



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

ASCENSION OF THE LORD



May 17 - Solemnity of the Ascension of the Lord

Acts 1.1-11
Ephesians 1.17-23
Matthew 28.16-20

May 24 - Pentecost Sunday

Acts 2.1-11
1 Corinthians 12.3b-7,12-13
John 20.19-23

Mass Schedule & Intentions

Tue, May 19 – 9:00 am

Intentions of Marion by Margaret

Wed, May 20 – 9:00 am

Intentions of Jeremy

Thu, May 21 – 9:00 am

Intentions of Margaret by Marion & Patricia

Fri, May 22 – 9:00 am

†Jacek Marszalek by Family

Sat, May 23 – 5:00 pm

For living & deceased members of Catholic Women's League

†Carlos & †Marina Wolf and †Teresa & †Jose Chavolla by Daniel & Veronica Chavolla

†Bertha Ptacek by Denise & Family

†Caleb Boudreau by Michelle Boudreau & Family

Intentions of Suzanne Mooney

Sun, May 24 – 9:00 am

In thanksgiving by Suzanne O'Hara

Intentions of Divina & Daniel Hogan

Intentions of Marion by Margaret

†Naldo & †Sylvia Bracci, †Cheryl Kane & †Patti Livingstone by Paula Lamothe

†Joseph Di Gaspari by Marion & Patricia

Sun, May 24 – 11:00 am

For the intentions of all parishioners

Please pray for those who are sick: Mark, Father Tom Riopelle, Joseph, Jurandyr Macambira, Mikayla

Please pray for those who have died: †Adolphe Gaudet; †Brenda Lee Winkler; †Victor Pereira

†Indicates Deceased.



This Week at Holy Spirit Church

Monday, May 18 to Sunday, May 24

Mon	Parish Office closed for Victoria Day	
Tue	7:00 pm	Confirmation Preparation
	7:00 pm	Catholic Women's League Executive Meeting
	7:00 pm	Knights of Columbus Council Meeting
Wed	7:00 pm	Finance Council Meeting
Thu	9:30 am	Cenacle of Marian Movement of Priests
	7:00 pm	Youth Night Grades 6-8
Fri	9:30 am	Flame of Love Prayer Group
Sun	9&11 am	Multicultural Dessert Potluck

*Confession available before weekday Masses 8:30-8:50am and Saturdays 4:15-4:45pm

*Sunday, May 24 - Parish Feast Day dessert potluck after the 9 & 11 am Masses. Everyone welcome!



Wedding Anniversary Blessing: We invite all couples who celebrated a wedding anniversary in February, March, April or

May to take part in a special Anniversary Blessing during Mass on the weekend of May 30 & 31. If you would like to participate, please register with the parish office by providing your names, the number of years you are celebrating, anniversary date, and the Mass you will attend. We look forward to celebrating this joyful occasion with you!

GREAT NEWS! Children's Liturgy will be offered weekly from September to June at our 11:00 am Mass. This program is for children ages 5-9 and offers a child-friendly reflection on the Gospel. We are also looking for volunteers to help support this ministry. If you are interested in assisting, please contact the parish office. We look forward to welcoming our young parishioners!

Action Life (Ottawa) Inc. extends a heartfelt thank-you to Holy Spirit parishioners for your wonderful support of the Hike for Life! Your support is vital to our mission. Together, parishioners raised \$465 this year. A special word of thanks to Father Kerslake, who represented the parish on the trail with such generosity and spirit.

Donate to our Parish
or Youth Ministry



Our Parish Feast Day - WEAR RED ON MAY 23 &

24 You are invited to our Multicultural Dessert Potluck on Pentecost, May 24, after the 9:00am & 11:00am Masses. Bring your favorite dessert that shares something special about your cultural background. Please register on the SIGN UP BOARD by May 17th to let us know how many are coming with you and the nationality you would like to highlight. We will provide coffee, tea and juice. Looking forward to celebrating together while learning more about each of our rich cultural backgrounds.



