



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)

Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

## SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 11:00 a.m.

## WEEKDAY EUCHARIST

As indicated in the weekly calendar.

## RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

## BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

## MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

## CHILDREN'S FAITH FORMATION

Kim Baudouin [holyspiritcff@gmail.com](mailto:holyspiritcff@gmail.com)

## PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

## CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

## KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

## PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

## OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## FIRST SUNDAY OF ADVENT



### November 30 – First Sunday of Advent

Isaiah 2.1-5  
Romans 13.11-14  
Matthew 24.37-44

#### Parish Calendar

##### Mon, Dec 1

6:00 pm First Reconciliation Prep  
6:30 pm RCIA

##### Tue, Dec 2

**9:00 am** Mass  
9:30 am Lay Apostolate of Jesus Christ the Returning King  
5:30 pm First Reconciliation Preparation Session

##### Wed, Dec 3

**9:00 am** Mass  
11:00 am Children's Faith Formation  
2:00 pm Youth Alpha  
6:00 pm Choir Practice

##### Thu, Dec 4

**9:00 am** Mass  
9:00 am Children's Faith Formation  
9:30 am Cenacle of Marian Movement of Priests  
6:30 pm Youth Night Grades 3-5

##### Fri, Dec 5

**9:00 am** Mass  
9:30-10:30 am First Friday Adoration & Benediction  
9:30 am Flame of Love Prayer Group

##### Sat, Dec 6

**9:00 am** First Saturday Mass  
9:30 am Men's Discussion Group  
4:15-4:45 pm Reconciliation

**5:00 pm** Mass

##### Sun, Dec 7 Second Sunday of Advent

**9:00 am** Mass  
**11:00 am** Mass  
12:00 pm Family Advent Party

\*Coffee Sunday hosted by the Knights of Columbus after the 9 & 11 am Masses. Everyone welcome!

\*Confession available before morning Mass 8:30-8:50am

Adoration of the Blessed Sacrament will be held on Friday, December 5 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

#### ADVENT ACTIVITIES at Holy Spirit Parish

##### Sun, Dec 7 after 11am Mass – Family Advent Party

Join us in the parish hall after Mass for Advent fun, refreshments, and a visit from Santa!

##### Mon, Dec 8 at 9am – Mass followed by Adoration

The Immaculate Conception of the Blessed Virgin Mary

##### Sun, Dec 14 at 2-4pm – Drop in reconciliation

### December 7 – Second Sunday of Advent

Isaiah 11.1-10  
Romans 15.4-9  
Matthew 3.1-12

#### Mass Intentions

##### Tue, Dec 2 – 9:00 am

Intentions of Basil & Jacinta & Family

##### Wed, Dec 3 – 9:00 am

†Connie O'Hare by Anna Young

##### Thu, Dec 4 – 9:00 am

Intentions of Colin Bahen

##### Fri, Dec 5 – 9:00 am

Intentions of Jeremy by Rita

##### Sat, Dec 6 – 9:00 am

†Leo Mulvihill by Margaret

##### Sat, Dec 6 – 5:00 pm

For all souls in purgatory by Abraham Family

†Hugh Carroll by Carol & Family

Intentions of Bob MacDiarmid by Pat Doyle

Intentions of Nancy Carisse by Dennis

##### Sun, Dec 7 – 9:00 am

For the intentions of all parishioners

##### Sun, Dec 7 – 11:00 am

In honour of the Immaculate Heart of Mary

†Ida Spadafora by Rose & George Giovagnoli

**Please pray for those who are sick:**

**Please pray for those who have died:** †

†Indicates Deceased.



#### ATTENTION MEN OF HOLY SPIRIT PARISH

Are you looking for deeper connection, honest conversation, and spiritual growth? Join our Monthly Men's Discussion Group—a welcoming space where men come together to explore faith, share life experiences, support one another in their spiritual journeys and encourage each other to live out our beliefs with purpose and integrity. What to expect:

- Open and respectful dialogue
- Thought-provoking topics rooted in Christian faith
- Brotherhood and accountability
- Prayer, reflection, and practical takeaways

We meet on the first Saturday of each month after the 9am Mass. Meetings last about an hour. Drop in when you can. Each session is welcoming and self-contained. Come as you are. Leave encouraged.

