



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

PENTECOST SUNDAY



May 24 - Pentecost Sunday
 Acts 2.1-11
 1 Corinthians 12.3b-7,12-13
 John 20.19-23

May 31 – Solemnity of the Most Holy Trinity
 Exodus 34.4b-6,8-9
 2 Corinthians 13.11-13
 John 3.16-18

Mass Schedule & Intentions

Tue, May 26 – 9:00 am St. Philip Neri
 Intentions of Jeremy by Rita
Wed, May 27 – 9:00 am
 Living & deceased MacDonald-Keyworth
 Family members
Fri, May 29 – 9:00 am
 Parents, grandparents, relatives & friends by Family
 Ho Truong
Sat, May 30 – 5:00 pm
 †Ann Ryan by Bob & Family
 †Sharon Kelly by Jean & Theresia Quesnel
 †Rowen Greening by David & Shirley Pipkins
 Intentions of Suzanne Mooney
Sun, May 31 – 9:00 am
 For the intentions of all parishioners
Sun, May 31 – 11:00 am
 †Bernard & †Marguerite McGrath & deceased family
 members by Family
 Living & deceased members of Ruth McGetrick’s Family
 †Adolphe Gaudet by Claudette & Mike Langdon



Wedding Anniversary Blessing

We invite all couples who celebrated a wedding anniversary in February, March, April or May to take part in a special Anniversary Blessing during Mass on the weekend of May 30 & 31. If you would like to participate, please register with the parish office by providing your names, the number of years you are celebrating, anniversary date, and the Mass you will attend. We look forward to celebrating this joyful occasion with you!

Heart of Worship

You are warmly invited to Holy Redeemer parish on Tuesday, May 26th at 7:00pm for our monthly Heart of Worship adoration event. The evening will include a talk by Justin Ikwuanusi entitled “Abide in Me”, praise and worship music, silent prayer time, confessions, and fellowship afterwards.

Please pray for those who are sick:
Please pray for those who have died: †Jim Dineen;
 †Bishop Dominic Su

†Indicates Deceased.

**This Week at Holy Spirit Church
 Monday, May 25 to Sunday, May 31**

Tue	7:00 pm	Confirmation Preparation
Wed	6:00 pm	Choir Practice
	6:30 pm	Catholic Women’s League General Meeting
Thu	<i>Parish Office Closed</i>	
	6:30 pm	Youth Night Grades 3-5
Fri	9:30 am	Flame of Love Prayer Group
Sat	11:00am	Funeral Mass – Muriel Gregory
Sun	11:00am	Children’s Liturgy

*Confession available before weekday Masses 8:30-8:50am and Saturdays 4:15-4:50pm

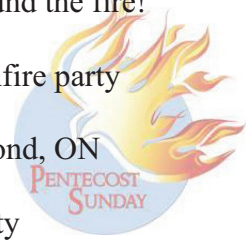
Donate to our Parish
 or Youth Ministry



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Calling all young adults! Join us on May 24th to celebrate Pentecost with a Young Adult Mass presided by Archbishop Marcel Dampousse, followed by a bonfire party! Enjoy food & drinks, great music, s’mores, and a night of fellowship around the fire!

Date: May 24, 2026
 Mass Time: 7:00 pm, followed by bonfire party
 Mass Location: Holy Spirit Parish
 Party Location: 2957 Shea Rd, Richmond, ON
 Ages: 18–35
 Donation of \$10 appreciated at the party
 Don’t forget to bring a bonfire chair and blanket!



Parish Pilgrimage to St. François d’Assise in Ottawa

June 20 hosted by the Catholic Women’s League: Pope Leo has proclaimed a Special Jubilee Year of St. Francis from January 10, 2026, to January 10, 2027, to mark the 800th anniversary of the death of St. Francis of Assisi. Catholics are encouraged to visit a church dedicated to Francis this year. Travelling by bus at 9:00 am, (a total of 45 passengers) we will have a reflection, tour the historic Church, and celebrate Mass with Fr. Geoff Kerslake, returning to Holy Spirit Church by 3pm. Tickets are \$20 for the bus and a small donation to the hosting Church. Please contact Paula Lamothe (rlamothe331@rogers.com, 613-836-5140) by **June 6** to register.

