



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FOURTH SUNDAY OF LENT



March 30 – Fourth Sunday of Lent

1 Samuel 16.1b,6-7,10-13

Ephesians 5.8-14

John 9.1-41

April 6 – Fifth Sunday of Lent

Ezekiel 37.12-14

Romans 8.8-11

John 11.1-45

Parish Calendar

Mon, Mar 31

6:00 pm First Communion Preparation

6:30 pm RCIA

Tue, Apr 1

9:00 am Mass

9:30 am Lay Apostolate of Jesus Christ the Returning King

7:00 pm Confirmation preparation

Wed, Apr 2

9:00 am Mass with Sacred Heart Grade 9

7:00 pm Choir Practice

Thu, Apr 3

9:00 am Mass

9:00 am Children's Faith Formation

9:30 am Cenacle of Marian Movement of Priests

6:30 pm Youth Night Grades 3-5

Fri, Apr 4

9:00 am Mass

9:30-10:30 am First Friday Adoration & Benediction

9:30 am Flame of Love Prayer Group

6:30 pm Way of the Cross hosted by the Extra-Ordinary Ministers of Holy Communion

Sat, Apr 5

9:00 am First Saturday Mass

9:30 am Cor: Into the Breach

4:15-4:45 pm Reconciliation

5:00 pm Mass

Sun, Apr 6 Fifth Sunday of Lent

9:00 am Mass

11:00 am Mass

2:00 pm Drop In Reconciliation

*hospitality & coffee hosted by the Knights of Columbus after the 9 & 11 am Masses. Everyone welcome!

*Confession available before morning Mass 8:30-8:50am

There will be a special collection for Development & Peace the weekend of April 5 & 6, 2025.

Adoration of the Blessed Sacrament will be held on Friday, April 4 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

The Way of the Cross will be held each Friday evening during Lent at 6:30pm in the church. Everyone is welcome!

Sun, Apr 6 at 2-4pm – Drop in reconciliation

on Sunday, April 6th between 2 pm and 4 pm we will have several priests available to hear your confession. This is a 'drop-in' opportunity for reconciliation anytime in the two-hour time frame. Give yourself the gift of a good confession to prepare yourself for Easter.

Mass Intentions

Tue, Apr 1 – 9:00 am

†Elizabeth Goudge by Suzanne O'Hara

Wed, Apr 2 – 9:00 am

Living & deceased members of MacDonald-Keyworth Family

Thu, Apr 3 – 9:00 am

Intentions of John & Mike Cybulski by Sandra

Fri, Apr 4 – 9:00 am

Intentions of Erin by Julian & Rita

Sat, Apr 5 – 9:00 am

In honour of the Immaculate Heart of Mary

Sat, Apr 5 – 5:00 pm

†Rosanne MacDonald by Suzanne & Kevin O'Hara

†Stella Metcalfe & †Claire Besner by Vanita

Intentions of Maureen Gifford by Dolores & Warren Bahen

Sun, Apr 6 – 9:00 am

†Margaret Gerrie by Suzanne O'Hara

Intentions of Joe & Donella Gabriele

†Alex Morris by Mary Jeffrey

Intentions of Ann Ryan by Pauline Foley

Sun, Apr 6 – 11:00 am

For the intentions of all parishioners

Please pray for those who are sick: Maureen Amrith, Denise

Please pray for those who have died: †Mary Patterson

†Indicates Deceased.

PLEASE NOTE – in April 2025, the Tuesday Masses will be at 9:00 AM.

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. This week's theme: The Mass. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

Prayer for Lent (from crosswalk.com): **Prayer for Compassion:** Dear God, during this Lenten season, open my heart to the needs of others. May I reflect your love and compassion in my actions, serving those who are suffering or in need. In Jesus' name, I pray. Amen.

ATTENTION MEN OF HOLY SPIRIT PARISH Men's Discussion Group **Cor** sponsored by the Knights of Columbus: Join us after the First Saturday Mass on April 5th at 9:45 am until 10:45 am for a discussion based on the Knights of Columbus series for men "Into the Breach." There is coffee, a short video and a facilitated discussion on the topic. The next session is: Life. All men are welcome!

CHURCH BULLETIN ADVERTISING Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in June 2025 and supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.