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Ascension Sunday Reflection:

In his last instructions, Jesus gives us our earthly mission: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you.” Being a disciple, being a Christian, is about being someone with a calling, a purpose in life. Have you ever noticed that we are quick to talk about a positive experience we had like a great vacation, or to share pictures of the family’s newest baby? We aren’t embarrassed to talk about these things. So, why are we hesitant to tell others, even family, about positive experiences of our faith? We share good things that happen to us all the time with others. Isn’t the experience of our faith, our love of the Lord, the very best thing that happens to us?

Fr. Geoff

Pentecost Sunday is our parish Feast Day and the birthday of the Church. The Holy Spirit, sent by the Father and the Son, empowered the disciples to proclaim the Gospel message to the world. The famous late 18th century poet William Blake wrote many poems. I’d like to share a few lines from a poem he wrote about Pentecost and its effect in our life:



Unless the eye catch fire,
 God will not be seen.
 Unless the ear catch fire,
 God will not be heard.
 Unless the tongue catch fire,
 God will not be named.
 Unless the heart catch fire,
 God will not be loved.
 Unless the mind catch fire,
 God will not be known.

The gifts of the Holy Spirit are meant to catch fire in our hearts and to blaze in our life like a roaring fire, throwing off sparks to start new fires! This is the Holy Fire of the Spirit of God who sets hearts on fire for the Lord. The Spirit that emboldened and equipped the Apostles and early Christians to preach the Gospel to every land and nation is the same one given to us.

Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on May 28 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

Beware of Suspicious Emails from the Priests!

Fr. Geoff will never never ask parishioners for money, gift cards or favours by email. If you receive an email supposedly from Father Geoff that looks suspicious, call the parish. Do not respond to the email. Call anytime if you have questions! Father only uses the email address: pastor@holyspiritparish.ca It’s a sad reality that scammers use priests’ names to prey on the generous good will of parishioners.



Trivia Night May 21, 2026: Please join us for Parish Trivia Night at The Glen Restaurant! Our Catholic Women’s League is hosting this fun night as a fundraiser. Make your own team of 4, 6, or 8, or join an existing team. Come early and enjoy supper beforehand at 6 pm (reservation required). The game will be led by Quizmaster, Gordon, starting at 7:30 pm. Prizes and fun for all! Tickets are \$15 and will be available for purchase in the Atrium on the weekend of May 16 & 17. Please contact Claire Moore at 613-612-1659 or cmamoore1016@gmail.com for information or to register. Everyone is welcome!



Like to dance? You are invited to a Line-Dancing fun hour on **June 8 at 7pm** in our parish hall. We will be led by Mykaila Simes and hosted by our Catholic Women’s League. No experience necessary (maybe just a good sense of humour!). Please register **by June 1st** with Louise (louisebeggs@icloud.com), \$20 pp.

Parish Pilgrimage to St. François d’Assise in Ottawa June 20 hosted by the Catholic Women’s League: Pope Leo has proclaimed a Special Jubilee Year of St. Francis from January 10, 2026, to January 10, 2027, to mark the 800th anniversary of the death of St. Francis of Assisi. Catholics are encouraged to visit a church dedicated to Francis this year. Travelling by bus at 9:00 am, (a total of 45 passengers) we will have a reflection, tour the historic Church, and celebrate Mass with Fr. Geoff Kerlake, returning to Holy Spirit Church by 3pm. Tickets are \$20 for the bus and a small donation to the hosting Church. Please contact Paula Lamothe (rlamothe331@rogers.com, 613-836-5140) by **June 6** to register.

Heart of Worship – You are warmly invited to Holy Redeemer parish on Tuesday, May 26th at 7:00pm for our monthly Heart of Worship adoration event. The evening will include a talk by Justin Ikwanusi entitled “Abide in Me”, praise and worship music, silent prayer time, confessions, and fellowship afterwards.

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