



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin holyspiritcff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight

613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair

613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary

613-907-4122

Guardian Angels Elementary

613-836-7423

Holy Spirit Elementary

613-831-1853

St. Stephen Elementary

613-831-8844

Sacred Heart High

613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

THIRTY THIRD SUNDAY IN ORDINARY TIME



Nov 16 – 33rd Sunday in Ordinary Time

Malachi 4.1-2

2 Thessalonians 3.7-12

Luke 21.5-19

Nov 23 – Our Lord, Jesus Christ, King of the Universe

2 Samuel 5.1-3

Colossians 1.12-20

Luke 23.35-43

Parish Calendar

Mon, Nov 17	St. Elizabeth of Hungary
6:00 pm	First Reconciliation Prep
6:30 pm	RCIA
7:00 pm	Catholic Women's League executive
Tue, Nov 18	
9:00 am	Mass
5:30 pm	First Reconciliation Prep
7:00 pm	Knights of Columbus Council meeting
Wed, Nov 19	
9:00 am	Mass with Sacred Heart Grade 9
11:00 am	Children's Faith Formation
2:30 pm	Youth Alpha
6:00 pm	Choir Practice
7:00 pm	Finance Council meeting
Thu, Nov 20	
9:00 am	Mass
9:00 am	Children's Faith Formation
9:30 am	Cenacle of Marian Movement of Priests
6:30 pm	Youth Night Grades 3-5
Fri, Nov 21	The Presentation of the Blessed Virgin Mary
9:00 am	Mass
9:30-10:30 am	Adoration & Benediction
9:30 am	Flame of Love Prayer Group
Sat, Nov 22	St. Cecilia
4:15-4:45 pm	Reconciliation
5:00 pm	Mass
Sun, Nov 23	Jesus Christ, King of the Universe
9:00 am	Mass
11:00 am	Mass

*Coffee Sunday hosted by the Knights of Columbus after the 9 & 11 am Masses. Everyone welcome!

*Confession available before morning Mass 8:30-8:50am

Adoration of the Blessed Sacrament will be held on Friday, November 21 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

Catch Up - Confirmation Parents Meeting We noticed there are many families that did not get a chance to attend our previous meetings. We will hold one final meeting on Tue, Nov 25th at 7pm in the parish hall for any families that wish to sign up their children for Confirmation this school year!

SUNDAY MISSALS The 2025-2026 Sunday Missal, "Living with Christ" is available for purchase in the Parish Office at \$5.00 each. Please call the Parish Office for assistance. The new missal begins the First Sunday of Advent – November 30! Get yours early.

Mass Intentions

Tue, Nov 18 – 9:00 am	Deceased family members & friends of Maria Chan
Wed, Nov 19 – 9:00 am	Intentions of Michael & Jennifer
Thu, Nov 20 – 9:00 am	Intentions of John & Susan Bahen
Fri, Nov 21 – 9:00 am	†Nelson Cybulski & deceased family members by Sandra
Sat, Nov 22 – 5:00 pm	†Terrance (Terry) McHale by Shavrnock Family
	†Paul Mulvihill by Ogilvie Family
	Intentions of the Lebrun & Laplante Families
	†Patricia Nivens by Anne & Gordon MacIsaac
	†Vincent Barton by Jean Barton & Family
Sun, Nov 23 – 9:00 am	†Therese Myrick
	Intentions of Van Leeuwen & Stoppa Families by Tessie Stoppa
	Intentions of Krista Payette by Suzanne & Kevin O'Hara
	†Albert Bisson by Sandra Cybulski
	†Ida Spadafora
Sun, Nov 23 – 11:00 am	For the intentions of all parishioners

Please pray for those who are sick:

Please pray for those who have died: †

†Indicates Deceased.

Beware of Suspicious Emails from the Priests!

Fr. Geoff will never ask parishioners for money, gift cards or favours by email. If you receive an email supposedly from Father Geoff that looks suspicious, call the parish. Do not respond to the email. Call anytime if you have questions! It's a sad reality that scammers use priests' names to prey on the generous good will of parishioners.

