



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

THE MOST HOLY BODY AND BLOOD OF CHRIST



Jun 7 – Solemnity of the Most Holy Body & Blood of Christ

Deuteronomy 8.2-3,14-16
1 Corinthians 10.16-17
John 6.51-59

Jun 14 – 11th Sunday in Ordinary Time

Exodus 19.1-6a
Romans 5.6-11
Matthew 9.36-10.8

Mass Schedule & Intentions

Tue, Jun 9 – 9:00 am

Intentions of Maureen & Shane Gifford by Dolores & Warren

Wed, Jun 10 – 9:00 am

Intentions of Margaret by Marion & Patricia

Thu, Jun 11 – 9:00 am St. Barnabas

†Terry Murphy by Family

Fri, Jun 12 – 9:00 am Sacred Heart of Jesus

†Kim Maika by Margaret

Sat, Jun 13 – 5:00 pm St. Anthony of Padua

†Gilbert, †Blanche Campeau and deceased family members by Family

†Sharon Kelly by Anne Hogan-Knitl

Intentions of Suzanne Mooney

Intentions of Jeremy by Family

Sun, Jun 14 – 9:00 am

Living and deceased members of Catholic Women's League

†Antonio Girardi by Joe & Donella Gabriele

In thanksgiving by Suzanne O'Hara

†Mary Yutronkie by Lori, Mark, Ashton & Ashleigh Hoare

Sun, Jun 14 – 11:00 am

For the intentions of all parishioners

Please pray for those who are sick:

Please pray for those who have died: †

†Indicates Deceased.



**This Week at Holy Spirit Church
Monday, June 8 to Sunday, June 14**

Mon	7:00 pm	Line Dancing
	7:00 pm	Prayer Shawl Ministry
Wed	6:00 pm	Choir Practice
Thu	9:30 am	Cenacle of Marian Movement of Priests
	6:30 pm	Youth Night Grades 3-8
Fri	9:30 am	Flame of Love Prayer Group
Sat	10:00am	Confirmation Celebration
Sun	11:00am	Children's Liturgy
	2:00 pm	Volunteer Appreciation Reception

**Confession available before weekday Masses 8:30-8:50am and Saturdays 4:15-4:45pm*

Volunteer Appreciation Celebration-You're Invited!

*To all our amazing volunteers: We are so grateful for the time, talents, love and service you give to our church community. To show our appreciation, we warmly invite you to a special **Volunteer Appreciation Celebration on Sunday, June 14 at 2PM in the Parish Hall.** Join us for a reception, fellowship, and gratitude as we celebrate you at the heart of our ministry. Please **RSVP on the sign-up board.** Thank you for being the hands and feet of Christ here at Holy Spirit Parish.*

Coffee Sunday Volunteers Needed-June is Breads & Loaves Month

every 1st and 3rd Sundays of the month, we are blessed to have a chance to gather over coffee, juice and treats to share some time together as parishioners and disciples. We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks – this month Bread & Loaves! Sign up and bring your favorite breads & loaves to share with your fellow parishioners.



Volunteers Needed For Parish Finance Council: we are looking for two new members of the Parish Finance Council. Members would ideally have a background in one of these areas: finance, accounting, real estate, law or other related fields. The PFC Meets monthly about ten times a year for an hour to an hour and a half. Please contact Fr. Geoff or Jan Haubrich for more information if interested.

Congratulations to Father Kerslake on the Anniversary of His Priestly Ministry

Parishioners of Holy Spirit Parish are invited to congratulate Father Geoff on Sunday, June 7th as he celebrates his 23rd Anniversary of Ordination to the Priesthood. *Father Geoff: Congratulations and Blessings on the day of your Ordination to the Priesthood. May Christ, Our Lord, bless you abundantly in your priestly ministry.*

World Day of Prayer for the Sanctification of Priests

Catholics worldwide are urged to pray for Priests on June 12, the Feast of the Most Sacred Heart of Jesus. World Day of Prayer for the Sanctification of Priests was begun by Saint John Paul II in 2002 with the objective of having all Catholic faithful join in prayer for the sanctification of Priests.