Gospel Reflection:

In the Gospel, St. John recounts the cure of a man blind from birth. This miracle demonstrates several things. At the time, many thought illness, hardship or tragedy were the result of someone's sin, or perhaps the sin of their parents, that God was visibly punishing. What had the blind man done or what transgression has his parents performed that God punished him? Jesus assures his listeners God doesn't work that way. It's no-one's fault the man is blind. Today we still have a tendency to blame God for illness or suffering - why did God give this person cancer? Why did God take that person away - they didn't deserve to die. What is our conception of God if we think He behaves this way? That's not the Father of Jesus we see in the Gospels. Fr. Geoff

Coffee Sunday Volunteers Needed: every 1st and 3rd Sundays of the month, we are blessed to have a chance to gather over coffee, juice and treats to share some time together as parishioners and disciples. We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. We will have a sign-up sheet in the atrium for volunteers. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We need help to keep this tradition going! Fr. Geoff

Archbishop's Reception 2025 On May 15, 2025, our Archdiocese will gather to hear what God has done, what he is doing, and where he is leading us. Will you be there? Mingle with others from Ottawa-Cornwall, hear live testimonies from people who encountered God, and be present for the official launch of our new Archdiocesan vision, presented by Archbishop Marcel Dampousse. Whether you are new to the Catholic Church or have been here your whole life, we want you with us. Come be empowered with the mission. Hosted at the Infinity Convention Centre, doors open at 6 pm for a cocktail hour, followed by the main programming from 7 pm – 9 pm. Appetizers will be served. Tickets are \$65 available at ottawacornwall.ca/events/archbishops-reception/

2024 Official Donation Income Tax Receipts Income tax receipts for 2024 are ready for pick up in the Atrium. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

Upcoming Blood Donation Event at Holy Spirit Parish on Wednesday, April 9 from 1:00 pm to 7:00 pm. Book now to donate at www.blood.ca

HOLY WEEK CELEBRATIONS:

Holy Thursday, Mass of the Lord's Supper

April 17 at 7:00 pm

Bring bells to ring at the Gloria. Adoration of the Blessed Sacrament continues until 9pm.

Please bring donation for the Food Bank.

Good Friday, Lord's Passion

April 18 at 3:00 pm

Holy Saturday, Easter Vigil

April 19 at 8:00 pm

Bring bells to ring at the Gloria.

Easter Sunday, Lord's Resurrection

April 20 at 9:00 am & 11:00 am

*Schedule of (Triduum) Choir Rehearsals:

Wednesdays in the church from 7:00 to 9:00pm: April 2, 9, 16

Sundays in the church from 1:30-3:00pm: March 30, April 13

All parishioners/singers/musicians are welcome to attend.

Children/Youth Choir rehearsals are held at 10:30am, prior to every 11am Sunday morning mass. Contact Divina for more details.

Join us April 15 at 5pm at the Notre-Dame Cathedral to celebrate the **Chrism Mass**. The Chrism Mass is a special annual Mass where our Archdiocese gathers together to receive the new holy oils for the year. Priests renew their vows and the Archbishop blesses three different oils which are then distributed to parishes: the Oil of the Sick, the Oil of Catechumens, and the Sacred Chrism.

April 6 Greek Takeout Dinner: Enjoy a delicious homemade Greek Dinner from Our Lady of the Visitation's kitchen: Chicken Souvlaki, Greek Salad, Tzatziki with Pita Bread, Roasted Potatoes, Rice & Dessert. Prepaid orders \$25, (children 10 & under \$10) at 613-822-2007 or email office@olvottawa.ca with contact info. Curb side pickup 4-6 pm at 5338 Bank St. Sunday April 6. Proceeds to church restoration.

Diocesan Wedding Anniversary Mass 2025: For those celebrating 60 (or more), 50, 40, 30, 25, 20, 15, 10 & 5 years of marriage in 2025! At Notre Dame Cathedral on Sunday, May 4, 2:30 pm. Please register before Easter to ensure your place! For questions and to register, contact Annmarie at annmarie.brown@ottawacornwall.ca.

Easter Food Drive Parishioners are invited to share with those less fortunate in our community by bringing non-perishable food items to donate to the Stittsville Food Bank for Easter. The Food Bank is serving more clients than in previous years. There is a current need for: pasta sauce, zoodles, tomato sauce & paste, canned chili, chunky soup, black beans, chickpeas, fruit cups, boxed juices, school snacks. Monetary donations to purchase dairy, eggs and fresh produce can be left in the office or in the collection basket as Food Bank Donation (marked with full name and address for receipt). Please bring your non-perishable food donation to the Parish Hall by Sunday, April 13th. Your generous donations are very much appreciated!



