



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)

Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## CHILDREN'S FAITH FORMATION

Kim Boudouin 613-884-8475

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

## KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

## PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

## OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## THE MOST HOLY BODY AND BLOOD OF CHRIST



### June 22 – Body and Blood of Christ

Genesis 14.18-20  
1 Corinthians 11.23-26  
Luke 9.11b-17

### June 29 – Solemnity of Saints Peter & Paul

Acts 12.1-11  
2 Timothy 4.6-8, 17-18  
Matthew 16.13-19

#### Parish Calendar

**Mon, Jun 23** Parish Office Closed  
10:00 am Holy Spirit School Grade 6 Grad  
**Tue, Jun 24** Nativity of St. John the Baptist  
9:00 am **Mass**  
10:00 am Guardian Angels School Grade 6 Grad  
**Wed, Jun 25**  
9:00 am **Mass**  
6:00 pm Catholic Women's League potluck meeting  
7:00 pm Choir Practice  
**Thu, Jun 26**  
9:00 am **Mass**  
9:30 am Cenacle of Marian Movement of Priests  
7:00 pm Youth Night Grades 6-8  
**Fri, Jun 27** Most Sacred Heart of Jesus  
9:00 am **Mass**  
9:30 am Flame of Love Prayer Group  
**Sat, Jun 28** Immaculate Heart of the Blessed Virgin Mary, and St. Irenaeus  
9:00 am Volunteer Appreciation Mass & reception  
4:15-4:45 pm Reconciliation  
5:00 pm **Mass**  
**Sun, Jun 29** Solemnity of Saints Peter & Paul  
9:00 am **Mass**  
11:00 am **Mass**

\*Confession available before morning Mass 8:30-8:50am

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 6-8. This week's theme: End of Year Party. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

**To all parishes' generous faithful** Thank you to all who donate to the ongoing operation of the parish. We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

**Go Out, Go Deep, Go Together:** Please visit [www.youtube.com/watch?v=j0k9z-HXmQc&si=NaG14s823qGtUfAC](https://www.youtube.com/watch?v=j0k9z-HXmQc&si=NaG14s823qGtUfAC) for the video of Archbishop Damphousse speech from the reception held May 15, 2025.

#### Mass Intentions

**Tue, Jun 24 – 9:00 am**  
Intentions of Carolyn by Julian & Rita  
**Wed, Jun 25 – 9:00 am**  
Intentions of Amanda & Zach by Marie  
**Thu, Jun 26 – 9:00 am**  
Intentions of Aaron Gifford by Dolores & Warren Bahen  
**Fri, Jun 27 – 9:00 am**  
Parents, grandparents, relatives & friends by Family Ho Truong  
**Sat, Jun 28 – 5:00 pm**  
†Clement & †Carmen Guay by Kennedy Family  
†Doug Specht by Ken & Bonnie Lehmann  
Intentions of Colleen by Watters Family  
**Sun, Jun 29 – 9:00 am**  
†Phil & †Josh by Joan & Family  
For living & deceased members of the Catholic Women's League  
†Rosanne MacDonald by Suzanne & Kevin O'Hara  
†Seamus Brennan by Eileen Garvey & Family  
Intentions of Anthony  
**Sun, Jun 30 – 11:00 am**  
For the intentions of all parishioners



**Please pray for those who are sick:** Steve, John  
**Please pray for those who have died:** †Cherian John, father of Mary Abraham; †Father Laurier Rivet

†Indicates Deceased.

**SUMMER OFFICE HOURS** During July and August, the Parish Office will be closed on Fridays, and weekday Masses will be celebrated on most Tuesdays, Wednesdays and Thursdays. Please submit your requests for announced Masses early so they may be published.

**Baptism** – Was your child baptized when they were younger? It's never too soon to take this important step in their faith journey. We invite families with children who have not yet been baptized to contact the parish office to learn more about baptizing their children – infants, toddlers, school aged – we can help you. 613-836-8881 or [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

Donate to our Parish  
or Youth Ministry



For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

## Sunday Reflection:

The Feast of the Body and Blood of Christ, Corpus Christi, expresses a core belief for Catholic Christians: the Eucharist is a miracle not a metaphor. It is the Real Presence of Jesus Christ - body, blood, soul and divinity. This fundamental tenet of the Catholic faith is based on the words and actions of Jesus at the Last Supper. It is also one of the greatest proofs of God's love and continuing care for his people.

