



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)

Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## CHILDREN'S FAITH FORMATION

Kim Boudouin 613-884-8475

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

## KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

## PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

## OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## SECOND SUNDAY OF LENT



### March 16 – Second Sunday of Lent

Genesis 15.5-12,17-18  
Philippians 3.17-4.1  
Luke 9.28b-36

### March 23 – Third Sunday of Lent

Exodus 3.1-8a,13-15  
1 Corinthians 10.1-6,10-12  
Luke 13.1-9

#### Parish Calendar

#### Mon, Mar 17

6:00 pm First Communion Preparation  
6:30 pm RCIA  
7:00 pm Catholic Women's League Executive meeting

#### Tue, Mar 18

8:30 am Sacred Heart Grade 7 Mass

#### 7:00 pm Mass

7:00 pm Confirmation preparation  
7:35 pm Knights of Columbus meeting

#### Wed, Mar 19 St. Joseph, spouse of the Blessed Virgin Mary

#### 9:00 am Mass

11:00 am Funeral Mass – Marie Armstrong  
7:00 pm Choir Practice

#### Thu, Mar 20

#### 9:00 am Mass

9:00 am Children's Faith Formation  
9:30 am Cenacle of Marian Movement of Priests  
6:30 pm Youth Night Grades 3-5

#### Fri, Mar 21

9:00 am Mass with Sacred Heart Grade 10  
9:30 am Flame of Love Prayer Group  
6:30 pm Way of the Cross hosted by the Lectors

#### Sat, Mar 22

4:15-4:45 pm Reconciliation  
5:00 pm Mass

#### Sun, Mar 23 Third Sunday of Lent

9:00 am Mass  
11:00 am Mass  
1:30 pm Choir Practice

\*Confession available before morning Mass 8:30-8:50am

**The Way of the Cross will be held each Friday evening during Lent at 6:30pm in the church. Everyone is welcome!**

**PLEASE NOTE** – in April 2025, the Tuesday Masses will be at 9:00 AM.

**Prayer for Lent** (from [crosswalk.com](http://crosswalk.com)): **Prayer for Spiritual Renewal:** Lord Jesus, during Lent, I seek spiritual renewal and a deeper connection with you. Fill me with your Holy Spirit, cleanse my heart, and draw me closer to your love and grace. Amen.

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. This week's theme: Forgiveness. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

#### Mass Intentions

#### Tue, Mar 18 – 7:00 pm

†Joyce Fowler by Joanne & Family

#### Wed, Mar 19 – 9:00 am

In honour of St. Joseph

#### Thu, Mar 20 – 9:00 am

†Fern & †Lucette Marcil by Jacques & Jeannie

#### Fri, Mar 21 – 9:00 am

Intercession of the Virgin Mary, Our Mother

#### Sat, Mar 22 – 5:00 pm

†Robert Kingston by Shirley & David Pipkins  
†Sheldon Lancelot Ramsingh by Monica & Rosemarie

Intentions of Ann Ryan by Barb Denis

Intentions of Nancy Carisse by Dennis

†Rosaria Rocco by Phil & Family

#### Sun, Mar 23 – 9:00 am

Intentions of Allison Adam & Family by Tamara & Mike  
For living & deceased members of the Catholic Women's League

Intentions of Claire Moore by Mary Jeffrey

#### Sun, Mar 23 – 11:00 am

For the intentions of all parishioners

**Please pray for those who are sick:**

**Please pray for those who have died:** †Donald Fowler, father of Joanne Gage; †Hilda Brunet, wife of Deacon Claude Brunet

†Indicates Deceased.



**Calling all Euchre players** Come for a fun afternoon of Euchre on Sat, March 29, 1:00pm - 4:00pm in the Parish Hall. Hosted by the Catholic Women's League. Tickets are \$10 per person. Please purchase in advance. There will be prizes for the winners, door prizes and 50/50 draw. For info and tickets, contact Michelle or Louise at email [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com) or (613)836-3126. Everyone is welcome.

#### CHURCH BULLETIN ADVERTISING

Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in June 2025 and supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.

**Donate to our Parish  
or Youth Ministry**



For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

### Gospel Reflection:

The Gospel shows how we can get so focused on the glory of Jesus we forget that the Cross always proceeds the Crown. Peter gets side tracked by this powerful moment, and, at a loss for words, he blurts (paraphrased): “Hey, this is great! Let’s all just stay here and hang out together”. Saint Peter has a big heart, he loves Jesus, but he doesn’t always say or do the right thing. Yet, Jesus chose him to be our first pope. There’s a lesson here for us: God wants our love but we don’t have to have it all together, know all the right answers, and be ‘good’ enough to be worthy of following him. We do have to listen to Him and be ready to follow, especially when in the moment, we don’t fully understand what God may be doing in our lives.