EASTER DÉCOR & RESOURCES

A special way to remember loved ones or to celebrate a loved one's birthday or anniversary, is to donate Altar flowers in their honour. Please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Easter Décor & Resources* and place it in the collection basket or drop it off at the Parish Office. All intentions will be printed in a bulletin during the Easter Season.

(PLEASE PRINT CLEARLY)

Name of person(s) or intentions: _____

Name of person making the donation: _____

Amount (circle): \$25 \$50 \$100 or _____

Phone No. (613) _____ Envelope No. _____

Remember loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season.

LAURYSSEN**KITCHENS**

KITCHENS | VANITIES | CLOSETS

2415 Carp Rd., Stittsville 613-836-5353

www.laurysenkitchens.com

**HAZELDEAN FAMILY
CHIROPRACTIC**

Dr. Erin McLaughlin

Dr. Pierre Paradis

613-831-9665

hazeldeanchiropractic.com

**Glen Scottish
Restaurant***The Best Fish & Chips in the Valley*

1010 Stittsville Main St.

613-836-5622

www.thehlen.ca

Planning for the future

Take the first step today and
receive a **FREE** Planning Kit.

613-591-6580

kellykanatafh.ca

Kelly Funeral Home
Kanata Chapelby Arbor Memorial
580 Eagleson Road | Kanata, ON

Arbor Memorial Inc.

**THE PERFECT SPOT
TO ADVERTISE YOUR BUSINESS!****TO ADVERTISE IN THIS SPACE PLEASE CALL
1-800-268-2637****Remember...**Let our advertisers know
you saw their ad here.**POSTCARD
PERFECT**

TURF - SNOW - IRRIGATION

613-831-4246

info@postcardperfect.ca

postcardperfect.ca

LiTurgica
inc.

Religious Supplies & Gifts

Shop online:

www.liturgica.ca

613-745-1537

Showroom:

2310 St-Laurent, Unit 209

**FULL SERVICE
REAL ESTATE****XLR8**

REALTY GROUP INC. BROKERAGE

Residential, Commercial, Waterfront, Land, Farm, Custom Building

WWW.XLR8REALTY.COM 1.613.831.8180

**CHRISTOPHER
LYONS**

REALTY GROUP INC. BROKERAGE

XLR8 REAL ESTATE BROKER

Full Service REALTOR*

Residential, Commercial, Waterfront, Land, Farm, Custom Building

613.293.3929 xlr8luxurylistings.com

**Danny Tran
CLEANING
SERVICES Inc.****RESIDENTIAL • COMMERCIAL**
WE ARE COVERED BY INSURANCE AND WSIB

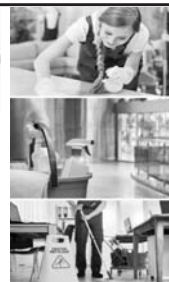
500 Hazeldean Rd, Unit 110, Kanata

613-853-0010

f Dannytrancleaningservicesinc

e Dannytrancleaningservicesinc@gmail.com

www.dannytrancleaningservicesinc.com

**Shop LOCAL • Spend LOCAL
Eat LOCAL • Enjoy LOCAL***and support the local businesses
that support your parish***Shopping
Locally
Saves Gas****arbique&ahde**
associate lawyers

Stittsville Shopping Centre

204-1300 Main St. 613-836-2240 info@arbiqueahde.com

**DANNY MOVING
SERVICES Ltd.**

Pickup & Delivery

RESIDENTIAL • COMMERCIAL

WE ARE COVERED BY INSURANCE AND WSIB

500 Hazeldean Road, unit 110

Kanata ON K2L 2B5

613-793-5678

f DANNYMOVINGSERVICESLTD

e dannymovingsservicesltd@gmail.com

www.dannymovingsservicesltd.com



613-728-4780

**Thomas A. PEGG**
PLUMBING AND HEATING LTD.**THE COLE FAMILY...**
SERVING OUR COMMUNITY SINCE 1924**PINECREST
REMEMBRANCE**
— Services Ltd. —**COLE FUNERAL**
— Services —**HIGHLAND
PARK CEMETERY**
— Cole Family owned —

613-831-7122

613-829-3600

Pinecrest-Remembrance.com

ColeFuneralServices.com

HighlandParkCemetery.ca

*Dedicated to providing personalized service and choice***THOMAS
CAVANAGH
CONSTRUCTION LIMITED**

9094 Cavanagh Rd., Ashton, ON

613.257.2918

www.thomascavanagh.ca