**Reflection:**

The Opening Prayer at Mass on this first Sunday of Advent is: "Grant your faithful, we pray, almighty God, the resolve to run forth to meet your Christ with righteous deeds at his coming, so that, gathered at his right hand, they may be worthy to possess the heavenly kingdom." This opening prayer has a beautiful image that resonates I think with every parent. The image of running towards Jesus with our righteous deeds, those acts of kindness and charity we have done for others, reminds me of the child who did well on a test or who has created a work of art, waiting, eager to show mom or dad their work - "see what I did?" That's the eager, hopeful, anticipation we are called to have when it comes to welcoming Christ today in our lives and at his return in glory.

Fr. Geoff

**The Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. Bring a friend! Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

**SUNDAY MISSALS** The 2025-2026 Sunday Missal, "Living with Christ" is available for purchase in the Parish Office at \$5.00 each. Please call the Parish Office for assistance.

**Coffee Sunday Volunteers Needed:** We are looking for volunteers who can help set up, clean up afterwards and also for contributions for the snacks. Please help us to continue the chance to gather together, get to know each other better and support one another in our parish family! We will have a sign-up sheet in the atrium for volunteers. We need help to keep this tradition going! Fr. Geoff

**It's cold & Flu season** – as cold and flu season begins, let's remember others in the church community. If you're feeling unwell or showing symptoms of illness, please consider staying home to rest and recover. This small act of consideration helps protect the health of our more vulnerable parishioners, including the elderly and those with chronic conditions. Thank you for helping our parish community remain safe, healthy and welcoming to all.

**PARKING LOT: Winter Weather** – On days of big snowstorms, please plan to arrive for morning Mass after 8:30am. This allows time for snow plowing to be completed, helping to keep our parking lot and walkways safe for everyone. Thank you for your cooperation in making sure all can arrive safely!

Donate to our Parish  
or Youth Ministry



For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

**Raffle Prize Winners:** Congratulations to the raffle basket winners from the Catholic Women's League Bazaar. **Don Clark** won the Browns Independent food basket, **J. Lewis** won the Movie night basket, **Vivian Latulippe** won the Bowling and Trampoline Park basket, and **John Ahee** won the highly coveted LCBO selection basket. Thank you to everyone who purchased a ticket in support of the CWL Bazaar. See you next year!

**2025 Stittsville Food Bank Christmas Campaign**

Please consider purchasing gift cards for children ages 1-17 for the Stittsville Food Bank. These cards will be included in the Christmas hampers distributed this December. Your donations can be dropped off to the parish office during office hours or slipped under the office door on weekends no later than Fri, Dec 12. Thank you for the ongoing support received by those in our community who need our help.

**Shades of Ireland Tour – October 16–25, 2026**

Join **Fr. Bill Penney** for an unforgettable 10-day journey through the Emerald Isle with Collette Tours next fall! Pre- and post-tour extensions are available. For details or to reserve contact **Nisreen at Marlin Travel** - 613-728-1616 x232 or [nisreen.salem@marlintravel.ca](mailto:nisreen.salem@marlintravel.ca). *Travel, faith, and friendship-a journey to treasure forever.*

**CHRISTMAS MASS SCHEDULE**

**Christmas Masses** - First Come-First Seated. Parishioners will be seated by ushers. Please, no seat saving. Doors open one hour before Mass.



Wed, Dec 24 at 4:30 pm, 7 pm & 9 pm  
Thu, Dec 25 at 10 am

**Feast of the Holy Family of Jesus, Mary & Joseph**

Sat, Dec 27 at 5 pm  
Sun, Dec 28 at 9 & 11 am

*May the blessings  
of this Holy Season  
be with you always.*

**Solemnity of Mary, Mother of God**

Wed, Dec 31 at 5 pm  
Thu, Jan 1 at 10 am

**CHRISTMAS DÉCOR & RESOURCES**

If you would like to donate toward the decorations & resources in celebration of a loved one's birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Christmas Décor & Resources* and place it in the collection basket or drop it off at the Parish Office. All names will be printed in our bulletin in the new year.

**(PLEASE PRINT CLEARLY)**

Name of person(s) or intention: \_\_\_\_\_

Name of person making the donation: \_\_\_\_\_

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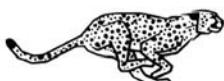
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