



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Boudouin holyspiritcfff@gmail.com

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight

613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair

613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary

613-907-4122

Guardian Angels Elementary

613-836-7423

Holy Spirit Elementary

613-831-1853

St. Stephen Elementary

613-831-8844

Sacred Heart High

613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FIRST SUNDAY OF ADVENT



November 30 – First Sunday of Advent

Isaiah 2.1-5
Romans 13.11-14
Matthew 24.37-44

December 7 – Second Sunday of Advent

Isaiah 11.1-10
Romans 15.4-9
Matthew 3.1-12

Parish Calendar

Mon, Dec 1

6:00 pm First Reconciliation Prep
6:30 pm RCIA

Tue, Dec 2

9:00 am Mass
9:30 am Lay Apostolate of Jesus Christ the
Returning King
5:30 pm First Reconciliation Preparation Session

Wed, Dec 3

St. Francis Xavier
9:00 am Mass
11:00 am Children's Faith Formation
2:00 pm Youth Alpha
6:00 pm Choir Practice

Thu, Dec 4

9:00 am Mass
9:00 am Children's Faith Formation
9:30 am Cenacle of Marian Movement of Priests
6:30 pm Youth Night Grades 3-5

Fri, Dec 5

9:00 am Mass
9:30-10:30 am First Friday Adoration & Benediction
9:30 am Flame of Love Prayer Group

Sat, Dec 6

9:00 am First Saturday Mass
9:30 am Men's Discussion Group
4:15-4:45 pm Reconciliation
5:00 pm Mass

Sun, Dec 7 Second Sunday of Advent

9:00 am Mass
11:00 am Mass
12:00 pm Family Advent Party

*Coffee Sunday hosted by the Knights of Columbus after the 9 & 11 am Masses. Everyone welcome!

*Confession available before morning Mass 8:30-8:50am

Adoration of the Blessed Sacrament will be held on Friday, December 5 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

ADVENT ACTIVITIES at Holy Spirit Parish

Sun, Dec 7 after 11am Mass – Family Advent Party

Join us in the parish hall after Mass for Advent fun, refreshments, and a visit from Santa!

Mon, Dec 8 at 9am – Mass followed by Adoration

The Immaculate Conception of the Blessed Virgin Mary

Sun, Dec 14 at 2-4pm – Drop in reconciliation

Mass Intentions

Tue, Dec 2 – 9:00 am

Intentions of Basil & Jacinta & Family

Wed, Dec 3 – 9:00 am

†Connie O'Hare by Anna Young

Thu, Dec 4 – 9:00 am

Intentions of Colin Bahen

Fri, Dec 5 – 9:00 am

Intentions of Jeremy by Rita

Sat, Dec 6 – 9:00 am

†Leo Mulvihill by Margaret

Sat, Dec 6 – 5:00 pm

For all souls in purgatory by Abraham Family

†Hugh Carroll by Carol & Family

Intentions of Bob MacDiarmid by Pat Doyle

Intentions of Nancy Carisse by Dennis

Sun, Dec 7 – 9:00 am

For the intentions of all parishioners

Sun, Dec 7 – 11:00 am

In honour of the Immaculate Heart of Mary

†Ida Spadafora by Rose & George Giovagnoli

Please pray for those who are sick:

Please pray for those who have died: †

†Indicates Deceased.



Keep Christ in Christmas

Family Advent Party

On December 7, 2025 after the 11:00 am Mass, families are invited to the parish hall for Advent fun including music, games, crafts, and a visit from Santa! Enjoy baked goodies and refreshments while enjoying Advent fun.

ATTENTION MEN OF HOLY SPIRIT PARISH

Are you looking for deeper connection, honest conversation, and spiritual growth? Join our Monthly Men's Discussion Group—a welcoming space where men come together to explore faith, share life experiences, support one another in their spiritual journeys and encourage each other to live out our beliefs with purpose and integrity. What to expect:

- Open and respectful dialogue
- Thought-provoking topics rooted in Christian faith
- Brotherhood and accountability
- Prayer, reflection, and practical takeaways

We meet on the first Saturday of each month after the 9am Mass. Meetings last about an hour. Drop in when you can. Each session is welcoming and self-contained. Come as you are. Leave encouraged.

