



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____



June 15 – Solemnity of the Most Holy Trinity

Proverbs 8.22-31
Romans 5.1-5
John 16.12-15

June 22 – Body and Blood of Christ

Genesis 14.18-20
1 Corinthians 11.23-26
Luke 9.11b-17

Parish Calendar

Mon, Jun 16

7:00 pm Catholic Women's League executive meeting

Tue, Jun 17

9:00 am **Mass**
4:30 pm Altar Servers gathering
7:00 pm Knights of Columbus council meeting

Wed, Jun 18

9:00 am **Mass**
7:00 pm Choir Practice
7:00 pm Finance Council meeting

Thu, Jun 19

9:00 am **Mass**
9:30 am Cenacle of Marian Movement of Priests
10:00 am St. Bernadette School Grade 6 Grad
6:30 pm Youth Night Grades 3-5

Fri, Jun 20

9:00 am **Mass**
9:30 am Flame of Love Prayer Group
10:00 am St. Stephen School Grade 6 Grad

Sat, Jun 21

St. Aloysius Gonzaga
1:00 pm Indigenous Celebration of the Land
4:15-4:45 pm Reconciliation

5:00 pm **Mass**

Sun, Jun 22 Solemnity of the Most Holy Body & Blood of Christ

9:00 am **Mass**
11:00 am **Mass**

*Confession available before morning Mass 8:30-8:50am

Thank You to Sacramental Preparation Teams: A big thank you to Alex and the volunteers who prepared the young people of the parish for 1st Reconciliation, 1st Holy Communion and Confirmation. Many hours went into helping the young people prepare for these sacraments and to celebrate the special Masses with them and their families. Thank you all very much! Fr. Geoff

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. This week's theme: End of Year Party. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Mass Intentions

Tue, Jun 17 – 9:00 am

†Ray Mulvihill by Ted O'Lear

Wed, Jun 18 – 9:00 am

Intentions of Pope Leo XIV by MacDonald-Keyworth Family

Thu, Jun 19 – 9:00 am

In honour of St. Joseph by Mary Watters

Fri, Jun 20 – 9:00 am

Intentions of Michael & Jennifer by Marie

Sat, Jun 21 – 5:00 pm

†Teresa Wolf & †Maria Luisa Bustamante by Veronica Wolf & Daniel Chavolla

†John McCarthy by McCarthy Family

Intentions of Justin Gifford by Dolores & Warren Bahen

Intentions of Laplante & Lebrun Families by Garvey Family

Sun, Jun 22 – 9:00 am

†Antonio Girardi by Donella & Joseph Gabriele

†Ann Ryan by Mary Jeffrey

Intentions of McCaffrey Family by Christina Murdock

Intentions of Julie Beingessner by Secret Sister

Sun, Jun 22 – 11:00 am

For the intentions of all parishioners

Please pray for those who are sick:

Please pray for those who have died: †Marie Solange Rutayisire, mother of Jean Carlos Nahimana; †Marykutty Cyprian, mother of Fr. Shibu

†Indicates Deceased.

SUMMER OFFICE HOURS, MASS SCHEDULE AND BULLETIN REMINDER

During July and August, the Parish Office will be closed on Fridays, and weekday Masses will be celebrated on most Tuesdays, Wednesdays and Thursdays. Staff holidays will be published in the bulletin. Summer Sunday bulletins will be published biweekly during July and August and back to weekly bulletins as of August 31st. Please submit your requests for announced Masses early so they may be published.

Moving?? Help us keep our records up to date. Notify the



Office with your old and new contact information. admin@holyspiritparish.ca 613-836-8881

Donate to our Parish or Youth Ministry



Trinity Sunday Reflection: You may have noticed we Catholic Christians pray in a particular way. We begin our prayers with two signs of our core beliefs, whether we are in public or privately praying alone. We start our prayers by tracing the sign of the Cross on our bodies, marking ourselves with the sacrifice of Christ on our very bodies. As we trace the symbol of the Cross on our bodies, we invoke the Holy Trinity: “in the name of the Father, and of the Son and of the Holy Spirit.” We begin our prayers calling upon the three divine persons of the Holy Trinity, orienting our prayer in this great mystery of three persons yet one God. Fr. Geoff

Thank You: A big thank you to everyone who brought something for our Pentecost Sunday celebration of our parish Feast Day. It was an awesome and delicious display of the unity in diversity of our Catholic faith. I was asked “when are we doing it again?” Also, thank you to those who set up and cleaned up, arriving before 8 am and staying until 2 pm to make our celebration so special. Thank you too for the cake and congratulations on my 22nd Anniversary of ordination. Fr. Geoff

Volunteer Appreciation Celebration-You’re Invited!
To all our amazing volunteers: We are so grateful for the time, talents, love and service you give to our church community. To show our appreciation, we warmly invite you to a special Volunteer Appreciation Celebration on Saturday, June 28. Join us for a Mass celebration at 9AM, followed by a reception, fellowship, and gratitude as we celebrate you at the heart of our ministry. Please RSVP on the sign-up board. Thank you for being the hands and feet of Christ here at Holy Spirit Parish.

Indigenous & Parishioners Celebration of the Land
On June 21, from 1-4pm, everyone is invited to a celebration of the land at Holy Spirit Church. Activities include: viewing artifacts from parish site, Archeological presentation, the blessing of a plaque to honor all human ancestors, family activities, stories, and Indigenous refreshments and hospitality.

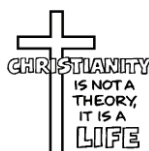
Baptism – Was your child baptized when they were younger? It’s never too soon to take this important step in their faith journey. We invite families with children who have not yet been baptized to contact the parish office to learn more about baptizing their children – infants, toddlers, school aged – we can help you. 613-836-8881 or admin@holyspiritparish.ca

Go Out, Go Deep, Go Together: Please visit www.youtube.be/j0k9z-HXmQc?si=NaG14s823qGtUfAC for the video of Archbishop Damphousse speech from the reception held May 15, 2025.

Happy Father’s Day!

G K Chesterton: “*God chooses ordinary men for fatherhood to accomplish his extraordinary plan.*”

May God bless all our fathers!
Fr. Geoff

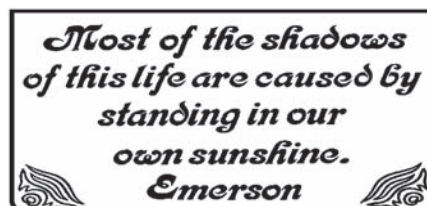


RCIA: The Rite of Christian Initiation of Adults

An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme youth@holyspiritparish.ca

Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on June 26 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

85th Annual Pilgrimage to the Shrine of St. Ann in Cormac and Diocesan Celebration of the Jubilee Year of Hope will take place on Sun, July 27, 2025. The Triduum of Preparation and Pilgrimage Sunday will be led by Bishop Michael Brehl, C.Ss.R., Bishop of the Diocese of Pembroke. The principal Pilgrimage Mass will be at 11:00 am at the Shrine. A Mass of Healing with the Anointing of St. Ann’s oil will be celebrated at 2:00 pm. The Sacrament of Confession is available throughout the day. Pilgrims have the opportunity of availing of the Jubilee Indulgence. On site: St. Ann’s religious articles and other religious articles, St. Ann’s Mass League memberships, food and refreshments vendors. (*Please bring your own seating.*) Triduum Masses on Thu, July 24; Fri, July 25; and Sat, July 26 at 7:00 pm each evening. For more info visit www.cormacpilgrimage.com or www.facebook.com/CormacStAnn. Welcome everyone!



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