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Sunday Reflection: At every Mass, the presiding priest or bishop repeats the words of Jesus Christ himself over the bread and wine, following Christ's command to "do this in memory of me." Catholics believe Jesus meant it when he took the loaf of bread saying, "this is my Body" and similarly with the wine telling us "this is my blood." Jesus didn't say 'pretend this is my body and blood,' or 'act like this is my body and blood.' No, he said quite explicitly "this is my body, this is my blood." Truly the bread and wine become his Body and Blood - an unbloody sacrifice that preceded his bloody self-sacrifice on the altar of the Cross. The theological term for this miracle is "transubstantiation" where the outward appearance of the host and wine remains unchanged but at the fundamental level of its substance, it becomes the Body, Blood, Soul and Divinity of our dearly beloved Saviour, Jesus Christ. The Eucharist is a miraculous meal unlike even the most delicious dinner we have ever had.

Fr. Geoff

Is Life Always Worth Living? A Workshop on Aging, Value, and Purpose - Saturday, June 20th

An increasing number of people think that there are circumstances under which it is reasonable for someone to ask someone else to end their life. Some of the reasons listed in government reports are due to cancer, chronic illness, disability, and dementia. Does life lose its sense in the face of suffering? Or, is life always worth living? This formative workshop will empower you to encounter, understand, and overcome the euthanasia temptation. Two mini talks, Q&A, a delicious catered lunch, and an interactive workshop are included! *"Is Life Always Worth Living?"* is taking place on Sat, Jun 20th from 10am - 2 pm at Holy Spirit Parish Hall. Cost: \$25 before June 15th or \$30 after.

Workshop presenters are: Amanda Achtman, Ethics Director, and Nicole Scheidl, Executive Director Canadian Physicians for Life. To register contact Deacon James Kubina at 613-805-4688.

The Finish Line Is In Sight More than 80% of our Archdiocese's \$1.2 million Indigenous Reconciliation Fund pledge has already been reached. Funds raised have supported healing and community-building initiatives through Kateri Native Ministry, Minwaashin Lodge, Isaruit Inuit Arts and Madahòki Farm. A diocesan collection for the Indigenous Reconciliation Fund will take place on Sunday, June 21, National Indigenous Peoples Day. Learn more or donate online at journeyforhealing.ca

Family BBQ - June 28 @ 12pm

Join us for a summer cookout hosted by the Holy Spirit Knights of Columbus! Enjoy hamburgers, hot dogs, and fresh salads in good company. This event is open to everyone, parishioners, families, and neighbours! We'll be gathering in the Parish Hall. Come as you are, no need to bring a thing! A free-will offering, pay what you can, will be collected to help cover costs. We hope to see you there!



Ottawa Catholic Young Professionals Presents: Networking Social Join us for an engaging evening of conversation, community, and practical networking skills. Come learn how to build genuine professional relationships, expand your community, and grow in confidence while meeting people who share your values and ambitions. Join us on Tue, Jun 9th from 7-9:30 pm at Rabbit Hole (208 Sparks St, Rooftop). Cost is \$20 (includes appetizers and one drink). For details and to register visit www.ocyp.ca/events, find us on Facebook, or email info@ocyp.ca.

NET Canada Virtual Mission Discernment – June 13th Young people don't know Christ! They are separated from God and his plan for them – afraid, alone, anxious, and lacking meaning. The Church needs your help! Join us in proclaiming Jesus to high school students and showing them how to respond and live for Him. Catholics ages 16-30 are invited to join an upcoming Virtual NET Mission Discernment Event: June 13th! Get a glimpse into what this transformative year of mission could look like! Interested or know someone who would be? Sign up at netcanada.ca/apply! Have questions? Email recruit@netcanada.ca or call/text 613-292-9991!



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JUNE 20, 12-4
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