Fr. Geoff

**Thank You Volunteer Grounds Crew:** thank you to the Knights of Columbus volunteers who helped clean up around the church, doing a lot of yard work, tree trimming and tidying! What a difference! Fr. Geoff

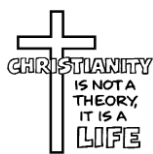
**National Indigenous Peoples Day:** on June 21st we celebrate the Indigenous Peoples of Canada and their legacy. We recognize that we inhabit a land upon which others preceded us with vibrant cultures and a rich history. This day is an opportunity to recognize the languages, traditions and presence of Indigenous peoples raising awareness of the diverse and rich cultures of Indigenous peoples. Fr. Geoff

## Volunteer Appreciation Celebration-You're Invited!

To all our amazing volunteers: We are so grateful for the time, talents, love and service you give to our church community. To show our appreciation, we warmly invite you to a special Volunteer Appreciation Celebration on Saturday, June 28. Join us for a Mass celebration at 9AM, followed by a reception, fellowship, and gratitude as we celebrate you at the heart of our ministry. Please RSVP on the sign-up board. Thank you for being the hands and feet of Christ here at Holy Spirit Parish.

## RCIA: The Rite of Christian Initiation of Adults

An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)



Join St. Mary's Parish, 100 Young St., on June 27 (7-9 pm) for an evening of praise, prophecy, teaching, and healing. Theme: **Praying with Mary**. Speaker: Deacon Charles Fink, Coordinator, Permanent Diaconate Ministries, Archdiocese of Ottawa-Cornwall.

**Quo Vadis? Where Are You Going?** Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on June 26 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O'Hara, the Vocations Director for the diocese, at [vocations@ottawacornwall.ca](mailto:vocations@ottawacornwall.ca)

Everyone is welcome to join the **Jubilee Holy Year Pilgrimage** to Ste. Anne de Beaupre, Our Lady of the Cape and St. Joseph's Oratory on September 19-21, 2025. Accompanied by Msgr. Joseph Muldoon from Holy Cross Parish, with scheduled Masses. Limited space. For details contact JBC Travel, Ottawa, at [www.JBCtravel.ca](http://www.JBCtravel.ca), [Dennis@jbctravel.ca](mailto:Dennis@jbctravel.ca), or 613 569-3888.

**85th Annual Pilgrimage to the Shrine of St. Ann in Cormac and Diocesan Celebration of the Jubilee Year of Hope** will take place on Sun, July 27, 2025. The Triduum of Preparation and Pilgrimage Sunday will be led by Bishop Michael Brehl, C.Ss.R., Bishop of the Diocese of Pembroke. The principal Pilgrimage Mass will be at 11:00 am at the Shrine. A Mass of Healing with the Anointing of St. Ann's oil will be celebrated at 2:00 pm. The Sacrament of Confession is available throughout the day. Pilgrims have the opportunity of availing of the Jubilee Indulgence. On site: St. Ann's religious articles and other religious articles, St. Ann's Mass League memberships, food and refreshments vendors. (**Please bring your own seating.**) Triduum Masses on Thu, July 24; Fri, July 25; and Sat, July 26 at 7:00 pm each evening. For more info visit [www.cormacpilgrimage.com](http://www.cormacpilgrimage.com) or [www.facebook.com/ CormacStAnn](https://www.facebook.com/CormacStAnn). Welcome everyone!

Marcel and Linda Dion invite you to GATHER and seek the Lord with **Magnificat Ministries**. Join us for an evening of anointed praise and worship to celebrate the Jubilee of Hope and plentifully receive Jubilee graces! Wednesday, June 25th, at 7:14 pm at St. Elizabeth Parish, 1303 Leaside Ave. Everyone welcome.

Mark your calendars for the second Jubilee Year **Historic Church Tour!** On Saturday, June 28<sup>th</sup> (1-4 PM) we will discover Très-Sainte-Trinité in Rockland (2178 Laurier St.), followed by Saint-Bernard in Fournier (5142 Regional Rd 10). Très-Sainte-Trinité features a 1919 Casavant pipe organ, which will be demonstrated by organist-composer Gilles Maurice Leclerc, as well as beautiful paintings, carvings and stained-glass windows. Saint-Bernard features an elaborate interior filled with trompe-l'œil painting by Édouard Méloche. Tours will be given in French and English. Come discover the hidden gems of the Archdiocese of Ottawa-Cornwall! No registration is required, and all are welcome. Participants must arrange their own transportation.



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