



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FIFTH SUNDAY OF LENT



March 22 – Fifth Sunday of Lent
 Ezekiel 37.12-14
 Romans 8.8-11
 John 11.1-45

March 29 – Palm Sunday of the Passion of the Lord
 Matthew 21.1-11
 Isaiah 50.4-7
 Philippians 2.6-11
 Matthew 26.14 – 27.66

Mass Schedule & Intentions

Tue, Mar 24 – 9:00 am with Sacred Heart Grade 10
 †Mary Josephine Albert by Marie

Wed, Mar 25 – 9:00 am Annunciation of the Lord
 Intentions of Justin Gifford by Dolores & Warren

Thu, Mar 26 – 9:00 am
 †Percy Coulas by Sandra Cybulski

Fri, Mar 27 – 9:00 am
 Parents, grandparents, relatives & friends by
 Family Ho Truong



Sat, Mar 28 – 5:00 pm
 †Ann Ryan by Bob & Family
 Intentions of Emmanuel & Gabriel Tremblay by Family
 †Ron MacDonald by Vanita & Family

Sun, Mar 29 – 9:00 am
 For the intentions of all parishioners

Sun, Mar 29 – 11:00 am
 For living & deceased members of the Catholic Women's League
 †John Scrim by Des & Sue McGuire
 †Percy Coulas & for souls in purgatory by Anastasia Stoppa
 Intentions of Gladys Ogboghodo by Family
 Intentions of Mary Lou Oram by Mary & Family

Please pray for those who are sick: Mae, Sharon, Tom, Sophie, John Pitre

Please pray for those who have died: †Rosemary Shepherd, †Janet Adibe †Indicates Deceased.

The Way of the Cross will be held each Friday evening during Lent at 6:30pm in the church. Everyone is welcome!

This Week at Holy Spirit Church
Monday, March 23 to Sunday, March 29

Mon	<i>Parish Office Closed in Afternoon</i>	
	6:00 pm	First Communion Preparation
	6:30 pm	RCIA
Tue	5:30 pm	First Communion Preparation
	7:00 pm	Confirmation Preparation
Wed	6:00 pm	Choir Practice
	7:00 pm	Catholic Women's League General Mtg
Thu	9:00 am	Children's Faith Formation
	9:30 pm	Cenacle of Marian Movement of Priests
	6:30 pm	Youth Night Grade 3-5
Fri	9:30 pm	Flame of Love Prayer Group
	6:30 pm	Way of the Cross ~ Lectors
Sat	10:00am	Youth Lenten Retreat
	4:15-4:45 pm	Reconciliation
Sun	1:00 pm	Choir Practice

*Confession available before weekday Masses 8:30-8:50am

HOLY WEEK CELEBRATIONS:

Holy Thursday ~ Mass of the Lord's Supper
April 2 ~ 7:00 pm

Bring bells to ring at the Gloria.
 Adoration of the Blessed Sacrament continues until 10pm.

Good Friday ~ the Passion of the Lord
April 3 ~ 3:00 pm

Holy Saturday, Easter Vigil ~ the First Mass of Easter
April 4 ~ 8:00 pm

Bring bells to ring at the Gloria.

Easter Sunday ~ the Resurrection of the Lord
April 5 ~ 9:00 am & 11:00 am

Cupcakes & Muffins - Coffee Sunday April 19:

Twice a month, we are blessed to have a chance to gather over coffee, juice and treats to share some time together as parishioners and disciples. We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks - this month Cupcakes & Muffins! Sign-up and bring your favorite cupcakes & muffins to share with your fellow parishioners!



HOLY WEEK YOUTH RETREAT

Crowned with Thorns: The King of Love

Saturday March 28th 10am-4:30pm

Grades 4-12

\$10 per Child/\$20 per Family

Register Here **Lunch Provided**

Retreat Location:
 Holy Spirit Parish
 1489 Shea Rd.
 Stittsville

Parish Contact:
 Alex Ducharme
 youth@holyspiritparish.ca
 613-836-8881 x300

Retreat Presented by:
 Holy Spirit Parish Youth Ministry and NET Canada

Sunday Reflection: Jesus tells us: “I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die” (Jn 11.25-26). Bishop Barron writing about the significance of the resurrection on the daily life of a Christian writes: “speaking more practically, the Resurrection is key to spiritual detachment. If God has a life for us beyond this life, one not so much opposed to this earthly life but inclusive of and beyond it, then I’m able to wear this world much more lightly. I’m not as obsessed with finding my joy here.” Jesus calls Lazarus out of death, out of the tomb, back to life. Jesus calls us too out of the culture of death where we live in darkness into the culture of life where we live in the Light of Christ. Fr. Geoff