Reflection:

We celebrate today our parish Feast and patron. In the Gospel, Jesus breathes his Spirit onto his disciples. He empowers them to forgive sins - the foundation of our sacrament of reconciliation. Jesus sends his disciples out to spread the Gospel: as he was sent by the Father, so he sends us to be his witnesses to the world. The Church taught at the Second Vatican Council in “The Church as the Light of the World” (Lumen gentium): “the Spirit dwells in the Church and in the hearts of the faithful as in a temple. He prays in them and bears witness in them to their adoption as [children of God]. He leads the Church into all truth and gives it unity in communion and in service. He endows it with different hierarchical and charismatic gifts, directs it by their means, and enriches it with his fruits”. The gifts of the Holy Spirit are meant to blaze in our life like a roaring fire, throwing off sparks to start new fires! This is the Holy Fire of the Spirit of God who sets other hearts on fire for the Lord. The Spirit that emboldened and equipped the Apostles and early Christians to preach the Gospel to every land and nation is the same one given to us.

Fr. Geoff

Fiat is a series of nights for women ages 18-35 discerning consecrated life, including religious life and consecrated virginity. We meet again May 28 at St. Mary’s parish from 7-9 pm for a talk, small and large group discussion, prayer time, and time for fellowship. Gatherings are facilitated by members of the Servants of the Cross, the Queenship of Mary Community, and Erin Kinsella, a Consecrated Virgin within our Archdiocese. At **Fiat**, you’ll have a chance to connect with women living the consecrated life and others still discerning. **Questions about Fiat? Contact Erin at erinkinsella@live.ca.**



Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on May 28 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

Like to dance? You are invited to a Line-Dancing fun hour on **June 8 at 7pm** in our parish hall. We will be led by Mykaila Simes and hosted by our Catholic Women’s League. No experience necessary (maybe just a good sense of humour!). Please register **by June 1st** with Louise (louisebeggs@icloud.com), \$20 pp.

Look to Him and be Radiant - A Retreat for Teen Girls (ages 13-19) Sat May 30 from 10am – 3pm at St. Michael’s School Gym, 1572 Corkery Rd, Carp. St. Michael’s Parish invites you to three spiritual talks, praise, worship music, confession, fellowship, and provided lunch. To register or for more information contact Jillian at JillianMinten@gmail.com or 226-237-5677. *“Those who look to him are radiant, and their faces shall never be ashamed.” Psalm 34:5*

NET Canada Thanksgiving Mass & Reception

Join us in celebrating the fruits of the mission year on Sat, May 30th, at St. Mary’s Parish (100 Young St, Ottawa) for Mass at 7 pm, immediately followed by a paid reception and program in the hall! Tickets for our reception can be purchased on our website! We hope to see you there! www.netcanada.ca/

Ordination to the Priesthood

The Companions of the Cross invite you to the Ordination to the Priesthood of Deacon John Brundage, CC, Deacon Manas Khurana, CC, and Deacon Karl Hartman, CC on Sat, May 30 at 10:00 am at Notre Dame Cathedral. All are welcome to attend this joyful celebration.

Ottawa Cursillo Movement Summer Grand Ultreya

Kick off your summer with joy and community at our June Grand Ultreya, which will be on Wed Jun 3 at 7pm at Our Lady of Fatima Parish (153 Woodroffe Ave.)

This ultreya will be extra special as we celebrate the 60th anniversary of our movement and the blessing it has been in our community and our lives.

Join us for Mass, witness, fellowship and food. We look forward to seeing you there.

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