



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday 9:00 a.m. – 12:00 p.m.; Tuesday to Friday 9:00 a.m. – 12:00 p.m. & 12:30 p.m. – 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 11:00 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CHILDREN'S FAITH FORMATION

Kim Baudouin [holyspiritcff@gmail.com](mailto:holyspiritcff@gmail.com)

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

### KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

### PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

### OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122  
Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

THE MOST HOLY TRINITY



**May 31 – Solemnity of the Most Holy Trinity**  
 Exodus 34.4b-6,8-9  
 2 Corinthians 13.11-13  
 John 3.16-18

**Jun 7 – Solemnity of the Body & Blood of Christ**  
 Deuteronomy 8.2-3,14-16  
 1 Corinthians 10.16-17  
 John 6.51-59

**Mass Schedule & Intentions**

**Tue, Jun 2 – 9:00 am**

Intentions of Marion by Margaret

**Wed, Jun 3 – 9:00 am** St. Charles Lwanga & Companions  
 Intentions of Cameron & Susana & Ethan by Dolores & Warren

**Thu, Jun 4 – 9:00 am**

†Claude & †Martin Marciel by Jacques & Jeannie

**Fri, Jun 5 – 9:00 am** St. Boniface

†Pius & †Regina Francispillai

**Sat, Jun 6 – 9:00 am**

For all souls in purgatory by Abraham Family

**Sat, Jun 6 – 5:00 pm**

†Bertha Ptacke by Denise & Family

†Enrico Cucinelli by Patricia Di Gaspari

Intentions of Sandra Cucinelli by Patricia Di Gaspari

Intentions of Suzanne Mooney

**Sun, Jun 7 – 9:00 am**

In honour of the immaculate Heart of Mary

†Sharon Kelly by Daniel & Divina Hogan

Intentions of Monsignor Joseph Muldoon

†Tom & †Jean Pegg by Family

†Muriel Gregory by Jeannie & Jacques Marciel

**Sun, Jun 7 – 11:00 am**

For the intentions of all parishioners

**Please pray for those who are sick:**

**Please pray for those who have died:** †

†Indicates Deceased.



**This Week at Holy Spirit Church**

**Monday, June 1 to Sunday, June 7**

Tue	9:30 am	Lay Apostolate of Jesus Christ the Returning King
	7:00 pm	Confirmation Preparation
Thu	9:30 am	Cenacle of Marian Movement of Priests
	7:00 pm	Youth Night Grades 6-8
Fri	9:30 am	First Friday Adoration & Benediction
	9:30 am	Flame of Love Prayer Group
Sat	9:30 am	Men's Discussion Group
	6:00 pm	Eucharistic Adoration Hour
Sun	9&11am	Coffee Sunday
	11:00am	Children's Liturgy

\*Confession available before weekday Masses 8:30-8:50am and Saturdays 4:15-4:55pm

Adoration of the Blessed Sacrament will be held on Friday, June 5<sup>th</sup> after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Adoration with Benediction at 10:30AM.

**Volunteers Needed For Parish Finance Council:** we are looking for two new members of the Parish Finance Council. Members would ideally have a background in one of these areas: finance, accounting, real estate, law or other related fields. The PFC Meets monthly about ten times a year for an hour to an hour and a half. Please contact Fr. Geoff or Jan Haubrich for more information if interested.

**Monsignor Muldoon – 50<sup>th</sup> Anniversary:** You are cordially invited to attend the 50<sup>th</sup> Anniversary of the Priesthood for Monsignor Joseph Muldoon, celebrated at Holy Cross Parish (685 Walkley Rd. Ottawa). The Most Rev. Marcel Damphousse, Archbishop of Ottawa-Cornwall, will be celebrating our Mass on Sunday, June 7 at 10 am and a reception will follow in the parish hall. We look forward to seeing you there.



**Donate to our Parish  
or Youth Ministry**



For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

**ATTENTION MEN OF HOLY SPIRIT PARISH**

Are you looking for deeper connection, honest conversation, and spiritual growth? Join our Monthly Men's Discussion Group—a welcoming space where men come together to explore faith, share life experiences, support one another in their spiritual journeys and encourage each other to live out our beliefs with purpose and integrity. What to expect:

- Open and respectful dialogue
- Thought-provoking topics rooted in Christian faith
- Brotherhood and accountability
- Prayer, reflection, and practical takeaways

We meet on the first Saturday of each month after the 9am Mass. Meetings last about an hour. Drop in when you can. Each session is welcoming and self-contained. Come as you are. Leave encouraged.

**Reflection:** Today, we are celebrating the Mystery of the Holy Trinity. We begin all our prayers, public or private, by making the sign of the Cross and invoking the Holy Trinity. Our prayers at Mass are often addressed to the Father through the Son in the Holy Spirit. The mystery of the Trinity is one of the foundational beliefs of our faith. One of my theology professors told us that holy mysteries were not problems in search of a solution but rather something to be contemplated instead of dissected. We ‘enter into a mystery’ like we live in a relationship where there is always more to discover.