Coffee Sunday Volunteers Needed: We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We will have a sign-up sheet in the atrium for volunteers. We need help to keep this tradition going! Fr. Geoff

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. Bring a friend! Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca



Gospel Reflection:

The Opening Prayer at Mass today reminds us the point of our lives: “Grant us, we pray, O Lord our God, the constant gladness of being devoted to you, for it is full and lasting happiness to serve with constancy the author of all that is good”. The last days of the liturgical year and the beginning of Advent are fast approaching. We spend this time looking ahead to the four last things – death, judgment, heaven and hell – not to be morbid or to provoke anxiety but rather in an honest spirit of self-reflection and evaluation. Am I prepared to meet Christ when he comes – at Christmas, to me at my death or when he returns in glory?

Fr. Geoff

Horizons of Hope: A Faith-Based Approach to Palliative Care

Join us for *Horizons of Hope*, a two-day program designed to help Catholics explore palliative care, illness, dying, and end-of-life decisions through the lens of faith. This national initiative from the Canadian Conference of Catholic Bishops offers guidance, prayer, and discussion to support those accompanying loved ones through serious illness. Join on Sat, Nov 28 and Sun, Nov 29 from 9am-4pm at Holy Spirit - Park Mall.

To register, email farrarraquelb@gmail.com or admin@holyspiritparish.ca or register online at www.forms.gle/wgCJ2PpH15c3YurF7

All are welcome. Come discover how our faith calls us to compassion, hope, and dignity in life's final stages.

Faithful Stewardship: Your Life, Your Legacy, a presentation on Estate Planning

Join Archbishop Damphousse for a presentation on how to create a prayerful, high-impact Estate Plan that maximizes your spiritual and social impact. Nov 30, 2025 from 3-4:30 pm at Holy Spirit Church. To register visit ottawacornwall.ca

A **Memorial Book** has been placed in the Atrium. In this book, all parishioners are invited to inscribe the names of their family, relatives and friends who have died and who they wish to have remembered in the prayers that will be said for them during the month of November.

It's cold & Flu season – as cold and flu season begins, let's remember others in the church community. If you're feeling unwell or showing symptoms of illness, please consider staying home to rest and recover. This small act of consideration helps protect the health of our more vulnerable parishioners, including the elderly and those with chronic conditions. Thank you for helping our parish community remain safe, healthy and welcoming to all.

Donate to our Parish
or Youth Ministry



Keep Christ in Christmas Family Advent Party

On December 7, 2025 after the 11:00 am Mass, families are invited to the parish hall for Advent fun including music, games, and crafts. Enjoy baked goodies and refreshments while enjoying Advent fun. If you would like to help out, please contact the parish office.

PARKING LOT: Winter Weather – On days of big snowstorms, please plan to arrive for morning Mass after 8:30am. This allows time for snow plowing to be completed, helping to keep our parking lot and walkways safe for everyone. Thank you for your cooperation in making sure all can arrive safely!

You are warmly invited to Holy Redeemer parish on Tue, Nov 25 at 7pm for our monthly **Heart of Worship** adoration event. The evening will include a talk by Fr. Zachary Romanowsky entitled “Be the one to assuage the loneliness of Christ”, praise and worship music, silent prayer time, confessions, and fellowship afterwards.

In collaboration with the Ontario Provincial Police (OPP), there will be a community-wide information evening on **anti-fraud and scam prevention** on **Wed, Nov 19, from 6 to 8pm** at **St. Andrew's Presbyterian Church, 2 Mulkins St** (just off Stittsville Main). The OPP, which leads crime-prevention initiatives across Ontario, has been working closely with Ottawa Police Community Policing to raise awareness about fraud prevention. Scams affect people of all ages, genders, and backgrounds -not just seniors- making community education and awareness especially important. This free event is open to everyone!

Action Life Ottawa, a pro-life educational organization, invites you to its **Annual General Meeting** on Wed, Nov 26th at 6:30 pm at Holy Cross Parish, 685 Walkley Rd. Guest speaker Alex Schadenberg, Executive Director of the Euthanasia Prevention Coalition, will present “*No to Euthanasia for Mental Illness*” – an important update on Canada's evolving euthanasia laws. All are welcome.

Diocesan World Youth Day Gathering The Archdiocese of Ottawa-Cornwall with the NET Discipleship Team is organizing a Diocesan World Youth Day event on **Sat, Nov 22, 2025 from 7-10pm** at St. Maurice Parish (4 Perry St). This is for **all high school aged youth**. The evening will have great music, a thought-provoking talk, Adoration and Confessions, and much more! The theme is “You also are my witnesses, because you have been with me”.

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*).

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