worship music, silent prayer time, confessions, and fellowship afterwards.



RCIA: The Rite of Christian Initiation of Adults

An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme youth@holyspiritparish.ca

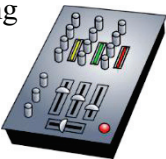
Baptism – Was your child baptized when they were younger? It's never too soon to take this important step in their faith journey. We invite families with children who have not yet been baptized to contact the parish office to learn more about baptizing their children – infants, toddlers, school aged – we can help you. 613-836-8881 or admin@holyspiritparish.ca



Moving?? Help us keep our records up to date. Notify the Office with your old and new contact information. admin@holyspiritparish.ca 613-836-8881



VOLUNTEERS NEEDED – We are looking for volunteers to assist with operating the A/V sound board at our Sunday Masses. This is a simple but important ministry that helps ensure everyone can fully participate in the liturgy. Training will be provided. If interested, please contact the parish office or Fr. Geoff. Thank you for your generosity!



Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on July 30 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O'Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

The Canadian Conference of Catholic Bishops launches **New National Service for Migrant and Refugee Ministry** (Human Mobility) and is recruiting for National Coordinator. Interested candidates are invited to submit a cover letter and résumé to careers@cccbb.ca before July 31, 2026. Complete job description available at [The CCCB is seeking a National Coordinator to lead the Service](#)



World Day
for Grandparents
and the Elderly
2026

World Day for Grandparents and the Elderly July 26

Pope Francis instituted the World Day for Grandparents and the Elderly on January 31, 2021 to be celebrated annually on the fourth Sunday of July, close to the memorial of Saints Joachim and Anne, the grandparents of Jesus.

“I will not forget you” (Isaiah 49:15) is the theme chosen by Pope Leo XIV for the sixth World Day of Grandparents and the Elderly. The verse chosen by the Holy Father “is meant to emphasize how God’s love for every person never fails, not even in the frailty of old age.” The theme also aims to be “a message of comfort and hope for all grandparents and the elderly,” especially those who live alone or feel forgotten. It is also an invitation to families and ecclesial communities not to forget the elderly and to recognize in them “a precious presence and a blessing.”

Prayer for the 6th World Day for Grandparents and the Elderly

Holy Father
Who watches over every person
Watch over me too when I am elderly.
You have revealed your name to me in Christ,
And You were not discouraged by my frailties.
You hold me tenderly in your hands,
And You caress my lines.
You will never forget me! (see Is 49:15).

Grant that I may not fear my weakness;
Help me learn to love it
Just as You love it.
Help me learn to listen to it
Just as You listen to it.
Help me embrace it
Just as You have chosen it –
You who, though all-powerful, clothed yourself in humility.

May growing old strip away all our pride
and all division
So that we may live these years
united in You.
You will never forget us! (see Is 49:15)
Amen.



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