Fr. Geoff

**Is Life Always Worth Living? Workshop on Sat, Jun 20<sup>th</sup>**  
**Come explore:**

- How our lives continue to have meaning amid illness, disability, dependence, and loss
- Why living until natural death can become a gift of hope for others
- How the way a story ends changes the meaning of every page

An increasing number of people think that there are circumstances under which it is reasonable for someone to ask someone else to end their life. Some of the reasons listed in government reports are due to cancer, chronic illness, disability, and dementia. Does life lose its sense in the face of suffering? Or, is life always worth living? This formative workshop will empower you to encounter, understand, and overcome the euthanasia temptation. Two mini talks, Q&A, a delicious catered lunch, and an interactive workshop are included!

“*Is Life Always Worth Living? A Workshop on Aging, Value, and Purpose*” is taking place on Sat, Jun 20<sup>th</sup> from 10am - 2 pm at Holy Spirit Parish Hall. Cost: \$25 before June 15<sup>th</sup> or \$30 after.

Workshop presenters are: Amanda Achtman, Ethics Director, and Nicole Scheidl, Executive Director Canadian Physicians for Life. To register contact Deacon James Kubina at 613-805-4688.

**Thank You:** A big thank you to everyone who brought desserts for our Pentecost Sunday celebration of our parish Feast Day. It was an awesome and delicious display of the unity in diversity of our Catholic faith. Thank you to those who set up and cleaned up, arriving before 8 am and staying until 2 pm to make our celebration so special.

***Volunteer Appreciation Celebration-You're Invited!*** To all our amazing volunteers: We are so grateful for the time, talents, love and service you give to our church community. To show our appreciation, we warmly invite you to a special ***Volunteer Appreciation Celebration on Sunday, June 14 at 2PM in the Parish Hall.*** Join us for a reception, fellowship, and gratitude as we celebrate you at the heart of our ministry. Please RSVP on the sign-up board. Thank you for being the hands and feet of Christ here at Holy Spirit Parish.

**Congratulations to Father Kerslake on the Anniversary of His Priestly Ministry**

Parishioners of Holy Spirit Parish are invited to congratulate Father Geoff on Sunday, June 7<sup>th</sup> as he celebrates his 23<sup>rd</sup> Anniversary of Ordination to the Priesthood. *Father Geoff: Congratulations and Blessings on the day of your Ordination to the Priesthood. May Christ, Our Lord, bless you abundantly in your priestly ministry.*



**Like to dance?** You are invited to a Line-Dancing fun hour on **Jun 8 at 7pm** in our parish hall. We will be led by Mykaila Simes and hosted by our Catholic Women’s League. No experience necessary (maybe just a good sense of humour!). Please register **by Jun 1<sup>st</sup>** with Louise ([louisebeggs@icloud.com](mailto:louisebeggs@icloud.com)), \$20 pp.

**Parish Pilgrimage to St. François d’Assise in Ottawa Jun 20** hosted by the Catholic Women’s League: Pope Leo has proclaimed a Special Jubilee Year of St. Francis from January 10, 2026, to January 10, 2027, to mark the 800<sup>th</sup> anniversary of the death of St. Francis of Assisi. Catholics are encouraged to visit a church dedicated to Francis this year. Travelling by bus at 9:00 am, (a total of 45 passengers) we will have a reflection, tour the historic Church, and celebrate Mass with Fr. Geoff Kerslake, returning to Holy Spirit Church by 3pm. Tickets are \$20 for the bus and a small donation to the hosting Church. Please contact Paula Lamothe ([rlamothe331@rogers.com](mailto:rlamothe331@rogers.com), 613-836-5140) by **Jun 6** to register.

**Coffee Sunday Volunteers Needed-June is Breads & Loaves Month** every 1<sup>st</sup> and 3<sup>rd</sup>



Sundays of the month, we are blessed to have a chance to gather over coffee, juice and treats to share some time together as parishioners and disciples. We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks – this month Breads & Loaves! Sign up and bring your favorite breads & loaves to share with your fellow parishioners.

**Help Us Reach the Finish Line** More than \$1 million has already been raised toward our Archdiocese’s \$1.2 million Indigenous Reconciliation Fund pledge. Funds from the campaign have helped support projects including the Ottawa Children & Youth Pow Wow, a student exchange with Cree students from the Northwest Territories as well as cultural learning opportunities for students attending Akwesasne’s three schools. On Sun, Jun 21, parishes across our Archdiocese will hold a collection for the Indigenous Reconciliation Fund. Learn more or donate online at [journeyforhealing.ca](http://journeyforhealing.ca)



**Thank you to our Gardening Angels** who are working on the church property to help with weeding, flowers and improving the appearance of our grounds. If you are interested in helping, please contact the parish office.

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