Reflection:

The Opening Prayer at Mass on this first Sunday of Advent is: "Grant your faithful, we pray, almighty God, the resolve to run forth to meet your Christ with righteous deeds at his coming, so that, gathered at his right hand, they may be worthy to possess the heavenly kingdom." This opening prayer has a beautiful image that resonates I think with every parent. The image of running towards Jesus with our righteous deeds, those acts of kindness and charity we have done for others, reminds me of the child who did well on a test or who has created a work of art, waiting, eager to show mom or dad their work - "see what I did?" That's the eager, hopeful, anticipation we are called to have when it comes to welcoming Christ today in our lives and at his return in glory.

Fr. Geoff

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. Bring a friend! Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

SUNDAY MISSALS The 2025-2026 Sunday Missal, "Living with Christ" is available for purchase in the Parish Office at \$5.00 each. Please call the Parish Office for assistance.

Coffee Sunday Volunteers Needed: We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We will have a sign-up sheet in the atrium for volunteers. We need help to keep this tradition going! Fr. Geoff

It's cold & Flu season – as cold and flu season begins, let's remember others in the church community. If you're feeling unwell or showing symptoms of illness, please consider staying home to rest and recover. This small act of consideration helps protect the health of our more vulnerable parishioners, including the elderly and those with chronic conditions. Thank you for helping our parish community remain safe, healthy and welcoming to all.

PARKING LOT: Winter Weather – On days of big snowstorms, please plan to arrive for morning Mass after 8:30am. This allows time for snow plowing to be completed, helping to keep our parking lot and walkways safe for everyone. Thank you for your cooperation in making sure all can arrive safely!

Donate to our Parish
or Youth Ministry



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

Raffle Prize Winners: Congratulations to the raffle basket winners from the Catholic Women's League Bazaar. **Don Clark** won the Browns Independent food basket, **J. Lewis** won the Movie night basket, **Vivian Latulippe** won the Bowling and Trampoline Park basket, and **John Ahee** won the highly coveted LCBO selection basket. Thank you to everyone who purchased a ticket in support of the CWL Bazaar. See you next year!

2025 Stittsville Food Bank Christmas Campaign

Please consider purchasing gift cards for children ages 1-17 for the Stittsville Food Bank. These cards will be included in the Christmas hampers distributed this December. Your donations can be dropped off to the parish office during office hours or slipped under the office door on weekends no later than Fri, Dec 12. Thank you for the ongoing support received by those in our community who need our help.



Shades of Ireland Tour – October 16–25, 2026

Join **Fr. Bill Penney** for an unforgettable 10-day journey through the Emerald Isle with Collette Tours next fall! Pre- and post-tour extensions are available. For details or to reserve contact **Nisreen at Marlin Travel** - 613-728-1616 x232 or nisreen.salem@marlintravel.ca. Travel, faith, and friendship-a journey to treasure forever.

CHRISTMAS MASS SCHEDULE

Christmas Masses - First Come-First Seated. Parishioners will be seated by ushers. Please, no seat saving. Doors open one hour before Mass.

Wed, Dec 24 at 4:30 pm, 7 pm & 9 pm

Thu, Dec 25 at 10 am

Feast of the Holy Family of Jesus, Mary & Joseph

Sat, Dec 27 at 5 pm

Sun, Dec 28 at 9 & 11 am

Solemnity of Mary, Mother of God

Wed, Dec 31 at 5 pm

Thu, Jan 1 at 10 am



May the blessings
of this Holy Season
be with you always.

CHRISTMAS DÉCOR & RESOURCES

If you would like to donate toward the decorations & resources in celebration of a loved one's birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Christmas Décor & Resources* and place it in the collection basket or drop it off at the Parish Office. All names will be printed in our bulletin in the new year.

(PLEASE PRINT CLEARLY)

Name of person(s) or intention: _____

Name of person making the donation: _____

Phone No. (613) _____ Envelope No. _____

Amount (circle one): \$25 \$50 \$100 or _____

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