



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

THIRD SUNDAY OF LENT



March 8 – Third Sunday of Lent

Exodus 17.3-7
Romans 5.1-2,5-8
John 4.5-42

March 15 – Fourth Sunday of Lent

1 Samuel 16.1b,6-7,10-13
Ephesians 5.8-14
John 9.1-41

Parish Calendar

- Mon, Mar 9** Parish office closed in afternoon
6:00 pm First Communion preparation
6:30 pm RCIA
7:00 pm Prayer Shawl ministry
- Tue, Mar 10**
5:30 pm First Communion preparation
7:00 pm Confirmation preparation
- Wed, Mar 11**
7:00 pm Penitential Service followed by individual confessions
- Thu, Mar 12**
9:30 am Cenacle of Marian Movement of Priests
7:00 pm Youth Night Grades 6-8
- Fri, Mar 13**
9:30 am Flame of Love Prayer Group
6:30 pm Way of the Cross hosted by Catholic Women's League
- Sat, Mar 14**
4:15-4:45 pm Reconciliation
- Sun, Mar 15 Fourth Sunday of Lent**
*Coffee Sunday hosted by the Catholic Women's League after the 9 & 11 am Masses. Everyone welcome!
11:00 am Children's Liturgy
*Confession available before morning Mass 8:30-8:50am

Fun Craft sale March 15 at Coffee Sunday hosted by the CWL. Proceeds to local charities. Hope to see you there!

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 6-8. Bring a friend! Check Parish Calendar above. Our ministry is still looking for volunteers. If you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

Children's Liturgy will be offered on the Third Sunday of each month at our 11:00 am Mass. This program is for children ages 5-9 and offers a child-friendly reflection on the Gospel. We are also looking for volunteers to help support this ministry. If you are interested in assisting, please contact the parish office. We look forward to welcoming our young parishioners! Join us on March 15 for Children's Liturgy at the 11am Mass.

Donate to our Parish
or Youth Ministry



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

SAVE THE DATE – Family Lenten Retreat on March 28.
More details coming soon... You won't want to miss it!

Mass Schedule & Intentions

- Tue, Mar 10 – 9:00 am**
Children & grandchildren of the Praying Mothers
- Wed, Mar 11 – 9:00 am**
Intentions of Marion DiGaspari by Patricia
- Thu, Mar 12 – 9:00 am**
†Pasqualina (Pat) Adamo by Sandra Cybulski
- Fri, Mar 13 – 9:00 am** with Sacred Heart Grade 9
Intentions of Terry & Geneva Irwin by Dolores & Warren
- Sat, Mar 14 – 5:00 pm**
All Catholic Women's League members in the Ottawa-Cornwall Diocese by Provincial CWL Council
†Donald Fowler by Joanne & Family
- Sun, Mar 15 – 9:00 am**
†Pat Foley by Pauline
†Mary White by Dan White
- Sun, Mar 15 – 11:00 am**
For the intentions of all parishioners



Please pray for those who are sick:
Please pray for those who have died: †

†Indicates Deceased.

The Way of the Cross will be held each Friday evening during Lent at 6:30pm in the church. Everyone is welcome!

Easter Food Drive for the Stittsville Food Bank



canned fruit	baby cereal & snacks
canned pasta	baby food pouches
canned tuna & salmon	canned meat
crackers	school snacks
canned tomatoes & sauces	

Please bring donations during office hours or when you come to Sunday Mass before March 22. Thank you for giving generously!

Holy Week Schedule 2026

Holy Thursday ~ Mass of the Lord's Supper
April 2 ~ 7:00 pm

Bring bells to ring at the Gloria.
Adoration of the Blessed Sacrament continues until 9pm.
Please bring donations for the Food Bank.

Good Friday ~ The Passion of the Lord
April 3 ~ 3:00 pm

Holy Saturday, Easter Vigil ~ The First Mass of Easter
April 4 ~ 8:00 pm

(NOTE: NO 5:00 pm MASS)
Bring bells to ring at the Gloria.

Easter Sunday ~ The Resurrection of the Lord
April 5 ~ 9:00 am & 11:00 am

Happy Easter!