Thank You for Nathan Farrar and Michael Olsen: a big thank you to the leaders of our Sunday morning discussion group concerning bringing adult Catholics back into the practice of the faith. Your presentation of the book’s material, reflections and animation of the discussions were excellent. Thank you for your hard work and dedication in exploring this important topic and concerns many people with relatives and friends who have drifted away from the Church. Fr. Geoff



Knights of Columbus BIRDHOUSE RAFFLE Parishioners can purchase raffle tickets to win one of several custom birdhouses. Tickets are available in the parish office during office hours and on the weekend of March 28 & 29. Tickets are 3 for \$5. All proceeds to Holy Spirit Parish Youth Ministry. Draw takes place on March 30th. Good Luck!

Diocesan Wedding Anniversary Mass 2026: For those celebrating 60 (or more), 50, 40, 30, 25, 20, 15, 10 & 5 years of marriage in 2026! At Notre Dame Cathedral on **Sun, May 3, 2:30 pm**. The registration form is now available at www.forms.office.com/r/jpBDLwD0Kg. Please register before **April 16** to ensure your place! For questions, please contact Anmarie at annmarie.brown@ottawacornwall.ca.

You’re Invited – Join the Encounter School of Ministry Ottawa Campus for our very first Transformation Night! We will take time to soak in the Father’s love in extended worship, and then we will receive a teaching on the Father’s heart and who we are in the Father’s eyes. We will further have time for activating what we learnt, and space for questions and answers about Encounter School. Enjoy this unique opportunity and taste of Encounter School. Tue, March 24th, 6:00 – 8:30pm, St. Mary’s Parish, No registration required – All are welcome.

Soil to Sanctuary Fundraiser: Bubbles, Bingo & Bags St. Faustina Parish of Cumberland warmly invites you to an unforgettable evening of fellowship, joy, and generosity. Join us for **Bubbles, Bingo & Bags** - a celebration where community spirit and Christian stewardship come together in support of a sacred mission: the construction of our new church home. This elegant evening will feature a high-end bingo experience with the chance to win genuine designer handbags from Michael Kors, Kate Spade, and Coach. The grand prize is a Louis Vuitton purse. **Date:** Sat, April 18th, 2026 starting at 5:30PM at Santo Cristo Banquet Hall, 1100 Kenaston St. **Age Requirement:** This is a 19+ event.

Blessing of Easter Baskets: there is a tradition in some cultures of blessing a basket filled with food that has a symbolic meaning in the Christian faith on Holy Saturday. For those who wish to have their baskets blessed, there will be one opportunity on Holy Sat, April 4, at 12 pm (Noon) in the church.

You are warmly invited to a **Divine Mercy Sunday** celebration on Sun, April 12, at 3:00 pm at St. John the Apostle Parish, 2340 Baseline Rd. The afternoon will include a short film on the life of Saint Faustina, reflections on the message of Divine Mercy, the Act of Consecration of the world to Divine Mercy inspired by Saint John Paul II, and the Chaplet of Divine Mercy prayed together. All are welcome to join us for this special time of prayer and reflection on God’s infinite mercy.

CHRISM MASS: March 31st at 5pm at the Notre-Dame Cathedral The Chrism Mass is a special annual Mass where our Archdiocese gathers together to receive the new holy oils for the year. Priests renew their vows and the Archbishop blesses three different oils which are then distributed to parishes: the Oil of the Sick, the Oil of Catechumens, and the Sacred Chrism. All are welcome.

GATHER God is on the move! God is gathering an army to push back the spiritual darkness and oppression assailing the faithful. His heart’s desire is to bless, heal and equip believers. Gather with Magnificat Ministries on the Solemnity of the Annunciation, Wed, March 25th, beginning at 7:14 pm at St. Maurice church in Nepean. The Most Blessed Sacrament will be exposed and the evening will conclude with benediction. All are welcome.

Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on March 26th at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information contact Fr. Connor O’Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

EASTER ALTAR DÉCOR & RESOURCES
A special way to remember loved ones or to celebrate a loved one’s birthday or anniversary, is to donate Altar Flowers in their honour. Please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Easter Décor & Resources* and place it in the collection basket or drop it off at the Parish Office. All intentions will be printed in a bulletin during the Easter Season.
(PLEASE PRINT CLEARLY)
Name of person(s) or intentions: _____

Name of person making the donation: _____

Amount (circle): \$25 \$50 \$100 or _____
Phone No. (613) _____ Envelope No. _____
Remember loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season.

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