Fr. Geoff

### Understanding the Mass – The Invitation to the Lord’s Prayer:

In the current Roman Missal the priest has only one invitation before the Lord’s Prayer: “At the Saviour’s command and formed by divine teaching, we dare to say”. This is a literal translation from the original Latin text. At the time of Jesus, no one would have dared to address God so intimately as my “Father” but Jesus taught us that God is indeed our heavenly Father and so he revolutionized the way we relate to Him. It is because Jesus commanded us to pray using the words of the “Our Father” that we dare to so intimately address God as Father.

Fr. Geoff

**Archbishop’s Reception 2025** On May 15, 2025, our Archdiocese will gather to hear what God has done, what he is doing, and where he is leading us. Will you be there? Mingle with others from Ottawa-Cornwall, hear live testimonies from people who encountered God, and be present for the official launch of our new Archdiocesan vision, presented by Archbishop Marcel Dampousse. Whether you are new to the Catholic Church or have been here your whole life, we want you with us. Come be empowered with the mission. Hosted at the Infinity Convention Centre, doors open at 6 pm for a cocktail hour, followed by the main programming from 7 pm – 9 pm. Appetizers will be served. Tickets are \$65 available at [ottawacornwall.ca/events/archbishops-reception/](http://ottawacornwall.ca/events/archbishops-reception/)

### Join Us for Maryvale Academy’s 20th Anniversary Gala!

Celebrate 20 years of faith-filled education at Maryvale Academy’s 20th Anniversary Gala on April 26th, at the Blu Legacy Convention Centre. Enjoy an evening of dinner, live entertainment, and auctions, all in support of Ottawa’s largest independent Catholic school. Early bird tickets are on sale now until March 17th! Visit [www.maryvalegala2025.ca](http://www.maryvalegala2025.ca) for more details.

**Looking to Pray a Bit More Each Day?** Check our *sacred space.com* for a daily short guided prayer session. There’s also an app - sacred space.

*It was a Great turn out at the March 2nd pancake breakfast. We raised \$700 for the Youth Ministry. Thank you to all parishioners who participated. Well Done!*

**Looking to Volunteer Occasionally?** Canadian Blood Services holds blood donation events at our church. We need a volunteer willing to be the church contact during the events that take place once every couple of months. This is approximately an 8-hour commitment. If interested or for more details, please contact the parish office.

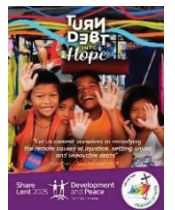
**Heart of Worship:** You are warmly invited to Holy Redeemer parish on Tue, Mar 25 at 7:00pm for our monthly Heart of Worship adoration event. The evening will include a talk by Fr. Hezuk Shroff entitled “The Mercy of God Leads to Hope”, praise and worship music, silent prayer time, confessions, and fellowship afterwards. Everyone welcome.

Couples for Life Ottawa invites all to the **Christian Life Program** for Families this Spring 2025 at Holy Redeemer Parish on Saturdays 1-3pm March 22-May 17. Join us in this journey to find out how to make the best of our lives and family, just as God intends. Register at [cfcottawa@couplesforchrist.ca](mailto:cfcottawa@couplesforchrist.ca) 613-879-9368 – it’s free!

**Quo Vadis? Where Are You Going?** Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on March 27 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at [vocations@ottawacornwall.ca](mailto:vocations@ottawacornwall.ca)

### Development and Peace — Caritas Canada: a movement of solidarity **This Lent, Turn Debt into Hope**

2025 is a Jubilee year. A year in which Pope Francis invites us to “forgive the debts of countries that will never be able to repay them.” (*Spes non confundit*, 16). Development and Peace — Caritas Canada is responding to this call through the global **Turn Debt into Hope** campaign. **Donate** online at [devp.org/give](http://devp.org/give) or during the Solidarity Sunday collection on April 6, the fifth Sunday of Lent. Your generosity helps support over 79 projects in 34 countries around the world!



**The Jubilee Year 2025:** Jubilee Year resources can be found on the CCCB website at [www.cccb.ca/evangelization-catechesis-catholic-education/the-ordinary-jubilee-of-the-year-2025/](http://www.cccb.ca/evangelization-catechesis-catholic-education/the-ordinary-jubilee-of-the-year-2025/)

Annual Stamp Sale, Craft sale and Book signing at Miriam Centre, Saturday March 29th from 9AM to 3PM!

**2024 Official Donation Income Tax Receipts** Income tax receipts for 2024 are ready for pick up in the Atrium. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.



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