Reflection: Many struggle with the truth that God loves us - as an individual and a unique expression of his creativity and generous love. But that is the underlying message of Jesus's life, ministry, death and resurrection: "for God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life"(Jn 3.16). The holy season of Lent is our opportunity to accept God's daily, present loving care and to focus more intently on his plans for us, using the tools of prayer, fasting and charity to discipline ourselves to better accept his invitation to greater intimacy. We are thirsting for God. God is thirsting for us. Pope Benedict the 16th in his Angelus reflection on this gospel wrote: "The thirst of Christ is a gate of access to the mystery of God, who is in fact made thirsty to satisfy our thirst, as one made poor so that we might become rich (2 Cor. 8,9). Yes, God is thirsty for our faith and our love" (catholicnewsagency.com). Fr. Geoff

Lenten Penitential Service: All parishioners are invited to a short Lenten Penitential Service on March 11 at 7:00 pm. This will be a prayerful time of reflection and preparation for Lent, followed by the opportunity for individual confession. There will be several priests available to hear confessions. Come and experience God's mercy and forgiveness this holy season. All are welcome.



Knights of Columbus BIRDHOUSE RAFFLE Parishioners can purchase raffle tickets to win one of several custom birdhouses.

Tickets are available in the parish office during office hours and on the weekends of February 28 & March 1, March 14 & 15, and March 28 & 29. Tickets are 3 for \$5. All proceeds to Holy Spirit Parish Youth Ministry. Draw takes place on March 30th. Good Luck!



Help Sophie Pettapiece on her CCO mission trip to Ireland! As she prepares to share the gospel and invite others into a deeper relationship with Christ, she is seeking support of your prayers and financial support.



To learn more or to support, please scan the QR code or contact her at sophielovesshrimp@gmail.com.

St. Patrick's Day Celebration Party For an evening of fun, food, dancing and entertainment join Our Lady of the Visitation, 5338 Bank St, for a St. Patrick's Celebration March 14 from 4 pm to 10 pm. The buffet, by our talented chefs, features Guinness Pot Pie, mashed potatoes, veggies, salad and delicious dessert. Licensed bar opens 4 pm with buffet at 6 pm. Live entertainment by Joanne McCann & Ginette Hamilton of Nicklelodeon. Tables of 8 or 10 available. Tickets \$40 each – call 613-822-2007. Takeout available. Proceeds to Our Lady of the Visitation church restoration.

Shades of Ireland Tour – October 16–25, 2026 Join Fr. Bill Penney for an unforgettable 10-day journey through the Emerald Isle with Collette Tours next fall! Pre- and post-tour extensions are available. For details or to reserve contact Nisreen at [Marlin Travel](mailto:nisreen.salem@marlintravel.ca) - 613-728-1616 x232 or nisreen.salem@marlintravel.ca. *Travel, faith, and friendship—a journey to treasure forever.*

“Conversation” with Carol Off St. Basil's Parish invites you to an on-line “Conversation” with Carol Off on March 22 from 2:30-4pm. A well-known CBC broadcaster formerly with “As It Happens”, Carol will engage with us about her recent book *At a Loss for Words*, and the problems that arise when words like 'truth', 'democracy' or 'freedom' are distorted intentionally to obscure and misrepresent their original meanings. This will definitely be a “Conversation for Our Times”. Do join us www.us02web.zoom.us/j/86423583373?pwd=IYLhxzGJrzV83p1sbrc82pJTPRualQ.1.

Come walk with us! Go Out, Go Deep, and Go Together! On March 17, celebrate the 9am Mass at St. Patrick's Fallowfield and pilgrimage to St. Patrick's Basilica, Ottawa, then journey with pilgrims from across Ottawa's parishes in a day of prayer, fellowship, and reflection along the beautiful NCC trails. Visit four churches, pray the Rosary and strengthen our bonds as disciples walking in the spirit of the Archdiocese of Ottawa-Cornwall's vision: Go Out, Go Deep, and Go Together. The 28 km walk will take approximately 8 hours, leaving 9:45am and concluding with a potluck reception at the Basilica hall. Check out Pilgrimage details and signup: route, shuttle need or volunteer to drive, optional start/finish points, potluck dish/volunteer cleanup here: www.tinyurl.com/m7uvhura

Development and Peace — Caritas Canada: a movement of solidarity

Established in 1967, Development and Peace — Caritas Canada is the official international development organization of the Catholic Church in Canada. We address the root causes of poverty, oppression and inequality by working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity. We champion women and social movements as key agents of lasting change. Our transformative work is possible **thanks to the generosity and support of our members** and Canadians who stand by us.



EASTER ALTAR DÉCOR & RESOURCES

A special way to remember loved ones or to celebrate a loved one's birthday or anniversary, is to donate Altar Flowers in their honour. Please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Easter Décor & Resources* and place it in the collection basket or drop it off at the Parish Office. All intentions will be printed in a bulletin during the Easter Season.

(PLEASE PRINT CLEARLY)

Name of person(s) or intentions: _____

Name of person making the donation: _____

Amount (circle): \$25 \$50 \$100 or _____

Phone No. (613) _____ Envelope No. _____

Remember loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season.

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